

XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 1

Fem., 400m Libre

20 años y mayores

03/03/2022 - 9:30

Resultados

Clasificación	AN		Tiempo	
20+				
1.	GIMENO POZA, Marta	99	C.N. Trencacones Alzira	4:59.22 19,00
	50m: 33.75 33.75 150m: 1:49.15 38.32 250m: 3:04.87 37.68 350m: 4:21.41 38.26			
	100m: 1:10.83 37.08 200m: 2:27.19 38.04 300m: 3:43.15 38.28 400m: 4:59.22 37.81			
2.	MORENO CRESPO, Yaiza	01	C.N. Leon	5:00.66 16,00
	50m: 32.52 32.52 150m: 1:46.00 37.25 250m: 3:03.19 38.98 350m: 4:22.20 39.66			
	100m: 1:08.75 36.23 200m: 2:24.21 38.21 300m: 3:42.54 39.35 400m: 5:00.66 38.46			
3.	BAEZ DIEGUEZ, Silvia	98	C.N.E. Gandia	5:22.47 14,00
	50m: 35.55 35.55 150m: 1:57.05 41.67 250m: 3:20.43 41.71 350m: 4:43.18 41.61			
	100m: 1:15.38 39.83 200m: 2:38.72 41.67 300m: 4:01.57 41.14 400m: 5:22.47 39.29			
4.	IBORRA PLAJA, Paula	02	C.N. Mediterraneo Valencia	5:45.08 13,00
	50m: 38.07 38.07 150m: 2:02.39 43.16 250m: 3:31.73 44.82 350m: 5:01.85 45.38			
	100m: 1:19.23 41.16 200m: 2:46.91 44.52 300m: 4:16.47 44.74 400m: 5:45.08 43.23			
5.	BECERRO BODAS, Berta	02	C.N. Tres Cantos	6:46.16 12,00
	50m: 45.42 45.42 150m: 2:27.22 51.43 250m: 4:11.38 53.00 350m: 5:54.80 51.97			
	100m: 1:35.79 50.37 200m: 3:18.38 51.16 300m: 5:02.83 51.45 400m: 6:46.16 51.36			
25+				
1.	REDONDO MARTIN, Samantha	93	C.N. Monteverde	4:43.73 19,00
	50m: 32.03 32.03 150m: 1:43.18 36.11 250m: 2:56.40 36.56 350m: 4:09.65 36.44			
	100m: 1:07.07 35.04 200m: 2:19.84 36.66 300m: 3:33.21 36.81 400m: 4:43.73 34.08			
2.	SANCHEZ-ROJO HUERTAS, Belen	97	C.N. Albacete	4:44.06 16,00
	50m: 32.76 32.76 150m: 1:44.07 36.15 250m: 2:57.22 36.63 350m: 4:10.19 36.41			
	100m: 1:07.92 35.16 200m: 2:20.59 36.52 300m: 3:33.78 36.56 400m: 4:44.06 33.87			
3.	SANCHEZ CASTILLO, Sheila	95	C.N. Thiar Horadada	4:48.05 14,00
	50m: 32.67 32.67 150m: 1:44.30 36.22 250m: 2:58.24 37.21 350m: 4:12.51 37.29			
	100m: 1:08.08 35.41 200m: 2:21.03 36.73 300m: 3:35.22 36.98 400m: 4:48.05 35.54			
4.	LOPEZ TOMAS, Jara	96	C.N. Madrid Moscardo	5:00.13 13,00
	50m: 33.93 33.93 150m: 1:49.06 37.94 250m: 3:06.53 38.72 350m: 4:23.64 38.34			
	100m: 1:11.12 37.19 200m: 2:27.81 38.75 300m: 3:45.30 38.77 400m: 5:00.13 36.49			
5.	BOUCHET, Sybille	93	C.N. Vulcania Master	5:07.89 12,00
	50m: 34.58 34.58 150m: 1:50.98 39.04 250m: 3:09.39 38.98 350m: 4:28.53 39.62			
	100m: 1:11.94 37.36 200m: 2:30.41 39.43 300m: 3:48.91 39.52 400m: 5:07.89 39.36			
6.	MORANTE SANCHEZ, Sofia	94	C.N. Madrid Moscardo	5:08.78 11,00
	50m: 34.11 34.11 150m: 1:50.21 38.66 250m: 3:09.54 39.70 350m: 4:30.40 40.53			
	100m: 1:11.55 37.44 200m: 2:29.84 39.63 300m: 3:49.87 40.33 400m: 5:08.78 38.38			

