

LXVI Cto. de España Absoluto de invierno P25 - ASTRALPOOL
Sabadell, 16 - 18/12/2022

Prueba 9	Masc., 400m Estilos				Abs. Resultados
16/12/2022 - 17:30					
WR	3:54.81	SETO Daiya	JPN	Las Vegas (USA)	20/12/2019
ER	3:56.47	BORODIN Ilya	RUS	Abu Dhabi (UAE)	20/12/2021
RE	4:05.09	CABELLO FORNS ALAN		ESTAMBUL (TUR)	11/12/2009
RC	4:05.75	PONS RAMON Joan Lluís	00061	CASTELLÓN	21/11/2020

Puntos: FINA 2022

Clasificación	AN		Tiempo		Pts
1. PONS RAMON Joan Lluís	96	C.N. Sant Andreu	4:08.17	847	
25m: 12.34 12.34	125m: 1:13.23 16.18	225m: 2:17.45 17.30	325m: 3:24.52 14.68		
50m: 26.91 14.57	150m: 1:28.92 15.69	250m: 2:35.15 17.70	350m: 3:39.01 14.49		
75m: 41.86 14.95	175m: 1:44.57 15.65	275m: 2:52.37 17.22	375m: 3:53.58 14.57		
100m: 57.05 15.19	200m: 2:00.15 15.58	300m: 3:09.84 17.47	400m: 4:08.17 14.59		
2. CASTEJON RAMIREZ Alex	98	C.N. Sabadell	4:10.05	828	
25m: 12.10 12.10	125m: 1:14.44 16.71	225m: 2:19.00 17.19	325m: 3:26.32 15.53		
50m: 27.00 14.90	150m: 1:30.23 15.79	250m: 2:36.14 17.14	350m: 3:40.98 14.66		
75m: 42.16 15.16	175m: 1:46.12 15.89	275m: 2:53.38 17.24	375m: 3:55.76 14.78		
100m: 57.73 15.57	200m: 2:01.81 15.69	300m: 3:10.79 17.41	400m: 4:10.05 14.29		
3. GONZALEZ ALVAREZ Arbidel	02	C.N. Barcelona	4:12.04	808	
25m: 11.95 11.95	125m: 1:14.94 17.23	225m: 2:20.98 17.84	325m: 3:30.04 15.06		
50m: 26.74 14.79	150m: 1:31.22 16.28	250m: 2:38.77 17.79	350m: 3:44.06 14.02		
75m: 42.31 15.57	175m: 1:47.59 16.37	275m: 2:56.76 17.99	375m: 3:58.12 14.06		
100m: 57.71 15.40	200m: 2:03.14 15.55	300m: 3:14.98 18.22	400m: 4:12.04 13.92		
4. CASANOVAS SKOUBO Joan	97	C.N. Sabadell	4:12.09	808	
25m: 11.55 11.55	125m: 1:13.06 16.40	225m: 2:19.59 17.70	325m: 3:28.24 14.81		
50m: 26.16 14.61	150m: 1:29.15 16.09	250m: 2:37.64 18.05	350m: 3:42.88 14.64		
75m: 41.06 14.90	175m: 1:45.42 16.27	275m: 2:55.43 17.79	375m: 3:57.69 14.81		
100m: 56.66 15.60	200m: 2:01.89 16.47	300m: 3:13.43 18.00	400m: 4:12.09 14.40		
5. MENDEZ PUGA Mario	03	C.N. Rias Baixas	4:14.90	781	
25m: 12.38 12.38	125m: 1:16.03 17.28	225m: 2:23.54 17.53	325m: 3:32.51 14.83		
50m: 27.71 15.33	150m: 1:32.65 16.62	250m: 2:41.27 17.73	350m: 3:46.83 14.32		
75m: 43.07 15.36	175m: 1:49.52 16.87	275m: 2:59.42 18.15	375m: 4:01.03 14.20		
100m: 58.75 15.68	200m: 2:06.01 16.49	300m: 3:17.68 18.26	400m: 4:14.90 13.87		
6. MARTÍNEZ NOVOA Miguel	00	Real Canoe N.C.	4:15.31	777	
25m: 11.45 11.45	125m: 1:11.79 16.54	225m: 2:19.10 19.35	325m: 3:31.39 15.43		
50m: 25.48 14.03	150m: 1:27.42 15.63	250m: 2:37.81 18.71	350m: 3:46.35 14.96		
75m: 40.14 14.66	175m: 1:43.69 16.27	275m: 2:56.65 18.84	375m: 4:01.20 14.85		
100m: 55.25 15.11	200m: 1:59.75 16.06	300m: 3:15.96 19.31	400m: 4:15.31 14.11		
7. MARTIN BURGUILLO Marcos	02	Real Canoe N.C.	4:16.21	769	
25m: 12.12 12.12	125m: 1:13.06 16.40	225m: 2:18.12 17.97	325m: 3:29.06 15.69		
50m: 26.44 14.32	150m: 1:28.82 15.76	250m: 2:36.24 18.12	350m: 3:44.64 15.58		
75m: 41.34 14.90	175m: 1:44.68 15.86	275m: 2:54.56 18.32	375m: 4:00.99 16.35		
100m: 56.66 15.32	200m: 2:00.15 15.47	300m: 3:13.37 18.81	400m: 4:16.21 15.22		
8. ECHEVARRIA POLO Marcos	00	C.N. Helios	4:16.45	767	
25m: 12.59 12.59	125m: 1:16.14 16.58	225m: 2:23.30 18.13	325m: 3:33.77 14.81		
50m: 27.91 15.32	150m: 1:32.41 16.27	250m: 2:41.91 18.61	350m: 3:48.24 14.47		
75m: 43.75 15.84	175m: 1:48.70 16.29	275m: 3:00.02 18.11	375m: 4:02.64 14.40		
100m: 59.56 15.81	200m: 2:05.17 16.47	300m: 3:18.96 18.94	400m: 4:16.45 13.81		

