

XXVI CTO. DE ESPAÑA "OPEN" DE INVIERNO NATACION MASTERS  
CASTELLÓN, 8 - 11/4/2021

Prueba 17  
09/04/2021 - 10:00

Masc., 400m Libre

50 - 64 años  
Resultados

Clasificación	AN		Tiempo	
<b>60+</b>				
1. GONZALEZ PEREZ, Domingo	61	C. Tenerife Masters	<b>5:12.72</b>	19,00
50m: 35.77 35.77 150m: 1:52.77 39.32 250m: 3:12.97 40.18 350m: 4:33.62 40.24				
100m: 1:13.45 37.68 200m: 2:32.79 40.02 300m: 3:53.38 40.41 400m: 5:12.72 39.10				
2. MENENDEZ CUELLAR, Manuel	58	C.N. Cuatro Caminos	<b>5:12.93</b>	16,00
50m: 35.59 35.59 150m: 1:52.56 39.17 250m: 3:12.74 40.23 350m: 4:33.79 40.29				
100m: 1:13.39 37.80 200m: 2:32.51 39.95 300m: 3:53.50 40.76 400m: 5:12.93 39.14				
3. QUIROS GIL, Ricardo	60	C.N. Master Murcia	<b>5:39.03</b>	14,00
50m: 38.23 38.23 150m: 2:02.88 42.83 250m: 3:29.94 43.50 350m: 4:57.03 43.60				
100m: 1:20.05 41.82 200m: 2:46.44 43.56 300m: 4:13.43 43.49 400m: 5:39.03 42.00				
4. HEMPEL, Wilhelm	57	C.N. Master Murcia	<b>5:39.07</b>	13,00
50m: 38.19 38.19 150m: 2:02.22 42.43 250m: 3:29.29 43.81 350m: 4:56.82 43.80				
100m: 1:19.79 41.60 200m: 2:45.48 43.26 300m: 4:13.02 43.73 400m: 5:39.07 42.25				
5. ETXEBESTE OTEGI, Javier	61	Swim Camp Getxo Cd	<b>5:41.43</b>	12,00
50m: 29.09 29.09 150m: 2:05.92 48.10 250m: 3:36.25 43.61 350m: 5:00.51 42.13				
100m: 1:17.82 48.73 200m: 2:52.64 46.72 300m: 4:18.38 42.13 400m: 5:41.43 40.92				
6. MARCO GARRIDO, Andrés José	60	C.N. Master Murcia	<b>6:04.62</b>	11,00
50m: 39.41 39.41 150m: 2:07.84 44.93 250m: 3:42.06 47.92 350m: 5:17.70 47.99				
100m: 1:22.91 43.50 200m: 2:54.14 46.30 300m: 4:29.71 47.65 400m: 6:04.62 46.92				
7. ARIAS TOBALINA, Federico	57	Cd Upstream	<b>6:52.43</b>	10,00
50m: 43.80 43.80 150m: 2:24.96 51.79 250m: 4:12.23 54.47 350m: 5:59.88 54.02				
100m: 1:33.17 49.37 200m: 3:17.76 52.80 300m: 5:05.86 53.63 400m: 6:52.43 52.55				
8. JUNQUERA YEBES, Miguel Angel	57	C. Tennis Chamartin	<b>7:08.80</b>	9,00
50m: 46.57 46.57 150m: 2:35.05 54.97 250m: 4:25.34 54.64 350m: 6:14.46 54.20				
100m: 1:40.08 53.51 200m: 3:30.70 55.65 300m: 5:20.26 54.92 400m: 7:08.80 54.34				
9. MARTINEZ IBAÑEZ, Roque Pascual	58	C. Aquatic De Alicante	<b>7:26.40</b>	8,00
50m: 44.61 44.61 150m: 2:31.85 56.52 250m: 4:27.61 58.56 350m: 6:26.68 59.79				
100m: 1:35.33 50.72 200m: 3:29.05 57.20 300m: 5:26.89 59.28 400m: 7:26.40 59.72				
10. MARTIN- DELGADO GOMEZ, Pedro	58	C.N. Monteverde	<b>7:35.32</b>	7,00
50m: 47.40 47.40 150m: 2:38.53 56.44 250m: 4:35.89 59.70 350m: 6:35.40 59.55				
100m: 1:42.09 54.69 200m: 3:36.19 57.66 300m: 5:35.85 59.96 400m: 7:35.32 59.92				
11. GÓMEZ AREVALO, Daniel	61	C.N. Monteverde	<b>8:13.12</b>	6,00
50m: 57.24 57.24 150m: 3:04.49 1:04.53 250m: 5:12.45 1:03.04 350m: 7:16.97 1:01.96				
100m: 1:59.96 1:02.72 200m: 4:09.41 1:04.92 300m: 6:15.01 1:02.56 400m: 8:13.12 56.15				
Baja NAVARRO MAYORGA, Francisco Carlos	57	C. Esports Masters	-	-