Piscina 25 m. / Crono Electrónico

Splash Meet Manager, 11.71725

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04/03/2022 9:19 - Página 1

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INSTITUCIONES LOCALES Y TERRITORIALES



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PONTEVEDRA, 3 - 6/3/2022

Prueba 1, Fem., 400m Libre, 25+

Clasificación	AN	Equipo	Tempo
7.	SEQUERA CARO, Miriam	97 C.N. Leon	5:14.79 10,00
	50m: 35.86 35.86 150m: 1:54.67 39.64 250m: 3:15.13 40.26 350m: 4:35.94 40.25		
	100m: 1:15.03 39.17 200m: 2:34.87 40.20 300m: 3:55.69 40.56 400m: 5:14.79 38.85		
8.	SAENZ OLMEDO, Andrea	96 C.N. Iregua-Villamediana	5:29.91 9,00
	50m: 38.07 38.07 150m: 2:01.94 43.06 250m: 3:26.61 42.23 350m: 4:49.65 40.87		
	100m: 1:18.88 40.81 200m: 2:44.38 42.44 300m: 4:08.78 42.17 400m: 5:29.91 40.26		
9.	PEREZ PEREZ, Celia	93 C.N. Madrid Moscardo	5:36.85 8,00
	50m: 36.91 36.91 150m: 1:59.82 42.47 250m: 3:27.60 44.31 350m: 4:54.76 43.27		
	100m: 1:17.35 40.44 200m: 2:43.29 43.47 300m: 4:11.49 43.89 400m: 5:36.85 42.09		
10.	SENTRE DOMINGO, Sara	96 C.N. Monteverde	5:55.36 7,00
	50m: 36.69 36.69 150m: 2:03.36 44.32 250m: 3:34.99 46.54 350m: 5:10.16 47.48		
	100m: 1:19.04 42.35 200m: 2:48.45 45.09 300m: 4:22.68 47.69 400m: 5:55.36 45.20		
11.	DOPICO ESPADA, Clara	95 C.N. Mediterraneo Valencia	6:08.52 6,00
	50m: 39.94 39.94 150m: 2:12.17 47.39 250m: 3:47.10 47.26 350m: 5:22.51 47.17		
	100m: 1:24.78 44.84 200m: 2:59.84 47.67 300m: 4:35.34 48.24 400m: 6:08.52 46.01		
12.	FERNANDEZ GARCIA, Marina	97 C.N. Galaico	6:42.30 5,00
	50m: 41.93 41.93 150m: 2:22.45 51.72 250m: 4:06.32 51.92 350m: 5:51.75 52.53		
	100m: 1:30.73 48.80 200m: 3:14.40 51.95 300m: 4:59.22 52.90 400m: 6:42.30 50.55		

30+

1.	JAIME PORRAS, Veronica	90 C.N. Mijas	4:49.69 19,00
	50m: 33.41 33.41 150m: 1:45.19 36.27 250m: 2:58.94 36.96 350m: 4:13.63 37.20		
	100m: 1:08.92 35.51 200m: 2:21.98 36.79 300m: 3:36.43 37.49 400m: 4:49.69 36.06		
2.	ARROYO GARCIA, Licia	90 C.N. Alcobendas	4:58.86 16,00
	50m: 34.15 34.15 150m: 1:49.98 38.39 250m: 3:05.99 37.67 350m: 4:21.40 37.54		
	100m: 1:11.59 37.44 200m: 2:28.32 38.34 300m: 3:43.86 37.87 400m: 4:58.86 37.46		
3.	DURAN SUJA, Elena	92 C.N. Alcobendas	5:01.19 14,00
	50m: 32.02 32.02 150m: 1:46.23 37.78 250m: 3:03.46 38.92 350m: 4:22.60 39.68		
	100m: 1:08.45 36.43 200m: 2:24.54 38.31 300m: 3:42.92 39.46 400m: 5:01.19 38.59		
4.	ELIZALDE TIRAPU, Raquel	92 C.N. Pamplona	5:09.37 13,00
	50m: 35.78 35.78 150m: 1:51.99 38.35 250m: 3:11.53 39.63 350m: 4:31.08 40.11		
	100m: 1:13.64 37.86 200m: 2:31.90 39.91 300m: 3:50.97 39.44 400m: 5:09.37 38.29		
5.	LEWIS, Lucy Harriet	90 C.N. Master Madrid	5:19.58 12,00
	50m: 35.94 35.94 150m: 1:54.99 40.03 250m: 3:16.19 40.52 350m: 4:38.38 41.44		
	100m: 1:14.96 39.02 200m: 2:35.67 40.68 300m: 3:56.94 40.75 400m: 5:19.58 41.20		
6.	LOPEZ DE LA ROSA, Irene	89 C.N. Cuatro Caminos	5:21.10 11,00
	50m: 36.23 36.23 150m: 1:55.96 40.33 250m: 3:17.91 41.05 350m: 4:40.78 41.21		
	100m: 1:15.63 39.40 200m: 2:36.86 40.90 300m: 3:59.57 41.66 400m: 5:21.10 40.32		