Piscina 25 m. / Crono electrónico

Splash Meet Manager, 11.75236

Registered to Real Federacion Española de Natación

16/12/2022 17:58 - Página 1

INSTITUCIONALES 		SPONSOR PLATINO 		SPONSOR ORO 		SPONSOR TÉCNICO 		MECENAZGO 		PARTNER 	
PARTNER DE INNOVACIÓN 		PARTNERS SALUD DEL DEPORTISTA 						RSC PARTNER 			
RENT A CAR OFICIAL 		INSTITUCIONES LOCALES Y TERRITORIALES 				SPONSORS LOCALES 					

LXVI Cto. de España Absoluto de invierno P25 - ASTRALPOOL
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Prueba 9, Masc., 400m Estilos, Abs.

Clasificación	AN		Tiempo		Pts
9. ALLANDE GONZALEZ Jofre	98	C.N. Sabadell	4:16.90	763	
25m: 12.55 12.55	125m: 1:15.28	16.65 225m: 2:22.39	17.57 325m: 3:31.75	15.36	
50m: 27.63 15.08	150m: 1:31.83	16.55 250m: 2:40.24	17.85 350m: 3:46.83	15.08	
75m: 42.79 15.16	175m: 1:48.40	16.57 275m: 2:58.03	17.79 375m: 4:01.83	15.00	
100m: 58.63 15.84	200m: 2:04.82	16.42 300m: 3:16.39	18.36 400m: 4:16.90	15.07	
10. MONCHO GONZALEZ Pau	03	C.N. Tennis Elche	4:18.08	753	
25m: 12.74 12.74	125m: 1:17.12	16.70 225m: 2:23.02	18.07 325m: 3:34.21	15.14	
50m: 28.31 15.57	150m: 1:32.94	15.82 250m: 2:41.45	18.43 350m: 3:49.00	14.79	
75m: 44.12 15.81	175m: 1:49.06	16.12 275m: 3:00.05	18.60 375m: 4:03.74	14.74	
100m: 1:00.42 16.30	200m: 2:04.95	15.89 300m: 3:19.07	19.02 400m: 4:18.08	14.34	
11. SANCHEZ SERRANO Marcos	06	Navial	4:18.85	746	
25m: 12.55 12.55	125m: 1:16.16	16.84 225m: 2:23.14	18.18 325m: 3:33.27	15.50	
50m: 27.94 15.39	150m: 1:32.42	16.26 250m: 2:41.30	18.16 350m: 3:48.58	15.31	
75m: 43.41 15.47	175m: 1:48.84	16.42 275m: 2:59.01	17.71 375m: 4:03.93	15.35	
100m: 59.32 15.91	200m: 2:04.96	16.12 300m: 3:17.77	18.76 400m: 4:18.85	14.92	
12. LOPEZ CONDE Alvaro	92	C. Nautico Sevilla	4:19.24	743	
25m: 12.25 12.25	125m: 1:16.51	17.04 225m: 2:24.23	17.59 325m: 3:35.11	15.72	
50m: 27.73 15.48	150m: 1:33.24	16.73 250m: 2:42.46	18.23 350m: 3:50.02	14.91	
75m: 43.36 15.63	175m: 1:49.94	16.70 275m: 3:00.69	18.23 375m: 4:05.07	15.05	
100m: 59.47 16.11	200m: 2:06.64	16.70 300m: 3:19.39	18.70 400m: 4:19.24	14.17	
13. NEATA SAGHIN Radu Valentin	05	C.D. Gredos San Diego	4:20.22	734	
25m: 12.28 12.28	125m: 1:16.44	17.33 225m: 2:26.41	18.53 325m: 3:36.34	15.42	
