

CTO. ESPAÑA ABSOLUTO Y JUNIOR DE VERANO - ASTRALPOOL  
LAS PALMAS, 3 - 7/8/2021 (Piscina 50 m. - Crono Electrónico)

Prueba 28	Masc., 400m Libre				Absoluto
06/08/2021 - 9:30					Resultados Prelim
RECORD DE ESPAÑA	3:48.96	DURAN NAVIA MIGUEL	SABADELL	22/03/2016	
MMN 17 AÑOS	3:52.12	MANTAS MOTA ADRIAN	PRAGA	08/07/2009	
MMN 18 AÑOS	3:51.57	ARÉVALO RUBIO FRANCISCO	INDIANAPOLIS (USA)	23/08/2017	
RECORD CTO. OPEN	3:49.42	DURAN NAVIA MIGUEL	LAS PALMAS G.C.	17/07/2016	
RECORD CTO. JUNIOR	3:52.75	DURAN NAVIA MIGUEL	VALENCIA	19/07/2013	

Puntos: FINA 2021

Clasificación	AN				Timepo	Pts
1. QUIJADA ROLDAN Carlos	01	ESP	C.D. Gredos San Diego	<b>3:54.52</b>	-	826
50m: 27.71 27.71	150m: 1:27.12 30.01	250m: 2:26.74 29.79	350m: 3:25.85 29.62			
100m: 57.11 29.40	200m: 1:56.95 29.83	300m: 2:56.23 29.49	400m: 3:54.52 28.67			
2. PUJOL BELMONTE Guillem	97	ESP	C.N. Mataro	<b>3:54.73</b>	-	824
50m: 27.77 27.77	150m: 1:27.29 30.17	250m: 2:27.24 30.09	350m: 3:26.88 29.88			
100m: 57.12 29.35	200m: 1:57.15 29.86	300m: 2:57.00 29.76	400m: 3:54.73 27.85			
3. DURAN NAVIA Miguel	95	ESP	C.N. Terrassa	<b>3:54.89</b>	-	822
50m: 27.43 27.43	150m: 1:26.95 29.98	250m: 2:26.31 28.95	350m: 3:26.15 29.91			
100m: 56.97 29.54	200m: 1:57.36 30.41	300m: 2:56.24 29.93	400m: 3:54.89 28.74			
4. CAMBLONG Tommy-Lee	01	FRA	Francia	<b>3:54.90</b>	-	822
50m: 27.59 27.59	150m: 1:26.47 29.57	250m: 2:25.65 29.54	350m: 3:25.38 29.70			
100m: 56.90 29.31	200m: 1:56.11 29.64	300m: 2:55.68 30.03	400m: 3:54.90 29.52			
5. KHIEW Hoe Yean (Steve)	02	MAS	Malaysia	<b>3:54.96</b>	-	821
50m: 26.45 26.45	150m: 1:24.99 29.82	250m: 2:25.52 30.47	350m: 3:26.29 30.14			
100m: 55.17 28.72	200m: 1:55.05 30.06	300m: 2:56.15 30.63	400m: 3:54.96 28.67			
6. GARACH BENITO Carlos	04	ESP	C.N. Churriana	<b>3:55.05</b>	-	820
50m: 27.00 27.00	150m: 1:25.29 29.59	250m: 2:25.23 29.82	350m: 3:25.57 29.87			
100m: 55.70 28.70	200m: 1:55.41 30.12	300m: 2:55.70 30.47	400m: 3:55.05 29.48			
7. JULIA TOUS Ferran	00	ESP	C.E. Mediterrani	<b>3:55.32</b>	-	817
50m: 27.58 27.58	150m: 1:26.87 29.91	250m: 2:27.59 30.39	350m: 3:26.99 29.71			
100m: 56.96 29.38	200m: 1:57.20 30.33	300m: 2:57.28 29.69	400m: 3:55.32 28.33			
8. FARGEOT Thomas	01	FRA	Francia	<b>3:56.20</b>	-	808
50m: 27.76 27.76	150m: 1:27.08 29.62	250m: 2:26.09 29.31	350m: 3:26.58 30.41			
100m: 57.46 29.70	200m: 1:56.78 29.70	300m: 2:56.17 30.08	400m: 3:56.20 29.62			
9. ESCRITS MAÑOSA Albert	98	ESP	C.N. Sant Andreu	<b>3:56.32</b>	-	807
50m: 27.69 27.69	150m: 1:27.70 30.28	250m: 2:27.83 30.22	350m: 3:27.66 29.79			
100m: 57.42 29.73	200m: 1:57.61 29.91	300m: 2:57.87 30.04	400m: 3:56.32 28.66			
10. SIRE FIGUERAS Ferran	01	ESP	C.N. Terrassa	<b>3:56.81</b>	-	802
50m: 27.49 27.49	150m: 1:26.93 30.10	250m: 2:27.53 30.48	350m: 3:27.94 30.16			
100m: 56.83 29.34	200m: 1:57.05 30.12	300m: 2:57.78 30.25	400m: 3:56.81 28.87			
11. DOMINGUEZ CALONGE Luis	03	ESP	E.M. El Olivar	<b>3:57.80</b>	8,00	792
50m: 26.80 26.80	150m: 1:27.40 30.53	250m: 2:28.22 30.52	350m: 3:29.19 30.56			
100m: 56.87 30.07	200m: 1:57.70 30.30	300m: 2:58.63 30.41	400m: 3:57.80 28.61			
12. GIL CORBACHO Marcos	00	ESP	C.N. Terrassa	<b>3:59.36</b>	-	777
50m: 27.44 27.44	150m: 1:27.37 30.13	250m: 2:28.14 30.30	350m: 3:29.40 30.38			
100m: 57.24 29.80	200m: 1:57.84 30.47	300m: 2:59.02 30.88	400m: 3:59.36 29.96			
13. PEREZ MAÑAS Adrian	03	ESP	C.N. Mare Nostrum	<b>4:00.22</b>	7,00	768
50m: 28.30 28.30	150m: 1:28.70 30.37	250m: 2:29.60 30.23	350m: 3:30.65 30.61			
100m: 58.33 30.03	200m: 1:59.37 30.67	300m: 3:00.04 30.44	400m: 4:00.22 29.57			

