

LXV Cto. de España absoluto de invierno P25 - ASTRALPOOL.  
PALMA DE MALLORCA, 25 - 28/11/2021

Prueba 12 Fem., 400m Estilos Absoluto  
26/11/2021 - 9:30 Resultados Prelim

RE	4:18.94	BELMONTE GARCIA MIREIA	EINDHOVEN (NED)	12/08/2017
RC	4:26.86	BELMONTE GARCIA MIREIA	SABADELL	13/12/2014

Puntos: FINA 2021

Clasificación	AN	Nombre	Equipo	Tiempo	FINA
1.	95	CORRO LORENTE Catalina	C.N. Sabadell	<b>4:41.06</b>	781 A
		50m: 29.49 29.49 150m: 1:39.33 36.57 250m: 2:54.07 38.88 350m: 4:07.84 34.07			
		100m: 1:02.76 33.27 200m: 2:15.19 35.86 300m: 3:33.77 39.70 400m: 4:41.06 33.22			
2.	03	JUSTE SANCHEZ Paula	C.N. Lleida	<b>4:41.85</b>	775 A
		50m: 30.54 30.54 150m: 1:40.97 36.07 250m: 2:56.48 40.09 350m: 4:09.56 32.57			
		100m: 1:04.90 34.36 200m: 2:16.39 35.42 300m: 3:36.99 40.51 400m: 4:41.85 32.29			
3.	97	PEREZ BLANCO Jimena	C.N. Barcelona	<b>4:45.63</b>	745 A
		50m: 31.08 31.08 150m: 1:42.11 36.49 250m: 2:58.67 40.69 350m: 4:13.41 33.09			
		100m: 1:05.62 34.54 200m: 2:17.98 35.87 300m: 3:40.32 41.65 400m: 4:45.63 32.22			
4.	05	CARRASCO CADENS Emma	C.N. Sant Andreu	<b>4:46.55</b>	737 A
		50m: 30.10 30.10 150m: 1:41.76 36.58 250m: 2:57.23 40.06 350m: 4:12.71 35.31			
		100m: 1:05.18 35.08 200m: 2:17.17 35.41 300m: 3:37.40 40.17 400m: 4:46.55 33.84			
5.	04	GONZALEZ MIRALLES Paula	C.N. Delfin	<b>4:48.41</b>	723 A
		50m: 30.21 30.21 150m: 1:40.89 36.13 250m: 2:58.13 41.83 350m: 4:15.18 35.05			
		100m: 1:04.76 34.55 200m: 2:16.30 35.41 300m: 3:40.13 42.00 400m: 4:48.41 33.23			
6.	02	OLIVAN MERCADER Aina	C.N. Sabadell	<b>4:51.88</b>	698 A
		50m: 31.58 31.58 150m: 1:46.20 38.87 250m: 3:04.68 40.87 350m: 4:19.59 33.37			
		100m: 1:07.33 35.75 200m: 2:23.81 37.61 300m: 3:46.22 41.54 400m: 4:51.88 32.29			
7.	04	RODRIGUEZ SANCHEZ Laura	C.N. Mijas	<b>4:53.21</b>	688 A
		50m: 31.74 31.74 150m: 1:46.69 38.97 250m: 3:04.37 39.24 350m: 4:19.29 35.25			
		100m: 1:07.72 35.98 200m: 2:25.13 38.44 300m: 3:44.04 39.67 400m: 4:53.21 33.92			
8.	05	DENBY Kennedy Hope	C.D.N. Nadamas Las Marinas	<b>4:55.42</b>	673 A
		50m: 31.94 31.94 150m: 1:46.64 39.57 250m: 3:07.32 42.18 350m: 4:23.44 33.52			
		100m: 1:07.07 35.13 200m: 2:25.14 38.50 300m: 3:49.92 42.60 400m: 4:55.42 31.98			
9.	05	SANCHEZ SANCHEZ Angela	C.N. Mairena Aljarafe	<b>4:56.10</b>	668 B
		50m: 32.53 32.53 150m: 1:48.97 38.93 250m: 3:08.04 40.68 350m: 4:23.75 34.32			
		100m: 1:10.04 37.51 200m: 2:27.36 38.39 300m: 3:49.43 41.39 400m: 4:56.10 32.35			
10.	07	TONRATH NOLLGEN Estella Llum	Club Campusesport	<b>4:56.83</b>	663 B
		50m: 30.93 30.93 150m: 1:44.82 37.75 250m: 3:05.04 43.78 350m: 4:24.07 34.45			
		100m: 1:07.07 36.14 200m: 2:21.26 36.44 300m: 3:49.62 44.58 400m: 4:56.83 32.76			
11.	03	AMOR AGUADO Laura	C.N. Sant Andreu	<b>5:00.49</b>	639 B
		50m: 31.12 31.12 150m: 1:45.42 39.08 250m: 3:06.54 42.39 350m: 4:26.71 36.67			
		100m: 1:06.34 35.22 200m: 2:24.15 38.73 300m: 3:50.04 43.50 400m: 5:00.49 33.78			
12.	05	BOUZAS PEDREIRA Alicia	C.N. Galaico	<b>5:01.03</b>	636 B
		50m: 31.26 31.26 150m: 1:45.09 38.63 250m: 3:08.01 44.73 350m: 4:27.61 34.74			
		100m: 1:06.46 35.20 200m: 2:23.28 38.19 300m: 3:52.87 44.86 400m: 5:01.03 33.42			
13.	03	LAZARO RICO Marina	C.D. Nados Castellon	<b>5:01.05</b>	636 B
		50m: 32.02 32.02 150m: 1:48.98 39.10 250m: 3:09.85 42.70 350m: 4:27.87 35.19			
		100m: 1:09.88 37.86 200m: 2:27.15 38.17 300m: 3:52.68 42.83 400m: 5:01.05 33.18			

