

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11
07/07/2023 - 9:30

Masc., 400m Libre

20+
Resultados

Clasificación	AN		Tiempo											
1. PEREZ SANCHEZ Javier	02	C.N. Monteverde	4:20.43 19,00											
50m: 28.58 28.58	150m: 1:33.07	32.87	250m: 2:39.85	33.61	350m: 3:47.49	33.43	100m: 1:00.20	31.62	200m: 2:06.24	33.17	300m: 3:14.06	34.21	400m: 4:20.43	32.94
2. RODRIGUEZ SEGOVIA Samuel	03	C.P. La Roda	4:26.58 16,00											
50m: 30.16 30.16	150m: 1:36.76	33.86	250m: 2:45.58	34.73	350m: 3:54.10	34.18	100m: 1:02.90	32.74	200m: 2:10.85	34.09	300m: 3:19.92	34.34	400m: 4:26.58	32.48
3. ANDUJAR TEBAR Esteban	99	C.N. Albacete	4:35.61 14,00											
50m: 30.75 30.75	150m: 1:40.09	35.09	250m: 2:50.90	35.38	350m: 4:01.68	35.52	100m: 1:05.00	34.25	200m: 2:15.52	35.43	300m: 3:26.16	35.26	400m: 4:35.61	33.93
4. PINELA GOYA Iker	99	C.D.E. Mako	4:58.30 13,00											
50m: 32.13 32.13	150m: 1:45.37	37.25	250m: 3:02.88	38.93	350m: 4:21.46	38.79	100m: 1:08.12	35.99	200m: 2:23.95	38.58	300m: 3:42.67	39.79	400m: 4:58.30	36.84
5. SOLSONA PALAZON Pablo	00	Cst-Cst Costa Azahar	5:01.03 12,00											
50m: 32.74 32.74	150m: 1:46.83	38.04	250m: 3:05.55	39.70	350m: 4:25.18	39.53	100m: 1:08.79	36.05	200m: 2:25.85	39.02	300m: 3:45.65	40.10	400m: 5:01.03	35.85
6. PIEDRAFITA VALENTIN Adrian	01	C.N. Alcobendas	5:08.34 11,00											
50m: 32.12 32.12	150m: 1:44.23	36.95	250m: 3:03.90	40.68	350m: 4:27.42	41.83	100m: 1:07.28	35.16	200m: 2:23.22	38.99	300m: 3:45.59	41.69	400m: 5:08.34	40.92
7. MARTIN FERRERO Carlos	03	C.N. Leon	5:15.27 10,00											
50m: 33.18 33.18	150m: 1:51.65	40.61	250m: 3:13.68	39.85	350m: 4:35.40	40.37	100m: 1:11.04	37.86	200m: 2:33.83	42.18	300m: 3:55.03	41.35	400m: 5:15.27	39.87
8. DE ALBA LAGO Juan José	99	C.D. Jerez Natacion Master	6:09.51 9,00											
50m: 38.88 38.88	150m: 2:10.65	47.01	250m: 3:47.16	48.31	350m: 5:24.18	48.51	100m: 1:23.64	44.76	200m: 2:58.85	48.20	300m: 4:35.67	48.51	400m: 6:09.51	45.33
Baja BATTAGLIA Antonio	00	C.D. Halegatos	-											

Prueba 11
07/07/2023 - 9:30

Masc., 400m Libre

25+
Resultados

RE 4:08.53 CABANILLAS QUINTANILLA RAFAEL BARCELONA 31/05/2015

Clasificación	AN		Tiempo											
1. MARTIN SALCEDO Sergio	96	C.N. Soriano	4:28.19 19,00											
50m: 29.19 29.19	150m: 1:34.96	33.28	250m: 2:43.29	34.49	350m: 3:54.04	35.28	100m: 1:01.68	32.49	200m: 2:08.80	33.84	300m: 3:18.76	35.47	400m: 4:28.19	34.15
2. CORBALÁN HERNÁNDEZ Enrique	98	Ucam C.N. Fuensanta	4:33.36 16,00											
50m: 30.83 30.83	150m: 1:38.81	34.19	250m: 2:47.25	34.17	350m: 3:57.75	35.45	100m: 1:04.62	33.79	200m: 2:13.08	34.27	300m: 3:22.30	35.05	400m: 4:33.36	35.61
3. PICAZO VERGARA Felipe	96	C.N. Albacete	4:35.05 14,00											
50m: 30.51 30.51	150m: 1:40.06	35.14	250m: 2:50.43	35.12	350m: 4:01.22	35.17	100m: 1:04.92	34.41	200m: 2:15.31	35.25	300m: 3:26.05	35.62	400m: 4:35.05	33.83
4. ESCOBAR CARAVACA Raul	96	C.N. Fuenlabrada	4:35.46 13,00											
50m: 30.44 30.44	150m: 1:38.14	34.54	250m: 2:49.08	35.81	350m: 4:00.87	35.87	100m: 1:03.60	33.16	200m: 2:13.27	35.13	300m: 3:25.00	35.92	400m: 4:35.46	34.59
5. DOMINGUEZ OCHOA Luis Eduardo	94	C.N. Cuatro Caminos	4:37.80 12,00											
50m: 31.36 31.36	150m: 1:40.86	34.86	250m: 2:51.93	35.43	350m: 4:03.34	35.56	100m: 1:06.00	34.64	200m: 2:16.50	35.64	300m: 3:27.78	35.85	400m: 4:37.80	34.46
6. GARCIA MARTIN Joel Tomas	95	C.E. Panteres Grogues	4:39.89 11,00											
50m: 30.83 30.83	150m: 1:40.16	35.05	250m: 2:51.69	35.75	350m: 4:03.95	35.84	100m: 1:05.11	34.28	200m: 2:15.94	35.78	300m: 3:28.11	36.42	400m: 4:39.89	35.94

