

XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 21
05/03/2022 - 9:30

Fem., 400m Estilos

20 años y mayores
Resultados

Clasificación	AN		Tiempo									
20+												
1.	BARRENA ZUDAIRE, Nerea		99	C.N. Soriano				5:44.96		19,00		
	50m:	34.31	34.31	150m:	1:56.02	42.86	250m:	3:30.38	50.67	350m:	5:03.94	41.68
	100m:	1:13.16	38.85	200m:	2:39.71	43.69	300m:	4:22.26	51.88	400m:	5:44.96	41.02
2.	BAEZ DIEGUEZ, Silvia		98	C.N.E. Gandia				6:09.23		16,00		
	50m:	38.75	38.75	150m:	2:14.69	48.51	250m:	3:53.96	53.72	350m:	5:30.37	41.74
	100m:	1:26.18	47.43	200m:	3:00.24	45.55	300m:	4:48.63	54.67	400m:	6:09.23	38.86
25+												
1.	PAREDES HUETE, Uxue		97	C.N. Santurtzi				5:21.48		19,00		
	50m:	32.44	32.44	150m:	1:50.75	41.14	250m:	3:18.40	46.79	350m:	4:44.38	38.27
	100m:	1:09.61	37.17	200m:	2:31.61	40.86	300m:	4:06.11	47.71	400m:	5:21.48	37.10
2.	TORRE MAROTO, Miriam De La		95	C.N. Albacete				5:37.85		16,00		
	50m:	35.85	35.85	150m:	2:00.37	43.32	250m:	3:31.40	48.28	350m:	4:59.43	38.90
	100m:	1:17.05	41.20	200m:	2:43.12	42.75	300m:	4:20.53	49.13	400m:	5:37.85	38.42
3.	CUENCA JIMENEZ, Elia Maria		96	C.D. Natacion Cordoba				6:04.15		14,00		
	50m:	37.41	37.41	150m:	2:11.15	47.72	250m:	3:49.02	50.58	350m:	5:23.24	41.70
	100m:	1:23.43	46.02	200m:	2:58.44	47.29	300m:	4:41.54	52.52	400m:	6:04.15	40.91
4.	SÁNCHEZ HIJÓN, Marina		93	C.D. Halegatos				6:38.63		13,00		
	50m:	41.80	41.80	150m:	2:23.25	51.36	250m:	4:08.84	56.46	350m:	5:53.26	47.53
	100m:	1:31.89	50.09	200m:	3:12.38	49.13	300m:	5:05.73	56.89	400m:	6:38.63	45.37
5.	SUAREZ GARCIA, Sofia		97	C.N. Rias Baixas				6:41.55		12,00		
	50m:	46.25	46.25	150m:	2:32.80	49.66	250m:	4:15.95	53.96	350m:	5:58.01	45.59
	100m:	1:43.14	56.89	200m:	3:21.99	49.19	300m:	5:12.42	56.47	400m:	6:41.55	43.54
6.	CABALLERO INAREJOS, Raquel		94	C.N. Palma De Mallorca				6:46.16		11,00		
	50m:	40.94	40.94	150m:	2:21.66	54.50	250m:	4:10.84	56.42	350m:	5:58.60	48.55
	100m:	1:27.16	46.22	200m:	3:14.42	52.76	300m:	5:10.05	59.21	400m:	6:46.16	47.56
7.	GONZALEZ PEREZ, Paula		96	C.N. Ponteareas				7:25.79		10,00		
	50m:	50.37	50.37	150m:	2:52.66	1:01.31	250m:	4:50.28	58.53	350m:	6:40.46	50.45
	100m:	1:51.35	1:00.98	200m:	3:51.75	59.09	300m:	5:50.01	59.73	400m:	7:25.79	45.33
BAJA	LARRAYA DEL HOYO, Cristina		95	C.D.E. Mako						-		
BAJA	PINA MIRALLES, Lidia		94	C.N. Mediterraneo Valencia						-		

XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 21, Fem., 400m Estilos

30+

1.	DIAGO MIRAVET, Anna	90	C.E. Mediterrani	5:23.26	19,00
	50m: 35.00 35.00	150m: 2:00.73	45.73	250m: 3:25.45	40.10
	100m: 1:15.00 40.00	200m: 2:45.35	44.62	300m: 4:07.05	41.60
				350m: 4:46.14	39.09
				400m: 5:23.26	37.12
2.	BUGALLO PÉREZ, Estíbaliz	90	R.C.N. Vigo	5:31.58	16,00
	50m: 35.39 35.39	150m: 1:59.39	42.69	250m: 3:27.56	46.13
	100m: 1:16.70 41.31	200m: 2:41.43	42.04	300m: 4:14.85	47.29
				350m: 4:53.61	38.76
				400m: 5:31.58	37.97
3.	CORBALÁN HERNÁNDEZ, María José	90	Ucam C.N. Fuensanta	5:53.87	14,00
	50m: 36.28 36.28	150m: 2:04.02	45.27	250m: 3:42.01	52.80
	100m: 1:18.75 42.47	200m: 2:49.21	45.19	300m: 4:35.09	53.08
				350m: 5:14.96	39.87
				400m: 5:53.87	38.91
4.	LÓPEZ QUINTÓ, Gina	89	C.N. Aquamasters	5:55.60	13,00
	50m: 37.41 37.41	150m: 2:09.03	47.52	250m: 3:45.69	50.03
	100m: 1:21.51 44.10	200m: 2:55.66	46.63	300m: 4:36.07	50.38
				350m: 5:16.63	40.56
				400m: 5:55.60	38.97
5.	GONZALEZ TIMON, Noelia	90	C.D.E. Mako	5:57.37	12,00
	50m: 36.26 36.26	150m: 2:06.41	47.42	250m: 3:42.42	50.50
	100m: 1:18.99 42.73	200m: 2:51.92	45.51	300m: 4:35.86	53.44
				350m: 5:17.65	41.79
				400m: 5:57.37	39.72
6.	LEWIS, Lucy Harriet	90	C.N. Master Madrid	6:15.38	11,00
	50m: 37.79 37.79	150m: 2:14.31	49.65	250m: 3:58.51	56.13
	100m: 1:24.66 46.87	200m: 3:02.38	48.07	300m: 4:54.13	55.62
				350m: 5:35.17	41.04
				400m: 6:15.38	40.21
7.	CABALLERO ORERO, Alba	92	Club Nat. Melilla	6:46.51	10,00
	50m: 42.83 42.83	150m: 2:27.96	53.66	250m: 4:15.52	56.23
	100m: 1:34.30 51.47	200m: 3:19.29	51.33	300m: 5:14.72	59.20
				350m: 6:00.36	45.64
				400m: 6:46.51	46.15
8.	MARIN RUEDA, Melania	88	C.N. Albacete	7:19.24	9,00
	50m: 48.18 48.18	150m: 2:45.84	56.23	250m: 4:43.58	1:03.08
	100m: 1:49.61 1:01.43	200m: 3:40.50	54.66	300m: 5:44.56	1:00.98
				350m: 6:32.14	47.58
				400m: 7:19.24	47.10
9.	CHINER PEIRO, Rosa Maria	92	C.N. Mediterraneo Valencia	7:48.98	8,00
	50m: 53.86 53.86	150m: 2:55.26	57.23	250m: 4:56.32	1:05.21
	100m: 1:58.03 1:04.17	200m: 3:51.11	55.85	300m: 6:02.37	1:06.05
				350m: 6:57.72	55.35
				400m: 7:48.98	51.26
10.	RUIZ MEILAN, Blanca	90	Casino De La Coruña	8:25.22	7,00
	50m: 57.81 57.81	150m: 3:12.82	1:07.87	250m: 5:25.45	1:09.10
	100m: 2:04.95 1:07.14	200m: 4:16.35	1:03.53	300m: 6:37.83	1:12.38
				350m: 7:35.50	57.67
				400m: 8:25.22	49.72

