

XXV OPEN WATER SPANISH NATIONALS

Dates: 02nd, 03rd and 04th June 2023
Place: CEAR La Cartuja (Sevilla) – [MAP](#)
Water temperature: 23-25 °C

Categories

OPEN	Men & Women	All ages
Junior – 2	Men & Women	2004-2005 // 19 & 18 years
Junior – 1	Men & Women	2006-2007 // 17 & 16 years
Youth	Men & Women	2008-2009 (2010*) / 15, 14 & 13 years

- ❖ All categories are OPEN for foreign swimmers.
- ❖ Swimmers born in 2010 can participate in Youth category (no ranking or medals).

Program

Friday, 02nd AM	Saturday, 03rd AM	Sunday, 04th AM
10K OPEN / JUNIOR – 2	5K OPEN / YOUTH	TEAM RELAY (5K)
7,5K JUNIOR – 1		

- ❖ 10K OPEN / JUNIOR-2 / 7,5K JUNIOR-1: joint start, male and female category respectively.
- ❖ 5K OPEN / YOUTH: joint start, male and female category respectively.

Key dates

Entries	17th May
Official Trainings	01st June (Race Course)
Technical Meeting	01st June (Venue)
COMPETITION	02nd, 03rd and 04th June

Entries & Qualifying times

- All foreign swimmers must have their National Sports License with respective Federation (World Aquatics affiliated), valid for the current season 2022-2023. All swimmers must achieve the following qualifying times:

FEMALE	CATEGORY	MALE
1500 LC		1500 LC
17:45.00	OPEN	16:30.00
17:55.00	Junior – 2	16:45.00
18:15.00	Junior – 1	17:20.00
18:50.00	Youth	18:05.00

- Deadline for the submission of entries: **12:00 PM on 17th May 2023.**
 - By email (rfen@rfen.es), including the official form attached ([download](#)).
 - Late entries or incomplete official forms will not be accepted.
- Final lists of competitors will be published on **19th May 2023.**
- Entry fees shall be as decided by [RFEN rules](#):
 - 1 event: **16,50€**
 - 2 events: **25,30€**
 - Team relay: **17,60€ per team**

Rules & Regulations

- The competition will be conducted under World Aquatics rules.
- Start list of all events will be done by RFEN and the organization.
- Final Teams Ranking: only Spanish competitors will be awarded with points according to their final race position.
- Medals will be awarded to the competitor placed first, second and third.

10K & 5K	OPEN	Men & Women
10K	Junior – 2	Men & Women
7.5K	Junior – 1	Men & Women
5K	Youth	Men & Women
Team Relay (5k)	OPEN	Mixed

- National Teams will not be awarded with medals in relay events.

Technical information

01st of June 2023 - Technical Meeting (19:30 PM - CEAR “La Cartuja”)

		CHECK-IN	STARTS (Men & Women)
02 nd of June	10K OPEN /JUNIOR-2	08:00 - 09:15	10:00 (M) - 10:10 (W)
	7,5K JUNIOR-1		
03 rd of June	5K OPEN / YOUTH		
04 th of June	Team Relay (5K)		10:00

Trainings (Venue - CEAR “La Cartuja”)

	RACE COURSE	TRAINING POOL **
31 st of May	NOT AVAILABLE	16:30 - 19:30
01 st of June	16:30 - 19:30	09:30 - 12:30
02 nd of June	08:00 - 09:30 *	16:30 - 19:30
03 rd of June		
04 th of June		NOT AVAILABLE

* Training Channel (100m) available.

** Training Pool (TBD): participants will be informed by mail in case of availability.

Doping

It will be regulated according to the specific rules of the Spanish Antidoping State Agency, the Royal Swimming Spanish Federation and World Aquatics.

Contacts

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ACCOMMODATION	VIAJES EL CORTE INGLÉS Championships Official Agency eventosrfen@viajeseci.es