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04/03/2022 9:19 - Página 2

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Prueba 1, Fem., 400m Libre, 30+

Clasificación	AN	Equipo	Tempo
7.	VERDEGUER HERRERO, Alejandra	90 C.N. Fuenlabrada	5:38.02 10,00
	50m: 36.62 36.62 150m: 1:58.37 41.67 250m: 3:24.67 44.03 350m: 4:55.37 45.42		
	100m: 1:16.70 40.08 200m: 2:40.64 42.27 300m: 4:09.95 45.28 400m: 5:38.02 42.65		
8.	VINAGRE SENDINO, Cora	88 A.D. Fogar	5:41.52 9,00
	50m: 36.13 36.13 150m: 2:00.43 42.99 250m: 3:28.75 44.20 350m: 4:57.82 44.73		
	100m: 1:17.44 41.31 200m: 2:44.55 44.12 300m: 4:13.09 44.34 400m: 5:41.52 43.70		
9.	GAY PARRAGA, Ana	92 Universidad De Granada	5:51.14 8,00
	50m: 37.69 37.69 150m: 2:03.21 43.60 250m: 3:33.58 45.49 350m: 5:07.09 47.26		
	100m: 1:19.61 41.92 200m: 2:48.09 44.88 300m: 4:19.83 46.25 400m: 5:51.14 44.05		
10.	CABALLERO ORERO, Alba	92 Club Nat. Melilla	5:55.72 7,00
	50m: 39.18 39.18 150m: 2:08.32 45.37 250m: 3:39.55 45.84 350m: 5:11.12 46.22		
	100m: 1:22.95 43.77 200m: 2:53.71 45.39 300m: 4:24.90 45.35 400m: 5:55.72 44.60		
11.	MARTÍNEZ SALCEDO, Nerea	89 C.N. Santa Perpetua	5:57.72 6,00
	50m: 37.02 37.02 150m: 2:06.63 46.09 250m: 3:39.51 46.54 350m: 5:12.61 46.48		
	100m: 1:20.54 43.52 200m: 2:52.97 46.34 300m: 4:26.13 46.62 400m: 5:57.72 45.11		
12.	ARAÚJO CASTRO, Paula	91 Club Del Mar	6:29.13 5,00
	50m: 39.47 39.47 150m: 2:13.01 48.99 250m: 3:55.48 51.89 350m: 5:38.34 51.38		
	100m: 1:24.02 44.55 200m: 3:03.59 50.58 300m: 4:46.96 51.48 400m: 6:29.13 50.79		