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55+

1.	FARRONA CLAVERO, Manuel	65	C.N. Master Murcia	<b>4:49.27</b>	19,00
	50m: 32.50 32.50 150m: 1:44.11 36.40 250m: 2:58.38 37.34 350m: 4:13.06 37.46				
	100m: 1:07.71 35.21 200m: 2:21.04 36.93 300m: 3:35.60 37.22 400m: 4:49.27 36.21				
2.	GONZALEZ SANCHEZ, Ricardo	66	C.N. Mediterraneo Valencia	<b>4:57.05</b>	16,00
	50m: 34.00 34.00 150m: 1:47.07 36.90 250m: 3:01.74 37.75 350m: 4:18.86 38.57				
	100m: 1:10.17 36.17 200m: 2:23.99 36.92 300m: 3:40.29 38.55 400m: 4:57.05 38.19				
3.	ARIAS FEBLES, Jose Manuel	64	C.N. Metropole	<b>5:09.18</b>	14,00
	50m: 35.60 35.60 150m: 1:53.05 39.25 250m: 3:11.79 39.23 350m: 4:31.05 39.68				
	100m: 1:13.80 38.20 200m: 2:32.56 39.51 300m: 3:51.37 39.58 400m: 5:09.18 38.13				
4.	RUIZ CALVO, Juan Antonio	63	A.D. Rivas Natación	<b>5:17.35</b>	13,00
	50m: 36.34 36.34 150m: 1:55.09 39.61 250m: 3:16.60 40.88 350m: 4:38.22 41.20				
	100m: 1:15.48 39.14 200m: 2:35.72 40.63 300m: 3:57.02 40.42 400m: 5:17.35 39.13				
5.	MONERRIS APARICI, Cecili	63	C. Aquatic De Alicante	<b>6:01.24</b>	12,00
	50m: 42.30 42.30 150m: 2:13.74 46.36 250m: 3:45.73 46.06 350m: 5:17.87 45.93				
	100m: 1:27.38 45.08 200m: 2:59.67 45.93 300m: 4:31.94 46.21 400m: 6:01.24 43.37				
6.	MELCHOR MARTIN DE LA SIERRA, Jose	65	C.N. Leganes	<b>6:09.12</b>	11,00
	50m: 40.21 40.21 150m: 2:10.13 45.58 250m: 3:45.64 47.72 350m: 5:22.29 48.36				
	100m: 1:24.55 44.34 200m: 2:57.92 47.79 300m: 4:33.93 48.29 400m: 6:09.12 46.83				
7.	MARTOS MARTINEZ, Lorenzo	66	C. Aquatic De Alicante	<b>6:24.60</b>	10,00
	50m: 41.39 41.39 150m: 2:18.41 50.11 250m: 3:58.22 49.79 350m: 5:38.20 50.64				
	100m: 1:28.30 46.91 200m: 3:08.43 50.02 300m: 4:47.56 49.34 400m: 6:24.60 46.40				
8.	DELGADO DIEZ, Gonzalo	66	C. Tennis Chamartin	<b>6:59.90</b>	9,00
	50m: 44.38 44.38 150m: 2:27.23 53.67 250m: 4:15.56 54.57 350m: 6:05.86 55.46				
	100m: 1:33.56 49.18 200m: 3:20.99 53.76 300m: 5:10.40 54.84 400m: 6:59.90 54.04				
9.	ESPINOSA GONZALEZ, Rafael	63	Dsc Albacete Swim	<b>7:00.41</b>	8,00
	50m: 46.20 46.20 150m: 2:30.11 52.12 250m: 4:18.32 54.91 350m: 6:07.42 54.65				
	100m: 1:37.99 51.79 200m: 3:23.41 53.30 300m: 5:12.77 54.45 400m: 7:00.41 52.99				
10.	PUERTAS MARTINEZ, Pedro	65	C.N. Albacora	<b>7:31.47</b>	7,00
	50m: 46.61 46.61 150m: 2:34.96 57.27 250m: 4:33.38 1:00.26 350m: 6:36.57 1:01.60				
	100m: 1:37.69 51.08 200m: 3:33.12 58.16 300m: 5:34.97 1:01.59 400m: 7:31.47 54.90				
11.	FERNANDEZ RODRIGUEZ, Laureano	65	C.N. Roquetas	<b>8:06.84</b>	6,00
	50m: 50.84 50.84 150m: 2:53.66 1:03.44 250m: 5:01.97 1:03.74 350m: 7:09.11 1:03.63				
	100m: 1:50.22 59.38 200m: 3:58.23 1:04.57 300m: 6:05.48 1:03.51 400m: 8:06.84 57.73				

