

XXXII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
LAS PALMAS G. C., 7 - 10/7/2022

Prueba 21
09/07/2022 - 9:00

Fem., 400m Estilos

20 años y mayores
Resultados

Clasificación	AN		Tiempo									
20+												
1.	BARRENA ZUDAIRE, Nerea		99	C.N. Soriano				5:42.29	19,00			
	50m:	35.71	35.71	150m:	1:58.49	43.77	250m:	3:34.35	51.68	350m:	5:04.69	39.21
	100m:	1:14.72	39.01	200m:	2:42.67	44.18	300m:	4:25.48	51.13	400m:	5:42.29	37.60
2.	BAEZ DIEGUEZ, Silvia		98	C.N.E. Gandia				6:26.03	16,00			
	100m:	1:30.20	1:30.20	200m:	3:07.83	1:37.63	300m:	5:01.49	1:53.66	400m:	6:26.03	1:24.54
3.	DOMINGUEZ APARICIO, Claudia		99	Sopela Igeriketa Swim				6:44.03	14,00			
	50m:	46.42	46.42	150m:	2:30.77	50.94	250m:	4:21.39	1:00.92	350m:	6:03.55	42.65
	100m:	1:39.83	53.41	200m:	3:20.47	49.70	300m:	5:20.90	59.51	400m:	6:44.03	40.48
4.	RAMIREZ REVILLA, Nuria		98	C.N. Soriano				7:03.61	13,00			
	50m:	41.37	41.37	150m:	2:31.35	59.19	250m:	4:30.14	58.93	350m:	6:16.31	48.25
	100m:	1:32.16	50.79	200m:	3:31.21	59.86	300m:	5:28.06	57.92	400m:	7:03.61	47.30
BAJA	FERNANDEZ SOLIS, Maria		98	C. Aquatico Aviles Solras					-			
25+												
1.	SANCHEZ CASTILLO, Sheila		95	C.N. Thiar Horadada				5:37.93	19,00			
	50m:	36.90	36.90	150m:	2:02.16	44.35	250m:	3:34.17	48.69	350m:	5:00.91	39.16
	100m:	1:17.81	40.91	200m:	2:45.48	43.32	300m:	4:21.75	47.58	400m:	5:37.93	37.02
2.	PAREDES HUETE, Uxue		97	C.N. Santurtzi				5:40.39	16,00			
	50m:	35.21	35.21	150m:	1:59.36	44.61	250m:	3:33.80	50.47	350m:	5:01.72	39.75
	100m:	1:14.75	39.54	200m:	2:43.33	43.97	300m:	4:21.97	48.17	400m:	5:40.39	38.67
3.	PORTILLA ERAÑA, Nekane		95	Galdakao I.T.				5:51.53	14,00			
	50m:	36.82	36.82	150m:	2:08.64	49.86	250m:	3:42.91	48.16	350m:	5:14.06	41.51
	100m:	1:18.78	41.96	200m:	2:54.75	46.11	300m:	4:32.55	49.64	400m:	5:51.53	37.47
4.	LARRAYA DEL HOYO, Cristina		95	C.D.E. Mako				6:04.09	13,00			
	50m:	38.76	38.76	150m:	2:12.77	48.20	250m:	3:49.66	48.75	350m:	5:23.19	42.46
	100m:	1:24.57	45.81	200m:	3:00.91	48.14	300m:	4:40.73	51.07	400m:	6:04.09	40.90
5.	CUENCA JIMENEZ, Elia Maria		96	C.D. Natacion Cordoba				6:04.96	12,00			
	50m:	39.23	39.23	150m:	2:13.89	49.62	250m:	3:53.83	51.82	350m:	5:25.52	39.81
	100m:	1:24.27	45.04	200m:	3:02.01	48.12	300m:	4:45.71	51.88	400m:	6:04.96	39.44
6.	VINAGRE MATEO, Lucia		94	C.N. Merida				6:08.40	11,00			
	50m:	36.17	36.17	150m:	2:08.11	47.71	250m:	3:48.71	53.53	350m:	5:26.85	41.07
	100m:	1:20.40	44.23	200m:	2:55.18	47.07	300m:	4:45.78	57.07	400m:	6:08.40	41.55
7.	PERONA LARA, Lorena		93	Master Natacion Tomelloso				6:24.17	10,00			
	50m:	42.37	42.37	150m:	2:23.06	50.65	250m:	4:05.05	51.18	350m:	5:42.44	44.02
	100m:	1:32.41	50.04	200m:	3:13.87	50.81	300m:	4:58.42	53.37	400m:	6:24.17	41.73
8.	SAENZ OLMEDO, Andrea		96	C.N. Iregua-Villamediana				6:26.48	9,00			
	50m:	42.36	42.36	150m:	2:22.84	49.10	250m:	4:08.07	54.65	350m:	5:45.14	41.90
	100m:	1:33.74	51.38	200m:	3:13.42	50.58	300m:	5:03.24	55.17	400m:	6:26.48	41.34