Piscina 50 m. / Crono Electrónico

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre, 25+

Clasificación	AN		Tiempo	
7. VILLANUEVA MORCILLO Victor	94	Ucam C.N. Fuensanta	4:42.25	10,00
50m: 31.07 31.07	150m: 1:39.95 34.80	250m: 2:51.81 36.06	350m: 4:06.08 37.36	
100m: 1:05.15 34.08	200m: 2:15.75 35.80	300m: 3:28.72 36.91	400m: 4:42.25 36.17	
8. AYALA MAESTRE Alejandro	97	C.D. Jerez Natacion Master	4:49.88	9,00
50m: 32.39 32.39	150m: 1:43.33 35.37	250m: 2:57.28 37.15	350m: 4:12.77 37.52	
100m: 1:07.96 35.57	200m: 2:20.13 36.80	300m: 3:35.25 37.97	400m: 4:49.88 37.11	
9. TORRES SERRANO Sergio	96	F.P. Sant Gervasi	4:51.26	8,00
50m: 32.13 32.13	150m: 1:44.50 36.59	250m: 2:59.29 37.27	350m: 4:15.03 37.78	
100m: 1:07.91 35.78	200m: 2:22.02 37.52	300m: 3:37.25 37.96	400m: 4:51.26 36.23	
10. LEFORT CARRERO Alberto	97	C.N. Cuatro Caminos	5:07.06	7,00
50m: 34.56 34.56	150m: 1:51.10 39.18	250m: 3:10.97 40.07	350m: 4:29.86 38.68	
100m: 1:11.92 37.36	200m: 2:30.90 39.80	300m: 3:51.18 40.21	400m: 5:07.06 37.20	
11. PELUFO LORENZO Ivan	98	C.N. Trencacones Alzira	5:13.18	6,00
50m: 33.01 33.01	150m: 1:50.10 39.38	250m: 3:11.74 41.11	350m: 4:34.11 41.03	
100m: 1:10.72 37.71	200m: 2:30.63 40.53	300m: 3:53.08 41.34	400m: 5:13.18 39.07	
12. CAGIGA VILA Ignacio	94	C.N. Alcobendas	5:22.80	5,00
50m: 33.61 33.61	150m: 1:52.60 40.42	250m: 3:16.25 42.09	350m: 4:42.02 42.72	
100m: 1:12.18 38.57	200m: 2:34.16 41.56	300m: 3:59.30 43.05	400m: 5:22.80 40.78	
13. LOPEZ DIEZ Carlos	95	C.D.E. Mako	5:26.22	4,00
50m: 32.71 32.71	150m: 1:51.35 41.48	250m: 3:18.43 44.76	350m: 4:46.32 44.07	
100m: 1:09.87 37.16	200m: 2:33.67 42.32	300m: 4:02.25 43.82	400m: 5:26.22 39.90	
14. CABRERA BAEZ Daniel	95	C. Tenerife Masters	5:42.62	3,00
50m: 36.32 36.32	150m: 2:02.05 44.00	250m: 3:30.64 44.51	350m: 4:58.33 44.19	
100m: 1:18.05 41.73	200m: 2:46.13 44.08	300m: 4:14.14 43.50	400m: 5:42.62 44.29	
15. SIMARRO MARTÍNEZ Andrés	95	C.P. La Roda	5:51.37	2,00
50m: 36.76 36.76	150m: 2:01.81 43.68	250m: 3:31.62 45.35	350m: 5:04.63 46.90	
100m: 1:18.13 41.37	200m: 2:46.27 44.46	300m: 4:17.73 46.11	400m: 5:51.37 46.74	