Piscina 25 m. / Crono electrónico

Splash Meet Manager, 11.71238

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Prueba 12, Fem., 400m Estilos, Prelim, Absoluto

Clasificación	AN	Equipo	50m	100m	150m	200m	250m	300m	350m	400m	FINA	
14.	GARRIDO MALVAR Nahia	07	Tolosaldea Usabal I.K.T.	<b>5:03.32</b>	622	B						
	50m: 31.43 31.43	150m: 1:45.91	38.13	250m: 3:08.76	44.57	350m: 4:28.73	35.04					
	100m: 1:07.78 36.35	200m: 2:24.19	38.28	300m: 3:53.69	44.93	400m: 5:03.32	34.59					
15.	MARTÍNEZ MARTÍNEZ Sara	06	C.N. Tenis Elche	<b>5:03.33</b>	622	B						
	50m: 32.25 32.25	150m: 1:50.20	41.16	250m: 3:10.79	41.77	350m: 4:29.02	36.61					
	100m: 1:09.04 36.79	200m: 2:29.02	38.82	300m: 3:52.41	41.62	400m: 5:03.33	34.31					
16.	DÍAZ LÓPEZ Helena	01	Navial	<b>5:03.46</b>	621	B						
	50m: 31.35 31.35	150m: 1:46.68	39.56	250m: 3:07.54	42.61	350m: 4:28.09	36.27					
	100m: 1:07.12 35.77	200m: 2:24.93	38.25	300m: 3:51.82	44.28	400m: 5:03.46	35.37					
17.	GARRIDO REBOLLO Yara	05	Cd Acuatico Leon	<b>5:03.62</b>	620							
	50m: 32.78 32.78	150m: 1:49.15	39.82	250m: 3:10.82	42.91	350m: 4:30.09	35.91					
	100m: 1:09.33 36.55	200m: 2:27.91	38.76	300m: 3:54.18	43.36	400m: 5:03.62	33.53					
18.	GOMEZ SANCHEZ Martina	05	C.N. Dos Hermanas	<b>5:03.63</b>	620							
	50m: 32.66 32.66	150m: 1:49.85	39.42	250m: 3:12.00	43.58	350m: 4:30.78	34.73					
	100m: 1:10.43 37.77	200m: 2:28.42	38.57	300m: 3:56.05	44.05	400m: 5:03.63	32.85					
19.	GONZALEZ NUEZ Lucia	06	C.N. Tarraco	<b>5:04.71</b>	613							
	50m: 31.19 31.19	150m: 1:47.16	40.72	250m: 3:09.99	43.28	350m: 4:30.30	35.66					
	100m: 1:06.44 35.25	200m: 2:26.71	39.55	300m: 3:54.64	44.65	400m: 5:04.71	34.41					
20.	URIZARNA GRIJALBA Carlota	04	C.N. Castilla-Burgos	<b>5:05.45</b>	609							
	50m: 32.20 32.20	150m: 1:48.65	39.35	250m: 3:10.27	43.17	350m: 4:30.29	36.47					
	100m: 1:09.30 37.10	200m: 2:27.10	38.45	300m: 3:53.82	43.55	400m: 5:05.45	35.16					
21.	CARBALLO GONZALEZ Sofia	06	C.N. Ponteareas	<b>5:05.98</b>	606							
	50m: 33.15 33.15	150m: 1:52.53	41.28	250m: 3:13.58	41.80	350m: 4:31.47	35.79					
	100m: 1:11.25 38.10	200m: 2:31.78	39.25	300m: 3:55.68	42.10	400m: 5:05.98	34.51					
22.	LIARTE QUESADA Laura	04	C.N. Almeria	<b>5:09.41</b>	586							
	50m: 32.37 32.37	150m: 1:50.77	39.17	250m: 3:14.34	45.67	350m: 4:35.33	36.26					
	100m: 1:11.60 39.23	200m: 2:28.67	37.90	300m: 3:59.07	44.73	400m: 5:09.41	34.08					
23.	TORNERO TEJERINA Alejandra	05	C.D. Parquesol	<b>5:09.76</b>	584							
	50m: 32.64 32.64	150m: 1:49.39	39.92	250m: 3:13.01	44.18	350m: 4:34.57	36.43					
	100m: 1:09.47 36.83	200m: 2:28.83	39.44	300m: 3:58.14	45.13	400m: 5:09.76	35.19					
DSQ	GIRALT PIDEMONT Claudia	01	C.N. Mataro									
Baja	DE VALDES ALVAREZ Maria	98	C.N. Liceo									
Baja	FERRER SEGARRA Clara	04	R.G.C. Cavadonga									

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