

CTO. ESPAÑA OPEN ABSOLUTO P50 ASTRALPOOL - CTO. ESPAÑA JUNIOR  
Palma de Mallorca, 29/3 - 2/4/2023

| Event 37                | Men, 400m Freestyle |                      |     |              | Open           |
|-------------------------|---------------------|----------------------|-----|--------------|----------------|
| 02/04/2023 - 17:48      |                     |                      |     |              | Results Finals |
| World Record            | 3:40.07             | BIEDERMANN Paul      | GER | Rome (ITA)   | 26/07/2009     |
| European Record         | 3:40.07             | BIEDERMANN Paul      | GER | Rome (ITA)   | 26/07/2009     |
| Récord de España        | 3:48.96             | DURAN NAVIA MIGUEL   |     | SABADELL     | 22/03/2016     |
| Mejor Marca Nacional 18 | 3:51.16             | CARLOS GARACH BENITO |     | Lima (Perú)  | 30/08/2022     |
| Mejor Marca Nacional 17 | 3:52.12             | MANTAS MOTA ADRIAN   |     | PRAGA        | 08/07/2009     |
| Récord Cto. Open        | 3:48.96             | DURAN NAVIA MIGUEL   |     | SABADELL     | 22/03/2016     |
| Récord Cto. Júnior      | 3:51.81             | GARACH BENITO Carlos |     | TORREMOLINOS | 13/04/2022     |