Prueba 11

Masc., 400m Libre

30+

07/07/2023 - 9:30

Resultados

RE 4:11.02 J. CARLOS VALLEJO BARCELONA 06/08/1994

Clasificación	AN		Tiempo	
1. CARRION BALLESTER Jose Luis	93	Cst-Cst Costa Azahar	4:29.31	19,00
50m: 30.51 30.51	150m: 1:38.28 34.30	250m: 2:46.12 33.49	350m: 3:54.52 34.15	
100m: 1:03.98 33.47	200m: 2:12.63 34.35	300m: 3:20.37 34.25	400m: 4:29.31 34.79	
2. HUERTAS IGLESIAS David	90	C. Tennis Chamartin	4:32.36	16,00
50m: 30.46 30.46	150m: 1:38.30 34.55	250m: 2:47.26 34.85	350m: 3:57.25 35.34	
100m: 1:03.75 33.29	200m: 2:12.41 34.11	300m: 3:21.91 34.65	400m: 4:32.36 35.11	
3. BENAVIDES LOPEZ Pablo	91	C.D. Halegatos	4:40.48	14,00
50m: 30.45 30.45	150m: 1:40.20 35.22	250m: 2:51.87 36.18	350m: 4:05.13 36.51	
100m: 1:04.98 34.53	200m: 2:15.69 35.49	300m: 3:28.62 36.75	400m: 4:40.48 35.35	
4. RUIZ GARCIA Enrique	91	C.N. Monteverde	4:42.54	13,00
50m: 31.76 31.76	150m: 1:40.98 35.18	250m: 2:52.68 35.74	350m: 4:06.54 37.22	
100m: 1:05.80 34.04	200m: 2:16.94 35.96	300m: 3:29.32 36.64	400m: 4:42.54 36.00	
5. LOPEZ DE TEJADA IRIZO Pablo De Je	93	C.N. Cuatro Caminos	4:46.22	12,00
50m: 31.59 31.59	150m: 1:40.53 34.94	250m: 2:53.21 36.60	350m: 4:08.62 38.36	
100m: 1:05.59 34.00	200m: 2:16.61 36.08	300m: 3:30.26 37.05	400m: 4:46.22 37.60	
6. MASON Alvise	91	C.N. Master Madrid	4:48.56	11,00
50m: 30.89 30.89	150m: 1:40.01 35.47	250m: 2:53.43 37.25	350m: 4:09.84 38.71	
100m: 1:04.54 33.65	200m: 2:16.18 36.17	300m: 3:31.13 37.70	400m: 4:48.56 38.72	

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre, 30+

Clasificación	AN		Tiempo	
7. BAÑON ALFARO Javier	89	C.N. Albacete	4:53.38	10,00
50m: 33.09 33.09	150m: 1:46.11 36.64	250m: 3:00.65 37.13	350m: 4:16.04 37.74	
100m: 1:09.47 36.38	200m: 2:23.52 37.41	300m: 3:38.30 37.65	400m: 4:53.38 37.34	
8. GARCIA CARBONELL Javier	90	C.N. Mediterraneo Valencia	4:55.79	9,00
50m: 33.63 33.63	150m: 1:49.06 37.58	250m: 3:04.69 37.63	350m: 4:19.21 37.00	
100m: 1:11.48 37.85	200m: 2:27.06 38.00	300m: 3:42.21 37.52	400m: 4:55.79 36.58	
9. CANO LOPEZ Manuel	91	C. Amistat Serveis Socials, E.J.	4:56.80	8,00
50m: 31.77 31.77	150m: 1:43.05 36.59	250m: 2:59.42 38.59	350m: 4:18.04 39.58	
100m: 1:06.46 34.69	200m: 2:20.83 37.78	300m: 3:38.46 39.04	400m: 4:56.80 38.76	
10. CONSTAN LOPEZ Alfonso	92	C.N. Albacete	4:58.41	7,00
50m: 32.09 32.09	150m: 1:44.18 36.59	250m: 3:02.64 39.64	350m: 4:22.07 39.12	
100m: 1:07.59 35.50	200m: 2:23.00 38.82	300m: 3:42.95 40.31	400m: 4:58.41 36.34	
11. NAVARRO ORMAECHEA Javier	93	C. Tenis Chamartin	4:59.90	6,00
50m: 33.08 33.08	150m: 1:47.12 37.89	250m: 3:04.29 38.54	350m: 4:21.37 38.30	
100m: 1:09.23 36.15	200m: 2:25.75 38.63	300m: 3:43.07 38.78	400m: 4:59.90 38.53	
12. MORENO PONTES Pedro Jose	89	Natacion Sevilla Master, C.D.	5:11.79	5,00
50m: 33.44 33.44	150m: 1:49.92 39.68	250m: 3:10.81 40.74	350m: 4:32.72 41.26	
100m: 1:10.24 36.80	200m: 2:30.07 40.15	300m: 3:51.46 40.65	400m: 5:11.79 39.07	
13. REYES SERRANO Borja	91	C.N. Leganes	5:13.04	4,00
50m: 33.88 33.88	150m: 1:49.86 38.80	250m: 3:10.55 40.47	350m: 4:33.23 41.31	
100m: 1:11.06 37.18	200m: 2:30.08 40.22	300m: 3:51.92 41.37	400m: 5:13.04 39.81	
14. ACEBES MORALES Ramon	91	Natacion Sevilla Master, C.D.	5:14.88	3,00
50m: 34.36 34.36	150m: 1:52.14 39.83	250m: 3:13.84 41.06	350m: 4:36.63 41.01	
100m: 1:12.31 37.95	200m: 2:32.78 40.64	300m: 3:55.62 41.78	400m: 5:14.88 38.25	
15. NAVAS MALDONADO Antonio	89	C.E. Panteres Grogues	5:15.04	2,00
50m: 34.35 34.35	150m: 1:51.82 38.70	250m: 3:13.28 40.31	350m: 4:36.44 41.02	
100m: 1:13.12 38.77	200m: 2:32.97 41.15	300m: 3:55.42 42.14	400m: 5:15.04 38.60	
16. CABRERA VÁZQUEZ Sergio	90	C.D.E. Mako	5:28.50	1,00
50m: 33.99 33.99	150m: 1:52.38 40.55	250m: 3:17.19 42.78	350m: 4:46.35 44.69	
100m: 1:11.83 37.84	200m: 2:34.41 42.03	300m: 4:01.66 44.47	400m: 5:28.50 42.15	
17. PACHECO PARRA Samuel	90	C.N. Badajoz	5:37.61	-
50m: 36.61 36.61	150m: 1:59.53 42.25	250m: 3:25.66 43.51	350m: 4:53.79 44.39	
100m: 1:17.28 40.67	200m: 2:42.15 42.62	300m: 4:09.40 43.74	400m: 5:37.61 43.82	
18. IGUAL BAÑO Carles	92	C.N. Fanatic Swim Castellon	5:48.95	-
50m: 38.83 38.83	150m: 2:06.22 44.63	250m: 3:37.08 45.58	350m: 5:08.42 45.26	
100m: 1:21.59 42.76	200m: 2:51.50 45.28	300m: 4:23.16 46.08	400m: 5:48.95 40.53	
19. FERMIN TENDERO Jorge	90	C.N. Monteverde	8:11.11	-
50m: 51.60 51.60	150m: 2:46.98 58.15	250m: 4:52.07 1:05.51	350m: 7:06.22 1:07.74	
100m: 1:48.83 57.23	200m: 3:46.56 59.58	300m: 5:58.48 1:06.41	400m: 8:11.11 1:04.89	