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LAS PALMAS, 3 - 7/8/2021 (Piscina 50 m. - Crono Electrónico)

Prueba 28, Masc., 400m Libre, Prelim, Absoluto

Clasificación	AN		Tiempo		Pts
14. PUEBLA MARTINEZ Alejandro	02	ESP C.N.Cartagonova Cartagena	<b>4:00.98</b>	-	761
50m: 27.80 27.80	150m: 1:27.92 30.27	250m: 2:28.74 30.47	350m: 3:29.98 30.80		
100m: 57.65 29.85	200m: 1:58.27 30.35	300m: 2:59.18 30.44	400m: 4:00.98 31.00		
15. MARTIN ROJO Fabio	03	ESP C.D. Torrelago Wellness	<b>4:01.93</b>	6,00	752
50m: 28.12 28.12	150m: 1:29.20 30.44	250m: 2:31.35 30.68	350m: 3:32.20 30.05		
100m: 58.76 30.64	200m: 2:00.67 31.47	300m: 3:02.15 30.80	400m: 4:01.93 29.73		
16. GONZALEZ CALDERON Ivan	03	ESP C.D. El Valle	<b>4:02.53</b>	5,00	747
50m: 27.57 27.57	150m: 1:28.55 30.78	250m: 2:30.10 30.68	350m: 3:32.38 31.36		
100m: 57.77 30.20	200m: 1:59.42 30.87	300m: 3:01.02 30.92	400m: 4:02.53 30.15		
17. ARROYO PEREZ Antonio	94	ESP C.E. Mediterrani	<b>4:02.54</b>	-	747
50m: 27.46 27.46	150m: 1:27.88 30.40	250m: 2:29.36 30.83	350m: 3:32.20 31.46		
100m: 57.48 30.02	200m: 1:58.53 30.65	300m: 3:00.74 31.38	400m: 4:02.54 30.34		
18. PULIDO MOGOLLÓN Alejandro	04	ESP Cn.Caceres Delfines	<b>4:02.69</b>	4,00	745
50m: 28.71 28.71	150m: 1:29.10 30.09	250m: 2:30.47 30.74	350m: 3:33.19 32.25		
100m: 59.01 30.30	200m: 1:59.73 30.63	300m: 3:00.94 30.47	400m: 4:02.69 29.50		
19. GONZALEZ RODERO Alonso	03	ESP C.N. Alarcos Ciudad Real	<b>4:03.29</b>	3,00	740
50m: 27.79 27.79	150m: 1:27.18 30.19	250m: 2:29.03 31.28	350m: 3:32.67 31.98		
100m: 56.99 29.20	200m: 1:57.75 30.57	300m: 3:00.69 31.66	400m: 4:03.29 30.62		
20. VIVAS EGEA Marc	97	ESP C.N. Sabadell	<b>4:03.34</b>	-	739
50m: 28.57 28.57	150m: 1:30.01 31.16	250m: 2:31.91 31.09	350m: 3:33.44 30.56		
100m: 58.85 30.28	200m: 2:00.82 30.81	300m: 3:02.88 30.97	400m: 4:03.34 29.90		
21. CAMPOS BEAS Nacho	04	ESP Club Deportivo Nados Castellon	<b>4:04.16</b>	2,00	732
50m: 27.58 27.58	150m: 1:28.46 30.52	250m: 2:29.90 30.37	350m: 3:32.88 31.70		