50m: 27.52 15.24	150m: 1:33.52	17.08 250m: 2:44.30	17.89 350m: 3:51.03	14.69	
75m: 42.86 15.34	175m: 1:50.51	16.99 275m: 3:02.35	18.05 375m: 4:05.87	14.84	
100m: 59.11 16.25	200m: 2:07.88	17.37 300m: 3:20.92	18.57 400m: 4:20.22	14.35	
14. SANTIAGO BETANCOR Raul	97	C.N. Sant Andreu	4:21.26	725	
25m: 12.88 12.88	125m: 1:18.86	17.75 225m: 2:27.43	18.20 325m: 3:38.49	15.37	
50m: 28.32 15.44	150m: 1:35.78	16.92 250m: 2:45.88	18.45 350m: 3:52.89	14.40	
75m: 44.33 16.01	175m: 1:52.59	16.81 275m: 3:04.24	18.36 375m: 4:07.35	14.46	
100m: 1:01.11 16.78	200m: 2:09.23	16.64 300m: 3:23.12	18.88 400m: 4:21.26	13.91	
15. CARAZO BARBERO Alonso	00	Real Canoe N.C.	4:21.58	723	
25m: 12.27 12.27	125m: 1:16.09	17.29 225m: 2:23.85	17.94 325m: 3:35.85	16.44	
50m: 27.43 15.16	150m: 1:32.76	16.67 250m: 2:42.05	18.20 350m: 3:51.38	15.53	
75m: 42.89 15.46	175m: 1:49.44	16.68 275m: 3:00.50	18.45 375m: 4:06.54	15.16	
100m: 58.80 15.91	200m: 2:05.91	16.47 300m: 3:19.41	18.91 400m: 4:21.58	15.04	
16. POU FERNANDEZ Marc	01	C.N. Mataro	4:21.73	722	
25m: 12.51 12.51	125m: 1:16.72	17.35 225m: 2:25.33	18.35 325m: 3:36.86	15.47	
50m: 27.87 15.36	150m: 1:33.61	16.89 250m: 2:43.86	18.53 350m: 3:51.77	14.91	
75m: 43.30 15.43	175m: 1:50.28	16.67 275m: 3:02.61	18.75 375m: 4:06.90	15.13	
100m: 59.37 16.07	200m: 2:06.98	16.70 300m: 3:21.39	18.78 400m: 4:21.73	14.83	
17. GIRON REBOLLAR Abel	05	Navial	4:22.63	714	
25m: 13.04 13.04	125m: 1:18.66	17.50 225m: 2:27.78	18.13 325m: 3:38.60	15.59	
50m: 28.50 15.46	150m: 1:35.66	17.00 250m: 2:46.08	18.30 350m: 3:53.32	14.72	
75m: 44.65 16.15	175m: 1:52.77	17.11 275m: 3:04.10	18.02 375m: 4:08.04	14.72	
100m: 1:01.16 16.51	200m: 2:09.65	16.88 300m: 3:23.01	18.91 400m: 4:22.63	14.59	

Piscina 25 m. / Crono electrónico

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INSTITUCIONALES 		SPONSOR PLATINO 		SPONSOR ORO 		SPONSOR TÉCNICO 		MECENAZGO 		PARTNER 	
PARTNER DE INNOVACIÓN 		PARTNERS SALUD DEL DEPORTISTA 						RSC PARTNER 			
RENT A CAR OFICIAL 		INSTITUCIONES LOCALES Y TERRITORIALES 				SPONSORS LOCALES 					

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Prueba 9, Masc., 400m Estilos, Abs.