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XXXII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
LAS PALMAS G. C., 7 - 10/7/2022

Prueba 21, Fem., 400m Estilos, 25+

Clasificación	AN	Equipo	Tiempo
9. PINA MIRALLES, Lidia	94	C.N. Mediterraneo Valencia	6:39.69 8,00
50m: 41.68 41.68	150m: 2:21.65 50.98	250m: 4:11.97 58.89	350m: 5:56.89 46.76
100m: 1:30.67 48.99	200m: 3:13.08 51.43	300m: 5:10.13 58.16	400m: 6:39.69 42.80
10. AROCA QUERO, Inés	93	C.N. Pozuelo	6:49.61 7,00
100m: 1:38.49 1:38.49	200m: 3:23.88 1:45.39	300m: 5:16.20 1:52.32	400m: 6:49.61 1:33.41
11. DE ANDRES MORALA, Laura	93	C.D. Jerez Natacion Master	6:51.32 6,00
50m: 43.05 43.05	150m: 2:27.01 51.87	250m: 4:17.05 57.78	350m: 6:04.44 47.71
100m: 1:35.14 52.09	200m: 3:19.27 52.26	300m: 5:16.73 59.68	400m: 6:51.32 46.88

30+

1. DIAGO MIRAVET, Anna	90	C.E. Mediterrani	5:36.18 19,00
50m: 34.79 34.79	150m: 2:03.49 47.55	250m: 3:31.81 42.55	350m: 4:57.42 40.61
100m: 1:15.94 41.15	200m: 2:49.26 45.77	300m: 4:16.81 45.00	400m: 5:36.18 38.76
2. CORBALÁN HERNÁNDEZ, María José	90	Ucam C.N. Fuensanta	6:06.50 16,00
50m: 37.55 37.55	150m: 2:07.04 47.01	250m: 3:50.35 55.51	350m: 5:25.39 41.18
100m: 1:20.03 42.48	200m: 2:54.84 47.80	300m: 4:44.21 53.86	400m: 6:06.50 41.11
3. POMBO LOPEZ, Belen	92	C. Fluvial de Lugo	6:12.16 14,00
50m: 41.14 41.14	150m: 2:15.50 46.84	250m: 3:55.84 52.71	350m: 5:30.92 41.52
100m: 1:28.66 47.52	200m: 3:03.13 47.63	300m: 4:49.40 53.56	400m: 6:12.16 41.24
4. CARRILLO ROSELLO, Mª Eugenia	88	C.N.Master Jaen	6:25.48 13,00
50m: 41.18 41.18	150m: 2:18.50 50.90	250m: 4:00.25 51.91	350m: 5:39.77 45.65
100m: 1:27.60 46.42	200m: 3:08.34 49.84	300m: 4:54.12 53.87	400m: 6:25.48 45.71
5. SEISDEDOS DE VERGARA, Belen	90	C.N. Villalba	6:44.42 12,00
50m: 42.37 42.37	150m: 2:23.48 49.04	250m: 4:11.60 58.13	350m: 5:58.36 47.40
100m: 1:34.44 52.07	200m: 3:13.47 49.99	300m: 5:10.96 59.36	400m: 6:44.42 46.06
6. CASIMIRO SUAREZ, Maria Melania	89	C.N. Las Palmas	7:16.92 11,00
50m: 50.02 50.02	150m: 2:45.29 58.51	250m: 4:40.95 56.89	350m: 6:29.56 48.66
100m: 1:46.78 56.76	200m: 3:44.06 58.77	300m: 5:40.90 59.95	400m: 7:16.92 47.36
7. CHINER PEIRO, Rosa Maria	92	C.N. Mediterraneo Valencia	8:07.67 10,00
50m: 53.18 53.18	150m: 2:59.11 1:00.90	250m: 5:07.22 1:08.16	350m: 7:12.60 55.30
100m: 1:58.21 1:05.03	200m: 3:59.06 59.95	300m: 6:17.30 1:10.08	400m: 8:07.67 55.07
DES ESPINAR VICARIO, Alejandra	88	C.D. Jerez Natacion Master	-