100m: 57.94 30.36	200m: 1:59.53 31.07	300m: 3:01.18 31.28	400m: 4:04.16 31.28		
22. SANTIAGO BETANCOR Raul	97	ESP C.N. Sant Andreu	<b>4:04.26</b>	-	731
50m: 27.71 27.71	150m: 1:28.72 30.95	250m: 2:31.37 31.54	350m: 3:33.95 31.06		
100m: 57.77 30.06	200m: 1:59.83 31.11	300m: 3:02.89 31.52	400m: 4:04.26 30.31		
23. DE OÑA RAMÍREZ Angel	02	ESP C.D.N. Inacua Malaga	<b>4:04.60</b>	-	728
50m: 27.68 27.68	150m: 1:28.05 30.20	250m: 2:29.84 30.81	350m: 3:33.06 31.74		
100m: 57.85 30.17	200m: 1:59.03 30.98	300m: 3:01.32 31.48	400m: 4:04.60 31.54		
24. AGUILAR URTXEGI Aritz	99	ESP C.D.N. Bidasoa XXI	<b>4:06.60</b>	1,00	710
50m: 27.93 27.93	150m: 1:27.71 30.31	250m: 2:30.91 31.86	350m: 3:35.13 32.37		
100m: 57.40 29.47	200m: 1:59.05 31.34	300m: 3:02.76 31.85	400m: 4:06.60 31.47		
25. ORTIZ MARTINEZ Carlos	04	ESP C.N. Barcelona	<b>4:06.64</b>	-	710
50m: 28.00 28.00	150m: 1:30.56 31.86	250m: 2:33.47 31.18	350m: 3:35.88 30.88		
100m: 58.70 30.70	200m: 2:02.29 31.73	300m: 3:05.00 31.53	400m: 4:06.64 30.76		
26. CABEZUELO AREVALO Albert	04	ESP A.N. Gramenet	<b>4:07.24</b>	-	705
50m: 27.61 27.61	150m: 1:28.03 30.71	250m: 2:29.53 30.84	350m: 3:34.61 32.80		
100m: 57.32 29.71	200m: 1:58.69 30.66	300m: 3:01.81 32.28	400m: 4:07.24 32.63		
27. YEGRES COTTIN Andres	02	ESP C.N. Barcelona	<b>4:07.48</b>	-	703
50m: 28.65 28.65	150m: 1:30.94 31.36	250m: 2:33.27 30.95	350m: 3:36.29 31.64		
100m: 59.58 30.93	200m: 2:02.32 31.38	300m: 3:04.65 31.38	400m: 4:07.48 31.19		
28. ESCRITS MAÑOSA Lluís	01	ESP C.N. Sant Andreu	<b>4:07.60</b>	-	702
50m: 28.60 28.60	150m: 1:29.61 30.72	250m: 2:31.98 31.41	350m: 3:35.74 31.90		
100m: 58.89 30.29	200m: 2:00.57 30.96	300m: 3:03.84 31.86	400m: 4:07.60 31.86		
29. OLOMBRADA PEREZ Alejandro	04	ESP A.D. Rivas Natación	<b>4:07.91</b>	-	699
50m: 27.46 27.46	150m: 1:30.01 32.24	250m: 2:34.17 31.60	350m: 3:38.27 32.40		
100m: 57.77 30.31	200m: 2:02.57 32.56	300m: 3:05.87 31.70	400m: 4:07.91 29.64		