Clasificación	AN								Tiempo	Pts
18. GIL TARAZONA Pol	96		C.N. Barcelona						4:23.06	711
25m: 13.05 13.05	125m: 1:18.08	17.36	225m: 2:26.58	18.53	325m: 3:38.47	15.87				
50m: 28.56 15.51	150m: 1:34.80	16.72	250m: 2:45.33	18.75	350m: 3:53.99	15.52				
75m: 44.52 15.96	175m: 1:51.47	16.67	275m: 3:03.67	18.34	375m: 4:09.18	15.19				
100m: 1:00.72 16.20	200m: 2:08.05	16.58	300m: 3:22.60	18.93	400m: 4:23.06	13.88				
19. MORALES CEBEY Hector	02		C.N. Granollers						4:23.20	710
25m: 12.45 12.45	125m: 1:16.45	17.71	225m: 2:25.94	18.53	325m: 3:38.89	15.98				
50m: 27.53 15.08	150m: 1:33.36	16.91	250m: 2:44.68	18.74	350m: 3:54.08	15.19				
75m: 42.98 15.45	175m: 1:50.37	17.01	275m: 3:03.57	18.89	375m: 4:09.15	15.07				
100m: 58.74 15.76	200m: 2:07.41	17.04	300m: 3:22.91	19.34	400m: 4:23.20	14.05				
20. CABEZUELO AREVALO Albert	04		C.N. Sabadell						4:23.93	704
25m: 12.64 12.64	125m: 1:16.54	17.75	225m: 2:25.97	18.52	325m: 3:38.67	15.73				
50m: 27.40 14.76	150m: 1:33.60	17.06	250m: 2:44.78	18.81	350m: 3:53.94	15.27				
75m: 42.84 15.44	175m: 1:50.54	16.94	275m: 3:03.75	18.97	375m: 4:09.19	15.25				
100m: 58.79 15.95	200m: 2:07.45	16.91	300m: 3:22.94	19.19	400m: 4:23.93	14.74				
21. VILLA RODRIGUEZ Pau	04		C.N. Sant Andreu						4:25.05	695
25m: 12.59 12.59	125m: 1:17.74	17.90	225m: 2:26.32	17.69	325m: 3:37.76	16.22				
50m: 27.86 15.27	150m: 1:34.71	16.97	250m: 2:44.76	18.44	350m: 3:53.97	16.21				
75m: 43.74 15.88	175m: 1:51.84	17.13	275m: 3:03.01	18.25	375m: 4:09.57	15.60				
100m: 59.84 16.10	200m: 2:08.63	16.79	300m: 3:21.54	18.53	400m: 4:25.05	15.48				
22. MARTINEZ JAÉN Adrian	06		C.N. Alcala						4:25.33	693
25m: 12.65 12.65	125m: 1:18.63	18.01	225m: 2:29.44	18.95	325m: 3:41.19	15.46				
50m: 28.34 15.69	150m: 1:35.82	17.19	250m: 2:48.04	18.60	350m: 3:56.14	14.95				
75m: 44.13 15.79	175m: 1:53.36	17.54	275m: 3:06.75	18.71	375m: 4:10.93	14.79				
100m: 1:00.62 16.49	200m: 2:10.49	17.13	300m: 3:25.73	18.98	400m: 4:25.33	14.40				
23. ARRUABARRENA MAYOR Ander	99		C.E. Mediterrani						4:25.34	693
25m: 12.69 12.69	125m: 1:16.49	16.83	225m: 2:24.74	19.34	325m: 3:39.23	15.72				
50m: 27.63 14.94	150m: 1:32.70	16.21	250m: 2:44.13	19.39	350m: 3:54.79	15.56				
75m: 43.35 15.72	175m: 1:49.20	16.50	275m: 3:03.54	19.41	375m: 4:10.32	15.53				
100m: 59.66 16.31	200m: 2:05.40	16.20	300m: 3:23.51	19.97	400m: 4:25.34	15.02				
24. RAMÓN CHEKUSHIN Sebastian	05		C.N. Almeria						4:25.63	690
25m: 12.63 12.63	125m: 1:15.93	16.06	225m: 2:23.06	18.73	325m: 3:38.39	16.63				
50m: 27.70 15.07	150m: 1:32.03	16.10	250m: 2:42.39	19.33	350m: 3:54.27	15.88				
75m: 43.54 15.84	175m: 1:48.17	16.14	275m: 3:01.85	19.46	375m: 4:10.21	15.94				
100m: 59.87 16.33	200m: 2:04.33	16.16	300m: 3:21.76	19.91	400m: 4:25.63	15.42				
25. GÓÑEZ ORTUÑEZ Jon	05		C.D.N. Bidasoa Xxi						4:27.38	677
25m: 12.79 12.79	125m: 1:19.40	18.09	225m: 2:29.07	17.85	325m: 3:40.40	16.54				
50m: 28.43 15.64	150m: 1:36.42	17.02	250m: 2:47.36	18.29	350m: 3:56.30	15.90				
75m: 44.60 16.17	175m: 1:53.81	17.39	275m: 3:05.55	18.19	375m: 4:11.98	15.68				
100m: 1:01.31 16.71	200m: 2:11.22	17.41	300m: 3:23.86	18.31	400m: 4:27.38	15.40				
26. PARRA ESTRADÉ Arnau	07		C.N. Athletic-Barceloneta						4:29.10	664
25m: 12.99 12.99	125m: 1:18.55	17.66	225m: 2:29.42	19.35	325m: 3:44.04	15.69				
50m: 28.10 15.11	150m: 1:35.65	17.10	250m: 2:48.65	19.23	350m: 3:59.18	15.14				
75m: 44.21 16.11	175m: 1:53.06	17.41	275m: 3:08.35	19.70	375m: 4:14.23	15.05				
100m: 1:00.89 16.68	200m: 2:10.07	17.01	300m: 3:28.35	20.00	400m: 4:29.10	14.87				