35+

1.	ROLDÁN GÓMEZ, Alba	86	C.D. Jerez Natacion Master	5:36.24	19,00
	50m: 35.56 35.56	150m: 2:02.24	45.23	250m: 3:30.63	44.26
	100m: 1:17.01 41.45	200m: 2:46.37	44.13	300m: 4:16.48	45.85
				350m: 4:56.78	40.30
				400m: 5:36.24	39.46
2.	ASHLEY, Susanna Elizabeth	86	C.D. Halegatos	5:38.69	16,00
	50m: 34.65 34.65	150m: 1:57.89	43.85	250m: 3:29.22	48.40
	100m: 1:14.04 39.39	200m: 2:40.82	42.93	300m: 4:18.51	49.29
				350m: 4:59.35	40.84
				400m: 5:38.69	39.34

Piscina 25 m. / Crono Electrónico

XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 21, Fem., 400m Estilos, 35+

Clasificación	AN		Tiempo													
3. HUERTAS VELAZQUEZ, Andrea	83	Cd.Un.Polit.Valencia	5:53.84	14,00	50m:	36.71	36.71	150m:	2:06.10	44.51	250m:	3:41.00	51.62	350m:	5:14.24	42.23
			100m:	1:21.59	44.88	200m:	2:49.38	43.28	300m:	4:32.01	51.01	400m:	5:53.84	39.60		
4. RUBIO PALOMARES, Helena	85	E.C. Ciudad De Talavera Aqüis	5:57.19	13,00	50m:	38.38	38.38	150m:	2:09.41	46.81	250m:	3:45.03	49.99	350m:	5:16.35	41.45
			100m:	1:22.60	44.22	200m:	2:55.04	45.63	300m:	4:34.90	49.87	400m:	5:57.19	40.84		
5. MARTINEZ CASTELLANO, Saioa	84	C.N. Pamplona	5:58.86	12,00	50m:	36.80	36.80	150m:	2:06.34	47.58	250m:	3:44.76	51.55	350m:	5:18.50	41.46
			100m:	1:18.76	41.96	200m:	2:53.21	46.87	300m:	4:37.04	52.28	400m:	5:58.86	40.36		
6. SERRANO SANCHEZ, Maria Paz	87	C.N. Master Naturalswim Petrer	6:10.77	11,00	50m:	37.73	37.73	150m:	2:11.37	48.62	250m:	3:53.03	53.54	350m:	5:30.08	44.09
			100m:	1:22.75	45.02	200m:	2:59.49	48.12	300m:	4:45.99	52.96	400m:	6:10.77	40.69		
7. RODRIGUEZ FERNANDEZ, Ana	87	C.N. Leon	6:37.76	10,00	50m:	38.62	38.62	150m:	2:17.51	50.50	250m:	4:06.18	1:00.67	350m:	5:53.84	46.59
			100m:	1:27.01	48.39	200m:	3:05.51	48.00	300m:	5:07.25	1:01.07	400m:	6:37.76	43.92		
8. MEDINA MONTERO, Esther	85	C.N. Fuenlabrada	7:03.14	9,00	50m:	47.50	47.50	150m:	2:39.92	56.95	250m:	4:30.73	56.40	350m:	6:18.46	48.70
			100m:	1:42.97	55.47	200m:	3:34.33	54.41	300m:	5:29.76	59.03	400m:	7:03.14	44.68		
9. COMMEAUX GONZALEZ, Noelia	84	C.D. Jerez Natacion Master	8:12.64	8,00	50m:	51.37	51.37	150m:	3:02.38	1:06.83	250m:	5:21.03	1:09.95	350m:	7:23.47	50.77
			100m:	1:55.55	1:04.18	200m:	4:11.08	1:08.70	300m:	6:32.70	1:11.67	400m:	8:12.64	49.17		
10. VIVAS ROVIRA, Lledo	83	C.N. Albacora	9:26.94	7,00	50m:	1:12.33	1:12.33	150m:	3:49.11	1:11.55	250m:	6:11.26	1:10.38	350m:	8:31.62	1:06.10
			100m:	2:37.56	1:25.23	200m:	5:00.88	1:11.77	300m:	7:25.52	1:14.26	400m:	9:26.94	55.32		
BAJA LOPEZ CORTABITARTE, Belen	87	Club Hércules Termaria		-												