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Clasificación			AN					Tiempo	Pts		
30.	CABANA DEL AMO Pablo		04	ESP	C.N. Ponteareas			<b>4:08.53</b>	- 694		
	50m:	28.61 28.61	150m:	1:30.84	31.21	250m:	2:34.03	31.55	350m:	3:37.72	31.83
	100m:	59.63 31.02	200m:	2:02.48	31.64	300m:	3:05.89	31.86	400m:	4:08.53	30.81
31.	COLOMER JIMENEZ Arnau		03	ESP	C.N. Granollers			<b>4:08.65</b>	- 693		
	50m:	28.82 28.82	150m:	1:31.58	31.48	250m:	2:35.21	31.83	350m:	3:39.70	32.17
	100m:	1:00.10 31.28	200m:	2:03.38	31.80	300m:	3:07.53	32.32	400m:	4:08.65	28.95
32.	VENDRELL GARCIA Jose		03	ESP	C.N. Lleida			<b>4:08.73</b>	- 692		
	50m:	28.37 28.37	150m:	1:29.70	31.12	250m:	2:32.54	31.41	350m:	3:36.68	32.06
	100m:	58.58 30.21	200m:	2:01.13	31.43	300m:	3:04.62	32.08	400m:	4:08.73	32.05
33.	DIAZ ROMERO Carlos		01	ESP	C.N.Mairena Aljarafe			<b>4:08.76</b>	- 692		
	50m:	28.86 28.86	150m:	1:31.70	31.66	250m:	2:35.05	31.40	350m:	3:38.50	32.02
	100m:	1:00.04 31.18	200m:	2:03.65	31.95	300m:	3:06.48	31.43	400m:	4:08.76	30.26
34.	CUBAS GRANADO Guillermo		02	ESP	C.N. Las Palmas			<b>4:08.90</b>	- 691		
	50m:	29.16 29.16	150m:	1:31.75	31.78	250m:	2:34.74	30.86	350m:	3:37.73	31.72
	100m:	59.97 30.81	200m:	2:03.88	32.13	300m:	3:06.01	31.27	400m:	4:08.90	31.17
35.	SASTRE RODRIGUEZ Joan		04	ESP	C.N. Voltor Balear			<b>4:09.00</b>	- 690		
	50m:	28.65 28.65	150m:	1:31.28	31.56	250m:	2:35.05	31.91	350m:	3:38.25	31.27
	100m:	59.72 31.07	200m:	2:03.14	31.86	300m:	3:06.98	31.93	400m:	4:09.00	30.75
36.	GRANADO MARTIN Pablo		04	ESP	Navial			<b>4:09.09</b>	- 689		
	50m:	28.64 28.64	150m:	1:31.12	31.37	250m:	2:34.16	31.35	350m:	3:37.60	31.78
	100m:	59.75 31.11	200m:	2:02.81	31.69	300m:	3:05.82	31.66	400m:	4:09.09	31.49
37.	MOLINI IBAÑEZ Arnau		02	ESP	C.N. Barcelona			<b>4:09.19</b>	- 688		
	50m:	28.96 28.96	150m:	1:31.40	31.31	250m:	2:35.38	31.90	350m:	3:38.82	31.37
	100m:	1:00.09 31.13	200m:	2:03.48	32.08	300m:	3:07.45	32.07	400m:	4:09.19	30.37