Piscina 25 m. / Crono electrónico

Splash Meet Manager, 11.75236

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18/12/2022 17:58 - Página 3

INSTITUCIONALES 		SPONSOR PLATINO 		SPONSOR ORO 		SPONSOR TÉCNICO 		MECENAZGO 		PARTNER 	
PARTNER DE INNOVACIÓN 		PARTNERS SALUD DEL DEPORTISTA 						RSC PARTNER 			
RENT A CAR OFICIAL 		INSTITUCIONES LOCALES Y TERRITORIALES 				SPONSORS LOCALES 					

LXVI Cto. de España Absoluto de invierno P25 - ASTRALPOOL
Sabadell, 16 - 18/12/2022

Prueba 9, Masc., 400m Estilos, Abs.

Clasificación	AN		Tiempo		Pts
27. ELIES VAZQUEZ Pau	03	C.N. Athletic-Barceloneta	4:29.95	658	
25m: 12.52 12.52	125m: 1:18.12	17.49 225m: 2:28.65	20.23 325m: 3:45.20	15.78	
50m: 27.81 15.29	150m: 1:34.96	16.84 250m: 2:48.89	20.24 350m: 4:00.32	15.12	
75m: 43.99 16.18	175m: 1:51.86	16.90 275m: 3:08.81	19.92 375m: 4:15.23	14.91	
100m: 1:00.63 16.64	200m: 2:08.42	16.56 300m: 3:29.42	20.61 400m: 4:29.95	14.72	
28. GOMEZ TOJO Ander	05	C. Fluvial De Lugo	4:30.80	651	
25m: 12.67 12.67	125m: 1:18.92	17.98 225m: 2:28.90	19.07 325m: 3:45.26	16.24	
50m: 27.95 15.28	150m: 1:36.02	17.10 250m: 2:49.08	20.18 350m: 4:00.97	15.71	
75m: 44.02 16.07	175m: 1:53.14	17.12 275m: 3:08.82	19.74 375m: 4:16.25	15.28	
100m: 1:00.94 16.92	200m: 2:09.83	16.69 300m: 3:29.02	20.20 400m: 4:30.80	14.55	
29. MOURE DOVAL Jose	99	C.N. Pabellon Ourense	4:31.91	643	
25m: 12.46 12.46	125m: 1:18.24	18.12 225m: 2:30.27	19.48 325m: 3:45.87	16.12	
50m: 27.42 14.96	150m: 1:35.77	17.53 250m: 2:49.55	19.28 350m: 4:01.39	15.52	
75m: 43.14 15.72	175m: 1:53.26	17.49 275m: 3:09.43	19.88 375m: 4:17.21	15.82	
100m: 1:00.12 16.98	200m: 2:10.79	17.53 300m: 3:29.75	20.32 400m: 4:31.91	14.70	
30. CEGARRA MULERO Alfonso	06	C.N. Aguilas	4:31.96	643	
25m: 13.19 13.19	125m: 1:20.59	18.49 225m: 2:32.84	18.26 325m: 3:46.55	16.00	
50m: 29.05 15.86	150m: 1:38.78	18.19 250m: 2:51.90	19.06 350m: 4:02.17	15.62	
75m: 45.29 16.24	175m: 1:56.96	18.18 275m: 3:10.84	18.94 375m: 4:17.13	14.96	