Prueba 11

Masc., 400m Libre

35+

07/07/2023 - 9:30

Resultados

RE 4:09.74 SERRA VERDAGUER DANIEL SAN FRANCISCO 10/08/2006

Clasificación	AN		Tiempo	
1. MARQUES VELASCO Jaime	87	C.N. Monteverde	4:25.63	19,00
50m: 30.05 30.05	150m: 1:34.73 32.87	250m: 2:42.68 34.15	350m: 3:51.37 33.77	
100m: 1:01.86 31.81	200m: 2:08.53 33.80	300m: 3:17.60 34.92	400m: 4:25.63 34.26	
2. RODRIGUEZ RAMOS Cristian	86	C.N. L' Hospitalet	4:32.48	16,00
50m: 30.31 30.31	150m: 1:37.58 33.84	250m: 2:46.97 35.29	350m: 3:59.96 36.85	
100m: 1:03.74 33.43	200m: 2:11.68 34.10	300m: 3:23.11 36.14	400m: 4:32.48 32.52	

Piscina 50 m. / Crono Electrónico

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre, 35+

Clasificación	AN		Tiempo	
3. GARCIA RODRIGUEZ Alberto	85	Natacion Sevilla Master, C.D.	4:43.96	14,00
50m: 31.43 31.43 150m: 1:41.10 35.49 250m: 2:54.37 36.71 350m: 4:08.40 36.96				
100m: 1:05.61 34.18 200m: 2:17.66 36.56 300m: 3:31.44 37.07 400m: 4:43.96 35.56				
4. CONTRERAS PEREZ Luis	84	CD.Un.Polit.Valencia	4:49.64	13,00
50m: 32.87 32.87 150m: 1:44.46 36.32 250m: 2:57.10 35.79 350m: 4:11.69 37.72				
100m: 1:08.14 35.27 200m: 2:21.31 36.85 300m: 3:33.97 36.87 400m: 4:49.64 37.95				
5. SANCHEZ MEDINA Ricardo	84	C.N. Leganes	5:01.45	12,00
50m: 33.30 33.30 150m: 1:49.04 38.13 250m: 3:05.54 38.51 350m: 4:23.31 39.05				
100m: 1:10.91 37.61 200m: 2:27.03 37.99 300m: 3:44.26 38.72 400m: 5:01.45 38.14				
6. TORRENTE LLAMAS Víctor	88	C.N. Santa Perpetua	5:03.28	11,00
50m: 34.22 34.22 150m: 1:50.26 38.67 250m: 3:08.14 38.79 350m: 4:26.08 38.38				
100m: 1:11.59 37.37 200m: 2:29.35 39.09 300m: 3:47.70 39.56 400m: 5:03.28 37.20				
7. GALLEN I TORÁN Xavier	85	C.E. Panteres Grogues	5:08.70	10,00
50m: 35.08 35.08 150m: 1:52.10 39.16 250m: 3:11.17 39.88 350m: 4:30.59 39.66				
100m: 1:12.94 37.86 200m: 2:31.29 39.19 300m: 3:50.93 39.76 400m: 5:08.70 38.11				
8. PAZOS ALONSO Josue	86	C.N. Escualos	5:15.15	9,00
50m: 34.13 34.13 150m: 1:51.60 39.72 250m: 3:13.70 41.48 350m: 4:36.53 41.31				
100m: 1:11.88 37.75 200m: 2:32.22 40.62 300m: 3:55.22 41.52 400m: 5:15.15 38.62				
9. LANE Henry	88	C.N. Master Madrid	5:15.32	8,00
50m: 36.03 36.03 150m: 1:55.65 40.31 250m: 3:15.40 39.84 350m: 4:36.02 40.56				
100m: 1:15.34 39.31 200m: 2:35.56 39.91 300m: 3:55.46 40.06 400m: 5:15.32 39.30				
10. BERMUDEZ MARTINEZ Ruben	86	Galdakao I.T.	5:37.40	7,00
50m: 37.35 37.35 150m: 1:59.93 42.16 250m: 3:27.22 43.82 350m: 4:55.84 44.30				
100m: 1:17.77 40.42 200m: 2:43.40 43.47 300m: 4:11.54 44.32 400m: 5:37.40 41.56				
11. SANTIAGO CASTRO Miguel	88	C.N. Fanatic Swim Castellon	5:40.03	6,00
50m: 36.17 36.17 150m: 1:58.18 42.17 250m: 3:25.20 44.12 350m: 4:54.94 45.61				
100m: 1:16.01 39.84 200m: 2:41.08 42.90 300m: 4:09.33 44.13 400m: 5:40.03 45.09				
Baja MOTA MARCOS Cristian	87	C.N. Fuenlabrada	-	-