35+

1. CALVICHE FERNANDEZ, Nazaret	87	A.D. Santa Cruz	5:28.74 19,00
50m: 36.12 36.12	150m: 2:00.51 45.51	250m: 3:30.96 44.78	350m: 4:52.67 37.44
100m: 1:15.00 38.88	200m: 2:46.18 45.67	300m: 4:15.23 44.27	400m: 5:28.74 36.07
2. ASHLEY, Susanna Elizabeth	86	C.D. Halegatos	5:50.82 16,00
100m: 1:16.06 1:16.06	200m: 2:47.81 1:31.75	300m: 4:31.12 1:43.31	400m: 5:50.82 1:19.70

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Prueba 21, Fem., 400m Estilos, 35+

Clasificación	AN	Equipo	50m	100m	150m	200m	250m	300m	350m	400m
3.	86	C.D. Jerez Natacion Master	35.98	1:20.81	2:07.25	2:54.79	3:41.70	4:31.09	5:11.78	5:51.56
			35.98	44.83	46.44	47.54	46.91	49.39	40.69	39.78
4.	87	C.N. Utrera	36.26	1:18.20	2:03.05	2:48.47	3:43.00	4:37.79	5:17.58	5:57.01
			36.26	41.94	44.85	45.42	54.53	54.79	39.79	39.43
5.	85	E.C. Ciudad de Talavera Aqüis	39.12	1:23.57	2:12.46	3:01.39	3:51.64	4:43.83	5:26.59	6:08.81
			39.12	44.45	48.89	48.93	50.25	52.19	42.76	42.22
6.	86	C.N. Las Palmas	48.71	1:42.90	2:41.52	3:38.46	4:43.12	5:47.28	6:36.92	7:24.86
			48.71	54.19	58.62	56.94	1:04.66	1:04.16	49.64	47.94

40+

1.	81	C.N. Valencia Masters Sedavi	33.01	1:09.20	1:51.03	2:32.52	3:19.62	4:05.09	4:42.11	5:17.25
			33.01	36.19	41.83	41.49	47.10	45.47	37.02	35.14
2.	79	C. Tenis Chamartin	36.71	1:18.50	2:05.07	2:51.98	3:44.73	4:37.60	5:15.28	5:52.05
			36.71	41.79	46.57	46.91	52.75	52.87	37.68	36.77
3.	80	C.N. Master Naturalswim Petrer	36.06	1:19.44	2:10.02	2:58.38	3:53.09	4:47.15	5:27.90	6:07.68
			36.06	43.38	50.58	48.36	54.71	54.06	40.75	39.78
4.	78	C. Tenerife Masters	44.31	1:35.03	2:27.27	3:19.45	4:13.50	5:08.28	5:52.79	6:36.81
			44.31	50.72	52.24	52.18	54.05	54.78	44.51	44.02
5.	82	C.N. Playa Salve	51.23	1:51.02	2:49.55	3:46.76	4:48.84	5:52.39	6:41.82	7:29.18
			51.23	59.79	58.53	57.21	1:02.08	1:03.55	49.43	47.36
6.	80	C.N. Vulcania Master	50.94	1:51.01	2:47.71	3:43.83	4:51.49	5:58.63	6:46.22	7:31.94
			50.94	1:00.07	56.70	56.12	1:07.66	1:07.14	47.59	45.72