50+

1.	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	<b>4:35.11</b>	19,00
	50m: 31.08 31.08 150m: 1:39.64 34.74 250m: 2:50.26 35.29 350m: 4:00.40 34.91				
	100m: 1:04.90 33.82 200m: 2:14.97 35.33 300m: 3:25.49 35.23 400m: 4:35.11 34.71				
2.	ODRIOZOLA SANCHEZ, Juan Jose	71	A. Cantabra Nat.	<b>4:40.02</b>	16,00
	50m: 32.69 32.69 150m: 1:43.90 35.76 250m: 2:53.64 34.11 350m: 4:04.13 35.67				
	100m: 1:08.14 35.45 200m: 2:19.53 35.63 300m: 3:28.46 34.82 400m: 4:40.02 35.89				

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Clasificación	AN		Tiempo	
3. ESPINA VELAZ, Fernando	71	C.N. Aquamasters	<b>4:41.78</b>	14,00
50m: 32.05 32.05 150m: 1:40.78 34.82 250m: 2:52.26 35.92 350m: 4:05.76 36.79	100m: 1:05.96 33.91 200m: 2:16.34 35.56 300m: 3:28.97 36.71 400m: 4:41.78 36.02			
4. SABATER REDONDO, Jorge	68	C.N. Cuatro Caminos	<b>4:45.60</b>	13,00
50m: 32.64 32.64 150m: 1:43.75 35.75 250m: 2:56.24 36.38 350m: 4:09.52 36.80	100m: 1:08.00 35.36 200m: 2:19.86 36.11 300m: 3:32.72 36.48 400m: 4:45.60 36.08			
5. SANCHEZ APARICIO, Enrique	68	C.N. 97 Leon	<b>4:46.13</b>	12,00
50m: 32.63 32.63 150m: 1:43.69 36.14 250m: 2:56.55 36.51 350m: 4:10.08 36.67	100m: 1:07.55 34.92 200m: 2:20.04 36.35 300m: 3:33.41 36.86 400m: 4:46.13 36.05			
6. SILOT, Sergio	70	C. Tenerife Masters	<b>4:48.18</b>	11,00
50m: 32.11 32.11 150m: 1:44.06 36.85 250m: 2:58.74 37.66 350m: 4:12.79 36.88	100m: 1:07.21 35.10 200m: 2:21.08 37.02 300m: 3:35.91 37.17 400m: 4:48.18 35.39			
7. MARTI BARRACHINA, Alejandro	70	C.N. Vila-Real	<b>4:55.96</b>	10,00
50m: 32.48 32.48 150m: 1:44.24 36.61 250m: 3:00.12 38.54 350m: 4:17.73 38.95	100m: 1:07.63 35.15 200m: 2:21.58 37.34 300m: 3:38.78 38.66 400m: 4:55.96 38.23			
8. PEREZ ESCALANTE, David	70	C.N. Monteverde	<b>5:09.29</b>	9,00
50m: 35.11 35.11 150m: 1:52.07 39.03 250m: 3:11.91 40.56 350m: 4:31.82 39.03	100m: 1:13.04 37.93 200m: 2:31.35 39.28 300m: 3:52.79 40.88 400m: 5:09.29 37.47			
9. PORTELLA DEL CARMEN, Luis Angel	71	Real Canoe N.C.	<b>5:10.95</b>	8,00
50m: 35.76 35.76 150m: 1:54.75 40.00 250m: 3:14.52 40.20 350m: 4:33.49 40.10	100m: 1:14.75 38.99 200m: 2:34.32 39.57 300m: 3:53.39 38.87 400m: 5:10.95 37.46			
10. FERNÁNDEZ FERNÁNDEZ, Alberto	67	C.D. Halegatos	<b>5:12.63</b>	7,00