Prueba 11 Masc., 400m Libre 40+ Resultados

07/07/2023 - 9:30 RE 4:16.07 SERRA VERDAGUER DANIEL GÖTEBORG (SWE) 06/08/2010

Clasificación	AN		Tiempo	
1. NUÑEZ MOLANO Javier	83	C.D. Jerez Natacion Master	4:32.65	19,00
50m: 29.63 29.63 150m: 1:35.50 33.36 250m: 2:44.26 34.77 350m: 3:56.54 36.50				
100m: 1:02.14 32.51 200m: 2:09.49 33.99 300m: 3:20.04 35.78 400m: 4:32.65 36.11				
2. HERRERA MARTINEZ Francisco Jose	82	C.D. Jerez Natacion Master	4:44.25	16,00
50m: 31.05 31.05 150m: 1:40.26 35.44 250m: 2:53.23 36.76 350m: 4:07.28 37.19				
100m: 1:04.82 33.77 200m: 2:16.47 36.21 300m: 3:30.09 36.86 400m: 4:44.25 36.97				
3. BARRAGÁN MORENO Javier	81	CN Caceres Delfines	4:53.98	14,00
50m: 33.46 33.46 150m: 1:46.63 36.95 250m: 3:01.44 37.42 350m: 4:16.86 37.30				
100m: 1:09.68 36.22 200m: 2:24.02 37.39 300m: 3:39.56 38.12 400m: 4:53.98 37.12				
4. CAMPILLO BOJ Victor Manuel	80	C.N. Thiar Horadada	5:11.24	13,00
50m: 35.58 35.58 150m: 1:52.36 39.04 250m: 3:13.45 40.39 350m: 4:33.65 39.74				
100m: 1:13.32 37.74 200m: 2:33.06 40.70 300m: 3:53.91 40.46 400m: 5:11.24 37.59				
5. MATEO VIAÑA Rafael	80	C.D. Jerez Natacion Master	5:17.48	12,00
50m: 35.84 35.84 150m: 1:53.48 39.48 250m: 3:15.61 40.98 350m: 4:38.17 41.27				
100m: 1:14.00 38.16 200m: 2:34.63 41.15 300m: 3:56.90 41.29 400m: 5:17.48 39.31				
6. SESE GARCIA Jorge	81	C.N. Monteverde	5:24.19	11,00
50m: 36.24 36.24 150m: 1:57.26 41.43 250m: 3:21.28 42.15 350m: 4:45.59 41.68				
100m: 1:15.83 39.59 200m: 2:39.13 41.87 300m: 4:03.91 42.63 400m: 5:24.19 38.60				