DES PRIOR PALACIN, Almudena 81 C.N. Iregua-Villamediana -

45+

1.	75	Club Hecules Termaria	42.36	1:31.31	2:19.31	3:07.38	3:57.74	4:48.89	5:28.32	6:07.01
			42.36	48.95	48.00	48.07	50.36	51.15	39.43	38.69
2.	73	C.D. Jerez Natacion Master	41.15	1:33.34	3:27.58	5:27.31	6:14.16	7:03.03	7:03.03	16,00
			41.15	52.19	1:54.24	1:59.73	46.85	48.87		

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XXXII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
LAS PALMAS G. C., 7 - 10/7/2022

Prueba 21, Fem., 400m Estilos, 45+

Clasificación	AN		Tiempo	
3. NEMETH, Andrea	74	C.N. Cuatro Caminos	7:31.30	14,00
50m: 50.81 50.81	150m: 2:51.10 1:00.65	250m: 4:49.92 58.01	350m: 6:39.30 50.69	
100m: 1:50.45 59.64	200m: 3:51.91 1:00.81	300m: 5:48.61 58.69	400m: 7:31.30 52.00	

50+

1. GUERVOS PINZON, Maria Eugenia	71	C.N. Tres Cantos	6:28.47	19,00
50m: 38.88 38.88	150m: 2:19.31 53.40	250m: 4:06.34 55.56	350m: 5:46.27 42.45	
100m: 1:25.91 47.03	200m: 3:10.78 51.47	300m: 5:03.82 57.48	400m: 6:28.47 42.20	
2. GLAUBITZ, Susanne	70	C.D. Nonadamos	7:46.20	16,00
50m: 52.51 52.51	150m: 2:58.43 1:05.38	250m: 5:03.75 1:01.25	350m: 6:58.00 50.71	
100m: 1:53.05 1:00.54	200m: 4:02.50 1:04.07	300m: 6:07.29 1:03.54	400m: 7:46.20 48.20	
3. SIRVENT MARTINEZ, Cristina	68	Club Natación Elda Master	7:57.85	14,00
50m: 54.21 54.21	150m: 3:01.25 1:03.23	250m: 5:13.66 1:08.27	350m: 7:09.77 50.07	
100m: 1:58.02 1:03.81	200m: 4:05.39 1:04.14	300m: 6:19.70 1:06.04	400m: 7:57.85 48.08	

55+

1. PAGES SEGURA, Silvia	66	C.N. Terrassa	6:17.59	19,00
50m: 41.19 41.19	150m: 2:19.51 50.65	250m: 3:59.15 50.90	350m: 5:34.31 42.61	
100m: 1:28.86 47.67	200m: 3:08.25 48.74	300m: 4:51.70 52.55	400m: 6:17.59 43.28	
2. PINTO SALVADOR, M ^a Teresa	67	C.N. Albacora	7:15.28	16,00
100m: 1:44.07 1:44.07	200m: 3:35.29 1:51.22	300m: 5:39.93 2:04.64	400m: 7:15.28 1:35.35	
3. ROSA ROS, Nuria	67	Cn.Palma de Mallorca	7:15.72	14,00
50m: 48.65 48.65	200m: 3:39.42 1:53.72	300m: 5:41.08 1:01.22	400m: 7:15.72 46.46	
100m: 1:45.70 57.05	250m: 4:39.86 1:00.44	350m: 6:29.26 48.18		
4. BARJA BARJA, Liliana	65	C. Traviesas Nat.	7:52.43	13,00
50m: 55.72 55.72	150m: 3:02.48 59.03	250m: 5:06.85 1:03.59	350m: 7:01.73 50.16	
100m: 2:03.45 1:07.73	200m: 4:03.26 1:00.78	300m: 6:11.57 1:04.72	400m: 7:52.43 50.70	
5. MONEO HERNANDEZ, Idoia	63	C.D. Jerez Natacion Master	7:55.09	12,00
100m: 2:00.97 2:00.97	200m: 4:05.02 2:04.05	300m: 6:13.53 2:08.51	400m: 7:55.09 1:41.56	
6. GARCIA MARTINEZ, Maria Teresa	65	C.N. Monteverde	8:35.59	11,00
50m: 1:01.76 1:01.76	150m: 3:23.39 1:06.13	250m: 5:37.43 1:08.80	350m: 7:45.11 53.80	
100m: 2:17.26 1:15.50	200m: 4:28.63 1:05.24	300m: 6:51.31 1:13.88	400m: 8:35.59 50.48	
7. GARCÍA PALOMARES, María Del Pilar	65	C.D. Upstream	10:08.68	10,00
50m: 1:08.02 1:08.02	150m: 3:45.21 1:24.21	250m: 6:38.42 1:26.46	350m: 9:11.23 1:02.68	
100m: 2:21.00 1:12.98	200m: 5:11.96 1:26.75	300m: 8:08.55 1:30.13	400m: 10:08.68 57.45	