38.	ARIAS DIEZ Mario		05	ESP	C.D. Torrelago Wellness			<b>4:09.34</b>	- 687		
	50m:	28.60 28.60	150m:	1:30.44	30.77	250m:	2:34.64	32.58	350m:	3:40.39	33.04
	100m:	59.67 31.07	200m:	2:02.06	31.62	300m:	3:07.35	32.71	400m:	4:09.34	28.95
39.	FRANCO CEGARRA Alfonso		03	ESP	C.N.Cartagonova Cartagena			<b>4:09.86</b>	- 683		
	50m:	28.40 28.40	150m:	1:30.45	31.51	250m:	2:34.48	32.10	350m:	3:39.02	32.11
	100m:	58.94 30.54	200m:	2:02.38	31.93	300m:	3:06.91	32.43	400m:	4:09.86	30.84
40.	TRINIDAD SANCHO Carlos		04	ESP	Cn.Caceres Delfines			<b>4:09.95</b>	- 682		
	50m:	27.94 27.94	150m:	1:30.83	31.97	250m:	2:34.79	31.83	350m:	3:39.03	32.02
	100m:	58.86 30.92	200m:	2:02.96	32.13	300m:	3:07.01	32.22	400m:	4:09.95	30.92
41.	PEREZ-GODOY BRAGELI Miguel		04	ESP	C.N. Dos Hermanas			<b>4:10.14</b>	- 680		
	50m:	28.39 28.39	150m:	1:31.67	32.21	250m:	2:35.96	32.26	350m:	3:39.75	31.28
	100m:	59.46 31.07	200m:	2:03.70	32.03	300m:	3:08.47	32.51	400m:	4:10.14	30.39
42.	ALONSO RODRIGUEZ Javier		01	ESP	C.N. Ponteareas			<b>4:10.43</b>	- 678		
	50m:	27.84 27.84	150m:	1:30.78	31.68	250m:	2:34.07	31.54	350m:	3:38.05	31.89
	100m:	59.10 31.26	200m:	2:02.53	31.75	300m:	3:06.16	32.09	400m:	4:10.43	32.38
43.	PEREZ PEREZ Miguel		04	ESP	C.N. Santa Olaya			<b>4:10.50</b>	- 678		
	50m:	28.52 28.52	150m:	1:31.66	31.63	250m:	2:35.64	31.76	350m:	3:39.47	31.76
	100m:	1:00.03 31.51	200m:	2:03.88	32.22	300m:	3:07.71	32.07	400m:	4:10.50	31.03
44.	GOMEZ SANZ Martin Santiago		03	ESP	C.D. Gredos San Diego			<b>4:10.97</b>	- 674		
	50m:	27.60 27.60	150m:	1:30.28	32.24	250m:	2:35.01	32.34	350m:	3:40.32	32.54
	100m:	58.04 30.44	200m:	2:02.67	32.39	300m:	3:07.78	32.77	400m:	4:10.97	30.65
45.	GRANELL VALLES Alex		03	ESP	Club Deportivo Nados Castellon			<b>4:11.19</b>	- 672		
	50m:	29.13 29.13	150m:	1:32.37	31.59	250m:	2:35.99	31.76	350m:	3:40.08	32.10
	100m:	1:00.78 31.65	200m:	2:04.23	31.86	300m:	3:07.98	31.99	400m:	4:11.19	31.11