35+

1.	DE MIGUEL GONZALEZ, Carolina	83 Vila-Swim Fondistas C.N.	4:51.12 19,00
	50m: 33.93 33.93 150m: 1:46.42 36.50 250m: 3:00.20 36.92 350m: 4:14.29 36.95		
	100m: 1:09.92 35.99 200m: 2:23.28 36.86 300m: 3:37.34 37.14 400m: 4:51.12 36.83		
2.	VON MALDONADO, Susana	84 C.D. Jerez Natacion Master	5:05.12 16,00
	50m: 35.58 35.58 150m: 1:51.46 38.11 250m: 3:09.14 38.95 350m: 4:27.20 39.18		
	100m: 1:13.35 37.77 200m: 2:30.19 38.73 300m: 3:48.02 38.88 400m: 5:05.12 37.92		
3.	BARBEITO DOMINGUEZ, Marta	84 C. Tenis Chamartin	5:07.37 14,00
	50m: 33.36 33.36 150m: 1:48.61 38.13 250m: 3:06.75 39.29 350m: 4:27.06 40.35		
	100m: 1:10.48 37.12 200m: 2:27.46 38.85 300m: 3:46.71 39.96 400m: 5:07.37 40.31		
4.	MARTINEZ CASTELLANO, Saioa	84 C.N. Pamplona	5:13.52 13,00
	50m: 36.80 36.80 150m: 1:55.53 39.37 250m: 3:14.89 39.86 350m: 4:34.48 39.75		
	100m: 1:16.16 39.36 200m: 2:35.03 39.50 300m: 3:54.73 39.84 400m: 5:13.52 39.04		
5.	SERRANO SANCHEZ, Maria Paz	87 C.N. Master Naturalswim Petrer	5:14.11 12,00
	50m: 35.68 35.68 150m: 1:53.29 39.26 250m: 3:13.37 40.10 350m: 4:34.21 40.79		
	100m: 1:14.03 38.35 200m: 2:33.27 39.98 300m: 3:53.42 40.05 400m: 5:14.11 39.90		
6.	CASTRO CAMARERO, Raquel	84 C.N. Master Madrid	5:22.18 11,00
	50m: 34.98 34.98 150m: 1:52.49 39.35 250m: 3:15.87 42.00 350m: 4:41.24 42.60		
	100m: 1:13.14 38.16 200m: 2:33.87 41.38 300m: 3:58.64 42.77 400m: 5:22.18 40.94		

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04/03/2022 9:19 - Página 3

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Prueba 1, Fem., 400m Libre, 35+

Clasificación	AN	Equipo	50m	100m	150m	200m	250m	300m	350m	400m	Tiempo
7.	MIRON PEREZ, Marta	85 C.N. Sant Feliu	36.55	1:16.03	1:56.93	2:38.85	3:21.23	4:04.08	4:47.26	5:28.65	10,00
8.	SENTRE DOMINGO, Barbara	83 C.N. Monteverde	37.92	1:20.27	2:04.09	2:48.74	3:34.48	4:19.23	5:04.99	5:50.43	9,00
9.	QUEREDA RODRÍGUEZ, Almudena	85 C.N. Liceo	39.05	1:22.41	2:06.98	2:52.48	3:39.08	4:26.13	5:12.85	5:58.89	8,00
10.	GONZALEZ PEREZ, Jessica	87 C.N. Rias Baixas	39.95	1:25.84	2:11.87	2:58.11	3:44.97	4:31.89	5:18.37	6:03.56	7,00
11.	TORRES RODRIGUES, Marcella	87 C.N. Mediterraneo Valencia	39.13	1:23.62	2:10.05	2:58.06	3:46.03	4:34.36	5:22.78	6:12.43	6,00
12.	COMMEAUX GONZALEZ, Noelia	84 C.D. Jerez Natacion Master	42.82	1:28.64	2:17.02	3:06.20	3:56.32	4:46.73	5:37.61	6:27.06	5,00

40+

1.	GONZALEZ RUBIO, Ana Belen	79 C.N. Fuenlabrada	33.75	1:10.37	1:48.05	2:26.68	3:05.63	3:44.85	4:23.91	5:02.17	19,00
2.	MUÑOZ LOZANO, Soraya	81 C.D. Jerez Natacion Master	35.84	1:15.46	1:55.90	2:36.69	3:18.76	4:00.61	4:41.78	5:21.89	16,00
3.	RUIZ VALDEPEÑAS, Cristina	81 C.N. Master Madrid	40.18	1:24.15	2:10.26	2:56.79	3:44.15	4:31.09	5:17.30	6:01.61	14,00
4.	PRADO FRANCO, Marta E.	79 C.N. Rias Baixas	40.45	1:24.42	2:09.66	2:57.04	3:45.18	4:33.63	5:23.60	6:12.30	13,00
5.	RARO GARNES, Pilar	78 Cd.Un.Polit.Valencia	41.12	1:26.01	2:13.08	3:00.76	3:49.13	4:38.03	5:26.73	6:14.26	12,00
6.	TORNERO JIMÉNEZ, Juana	79 C.N. Albacete	44.02	1:36.16	2:29.08	3:23.45	4:17.41	5:12.26	6:06.78	6:58.41	11,00

