

Royal Spanish Swimming Federation

Specific Action Protocol

XXIII SPANISH SWIMMING SUMMER CHAMPIONSHIPS ABSOLUTE P50 "OPEN" – ASTRALPOOL

XLII SPANISH SWIMMING SUMMER CHAMPIONSHIP JUNIOR P50

Metropole, 03.04.05.06.07 August, 2021

1. DOCUMENTATION

1.1. Medical form

All participants (coaches, athletes, delegates) registered for the competition must present the medical form at the entrance of the facility for verification by the competition Doctor. The form will be sent by email.

1.2. QR code

Team staff and athletes will receive a QR code to access the facility, which will be activated after the competition doctor approves the medical form. All QR codes will be sent to the same e-mail address.

2. PROTOCOL

Team staff ratio = 1 team staff / 5 swimmers*

***Possibility to extend the staff for justified reasons and on request.**

2.1. Covid measures

It is compulsory to always wear a mask and to keep a safe distance. Athletes may only remove it when entering the starting pontoon. At the end of the race, a new surgical mask will be provided.

2.2. Competition

All the technical information about the competition can be found at the following [link](#).

3. SPAIN TRAVEL HEALTH

The measures for entering the country can be found on the ministry's website via the following [link](#).

Real Federación Española de Natación

4. COMPETITION

- 4.1. Distribution of grandstand spaces: as indicated in the competition plans [link](#)
- 4.2. Warm-ups:
 - 4.2.1. 2 pools of 50 meters (maximum 14 persons per lane)
- 4.3. Access:
 - 4.3.1. Competition pool (P50-8 lanes): available from 2h before the start of the session and until 30' after the end of the session. Only available for swimmers competing in the session.
 - 4.3.2. Warm-up pool and gentle swim (P50): available from 2h before the start of the session. Only available for swimmers who are not competing in the session.

5. PREVIOUS TRAINING SESSIONS (1-hour sessions)

Training breakdown: 15 minutes for access, 1 hour training, 15 minutes to vacate the facility.

- 5.1. **Monday, 02 August 2021**
 - 5.1.1. Timetable: 10:00-13:00 / 17:00-20:00h
- 5.2. **Tuesday, 03 August 2021 (morning)**
 - 5.2.1. Timetable: 09:30-12:30

Booking at albertoindarte@rfen.es. Indicate number of athletes and time slot.

Monday AM	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00
Monday PM	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00
Tuesday AM	09:30 - 10:30	10:30 - 11:30	11:30 - 12:30

CONTACTS:

*Alberto Indarte - Covid Protocol Manager - albertoindarte@rfen.es
Sergio de la Calle - Technical Information - scalle@rfen.es*

Madrid, July 2021