100m: 1:02.10 16.81	200m: 2:14.58	17.62 300m: 3:30.55	19.71 400m: 4:31.96	14.83	
31. ARRIGAIN HERNANDEZ Igor	04	Tolosaldea Usabal Igeri Kirol Taldea	4:32.19	641	
25m: 13.01 13.01	125m: 1:19.35	18.24 225m: 2:30.09	18.56 325m: 3:44.75	16.85	
50m: 28.77 15.76	150m: 1:36.93	17.58 250m: 2:49.21	19.12 350m: 4:01.12	16.37	
75m: 44.69 15.92	175m: 1:54.03	17.10 275m: 3:08.48	19.27 375m: 4:16.96	15.84	
100m: 1:01.11 16.42	200m: 2:11.53	17.50 300m: 3:27.90	19.42 400m: 4:32.19	15.23	
32. DE LA FUENTE ALONSO Diego	06	C.D. Torrelago Wellness	4:32.38	640	
25m: 12.73 12.73	125m: 1:18.38	18.33 225m: 2:31.59	18.37 325m: 3:44.49	16.00	
50m: 27.85 15.12	150m: 1:36.64	18.26 250m: 2:50.30	18.71 350m: 4:00.55	16.06	
75m: 43.82 15.97	175m: 1:55.01	18.37 275m: 3:09.25	18.95 375m: 4:16.64	16.09	
100m: 1:00.05 16.23	200m: 2:13.22	18.21 300m: 3:28.49	19.24 400m: 4:32.38	15.74	
33. GIJON ESPIGARES Javier	99	C.E. Mediterrani	4:33.27	634	
25m: 12.77 12.77	125m: 1:18.91	18.17 225m: 2:28.77	19.59 325m: 3:44.60	16.96	
50m: 28.24 15.47	150m: 1:35.86	16.95 250m: 2:47.97	19.20 350m: 4:01.19	16.59	
75m: 44.28 16.04	175m: 1:52.51	16.65 275m: 3:07.30	19.33 375m: 4:17.55	16.36	
100m: 1:00.74 16.46	200m: 2:09.18	16.67 300m: 3:27.64	20.34 400m: 4:33.27	15.72	
34. GOÑI SAIZAR Enaitz	04	Tolosaldea Usabal Igeri Kirol Taldea	4:35.34	620	
25m: 12.74 12.74	125m: 1:18.72	17.94 225m: 2:30.09	19.83 325m: 3:47.61	16.71	
50m: 28.33 15.59	150m: 1:35.98	17.26 250m: 2:50.03	19.94 350m: 4:03.95	16.34	
75m: 44.19 15.86	175m: 1:52.95	16.97 275m: 3:10.34	20.31 375m: 4:19.85	15.90	
100m: 1:00.78 16.59	200m: 2:10.26	17.31 300m: 3:30.90	20.56 400m: 4:35.34	15.49	
35. LLORCA ANTON Sergi	00	C.N. Ferca-San Jose	4:36.72	610	
25m: 13.19 13.19	125m: 1:19.86	17.56 225m: 2:31.70	19.41 325m: 3:47.98	16.49	
50m: 28.89 15.70	150m: 1:37.26	17.40 250m: 2:51.25	19.55 350m: 4:04.30	16.32	
75m: 45.19 16.30	175m: 1:54.54	17.28 275m: 3:10.86	19.61 375m: 4:20.41	16.11	
100m: 1:02.30 17.11	200m: 2:12.29	17.75 300m: 3:31.49	20.63 400m: 4:36.72	16.31	