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre, 40+

Clasificación	AN	Equipo	Tiempo
7.	82	C.N. Monteverde	5:49.67 10,00
		50m: 39.54 39.54 150m: 2:05.63 44.30 250m: 3:37.10 46.36 350m: 5:08.74 45.77	
		100m: 1:21.33 41.79 200m: 2:50.74 45.11 300m: 4:22.97 45.87 400m: 5:49.67 40.93	
8.	80	C.D. Nonadamos	6:01.62 9,00
		50m: 38.55 38.55 150m: 2:08.14 45.22 250m: 3:42.38 46.92 350m: 5:17.99 47.34	
		100m: 1:22.92 44.37 200m: 2:55.46 47.32 300m: 4:30.65 48.27 400m: 6:01.62 43.63	
9.	80	C.N. Fuenlabrada	6:05.22 8,00
		50m: 37.35 37.35 150m: 2:04.54 45.09 250m: 3:37.57 46.90 350m: 5:15.47 49.04	
		100m: 1:19.45 42.10 200m: 2:50.67 46.13 300m: 4:26.43 48.86 400m: 6:05.22 49.75	
10.	79	C.N. Monteverde	6:18.18 7,00
		50m: 39.13 39.13 150m: 2:14.29 49.06 250m: 3:56.73 51.77 350m: 5:35.36 47.01	
		100m: 1:25.23 46.10 200m: 3:04.96 50.67 300m: 4:48.35 51.62 400m: 6:18.18 42.82	
11.	79	C.D. Jerez Natacion Master	7:15.28 6,00
		50m: 48.31 48.31 150m: 2:36.76 55.13 250m: 4:30.66 56.14 350m: 6:22.00 54.83	
		100m: 1:41.63 53.32 200m: 3:34.52 57.76 300m: 5:27.17 56.51 400m: 7:15.28 53.28	
12.	81	C.N. Ugena	7:23.32 5,00
		50m: 50.41 50.41 150m: 2:40.61 56.40 250m: 4:34.32 56.93 350m: 6:29.63 58.04	
		100m: 1:44.21 53.80 200m: 3:37.39 56.78 300m: 5:31.59 57.27 400m: 7:23.32 53.69	
13.	79	C.D. Jerez Natacion Master	7:28.71 4,00
		50m: 45.30 45.30 150m: 2:33.44 56.31 250m: 4:32.01 59.73 350m: 6:31.77 59.60	
		100m: 1:37.13 51.83 200m: 3:32.28 58.84 300m: 5:32.17 1:00.16 400m: 7:28.71 56.94	
Baja	83	C.N. Fuenlabrada	-
Baja	81	CD.Un.Polit.Valencia	-
Baja	79	Cst-Cst Costa Azahar	-

Prueba 11 Masc., 400m Libre 45+
07/07/2023 - 9:30 Resultados

RE 4:23.57 SERRA VERDAGUER DANIEL MONTREAL (CAN) 09/08/2014

Clasificación	AN	Equipo	Tiempo
1.	74	C.N. Fanatic Swim Castellon	4:54.12 19,00
		50m: 33.01 33.01 150m: 1:46.03 36.81 250m: 3:01.00 37.70 350m: 4:16.83 38.01	
		100m: 1:09.22 36.21 200m: 2:23.30 37.27 300m: 3:38.82 37.82 400m: 4:54.12 37.29	
2.	75	A.D. Rivas Natación	4:56.82 16,00
		50m: 32.16 32.16 150m: 1:44.25 36.74 250m: 3:01.14 38.64 350m: 4:18.52 38.22	
		100m: 1:07.51 35.35 200m: 2:22.50 38.25 300m: 3:40.30 39.16 400m: 4:56.82 38.30	
3.	74	C.N. Puertollano	4:57.05 14,00
		50m: 33.33 33.33 150m: 1:46.73 37.31 250m: 3:02.80 38.61 350m: 4:19.95 38.37	
		100m: 1:09.42 36.09 200m: 2:24.19 37.46 300m: 3:41.58 38.78 400m: 4:57.05 37.10	
4.	77	C.D. Natacion Cordoba	4:59.66 13,00
		50m: 33.39 33.39 150m: 1:48.11 37.68 250m: 3:04.74 38.38 350m: 4:21.76 38.06	
		100m: 1:10.43 37.04 200m: 2:26.36 38.25 300m: 3:43.70 38.96 400m: 4:59.66 37.90	
5.	76	C. Tenis Pamplona	4:59.69 12,00
		50m: 34.14 34.14 150m: 1:49.39 38.11 250m: 3:06.58 38.63 350m: 4:23.40 38.08	
		100m: 1:11.28 37.14 200m: 2:27.95 38.56 300m: 3:45.32 38.74 400m: 4:59.69 36.29	
6.	77	C.N. Master Madrid	5:07.81 11,00
		50m: 34.50 34.50 150m: 1:51.80 39.09 250m: 3:11.78 39.70 350m: 4:30.35 38.38	
		100m: 1:12.71 38.21 200m: 2:32.08 40.28 300m: 3:51.97 40.19 400m: 5:07.81 37.46	
7.	77	C.D. Jerez Natacion Master	5:24.11 10,00
		50m: 36.36 36.36 150m: 1:56.64 40.58 250m: 3:19.95 41.47 350m: 4:44.40 41.54	
		100m: 1:16.06 39.70 200m: 2:38.48 41.84 300m: 4:02.86 42.91 400m: 5:24.11 39.71	