Points: FINA 2023

| Rank           | YB                         |               | Time                           |                | Pts   |
|----------------|----------------------------|---------------|--------------------------------|----------------|-------|
| <b>Final A</b> |                            |               |                                |                |       |
| 1.             | GARACH BENITO Carlos       | 04            | ESP C.N. Churriana             | <b>3:49.33</b> | 883   |
|                | 50m: 26.82 26.82           | 150m: 1:24.99 | 29.29                          | 250m: 2:23.04  | 29.11 |
|                | 100m: 55.70 28.88          | 200m: 1:53.93 | 28.94                          | 300m: 2:52.37  | 29.33 |
|                |                            |               |                                | 350m: 3:21.55  | 29.18 |
|                |                            |               |                                | 400m: 3:49.33  | 27.78 |
| 2.             | JULIA TOUS Ferran          | 00            | ESP C.N. Sabadell              | <b>3:51.26</b> | 861   |
|                | 50m: 26.84 26.84           | 150m: 1:25.38 | 29.34                          | 250m: 2:24.04  | 29.22 |
|                | 100m: 56.04 29.20          | 200m: 1:54.82 | 29.44                          | 300m: 2:53.52  | 29.48 |
|                |                            |               |                                | 350m: 3:22.87  | 29.35 |
|                |                            |               |                                | 400m: 3:51.26  | 28.39 |
| 3.             | QUIJADA ROLDAN Carlos      | 01            | ESP Real Canoe N.C.            | <b>3:51.42</b> | 859   |
|                | 50m: 26.77 26.77           | 150m: 1:24.84 | 29.46                          | 250m: 2:23.33  | 29.35 |
|                | 100m: 55.38 28.61          | 200m: 1:53.98 | 29.14                          | 300m: 2:52.78  | 29.45 |
|                |                            |               |                                | 350m: 3:22.25  | 29.47 |
|                |                            |               |                                | 400m: 3:51.42  | 29.17 |
| 4.             | ESCRITS MANOSA Albert      | 98            | ESP C.N. Sant Andreu           | <b>3:51.61</b> | 857   |
|                | 50m: 27.02 27.02           | 150m: 1:26.05 | 29.97                          | 250m: 2:25.34  | 29.67 |
|                | 100m: 56.08 29.06          | 200m: 1:55.67 | 29.62                          | 300m: 2:54.94  | 29.60 |
|                |                            |               |                                | 350m: 3:24.10  | 29.16 |
|                |                            |               |                                | 400m: 3:51.61  | 27.51 |
| 5.             | CASTRO VALLE Cesar         | 99            | ESP C.N. Terrassa              | <b>3:52.68</b> | 846   |
|                | 50m: 25.67 25.67           | 150m: 1:23.00 | 28.93                          | 250m: 2:21.93  | 29.49 |
|                | 100m: 54.07 28.40          | 200m: 1:52.44 | 29.44                          | 300m: 2:52.28  | 30.35 |
|                |                            |               |                                | 350m: 3:23.15  | 30.87 |
|                |                            |               |                                | 400m: 3:52.68  | 29.53 |
| 6.             | GONZALEZ RODERO Alonso     | 03            | ESP Real Canoe N.C.            | <b>3:53.90</b> | 832   |
|                | 50m: 26.85 26.85           | 150m: 1:25.13 | 29.28                          | 250m: 2:24.57  | 29.95 |
|                | 100m: 55.85 29.00          | 200m: 1:54.62 | 29.49                          | 300m: 2:54.74  | 30.17 |
|                |                            |               |                                | 350m: 3:24.51  | 29.77 |
|                |                            |               |                                | 400m: 3:53.90  | 29.39 |
| 7.             | FLORENCIO FERNANDEZ Ian    | 05            | ESP C.N. Sant Andreu           | <b>3:54.20</b> | 829   |
|                | 50m: 26.69 26.69           | 150m: 1:25.61 | 29.65                          | 250m: 2:25.53  | 29.94 |
|                | 100m: 55.96 29.27          | 200m: 1:55.59 | 29.98                          | 300m: 2:55.59  | 30.06 |
|                |                            |               |                                | 350m: 3:25.38  | 29.79 |
|                |                            |               |                                | 400m: 3:54.20  | 28.82 |
| 8.             | PUEBLA MARTINEZ Alejandro  | 02            | ESP C.N. Cartagonova Cartagena | <b>3:54.66</b> | 824   |
|                | 50m: 27.19 27.19           | 150m: 1:26.41 | 29.82                          | 250m: 2:25.58  | 29.52 |
|                | 100m: 56.59 29.40          | 200m: 1:56.06 | 29.65                          | 300m: 2:55.44  | 29.86 |
|                |                            |               |                                | 350m: 3:25.32  | 29.88 |
|                |                            |               |                                | 400m: 3:54.66  | 29.34 |
| <b>Final B</b> |                            |               |                                |                |       |
| 9.             | PUJOL BELMONTE Guillem     | 97            | ESP C.N. Mataro                | <b>3:56.57</b> | 805   |
|                | 50m: 26.96 26.96           | 150m: 1:26.37 | 30.07                          | 250m: 2:26.83  | 30.32 |
|                | 100m: 56.30 29.34          | 200m: 1:56.51 | 30.14                          | 300m: 2:56.95  | 30.12 |
|                |                            |               |                                | 350m: 3:27.29  | 30.34 |
|                |                            |               |                                | 400m: 3:56.57  | 29.28 |
| 10.            | DE ONA RAMIREZ Angel       | 02            | ESP C.D.N. Inacua Malaga       | <b>3:58.28</b> | 787   |
|                | 50m: 27.36 27.36           | 150m: 1:27.55 | 30.28                          | 250m: 2:28.32  | 29.91 |
|                | 100m: 57.27 29.91          | 200m: 1:58.41 | 30.86                          | 300m: 2:58.34  | 30.02 |
|                |                            |               |                                | 350m: 3:28.64  | 30.30 |
|                |                            |               |                                | 400m: 3:58.28  | 29.64 |
| 11.            | PEREZ-GODOY BRAGELI Miguel | 04            | ESP C.N. Dos Hermanas          | <b>3:59.36</b> | 777   |
|                | 50m: 28.27 28.27           | 150m: 1:28.88 | 30.41                          | 250m: 2:30.03  | 30.23 |
|                | 100m: 58.47 30.20          | 200m: 1:59.80 | 30.92                          | 300m: 3:00.81  | 30.78 |
|                |                            |               |                                | 350m: 3:30.53  | 29.72 |
|                |                            |               |                                | 400m: 3:59.36  | 28.83 |