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04/03/2022 9:19 - Página 4

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Prueba 1, Fem., 400m Libre

45+

1.	PEREZ GALLINA, Soraya	76	Dsc Albacete Swim	4:52.63	19,00
	50m: 33.83 33.83 150m: 1:45.82 36.33 250m: 2:59.84 37.11 350m: 4:14.98 37.69				
	100m: 1:09.49 35.66 200m: 2:22.73 36.91 300m: 3:37.29 37.45 400m: 4:52.63 37.65				
2.	CLAYDON, Jane	73	C.N. Thiar Horadada	5:41.36	16,00
	50m: 36.22 36.22 150m: 1:57.61 41.64 250m: 3:25.53 44.27 350m: 4:56.80 45.65				
	100m: 1:15.97 39.75 200m: 2:41.26 43.65 300m: 4:11.15 45.62 400m: 5:41.36 44.56				
3.	VARELA REDONDO, Veronica	75	C.N. Pontareas	6:12.77	14,00
	50m: 40.57 40.57 150m: 2:12.82 47.13 250m: 3:48.50 48.15 350m: 5:24.74 48.54				
	100m: 1:25.69 45.12 200m: 3:00.35 47.53 300m: 4:36.20 47.70 400m: 6:12.77 48.03				
4.	VALENCIANO BARBA, Raquel	75	C.N. Mediterraneo Valencia	6:27.93	13,00
	50m: 42.26 42.26 150m: 2:19.22 49.28 250m: 3:59.47 50.73 350m: 5:41.72 50.49				
	100m: 1:29.94 47.68 200m: 3:08.74 49.52 300m: 4:51.23 51.76 400m: 6:27.93 46.21				
5.	BREVAL LISTAN, Montserrat	75	C.D. Jerez Natacion Master	6:35.71	12,00
	50m: 43.17 43.17 150m: 2:21.38 50.38 250m: 4:05.31 52.09 350m: 5:46.67 50.18				
	100m: 1:31.00 47.83 200m: 3:13.22 51.84 300m: 4:56.49 51.18 400m: 6:35.71 49.04				
BAJA	SALES MANTIÑAN, Carmen	74	Casino De La Coruña	-	-

50+

1.	VALLESPÍ SUÑE, Cristina	69	C.N. Aquamasters	5:22.06	19,00
	50m: 34.70 34.70 150m: 1:52.78 39.74 250m: 3:16.41 42.16 350m: 4:41.37 42.73				
	100m: 1:13.04 38.34 200m: 2:34.25 41.47 300m: 3:58.64 42.23 400m: 5:22.06 40.69				
2.	NEGRIN FIGUEROA, Elena	70	C. Tenerife Masters	5:27.51	16,00
	50m: 36.93 36.93 150m: 1:58.79 41.37 250m: 3:22.38 41.87 350m: 4:46.71 42.21				
	100m: 1:17.42 40.49 200m: 2:40.51 41.72 300m: 4:04.50 42.12 400m: 5:27.51 40.80				
3.	MARTINEZ OROZCO, Nuria	71	C.N. Cuatro Caminos	5:35.43	14,00
	50m: 38.21 38.21 150m: 2:02.28 42.46 250m: 3:27.49 42.64 350m: 4:53.59 43.30				
	100m: 1:19.82 41.61 200m: 2:44.85 42.57 300m: 4:10.29 42.80 400m: 5:35.43 41.84				
4.	RODRIGUEZ LARGACHA, Maria Jose	70	A.D. Rivas Natación	5:35.56	13,00
	50m: 36.74 36.74 150m: 1:58.31 41.84 250m: 3:24.42 43.49 350m: 4:52.35 44.22				
	100m: 1:16.47 39.73 200m: 2:40.93 42.62 300m: 4:08.13 43.71 400m: 5:35.56 43.21				
5.	BODAS ARRANZ, Marta Maria	68	C.N. Tres Cantos	5:57.92	12,00
	50m: 40.27 40.27 150m: 2:09.92 45.92 250m: 3:41.11 45.94 350m: 5:12.96 46.11				
	100m: 1:24.00 43.73 200m: 2:55.17 45.25 300m: 4:26.85 45.74 400m: 5:57.92 44.96				
6.	DEL RIO REDONDO, Emma	69	C.D. Gredos San Diego	6:03.07	11,00
	50m: 41.27 41.27 150m: 2:10.87 45.72 250m: 3:43.72 46.72 350m: 5:17.37 47.00				
	100m: 1:25.15 43.88 200m: 2:57.00 46.13 300m: 4:30.37 46.65 400m: 6:03.07 45.70				
7.	TAHARA, Maiko	72	C. Tenis Chamartin	6:03.39	10,00
	50m: 39.03 39.03 150m: 2:07.79 45.78 250m: 3:41.42 47.45 350m: 5:17.19 47.71				
	100m: 1:22.01 42.98 200m: 2:53.97 46.18 300m: 4:29.48 48.06 400m: 6:03.39 46.20				