40+

1. GONZALEZ RUBIO, Ana Belen	79	C.N. Fuenlabrada	5:52.65	19,00	50m:	37.92	37.92	150m:	2:06.74	45.31	250m:	3:41.66	49.96	350m:	5:13.04	40.66
			100m:	1:21.43	43.51	200m:	2:51.70	44.96	300m:	4:32.38	50.72	400m:	5:52.65	39.61		
2. PRIOR PALACIN, Almudena	81	C.N. Iregua-Villamediana	6:13.47	16,00	50m:	40.39	40.39	150m:	2:16.68	46.00	250m:	3:54.09	53.06	350m:	5:32.27	43.88
			100m:	1:30.68	50.29	200m:	3:01.03	44.35	300m:	4:48.39	54.30	400m:	6:13.47	41.20		
3. MONDÉJAR LÓPEZ, Almudena	78	C.N. Albacete	7:37.02	14,00	50m:	48.05	48.05	150m:	2:42.74	59.44	250m:	4:41.44	1:02.18	350m:	6:44.06	58.52
			100m:	1:43.30	55.25	200m:	3:39.26	56.52	300m:	5:45.54	1:04.10	400m:	7:37.02	52.96		

XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 21, Fem., 400m Estilos

45+

1.	BRAÑA MENENDEZ, Sonia	75	Club Hércules Termaria	6:14.31	19,00
	50m: 41.35 41.35	150m: 2:19.70	48.54	250m: 3:58.99	51.74
	100m: 1:31.16 49.81	200m: 3:07.25	47.55	300m: 4:50.41	51.42
				350m: 5:32.91	42.50
				400m: 6:14.31	41.40
2.	REGUEIRA MARTINEZ, Maria J.	75	Club Hércules Termaria	7:11.37	16,00
	50m: 48.90 48.90	150m: 2:42.36	55.74	250m: 4:35.78	57.54
	100m: 1:46.62 57.72	200m: 3:38.24	55.88	300m: 5:33.40	57.62
				350m: 6:24.48	51.08
				400m: 7:11.37	46.89
3.	NEMETH, Andrea	74	C.N. Cuatro Caminos	7:19.97	14,00
	50m: 48.69 48.69	150m: 2:45.48	58.39	250m: 4:36.94	55.54
	100m: 1:47.09 58.40	200m: 3:41.40	55.92	300m: 5:35.36	58.42
				350m: 6:27.83	52.47
				400m: 7:19.97	52.14
4.	GIMENEZ ALOS, Maria Teresa	77	C.D. Jerez Natacion Master	7:26.11	13,00
	50m: 49.16 49.16	150m: 2:49.58	57.10	250m: 4:50.50	1:04.49
	100m: 1:52.48 1:03.32	200m: 3:46.01	56.43	300m: 5:53.45	1:02.95
				350m: 6:41.95	48.50
				400m: 7:26.11	44.16
5.	VALENCIANO BARBA, Raquel	75	C.N. Mediterraneo Valencia	7:42.63	12,00
	50m: 54.22 54.22	150m: 2:57.51	1:00.45	250m: 5:00.29	1:03.85
	100m: 1:57.06 1:02.84	200m: 3:56.44	58.93	300m: 6:05.03	1:04.74
				350m: 6:55.04	50.01
				400m: 7:42.63	47.59