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre, 45+

Clasificación	AN								Tiempo		
8. MANZANO LOPEZ Jose Luis	76	Club Nagi							5:27.22	9,00	
50m:	35.92	35.92	150m:	1:56.52	40.90	250m:	3:20.93	42.47	350m:	4:48.47	43.97
100m:	1:15.62	39.70	200m:	2:38.46	41.94	300m:	4:04.50	43.57	400m:	5:27.22	38.75
9. VALDERA CARPINTERO Sergio	77	A.D. Plasencia 96							5:34.34	8,00	
50m:	34.58	34.58	150m:	1:56.27	42.47	250m:	3:23.65	43.85	350m:	4:52.79	44.36
100m:	1:13.80	39.22	200m:	2:39.80	43.53	300m:	4:08.43	44.78	400m:	5:34.34	41.55
10. TRUJILLO MORA Jose Ramon	74	C.N. Puertollano							5:51.08	7,00	
50m:	40.15	40.15	150m:	2:07.10	44.60	250m:	3:38.55	46.01	350m:	5:09.50	45.13
100m:	1:22.50	42.35	200m:	2:52.54	45.44	300m:	4:24.37	45.82	400m:	5:51.08	41.58
11. ALVAREZ GOICOECHEA Garikoitz	78	Galdakao I.T.							5:51.78	6,00	
50m:	36.84	36.84	150m:	2:00.79	42.90	250m:	3:32.49	46.24	350m:	5:06.92	47.57
100m:	1:17.89	41.05	200m:	2:46.25	45.46	300m:	4:19.35	46.86	400m:	5:51.78	44.86
12. ÁLVAREZ RODRÍGUEZ Juan José	77	Club Velociraptor							6:07.20	5,00	
50m:	41.68	41.68	150m:	2:13.80	46.17	250m:	3:48.98	47.32	350m:	5:23.70	46.73
100m:	1:27.63	45.95	200m:	3:01.66	47.86	300m:	4:36.97	47.99	400m:	6:07.20	43.50
13. VALLE NUÑEZ Carlos Alberto	74	C.D. Albacete Swim							6:14.72	4,00	
50m:	41.02	41.02	150m:	2:14.01	48.04	250m:	3:50.11	47.94	350m:	5:27.23	48.77
100m:	1:25.97	44.95	200m:	3:02.17	48.16	300m:	4:38.46	48.35	400m:	6:14.72	47.49
14. CEBALLOS CASTRO Francisco Javier	78	C.D. Jerez Natacion Master							7:09.00	3,00	
50m:	44.24	44.24	150m:	2:28.53	54.08	250m:	4:21.18	57.00	350m:	6:15.03	56.85
100m:	1:34.45	50.21	200m:	3:24.18	55.65	300m:	5:18.18	57.00	400m:	7:09.00	53.97
15. MORALEDA MATE Carlos	74	C.N. Ugena							7:18.92	2,00	
50m:	45.25	45.25	150m:	2:34.63	56.28	250m:	4:32.33	59.69	350m:	6:27.87	57.15
100m:	1:38.35	53.10	200m:	3:32.64	58.01	300m:	5:30.72	58.39	400m:	7:18.92	51.05
16. LÓPEZ ALVÁREZ Javier	76	C.D.E. Nadadores Tomelloso							7:34.10	1,00	
50m:	44.55	44.55	150m:	2:35.71	57.73	250m:	4:36.64	1:01.20	350m:	6:38.72	1:00.50
100m:	1:37.98	53.43	200m:	3:35.44	59.73	300m:	5:38.22	1:01.58	400m:	7:34.10	55.38
17. DE LA DUEÑA NAVARRO Jose Alberto	74	C.D.E. Nadadores Tomelloso							8:06.20	-	
50m:	51.96	51.96	150m:	2:52.80	1:02.46	250m:	5:00.82	1:04.55	350m:	7:09.13	1:03.63
100m:	1:50.34	58.38	200m:	3:56.27	1:03.47	300m:	6:05.50	1:04.68	400m:	8:06.20	57.07
Baja SERRANO LOPEZ Jesus	78	C.D. Jerez Natacion Master								-	
Baja GALLARDO AMBRONA Victor	74	Natacion Sevilla Master, C.D.								-	

Prueba 11

Masc., 400m Libre

50+

07/07/2023 - 9:30

Resultados

RE 4:32.09 LLUIS PIJUAN ORO TARRAGONA 12/06/2022

Clasificación	AN								Tiempo		
1. VORONIN Nikolai	69	C.N. Torrevieja							4:47.43	19,00	
50m:	32.63	32.63	150m:	1:45.39	36.63	250m:	2:58.90	36.55	350m:	4:12.35	36.51
100m:	1:08.76	36.13	200m:	2:22.35	36.96	300m:	3:35.84	36.94	400m:	4:47.43	35.08
2. CABELLO VILLALONGA Manuel	72	C.N. L' Hospitalet							4:49.53	16,00	
50m:	32.16	32.16	150m:	1:45.32	36.73	250m:	2:59.21	37.04	350m:	4:13.62	37.15
100m:	1:08.59	36.43	200m:	2:22.17	36.85	300m:	3:36.47	37.26	400m:	4:49.53	35.91
3. GUTIERREZ ASCANIO Ciro	70	C.N. Metropole							4:51.16	14,00	
50m:	33.34	33.34	150m:	1:45.75	36.55	250m:	2:59.72	36.92	350m:	4:13.88	37.02
100m:	1:09.20	35.86	200m:	2:22.80	37.05	300m:	3:36.86	37.14	400m:	4:51.16	37.28
4. ODRIOZOLA SANCHEZ Juan Jose	71	C. Tenerife Masters							4:59.67	13,00	
50m:	34.10	34.10	150m:	1:49.54	38.02	250m:	3:06.14	37.98	350m:	4:21.97	37.88
100m:	1:11.52	37.42	200m:	2:28.16	38.62	300m:	3:44.09	37.95	400m:	4:59.67	37.70