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Prueba 21, Fem., 400m Estilos

60+

1.	GUILLEN MUÑOZ, M ^a Ramona	59	Cn.Palma de Mallorca	6:22.67	24,00
	<i>Récord de España</i>				
	50m: 41.14	41.14	150m: 2:15.26	47.44	250m: 4:01.06
	100m: 1:27.82	46.68	200m: 3:03.37	48.11	300m: 4:59.26
				57.69	350m: 5:41.11
				58.20	400m: 6:22.67
					41.85
					41.56
2.	MARTINEZ PABLO, Ana Maria	60	C.N. Ferca-San Jose	6:52.99	16,00
	50m: 46.89	46.89	150m: 2:33.99	52.48	250m: 4:23.11
	100m: 1:41.51	54.62	200m: 3:25.87	51.88	300m: 5:21.93
				57.24	350m: 6:08.31
				58.82	400m: 6:52.99
					46.38
					44.68
3.	GARCIA COLOMO, M. Cristina	62	C.N. Pabellon Ourense	7:17.14	14,00
	50m: 49.48	49.48	150m: 2:42.74	54.13	250m: 4:46.10
	100m: 1:48.61	59.13	200m: 3:39.83	57.09	300m: 5:51.78
				1:06.27	350m: 6:34.78
				1:05.68	400m: 7:17.14
					43.00
					42.36
4.	MARTÍN CRESPO, Mercedes	62	C.D. Halegatos	8:00.31	13,00
	50m: 56.82	56.82	150m: 3:04.73	1:04.83	250m: 5:15.58
	100m: 1:59.90	1:03.08	200m: 4:11.04	1:06.31	300m: 6:19.86
				1:04.54	350m: 7:08.88
				1:04.28	400m: 8:00.31
					49.02
					51.43
5.	DE VERGARA GOMEZ, Rocio	60	C.N. Villalba	8:05.80	12,00
	50m: 58.06	58.06	150m: 3:01.87	58.73	250m: 5:13.03
	100m: 2:03.14	1:05.08	200m: 4:00.03	58.16	300m: 6:23.30
				1:13.00	350m: 7:14.07
				1:10.27	400m: 8:05.80
					50.77
					51.73

65+

1.	ARANEGA BENITEZ, Aranzazu	57	C. Tenerife Masters	7:21.25	24,00
	<i>Récord de España</i>				
	50m: 51.66	51.66	150m: 2:47.78	56.90	250m: 4:46.78
	100m: 1:50.88	59.22	200m: 3:42.58	54.80	300m: 5:50.37
				1:04.20	350m: 6:35.62
				1:03.59	400m: 7:21.25
					45.25
					45.63

70+

1.	CASTILLO MIQUEL, Roser	51	C.N. Palamós	9:57.51	19,00
	50m: 1:08.68	1:08.68	150m: 3:41.41	1:15.62	250m: 6:24.83
	100m: 2:25.79	1:17.11	200m: 5:01.38	1:19.97	300m: 7:50.14
				1:23.45	350m: 8:54.58
				1:25.31	400m: 9:57.51
					1:04.44
					1:02.93

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