50+

1.	GUERVOS PINZON, Maria Eugenia	71	C.N. Tres Cantos	6:13.27	19,00
	50m: 37.70 37.70	150m: 2:13.75	53.29	250m: 3:57.39	53.94
	100m: 1:20.46 42.76	200m: 3:03.45	49.70	300m: 4:51.71	54.32
				350m: 5:34.43	42.72
				400m: 6:13.27	38.84
2.	TAHARA, Maiko	72	C. Tenis Chamartin	6:46.80	16,00
	50m: 45.28 45.28	150m: 2:30.34	52.10	250m: 4:17.54	56.61
	100m: 1:38.24 52.96	200m: 3:20.93	50.59	300m: 5:15.10	57.56
				350m: 6:02.83	47.73
				400m: 6:46.80	43.97
3.	RESTREPO DI GIAMMARCO, Hida	72	Cd.Un.Polit.Valencia	6:55.93	14,00
	50m: 40.99 40.99	150m: 2:29.85	1:00.30	250m: 4:24.02	57.63
	100m: 1:29.55 48.56	200m: 3:26.39	56.54	300m: 5:21.77	57.75
				350m: 6:09.50	47.73
				400m: 6:55.93	46.43
4.	MORALA FORTE, Laura	68	C.D. Jerez Natacion Master	7:27.72	13,00
	50m: 53.18 53.18	150m: 2:49.21	56.01	250m: 4:43.95	1:00.64
	100m: 1:53.20 1:00.02	200m: 3:43.31	54.10	300m: 5:44.24	1:00.29
				350m: 6:35.63	51.39
				400m: 7:27.72	52.09
5.	MARTINEZ GONZALEZ, Maria Del Cielo	68	C.N. Monteverde	9:32.91	12,00
	50m: 1:15.14 1:15.14	150m: 3:55.00	1:09.33	250m: 6:18.06	1:13.51
	100m: 2:45.67 1:30.53	200m: 5:04.55	1:09.55	300m: 7:33.84	1:15.78
				350m: 8:36.00	1:02.16
				400m: 9:32.91	56.91
6.	GONZALEZ GARCIA MIER, Graziella	68	C.D. Jerez Natacion Master	9:34.51	11,00
	50m: 1:00.82 1:00.82	150m: 3:27.82	1:12.71	250m: 6:02.14	1:21.11
	100m: 2:15.11 1:14.29	200m: 4:41.03	1:13.21	300m: 7:23.71	1:21.57
				350m: 8:31.61	1:07.90
				400m: 9:34.51	1:02.90
7.	MELON PARENTE, M. Lourdes	69	C.N. Ponteareas	11:37.17	10,00
	50m: 1:25.62 1:25.62	150m: 4:37.33	1:31.93	250m: 7:40.47	1:35.65
	100m: 3:05.40 1:39.78	200m: 6:04.82	1:27.49	300m: 9:14.68	1:34.21
				350m: 10:28.84	1:14.16
				400m: 11:37.17	1:08.33