Piscina 50 m. / Crono Electrónico

Splash Meet Manager, 11.75806

Registered to Real Federacion Española de Natacion

02/04/2023 18:09 - Page 1

CTO. ESPAÑA OPEN ABSOLUTO P50 ASTRALPOOL - CTO. ESPAÑA JUNIOR  
Palma de Mallorca, 29/3 - 2/4/2023

Event 37, Men, 400m Freestyle, Final, Open

| Rank |                         |             | YB    |         |       |                           |               | Time           | Pts           |
|------|-------------------------|-------------|-------|---------|-------|---------------------------|---------------|----------------|---------------|
| 12.  | ESCRITS MANOSA Lluís    |             | 01    | ESP     |       | C.N. Sant Andreu          |               | <b>3:59.44</b> | 776           |
|      | 50m:                    | 27.92 27.92 | 150m: | 1:28.26 | 30.37 | 250m:                     | 2:29.25 30.53 | 350m:          | 3:30.56 30.19 |
|      | 100m:                   | 57.89 29.97 | 200m: | 1:58.72 | 30.46 | 300m:                     | 3:00.37 31.12 | 400m:          | 3:59.44 28.88 |
| 13.  | SANCHEZ GONZALEZ Marcos |             | 04    | ESP     |       | C.N. Sabadell             |               | <b>4:00.26</b> | 768           |
|      | 50m:                    | 27.38 27.38 | 150m: | 1:27.50 | 30.42 | 250m:                     | 2:29.06 30.77 | 350m:          | 3:30.11 30.16 |
|      | 100m:                   | 57.08 29.70 | 200m: | 1:58.29 | 30.79 | 300m:                     | 2:59.95 30.89 | 400m:          | 4:00.26 30.15 |
| 14.  | ALCOLADO DURANGO David  |             | 90    | ESP     |       | C.N. Madrid Moscardo      |               | <b>4:02.01</b> | 751           |
|      | 50m:                    | 27.47 27.47 | 150m: | 1:27.85 | 30.53 | 250m:                     | 2:29.86 31.13 | 350m:          | 3:31.97 31.07 |
|      | 100m:                   | 57.32 29.85 | 200m: | 1:58.73 | 30.88 | 300m:                     | 3:00.90 31.04 | 400m:          | 4:02.01 30.04 |
| 15.  | HERASHCHENKO Nazar      |             | 04    | UKR     |       | C.N.Cartagonova Cartagena |               | <b>4:02.87</b> | 743           |
|      | 50m:                    | 27.83 27.83 | 150m: | 1:28.19 | 30.48 | 250m:                     | 2:30.40 31.06 | 350m:          | 3:32.63 30.96 |
|      | 100m:                   | 57.71 29.88 | 200m: | 1:59.34 | 31.15 | 300m:                     | 3:01.67 31.27 | 400m:          | 4:02.87 30.24 |
| 16.  | ORTIZ MARTINEZ Carlos   |             | 04    | ESP     |       | C.E. Mediterrani          |               | <b>4:03.44</b> | 738           |
|      | 50m:                    | 27.49 27.49 | 150m: | 1:27.77 | 30.52 | 250m:                     | 2:29.44 30.97 | 350m:          | 3:32.36 31.68 |
|      | 100m:                   | 57.25 29.76 | 200m: | 1:58.47 | 30.70 | 300m:                     | 3:00.68 31.24 | 400m:          | 4:03.44 31.08 |

