

CTO. ESPAÑA OPEN ABSOLUTO P50 ASTRALPOOL - CTO. ESPAÑA JUNIOR
Palma de Mallorca, 29/3 - 2/4/2023

Event 15	Women, 400m Medley				Open
30/03/2023 - 18:40					Results Finals
World Record	4:26.36	HOSSZU Katinka	HUN	Rio (BRA)	06/08/2016
European Record	4:26.36	HOSSZU Katinka	HUN	Rio (BRA)	06/08/2016
Récord de España	4:31.21	BELMONTE GARCIA MIREIA		BARCELONA	04/08/2013
Mejor Marca Nacional 17	4:38.53	ALBA VAZQUEZ RUIZ		BUDAPEST (HUN)	20/08/2019
Mejor Marca Nacional 16	4:41.79	PAULA JUSTE SANCHEZ		BUDAPEST (HUN)	20/08/2019
Récord Cto. Open	4:32.92	BELMONTE GARCIA MIREIA		PALMA M.	11/04/2014
Récord Cto. Júnior	4:46.34	PUJADAS RUSIÑOL JULIA		GIJON	18/03/2017

Points: FINA 2023

Rank	YB				Time	Pts
Final A						
1.	VAZQUEZ RUIZ Alba	02	ESP	C.N. Churriana	4:41.16	850
	50m: 30.19 30.19 150m: 1:40.73 36.57 250m: 2:56.74 39.10 350m: 4:09.18 32.63					
	100m: 1:04.16 33.97 200m: 2:17.64 36.91 300m: 3:36.55 39.81 400m: 4:41.16 31.98					
2.	CARRASCO CADENS Emma	05	ESP	C.N. Sant Andreu	4:42.92	834
	50m: 29.77 29.77 150m: 1:41.74 37.01 250m: 2:57.34 38.73 350m: 4:10.04 33.22					
	100m: 1:04.73 34.96 200m: 2:18.61 36.87 300m: 3:36.82 39.48 400m: 4:42.92 32.88					
3.	PEREZ BLANCO Jimena	97	ESP	C.N. Barcelona	4:47.87	792
	50m: 31.25 31.25 150m: 1:43.53 37.83 250m: 3:02.76 42.28 350m: 4:17.16 32.13					
	100m: 1:05.70 34.45 200m: 2:20.48 36.95 300m: 3:45.03 42.27 400m: 4:47.87 30.71					
4.	CABANES GARZAS Laura	06	ESP	C.N. Daimiel	4:48.80	784
	50m: 29.92 29.92 150m: 1:42.08 37.88 250m: 3:00.59 41.63 350m: 4:16.66 34.07					
	100m: 1:04.20 34.28 200m: 2:18.96 36.88 300m: 3:42.59 42.00 400m: 4:48.80 32.14					
5.	JUSTE SANCHEZ Paula	03	ESP	C.N. Lleida	4:50.51	770
	50m: 29.15 29.15 150m: 1:41.27 38.02 250m: 3:00.14 41.95 350m: 4:17.03 33.71					
	100m: 1:03.25 34.10 200m: 2:18.19 36.92 300m: 3:43.32 43.18 400m: 4:50.51 33.48					
6.	MARTINEZ DE SALINAS PENA Clara	07	ESP	E.M. El Olivar	4:56.18	727
	50m: 31.32 31.32 150m: 1:46.26 39.28 250m: 3:06.68 41.60 350m: 4:23.68 34.14					
	100m: 1:06.98 35.66 200m: 2:25.08 38.82 300m: 3:49.54 42.86 400m: 4:56.18 32.50					
7.	MUNOZ BECERRA Claudia	07	ESP	C.N. Caldes	4:57.21	719
	50m: 30.31 30.31 150m: 1:45.42 39.59 250m: 3:05.88 42.32 350m: 4:23.59 34.49					
	100m: 1:05.83 35.52 200m: 2:23.56 38.14 300m: 3:49.10 43.22 400m: 4:57.21 33.62					
8.	BOUZAS PEDREIRA Alicia	05	ESP	C.N. Galaico	5:01.43	689
	50m: 31.55 31.55 150m: 1:47.18 39.58 250m: 3:07.95 43.55 350m: 4:27.99 35.24					
	100m: 1:07.60 36.05 200m: 2:24.40 37.22 300m: 3:52.75 44.80 400m: 5:01.43 33.44					
Final B						
9.	GARRIDO REBOLLO Yara	05	ESP	C.D. Parquesol	5:02.27	684
	50m: 31.94 31.94 150m: 1:49.59 41.23 250m: 3:12.44 42.55 350m: 4:29.30 34.83					
	100m: 1:08.36 36.42 200m: 2:29.89 40.30 300m: 3:54.47 42.03 400m: 5:02.27 32.97					
10.	RODRIGUEZ ALONSO Julia	05	ESP	R.C.N. Vigo	5:02.36	683
	50m: 31.19 31.19 150m: 1:47.96 41.03 250m: 3:11.72 43.60 350m: 4:30.01 34.83					
	100m: 1:06.93 35.74 200m: 2:28.12 40.16 300m: 3:55.18 43.46 400m: 5:02.36 32.35					
11.	DIAZ LOPEZ Helena	01	ESP	Navial	5:06.35	657
	50m: 31.25 31.25 150m: 1:49.04 42.33 250m: 3:13.11 42.51 350m: 4:32.67 35.27					
	100m: 1:06.71 35.46 200m: 2:30.60 41.56 300m: 3:57.40 44.29 400m: 5:06.35 33.68					