50m: 35.62 35.62 150m: 1:54.51 40.03 250m: 3:14.27 39.81 350m: 4:34.38 40.07	100m: 1:14.48 38.86 200m: 2:34.46 39.95 300m: 3:54.31 40.04 400m: 5:12.63 38.25			
11. YÑIGO DE LOS RIOS, Miguel	68	C.N. Master Madrid	<b>5:20.40</b>	6,00
50m: 36.45 36.45 150m: 1:55.84 40.21 250m: 3:17.99 41.44 350m: 4:39.97 41.11	100m: 1:15.63 39.18 200m: 2:36.55 40.71 300m: 3:58.86 40.87 400m: 5:20.40 40.43			
12. ALEDO VIVES, Rafael	67	C.N. Master Murcia	<b>5:36.98</b>	5,00
50m: 37.85 37.85 150m: 2:00.99 41.95 250m: 3:27.70 43.75 350m: 4:55.77 44.11	100m: 1:19.04 41.19 200m: 2:43.95 42.96 300m: 4:11.66 43.96 400m: 5:36.98 41.21			
13. CARVAJAL LERA, Javier	69	C.N. Mediterraneo Valencia	<b>5:37.14</b>	4,00
50m: 37.88 37.88 150m: 2:02.06 43.15 250m: 3:29.24 43.64 350m: 4:56.50 43.47	100m: 1:18.91 41.03 200m: 2:45.60 43.54 300m: 4:13.03 43.79 400m: 5:37.14 40.64			
14. DOMINGUEZ ALCAZAR, Pedro Jesus	69	C.P. La Roda	<b>5:37.37</b>	3,00
50m: 37.67 37.67 150m: 2:01.07 43.11 250m: 3:28.81 44.24 350m: 4:57.16 44.22	100m: 1:17.96 40.29 200m: 2:44.57 43.50 300m: 4:12.94 44.13 400m: 5:37.37 40.21			
15. IBORRA GIL, Javier	70	C.N. Mediterraneo Valencia	<b>5:39.73</b>	2,00
50m: 38.48 38.48 150m: 2:02.88 42.81 250m: 3:30.38 44.39 350m: 4:58.79 43.64	100m: 1:20.07 41.59 200m: 2:45.99 43.11 300m: 4:15.15 44.77 400m: 5:39.73 40.94			
16. PEREZ DELGADO, Javier	71	C.N. Mediterraneo Valencia	<b>5:49.06</b>	1,00
50m: 37.85 37.85 150m: 2:00.98 42.36 250m: 3:31.21 45.51 350m: 5:03.43 46.39	100m: 1:18.62 40.77 200m: 2:45.70 44.72 300m: 4:17.04 45.83 400m: 5:49.06 45.63			

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Clasificación	AN		Tiempo	
17. PLAZA VALDES, Eduardo	67	C.N. Monteverde	<b>6:02.51</b>	-
50m: 34.41 34.41	150m: 1:57.49 43.48	250m: 3:33.32 48.86	350m: 5:13.37 50.40	
100m: 1:14.01 39.60	200m: 2:44.46 46.97	300m: 4:22.97 49.65	400m: 6:02.51 49.14	
18. PEREZ ARROYO, Dionisio	69	C.N. Fuenlabrada	<b>6:26.17</b>	-
50m: 44.09 44.09	150m: 2:18.46 48.04	250m: 3:57.49 49.96	350m: 5:37.80 49.72	
100m: 1:30.42 46.33	200m: 3:07.53 49.07	300m: 4:48.08 50.59	400m: 6:26.17 48.37	
Baja OCAMPO GISBERT, David	71	C.N. Cuatro Caminos		-

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