Final C

|     |                            |             |       |         |       |                         |               |                |               |
|-----|----------------------------|-------------|-------|---------|-------|-------------------------|---------------|----------------|---------------|
| 17. | GARCIA CASTRO Mateo        |             | 05    | ESP     |       | C.N. Arteixo            |               | <b>3:58.57</b> | 784           |
|     | 50m:                       | 27.68 27.68 | 150m: | 1:27.92 | 30.63 | 250m:                   | 2:28.98 30.35 | 350m:          | 3:29.46 30.14 |
|     | 100m:                      | 57.29 29.61 | 200m: | 1:58.63 | 30.71 | 300m:                   | 2:59.32 30.34 | 400m:          | 3:58.57 29.11 |
| 18. | GIRON REBOLLAR Abel        |             | 05    | ESP     |       | Navial                  |               | <b>4:00.05</b> | 770           |
|     | 50m:                       | 27.49 27.49 | 150m: | 1:28.04 | 30.62 | 250m:                   | 2:29.64 30.86 | 350m:          | 3:30.73 30.47 |
|     | 100m:                      | 57.42 29.93 | 200m: | 1:58.78 | 30.74 | 300m:                   | 3:00.26 30.62 | 400m:          | 4:00.05 29.32 |
| 19. | NEATA SAGHIN Radu Valentin |             | 05    | ESP     |       | C.D. Gredos San Diego   |               | <b>4:00.73</b> | 763           |
|     | 50m:                       | 27.63 27.63 | 150m: | 1:27.85 | 30.55 | 250m:                   | 2:29.26 30.43 | 350m:          | 3:30.87 30.23 |
|     | 100m:                      | 57.30 29.67 | 200m: | 1:58.83 | 30.98 | 300m:                   | 3:00.64 31.38 | 400m:          | 4:00.73 29.86 |
| 20. | JIMENEZ RISQUEZ Alex       |             | 06    | ESP     |       | C.N. Caldes             |               | <b>4:00.92</b> | 762           |
|     | 50m:                       | 27.64 27.64 | 150m: | 1:28.47 | 30.64 | 250m:                   | 2:30.14 30.93 | 350m:          | 3:31.54 30.40 |
|     | 100m:                      | 57.83 30.19 | 200m: | 1:59.21 | 30.74 | 300m:                   | 3:01.14 31.00 | 400m:          | 4:00.92 29.38 |
| 21. | LOPEZ GUILLEN Javier       |             | 06    | ESP     |       | C.N. Inca               |               | <b>4:02.71</b> | 745           |
|     | 50m:                       | 28.29 28.29 | 150m: | 1:29.07 | 30.75 | 250m:                   | 2:30.62 30.24 | 350m:          | 3:32.95 31.30 |
|     | 100m:                      | 58.32 30.03 | 200m: | 2:00.38 | 31.31 | 300m:                   | 3:01.65 31.03 | 400m:          | 4:02.71 29.76 |
| 22. | NEVADO RUIZ Pablo          |             | 06    | ESP     |       | C.N. Sabadell           |               | <b>4:03.21</b> | 740           |
|     | 50m:                       | 27.77 27.77 | 150m: | 1:28.03 | 29.96 | 250m:                   | 2:30.23 30.84 | 350m:          | 3:32.88 31.35 |
|     | 100m:                      | 58.07 30.30 | 200m: | 1:59.39 | 31.36 | 300m:                   | 3:01.53 31.30 | 400m:          | 4:03.21 30.33 |
| 23. | NIETO PARDO Sergio         |             | 05    | ESP     |       | C.N. Las Norias         |               | <b>4:07.23</b> | 705           |
|     | 50m:                       | 27.90 27.90 | 150m: | 1:28.54 | 30.52 | 250m:                   | 2:31.02 31.30 | 350m:          | 3:35.61 32.35 |
|     | 100m:                      | 58.02 30.12 | 200m: | 1:59.72 | 31.18 | 300m:                   | 3:03.26 32.24 | 400m:          | 4:07.23 31.62 |
| 24. | DE LA FUENTE ALONSO Diego  |             | 06    | ESP     |       | C.D. Torrelago Wellness |               | <b>4:09.26</b> | 688           |
|     | 50m:                       | 27.24 27.24 | 150m: | 1:28.75 | 31.22 | 250m:                   | 2:32.76 32.26 | 350m:          | 3:37.35 32.39 |
|     | 100m:                      | 57.53 30.29 | 200m: | 2:00.50 | 31.75 | 300m:                   | 3:04.96 32.20 | 400m:          | 4:09.26 31.91 |

Piscina 50 m. / Crono Electrónico

Splash Meet Manager, 11.75806

Registered to Real Federacion Española de Natacion

02/04/2023 18:09 - Page 2