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Prueba 28, Masc., 400m Libre, Prelim, Absoluto

Clasificación			AN					Tiempo	Pts
46.	MARTINEZ BAYAN Adrian		02	ESP	C.N. Alcobendas		<b>4:13.59</b>	-	653
	50m: 28.49	28.49	150m: 1:31.06	31.56	250m: 2:35.10	32.10	350m: 3:41.12		33.22
	100m: 59.50	31.01	200m: 2:03.00	31.94	300m: 3:07.90	32.80	400m: 4:13.59		32.47
47.	GOÑI SAIZAR Enaitz		04	ESP	C.D. Fortuna		<b>4:13.80</b>	-	651
	50m: 28.31	28.31	150m: 1:30.62	31.63	250m: 2:35.55	32.29	350m: 3:41.93		33.25
	100m: 58.99	30.68	200m: 2:03.26	32.64	300m: 3:08.68	33.13	400m: 4:13.80		31.87
48.	CASADO GARRIGUES Manel		03	ESP	C.N. Mataro		<b>4:14.36</b>	-	647
	50m: 29.18	29.18	150m: 1:32.51	32.21	250m: 2:37.81	33.04	350m: 3:44.42		33.67
	100m: 1:00.30	31.12	200m: 2:04.77	32.26	300m: 3:10.75	32.94	400m: 4:14.36		29.94
49.	FERNANDEZ AMOR Aitor		04	ESP	C.N. Las Anclas Castrillon		<b>4:14.55</b>	-	646
	50m: 29.11	29.11	150m: 1:32.40	32.24	250m: 2:37.54	32.93	350m: 3:43.27		32.52
	100m: 1:00.16	31.05	200m: 2:04.61	32.21	300m: 3:10.75	33.21	400m: 4:14.55		31.28
50.	FALCÓ GUILLEM Marc		03	ESP	C.N. La Salle-Palma		<b>4:14.59</b>	-	645
	50m: 29.27	29.27	150m: 1:33.59	32.72	250m: 2:38.62	32.78	350m: 3:43.53		32.55
	100m: 1:00.87	31.60	200m: 2:05.84	32.25	300m: 3:10.98	32.36	400m: 4:14.59		31.06
51.	VALDIVIESO CLARAMONTE Manuel		04	ESP	Cst-Cst Costa Azahar		<b>4:15.84</b>	-	636
	50m: 29.23	29.23	150m: 1:32.04	31.94	250m: 2:37.03	32.80	350m: 3:43.24		33.46
	100m: 1:00.10	30.87	200m: 2:04.23	32.19	300m: 3:09.78	32.75	400m: 4:15.84		32.60
52.	ALCALA CAÑETE David		03	ESP	Navial		<b>4:21.33</b>	-	597
	50m: 28.59	28.59	150m: 1:32.09	32.30	250m: 2:39.01	33.90	350m: 3:47.69		34.62
	100m: 59.79	31.20	200m: 2:05.11	33.02	300m: 3:13.07	34.06	400m: 4:21.33		33.64
53.	GOMEZ MARTINEZ Sergi		03	ESP	C.N. Premia		<b>4:24.98</b>	-	572
	50m: 28.45	28.45	150m: 1:32.82	32.93	250m: 2:41.77	34.51	350m: 3:50.96		34.35
	100m: 59.89	31.44	200m: 2:07.26	34.44	300m: 3:16.61	34.84	400m: 4:24.98		34.02
Baja	MENDEZ PUGA Mario		03	ESP	C.N. Rias Baixas			-	
Baja	MARTÍNEZ NOVOA Miguel		00	ESP	R.C.N. Vigo			-	

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