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04/03/2022 9:19 - Página 5

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XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 1, Fem., 400m Libre, 50+

Clasificación	AN		Tiempo	
8. BURGOS ESCRIBANO, Sonia	68	C. Tenis Chamartin	6:12.54	9,00
50m: 40.61 40.61 150m: 2:13.53 47.52 250m: 3:49.28 48.09 350m: 5:25.60 48.38	100m: 1:26.01 45.40 200m: 3:01.19 47.66 300m: 4:37.22 47.94 400m: 6:12.54 46.94			
9. LEAL SCASSO, Eva	71	C.N. Albacete	6:14.84	8,00
50m: 42.07 42.07 150m: 2:17.56 48.23 250m: 3:53.80 48.02 350m: 5:29.85 47.53	100m: 1:29.33 47.26 200m: 3:05.78 48.22 300m: 4:42.32 48.52 400m: 6:14.84 44.99			
10. CALVO BARTULOS, Sandra	72	C.D.N. Zamora	6:43.62	7,00
50m: 42.26 42.26 150m: 2:19.90 49.37 250m: 4:04.16 52.11 350m: 5:50.82 53.25	100m: 1:30.53 48.27 200m: 3:12.05 52.15 300m: 4:57.57 53.41 400m: 6:43.62 52.80			
11. RODRIGUEZ DE PABLO, Maria	72	C.N. Santurtzi	6:46.02	6,00
50m: 42.48 42.48 150m: 2:19.84 50.36 250m: 4:07.45 54.23 350m: 5:53.56 53.70	100m: 1:29.48 47.00 200m: 3:13.22 53.38 300m: 4:59.86 52.41 400m: 6:46.02 52.46			
12. ABREU FERNANDEZ, Marta	71	C.N. Pontearreas	7:09.98	5,00
50m: 49.60 49.60 150m: 2:36.86 54.14 250m: 4:26.34 55.62 350m: 6:15.50 54.28	100m: 1:42.72 53.12 200m: 3:30.72 53.86 300m: 5:21.22 54.88 400m: 7:09.98 54.48			
13. GARCIA MONTES, Inmaculada	71	C.D. Jerez Natacion Master	7:11.43	4,00
50m: 47.70 47.70 150m: 2:35.02 54.84 250m: 4:26.09 56.50 350m: 6:17.65 56.18	100m: 1:40.18 52.48 200m: 3:29.59 54.57 300m: 5:21.47 55.38 400m: 7:11.43 53.78			
14. MORA, TOMÁS, Paloma	72	Club Velociraptor	7:21.09	3,00
50m: 48.83 48.83 150m: 2:38.28 55.90 250m: 4:31.82 57.19 350m: 6:26.00 57.19	100m: 1:42.38 53.55 200m: 3:34.63 56.35 300m: 5:28.81 56.99 400m: 7:21.09 55.09			
15. URDIALES PEÑA, Soledad	68	C.N. Las Norias	8:13.95	2,00
50m: 53.65 53.65 150m: 3:00.77 1:05.45 250m: 5:07.96 1:03.22 350m: 7:13.54 1:01.48	100m: 1:55.32 1:01.67 200m: 4:04.74 1:03.97 300m: 6:12.06 1:04.10 400m: 8:13.95 1:00.41			
BAJA UBIETA ORTIZ, Maria Jose	68	Sopela Igeriketa Swim	-	-