Piscina 50 m. / Crono Electrónico

Splash Meet Manager, 11.75806

Registered to Real Federacion Española de Natacion

30/03/2023 19:08 - Page 1

CTO. ESPAÑA OPEN ABSOLUTO P50 ASTRALPOOL - CTO. ESPAÑA JUNIOR
Palma de Mallorca, 29/3 - 2/4/2023

Event 15, Women, 400m Medley, Final, Open

Rank			YB					Time	Pts
12.	SANCHEZ SANCHEZ Angela		05	ESP		C.N.Mairena Aljarafe		5:07.96	647
	50m:	32.16 32.16	150m:	1:50.73	41.18	250m:	3:13.34 42.87	350m:	4:32.95 35.70
	100m:	1:09.55 37.39	200m:	2:30.47	39.74	300m:	3:57.25 43.91	400m:	5:07.96 35.01
13.	TORNERO TEJERINA Alejandra		05	ESP		C.D. Parquesol		5:09.80	635
	50m:	31.62 31.62	150m:	1:49.88	42.12	250m:	3:13.62 44.19	350m:	4:34.92 36.17
	100m:	1:07.76 36.14	200m:	2:29.43	39.55	300m:	3:58.75 45.13	400m:	5:09.80 34.88
14.	LAZARO RICO Marina		03	ESP		C.D. Nados Castellon		5:11.72	623
	50m:	32.67 32.67	150m:	1:53.57	41.81	250m:	3:16.47 43.51	350m:	4:36.99 36.03
	100m:	1:11.76 39.09	200m:	2:32.96	39.39	300m:	4:00.96 44.49	400m:	5:11.72 34.73
15.	ROSELL DIEZ Ona		09	ESP		C.N. Tarraco		5:13.25	614
	50m:	31.53 31.53	150m:	1:49.23	41.12	250m:	3:16.24 47.23	350m:	4:38.59 35.22
	100m:	1:08.11 36.58	200m:	2:29.01	39.78	300m:	4:03.37 47.13	400m:	5:13.25 34.66
16.	GIRALT PIDEMONT Claudia		01	ESP		C.N. L' Hospitalet		5:13.76	611
	50m:	31.04 31.04	150m:	1:48.62	41.54	250m:	3:14.57 45.40	350m:	4:38.72 36.57
	100m:	1:07.08 36.04	200m:	2:29.17	40.55	300m:	4:02.15 47.58	400m:	5:13.76 35.04

Final C

17.	AGUDO DOMINGUEZ Paula		06	ESP		Universidad de Granada		5:00.84	694
	50m:	31.38 31.38	150m:	1:49.52	41.18	250m:	3:10.71 42.17	350m:	4:26.93 34.61
	100m:	1:08.34 36.96	200m:	2:28.54	39.02	300m:	3:52.32 41.61	400m:	5:00.84 33.91
18.	GONZALEZ NUEZ Lucia		06	ESP		C.N. Sabadell		5:05.45	663
	50m:	31.00 31.00	150m:	1:46.84	40.84	250m:	3:09.48 43.19	350m:	4:30.91 35.58
	100m:	1:06.00 35.00	200m:	2:26.29	39.45	300m:	3:55.33 45.85	400m:	5:05.45 34.54
19.	MOURENZA ROCHA Sofia		07	ESP		C.N. Portamina Lugo		5:05.51	662
	50m:	33.03 33.03	150m:	1:53.39	41.85	250m:	3:13.36 40.14	350m:	4:31.36 36.38
	100m:	1:11.54 38.51	200m:	2:33.22	39.83	300m:	3:54.98 41.62	400m:	5:05.51 34.15
20.	PALOMINO SUCARRATS Laia		07	ESP		C.N. Sabadell		5:08.52	643
	50m:	31.42 31.42	150m:	1:48.26	40.43	250m:	3:12.00 44.61	350m:	4:34.52 36.71
	100m:	1:07.83 36.41	200m:	2:27.39	39.13	300m:	3:57.81 45.81	400m:	5:08.52 34.00
21.	POVOROZNYUK Valeria		06	ESP		C.N. Camargo		5:11.85	623
	50m:	33.43 33.43	150m:	1:54.83	42.20	250m:	3:19.54 43.68	350m:	4:38.42 35.05
	100m:	1:12.63 39.20	200m:	2:35.86	41.03	300m:	4:03.37 43.83	400m:	5:11.85 33.43
22.	MARTINEZ MARTINEZ Sara		06	ESP		C.N. Tennis Elche		5:14.71	606
	50m:	32.12 32.12	150m:	1:53.58	43.91	250m:	3:18.19 43.26	350m:	4:39.34 37.19
	100m:	1:09.67 37.55	200m:	2:34.93	41.35	300m:	4:02.15 43.96	400m:	5:14.71 35.37
23.	FERNANDEZ MARTIN Lara		06	ESP		C.D. El Valle		5:15.16	603
	50m:	31.49 31.49	150m:	1:50.38	41.15	250m:	3:16.13 45.80	350m:	4:39.52 36.11
	100m:	1:09.23 37.74	200m:	2:30.33	39.95	300m:	4:03.41 47.28	400m:	5:15.16 35.64
24.	GRAU MARTIN Carla		07	ESP		C.N. Cervera		5:16.93	593
	50m:	32.26 32.26	150m:	1:49.58	39.95	250m:	3:15.71 46.42	350m:	4:40.88 36.88
	100m:	1:09.63 37.37	200m:	2:29.29	39.71	300m:	4:04.00 48.29	400m:	5:16.93 36.05

Piscina 50 m. / Crono Electrónico

Splash Meet Manager, 11.75806

Registered to Real Federacion Española de Natacion

30/03/2023 19:08 - Page 2