

XIII CTO. DE ESPAÑA DE LARGA DISTANCIA  
BARCELONA, 30/1/2022

| Prueba 3           | Masc., 5000m Libre |                           |            | 16 - 50 años    |
|--------------------|--------------------|---------------------------|------------|-----------------|
| 30/01/2022 - 10:55 |                    |                           |            | Lista de salida |
| RE                 | 52:46.52           | ALEJANDRO PUEBLA MARTINEZ | Sant Cugat | 31/01/2021      |
| MMN 19             | 52:46.52           | ALEJANDRO PUEBLA MARTINEZ | Sant Cugat | 31/01/2021      |
| MMN 18             | 54:31.29           | JULIA TOUS, Ferran        | MATARO     | 24/02/2018      |
| MMN 17             | 54:20.89           | SERGIO SANTISTEBAN ROMERO | MATARO     | 18/02/2017      |
| MMN 16             | 55:49.87           | PABLO GRANADO MARTIN      | BARCELONA  | 22/02/2020      |

AN

Serie 1 de 4

|   |                             |    |     |                            |          |
|---|-----------------------------|----|-----|----------------------------|----------|
| 0 | HERNANDEZ LOPEZ Carlos      | 05 | J-1 | R.C. Mediterraneo          | 33:58.73 |
| 1 | LORENÇO FERREIRA Gustavo    | 06 | J-1 | C.D.N. Nadamas Las Marinas | 33:47.58 |
| 2 | LUQUE MERINO Ismael         | 04 | J-2 | C.N. Mijas                 | 33:42.82 |
| 3 | RODRIGUEZ BARRANQUERO Jorge | 05 | J-1 | C.N. Mijas                 | 33:32.87 |
| 4 | COCERA CORDON Yare          | 05 | J-1 | C.N. Metropole             | 33:22.05 |
| 5 | NIETO PARDO Sergio          | 05 | J-1 | C.N. Las Norias            | 33:29.42 |
| 6 | MARCOS PICADO Samuel        | 05 | J-1 | C.D. Torrelago Wellness    | 33:39.62 |
| 7 | JIMENEZ ROJO Marcelino      | 05 | J-1 | C.N.Cartagonova Cartagena  | 33:43.78 |
| 8 | ROBLES JIMENEZ Pablo        | 06 | J-1 | C.N.Cartagonova Cartagena  | 33:56.22 |
| 9 | CALDERON MONTENEGRO Roberto | 02 | SEN | Navial                     | 34:41.27 |

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|   |                                   |    |     |                            |          |
|---|-----------------------------------|----|-----|----------------------------|----------|
| 0 | FERNANDEZ NIETO Cristian          | 92 | SEN | C.N. Galaico               | 33:17.71 |
| 1 | SANTANA RAMIREZ Ángel             | 04 | J-2 | C.N. Metropole             | 33:09.27 |
| 2 | GRANELL VALLES Alex               | 03 | J-2 | C.D. Nados Castellon       | 33:03.56 |
| 3 | VIZCAINO RIGOL Carlos             | 05 | J-1 | C.D.N. Nadamas Las Marinas | 32:51.88 |
| 4 | MORENO PABLOS Sergio              | 05 | J-1 | C.N. Las Anclas Castrillon | 32:47.43 |
| 5 | DE LA FUENTE ALONSO Diego         | 06 | J-1 | C.D. Torrelago Wellness    | 32:50.51 |
| 6 | GOMEZ-GUILLAMON DE LAS HERAS Jain | 05 | J-1 | C.D. El Valle              | 32:58.91 |
| 7 | NEVADO RUIZ Pablo                 | 06 | J-1 | C.N. Sabadell              | 33:04.91 |
| 8 | VENDRELL GARCIA Jose              | 03 | J-2 | C.N. Lleida                | 33:13.46 |
| 9 | COSTA FERNANDEZ Lucas             | 98 | SEN | C.N. Pontareas             | 33:21.15 |

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|   |                            |    |     |                            |          |
|---|----------------------------|----|-----|----------------------------|----------|
| 0 | ARIAS DIEZ Mario           | 05 | J-1 | C.D. Torrelago Wellness    | 32:44.37 |
| 1 | MACARIO MOLINA Joan        | 05 | J-1 | C.N. Metropole             | 32:37.35 |
| 2 | VAN GOOL FERNANDEZ Ruben   | 04 | J-2 | C.D. Gredos San Diego      | 32:27.69 |
| 3 | FRANCO CEGARRA Alfonso     | 03 | J-2 | C.N.Cartagonova Cartagena  | 32:24.17 |
| 4 | BELIG Xavier               | 97 | SEN | C.N. Barcelona             | 32:10.09 |
| 5 | GUTIERREZ RAMIREZ Enrique  | 02 | SEN | C.N. Santa Olaya           | 32:13.99 |
| 6 | ROUGET FERNANDEZ Alvaro    | 05 | J-1 | C.N. Las Anclas Castrillon | 32:26.71 |
| 7 | NEATA SAGHIN Radu Valentin | 05 | J-1 | C.D. Gredos San Diego      | 32:29.95 |
| 8 | GRANADO MARTIN Pablo       | 04 | J-2 | Navial                     | 32:38.33 |
| 9 | FERNANDEZ AMOR Aitor       | 04 | J-2 | C.N. Las Anclas Castrillon | 32:46.19 |

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|   |                           |    |     |                           |          |
|---|---------------------------|----|-----|---------------------------|----------|
| 0 | ORTIZ MARTINEZ Carlos     | 04 | J-2 | C.N. Barcelona            | 31:56.48 |
| 1 | GONZALEZ RODERO Alonso    | 03 | J-2 | Real Canoe N.C.           | 31:23.47 |
| 2 | GONZALEZ CALDERON Ivan    | 03 | J-2 | C.D. El Valle             | 31:20.98 |
| 3 | GIL TARAZONA Pol          | 96 | SEN | C.N. Barcelona            | 31:18.38 |
| 4 | PUEBLA MARTINEZ Alejandro | 02 | SEN | C.N.Cartagonova Cartagena | 30:27.40 |
| 5 | PUJOL BELMONTE Guillem    | 97 | SEN | C.N. Mataro               | 30:44.55 |
| 6 | GARACH BENITO Carlos      | 04 | J-2 | C.N. Churriana            | 31:20.76 |
| 7 | DE OÑA RAMÍREZ Angel      | 02 | SEN | C.D.N. Inacua Malaga      | 31:22.78 |
| 8 | MENDEZ PUGA Mario         | 03 | J-2 | C.N. Rias Baixas          | 31:28.00 |
| 9 | MARTIN ESTEBAN Alberto    | 05 | J-1 | C.N. Toledo               | 32:07.36 |

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