55+

1. QUINTANILLA AYLLON, Elena	65	C.N. Metropole	5:43.26	19,00
50m: 38.35 38.35 150m: 2:02.40 43.04 250m: 3:30.64 44.55 350m: 5:00.05 44.64	100m: 1:19.36 41.01 200m: 2:46.09 43.69 300m: 4:15.41 44.77 400m: 5:43.26 43.21			
2. ALFONSO BLANES, M ^a Del Carmen	67	C.N. Palma De Mallorca	5:51.37	16,00
50m: 39.35 39.35 150m: 2:07.02 44.29 250m: 3:36.93 45.24 350m: 5:08.50 45.69	100m: 1:22.73 43.38 200m: 2:51.69 44.67 300m: 4:22.81 45.88 400m: 5:51.37 42.87			
3. TERCEIRO DELGADO, María Del Mar	63	Club Del Mar	6:04.86	14,00
50m: 40.83 40.83 150m: 2:11.29 45.84 250m: 3:44.98 47.02 350m: 5:19.35 46.62	100m: 1:25.45 44.62 200m: 2:57.96 46.67 300m: 4:32.73 47.75 400m: 6:04.86 45.51			
4. ASENSIO GARCIA, Maria Del Carmen	66	C.N. Master Aguilas	6:20.98	13,00
50m: 43.45 43.45 150m: 2:17.85 47.69 250m: 3:54.53 48.64 350m: 5:32.98 49.61	100m: 1:30.16 46.71 200m: 3:05.89 48.04 300m: 4:43.37 48.84 400m: 6:20.98 48.00			

Piscina 25 m. / Crono Electrónico

Splash Meet Manager, 11.71725

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04/03/2022 9:19 - Página 6

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INSTITUCIONES LOCALES Y TERRITORIALES



COLABORADORES



XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 1, Fem., 400m Libre, 55+

Clasificación	AN		Tiempo	
5.	BARRAGAN BERMEJO, Maria 65 C.N. Las Matas		6:31.34 12,00	
	50m: 45.21 45.21	150m: 2:22.44 49.26	250m: 4:02.26 50.06	350m: 5:42.63 50.20
	100m: 1:33.18 47.97	200m: 3:12.20 49.76	300m: 4:52.43 50.17	400m: 6:31.34 48.71
6.	LLORENTE TORRES, Pilar 66 C.D.N. Inacua Malaga		6:32.48 11,00	
	50m: 43.02 43.02	150m: 2:22.09 50.38	250m: 4:04.81 51.29	350m: 5:44.77 50.11
	100m: 1:31.71 48.69	200m: 3:13.52 51.43	300m: 4:54.66 49.85	400m: 6:32.48 47.71
7.	CASARES PERALES, Araceli 67 C.N. Monteverde		6:41.41 10,00	
	50m: 43.70 43.70	150m: 2:21.76 49.98	250m: 4:05.02 52.00	350m: 5:50.80 53.26
	100m: 1:31.78 48.08	200m: 3:13.02 51.26	300m: 4:57.54 52.52	400m: 6:41.41 50.61
60+				
1.	GUILLEN MUÑOZ, M ^a Ramona 59 C.N. Palma De Mallorca		5:23.41 19,00	
	50m: 37.08 37.08	150m: 1:58.41 41.05	250m: 3:20.73 41.28	350m: 4:42.87 40.95
	100m: 1:17.36 40.28	200m: 2:39.45 41.04	300m: 4:01.92 41.19	400m: 5:23.41 40.54
2.	GARCIA COLOMO, M. Cristina 62 C.N. Pabellon Ourense		5:58.25 16,00	
	50m: 39.20 39.20	150m: 2:06.20 44.59	250m: 3:39.83 47.26	350m: 5:13.99 47.25
	100m: 1:21.61 42.41	200m: 2:52.57 46.37	300m: 4:26.74 46.91	400m: 5:58.25 44.26
3.	AHIJON MORENO, Maria Luisa 60 C.N. Las Matas		6:15.37 14,00	
	50m: 41.56 41.56	150m: 2:15.05 47.63	250m: 3:51.25 48.35	350m: 5:28.24 48.65
	100m: 1:27.42 45.86	200m: 3:02.90 47.85	300m: 4:39.59 48.34	400m: 6:15.37 47.13
4.	NAVARRO ALCARAZ, Marina 59 C.N. Master Naturalswim Petrer		6:28.53 13,00	
	50m: 41.99 41.99	150m: 2:17.60 48.81	250m: 3:59.57 51.34	350m: 5:41.05 50.49
	100m: 1:28.79 46.80	200m: 3:08.23 50.63	300m: 4:50.56 50.99	400m: 6:28.53 47.48
5.	PARREÑO DE MIGUEL, Elena 59 C. Tenis Chamartin		6:43.47 12,00	
	50m: 44.91 44.91	150m: 2:26.36 50.90	250m: 4:10.59 52.34	350m: 5:53.88 51.65
	100m: 1:35.46 50.55	200m: 3:18.25 51.89	300m: 5:02.23 51.64	400m: 6:43.47 49.59
6.	VEGA BARROSO, Maria Del Carmen 60 C.N. Monteverde		7:54.74 11,00	
	50m: 50.34 50.34	150m: 2:47.01 59.24	250m: 4:51.06 1:02.09	350m: 6:54.75 1:01.83
	100m: 1:47.77 57.43	200m: 3:48.97 1:01.96	300m: 5:52.92 1:01.86	400m: 7:54.74 59.99
7.	MEDINA ALVAREZ, Gloria 60 C.N. Leganes		8:00.16 10,00	
	50m: 55.38 55.38	150m: 2:56.87 1:01.75	250m: 4:58.84 1:01.33	350m: 7:00.54 1:01.05
	100m: 1:55.12 59.74	200m: 3:57.51 1:00.64	300m: 5:59.49 1:00.65	400m: 8:00.16 59.62
8.	GRIS JIMÉNEZ, Isabel 59 C.N. Master Aguilas		8:35.30 9,00	
	50m: 58.17 58.17	150m: 3:07.50 1:05.78	250m: 5:20.09 1:06.49	350m: 7:32.17 1:05.27
	100m: 2:01.72 1:03.55	200m: 4:13.60 1:06.10	300m: 6:26.90 1:06.81	400m: 8:35.30 1:03.13