Piscina 25 m. / Crono Electrónico

XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 21, Fem., 400m Estilos

55+

1.	PORT CASAMITJANA, Adriana	67	C.N. Sabadell	6:42.90	19,00
	50m: 44.16 44.16	150m: 2:31.94 55.87	250m: 4:17.19 53.34	350m: 5:58.05 46.03	
	100m: 1:36.07 51.91	200m: 3:23.85 51.91	300m: 5:12.02 54.83	400m: 6:42.90 44.85	
2.	ROSA ROS, Nuria	67	C.N. Palma De Mallorca	7:01.62	16,00
	50m: 47.71 47.71	150m: 2:38.64 54.14	250m: 4:28.54 58.04	350m: 6:16.20 47.15	
	100m: 1:44.50 56.79	200m: 3:30.50 51.86	300m: 5:29.05 1:00.51	400m: 7:01.62 45.42	
3.	PINTO SALVADOR, M ^a Teresa	67	C.N. Albacora	7:10.25	14,00
	50m: 46.04 46.04	150m: 2:38.74 56.75	250m: 4:33.71 1:00.44	350m: 6:23.97 49.11	
	100m: 1:41.99 55.95	200m: 3:33.27 54.53	300m: 5:34.86 1:01.15	400m: 7:10.25 46.28	
4.	ALCARAZ PAGAN, Nieves	65	Cd.Un.Polit.Valencia	7:16.35	13,00
	50m: 50.08 50.08	150m: 2:44.38 57.66	250m: 4:41.11 59.37	350m: 6:29.93 49.95	
	100m: 1:46.72 56.64	200m: 3:41.74 57.36	300m: 5:39.98 58.87	400m: 7:16.35 46.42	
5.	ASTORGA MOYA DE LA TORRE, Mari ^a	64	az Natacion Sevilla Master, C.D.	7:23.70	12,00
	50m: 47.05 47.05	150m: 2:37.83 58.43	250m: 4:39.84 1:05.20	350m: 6:34.58 50.04	
	100m: 1:39.40 52.35	200m: 3:34.64 56.81	300m: 5:44.54 1:04.70	400m: 7:23.70 49.12	
6.	BARJA BARJA, Liliana	65	C. Traviesas Nat.	7:42.27	11,00
	50m: 55.68 55.68	150m: 3:00.73 58.56	250m: 4:58.28 1:01.54	350m: 6:53.38 51.69	
	100m: 2:02.17 1:06.49	200m: 3:56.74 56.01	300m: 6:01.69 1:03.41	400m: 7:42.27 48.89	
7.	CASARES PERALES, Araceli	67	C.N. Monteverde	8:23.97	10,00
	50m: 56.92 56.92	150m: 3:05.18 1:05.85	250m: 5:25.31 1:10.74	350m: 7:32.55 54.86	
	100m: 1:59.33 1:02.41	200m: 4:14.57 1:09.39	300m: 6:37.69 1:12.38	400m: 8:23.97 51.42	

60+

1.	MARTÍN CRESPO, Mercedes	62	C.D. Halegatos	7:49.08	19,00
	50m: 54.74 54.74	150m: 3:03.07 1:06.45	250m: 5:08.00 59.66	350m: 6:59.72 51.06	
	100m: 1:56.62 1:01.88	200m: 4:08.34 1:05.27	300m: 6:08.66 1:00.66	400m: 7:49.08 49.36	

65+

1.	ARANEGA BENITEZ, Aranzazu	57	C. Tenerife Masters	7:17.75	24,00
	<i>RECORD DE ESPAÑA</i>				
	50m: 49.08 49.08	150m: 2:44.39 55.49	250m: 4:42.24 1:03.20	350m: 6:32.83 47.68	
	100m: 1:48.90 59.82	200m: 3:39.04 54.65	300m: 5:45.15 1:02.91	400m: 7:17.75 44.92	
2.	VALDERAS MUÑOZ, Amparo	55	C.N. Ferca-San Jose	7:59.70	16,00
	50m: 53.92 53.92	150m: 3:05.41 1:10.57	250m: 5:13.76 1:01.37	350m: 7:09.72 52.87	
	100m: 1:54.84 1:00.92	200m: 4:12.39 1:06.98	300m: 6:16.85 1:03.09	400m: 7:59.70 49.98	

XXVII CTO. DE ESPAÑA "OPEN" DE INVIERNO MASTERS
PONTEVEDRA, 3 - 6/3/2022

Prueba 21, Fem., 400m Estilos

70+

1.	CASTILLO MIQUEL, Roser				51	C.N. Palamós				9:46.62	19,00	
	50m:	1:04.86	1:04.86	150m:	3:42.78	1:21.39	250m:	6:18.95	1:18.47	350m:	8:46.20	1:06.07
	100m:	2:21.39	1:16.53	200m:	5:00.48	1:17.70	300m:	7:40.13	1:21.18	400m:	9:46.62	1:00.42