Piscina 25 m. / Crono electrónico

Splash Meet Manager, 11.75236

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INSTITUCIONALES 		SPONSOR PLATINO 		SPONSOR ORO 		SPONSOR TÉCNICO 		MECENAZGO 		PARTNER 	
PARTNER DE INNOVACIÓN 		PARTNERS SALUD DEL DEPORTISTA 						RSC PARTNER 			
RENT A CAR OFICIAL 		INSTITUCIONES LOCALES Y TERRITORIALES 				SPONSORS LOCALES 					

LXVI Cto. de España Absoluto de invierno P25 - ASTRALPOOL
Sabadell, 16 - 18/12/2022

Prueba 9, Masc., 400m Estilos, Abs.

Clasificación	AN								Tiempo	Pts
36. MARTIN ESTEBAN Alberto	05	C.N. Toledo							4:37.92	603
25m: 13.55 13.55	125m: 1:22.11	17.42	225m: 2:36.13	19.28	325m: 3:51.69	16.33				
50m: 30.04 16.49	150m: 1:41.43	19.32	250m: 2:55.86	19.73	350m: 4:07.37	15.68				
75m: 47.29 17.25	175m: 1:58.99	17.56	275m: 3:15.69	19.83	375m: 4:22.91	15.54				
100m: 1:04.69 17.40	200m: 2:16.85	17.86	300m: 3:35.36	19.67	400m: 4:37.92	15.01				
37. CABANA DEL AMO Pablo	04	C.N. Pontearreas							4:38.61	598
25m: 12.67 12.67	125m: 1:19.12	18.28	225m: 2:32.86	20.25	325m: 3:50.58	16.41				
50m: 28.39 15.72	150m: 1:36.92	17.80	250m: 2:53.30	20.44	350m: 4:06.73	16.15				
75m: 44.26 15.87	175m: 1:54.73	17.81	275m: 3:13.62	20.32	375m: 4:22.85	16.12				
100m: 1:00.84 16.58	200m: 2:12.61	17.88	300m: 3:34.17	20.55	400m: 4:38.61	15.76				
38. VARGAS TRUJILLO Cristobal	07	C.N. Dos Hermanas							4:39.53	592
25m: 13.23 13.23	125m: 1:20.49	18.11	225m: 2:33.61	19.92	325m: 3:51.64	16.35				
50m: 28.86 15.63	150m: 1:38.16	17.67	250m: 2:54.01	20.40	350m: 4:07.87	16.23				
75m: 45.17 16.31	175m: 1:56.10	17.94	275m: 3:14.35	20.34	375m: 4:23.95	16.08				
100m: 1:02.38 17.21	200m: 2:13.69	17.59	300m: 3:35.29	20.94	400m: 4:39.53	15.58				
39. CANSADO MARTINEZ Sergio	04	C.D. El Valle							4:41.67	579
25m: 13.09 13.09	125m: 1:20.96	19.12	225m: 2:35.35	19.16	325m: 3:52.44	17.48				
50m: 28.78 15.69	150m: 1:39.30	18.34	250m: 2:54.95	19.60	350m: 4:09.12	16.68				
75m: 44.84 16.06	175m: 1:58.11	18.81	275m: 3:14.80	19.85	375m: 4:25.70	16.58				
100m: 1:01.84 17.00	200m: 2:16.19	18.08	300m: 3:34.96	20.16	400m: 4:41.67	15.97				
DES KRAMSKOY Mark	06	C.E. Mediterrani								
BAJA LOPEZ LLAMAZARES Ekaitz	01	C.D. Amaya								

Piscina 25 m. / Crono electrónico

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INSTITUCIONALES 		SPONSOR PLATINO 		SPONSOR ORO 		SPONSOR TÉCNICO 		MECENAZGO 		PARTNER 	
PARTNER DE INNOVACIÓN 		PARTNERS SALUD DEL DEPORTISTA 						RSC PARTNER 			
RENT A CAR OFICIAL 		INSTITUCIONES LOCALES Y TERRITORIALES 				SPONSORS LOCALES 					