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04/03/2022 9:19 - Página 7

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INSTITUCIONES LOCALES Y TERRITORIALES



COLABORADORES



XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 1, Fem., 400m Libre

65+

1.	ARANEGA BENITEZ, Aranzazu	57	C. Tenerife Masters	6:11.60	19,00
	50m: 42.63 42.63 150m: 2:16.33 47.54 250m: 3:50.88 47.36 350m: 5:25.95 47.61				
	100m: 1:28.79 46.16 200m: 3:03.52 47.19 300m: 4:38.34 47.46 400m: 6:11.60 45.65				
2.	VALDERAS MUÑOZ, Amparo	55	C.N. Ferca-San Jose	6:55.60	16,00
	50m: 48.16 48.16 150m: 2:32.49 53.15 250m: 4:19.10 53.22 350m: 6:05.16 52.75				
	100m: 1:39.34 51.18 200m: 3:25.88 53.39 300m: 5:12.41 53.31 400m: 6:55.60 50.44				
3.	DELGADO GAVILAN, Maria Luisa	54	C.D. Jerez Natacion Master	8:00.29	14,00
	50m: 55.29 55.29 150m: 2:55.41 1:01.27 250m: 4:58.70 1:01.18 350m: 7:01.16 1:01.21				
	100m: 1:54.14 58.85 200m: 3:57.52 1:02.11 300m: 5:59.95 1:01.25 400m: 8:00.29 59.13				

70+

1.	SANGUINETTI DE LA TORRE, Margarit	51	C. Tenis Chamartin	8:28.80	19,00
	50m: 55.47 55.47 150m: 3:00.23 1:03.13 250m: 5:10.47 1:04.29 350m: 7:22.73 1:06.12				
	100m: 1:57.10 1:01.63 200m: 4:06.18 1:05.95 300m: 6:16.61 1:06.14 400m: 8:28.80 1:06.07				
2.	DIEZ-ANDINO RUIZ, Carmen Elena	51	C.D.N. Zamora	9:32.56	16,00
	50m: 1:07.18 1:07.18 150m: 3:30.72 1:12.35 250m: 5:55.17 1:12.14 350m: 8:20.60 1:12.55				
	100m: 2:18.37 1:11.19 200m: 4:43.03 1:12.31 300m: 7:08.05 1:12.88 400m: 9:32.56 1:11.96				

BAJA SEGARRA PEÑARROYA, Rosa 49 C.N. Vulcania Master -

85+

1.	RODRÍGUEZ FUENTES, Mercedes	37	C. Tenerife Masters	10:20.02	24,00
	<i>RECORD DE ESPAÑA</i>				
	50m: 1:09.76 1:09.76 150m: 3:46.45 1:18.92 250m: 6:24.55 1:19.45 350m: 9:02.69 1:19.40				
	100m: 2:27.53 1:17.77 200m: 5:05.10 1:18.65 300m: 7:43.29 1:18.74 400m: 10:20.02 1:17.33				

Piscina 25 m. / Crono Electrónico

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04/03/2022 9:19 - Página 8

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