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre, 50+

Clasificación	AN				Tiempo							
5. ANDUJAR TENDERO Esteban	69	C.N. Albacete	5:04.20	12,00	50m: 34.44	34.44	150m: 1:50.71	38.50	250m: 3:08.66	38.89	350m: 4:26.55	38.87
					100m: 1:12.21	37.77	200m: 2:29.77	39.06	300m: 3:47.68	39.02	400m: 5:04.20	37.65
6. MATEU ADZERIAS Oriol	70	C.N. Sabadell	5:07.64	11,00	50m: 34.85	34.85	150m: 1:51.50	38.78	250m: 3:09.77	38.91	350m: 4:28.36	39.64
					100m: 1:12.72	37.87	200m: 2:30.86	39.36	300m: 3:48.72	38.95	400m: 5:07.64	39.28
7. GOMEZ RAMOS Jesús	70	C.D. Gredos San Diego	5:08.27	10,00	50m: 35.03	35.03	150m: 1:52.72	39.18	250m: 3:11.19	39.57	350m: 4:30.29	39.41
					100m: 1:13.54	38.51	200m: 2:31.62	38.90	300m: 3:50.88	39.69	400m: 5:08.27	37.98
8. OLIVER MIRO Antonio	73	Cn.Palma de Mallorca	5:17.30	9,00	50m: 35.01	35.01	150m: 1:53.15	39.50	250m: 3:14.72	40.68	350m: 4:37.30	40.96
					100m: 1:13.65	38.64	200m: 2:34.04	40.89	300m: 3:56.34	41.62	400m: 5:17.30	40.00
9. SANCHEZ LAZARO Fernando Guanarte	73	C. Tenerife Masters	5:18.82	8,00	50m: 36.85	36.85	150m: 1:55.69	39.94	250m: 3:16.48	40.55	350m: 4:38.28	40.81
					100m: 1:15.75	38.90	200m: 2:35.93	40.24	300m: 3:57.47	40.99	400m: 5:18.82	40.54
10. PORTELLA DEL CARMEN Luis	71	C.N. Monteverde	5:27.25	7,00	50m: 38.20	38.20	150m: 2:01.40	41.64	250m: 3:26.90	42.78	350m: 4:48.68	40.35
					100m: 1:19.76	41.56	200m: 2:44.12	42.72	300m: 4:08.33	41.43	400m: 5:27.25	38.57
11. PEREZ ESCALANTE David	70	C.N. Monteverde	5:29.82	6,00	50m: 37.13	37.13	150m: 1:59.20	41.72	250m: 3:24.60	42.64	350m: 4:49.55	42.28
					100m: 1:17.48	40.35	200m: 2:41.96	42.76	300m: 4:07.27	42.67	400m: 5:29.82	40.27
12. PUCHADES ORTIZ Jose	69	C.N. Ferca-San Jose	5:33.59	5,00	50m: 35.14	35.14	150m: 1:58.24	42.92	250m: 3:25.52	43.91	350m: 4:54.39	44.79
					100m: 1:15.32	40.18	200m: 2:41.61	43.37	300m: 4:09.60	44.08	400m: 5:33.59	39.20
13. DE LA VEGA GIMÉNEZ Rafael	69	C.D. Jerez Natacion Master	5:39.35	4,00	50m: 34.78	34.78	150m: 1:57.00	42.62	250m: 3:26.64	45.21	350m: 4:57.20	45.19
					100m: 1:14.38	39.60	200m: 2:41.43	44.43	300m: 4:12.01	45.37	400m: 5:39.35	42.15
14. CAMBRONERO DOMINGUEZ B.	69	C.N. Fanatic Swim Castellon	5:50.17	3,00	50m: 37.21	37.21	150m: 2:03.34	44.13	250m: 3:34.35	45.66	350m: 5:06.27	45.96
					100m: 1:19.21	42.00	200m: 2:48.69	45.35	300m: 4:20.31	45.96	400m: 5:50.17	43.90
15. RODRIGUEZ OLIVA Jesus	69	C.D. Jerez Natacion Master	6:01.00	2,00	50m: 41.09	41.09	150m: 2:11.39	46.03	250m: 3:43.69	46.32	350m: 5:16.13	46.35
					100m: 1:25.36	44.27	200m: 2:57.37	45.98	300m: 4:29.78	46.09	400m: 6:01.00	44.87
16. GIL HENRIQUEZ Jorge Juan	72	C.N. Metropole	6:03.50	1,00	50m: 39.27	39.27	150m: 2:11.77	47.44	250m: 3:46.44	46.52	350m: 5:19.94	46.32
					100m: 1:24.33	45.06	200m: 2:59.92	48.15	300m: 4:33.62	47.18	400m: 6:03.50	43.56
17. MAS GONZALEZ Emilio	71	Club Soc Turis Natacio	6:04.26	-	50m: 40.78	40.78	150m: 2:12.09	45.92	250m: 3:46.71	47.43	350m: 5:20.03	46.43
					100m: 1:26.17	45.39	200m: 2:59.28	47.19	300m: 4:33.60	46.89	400m: 6:04.26	44.23
18. SILVA GALLOSO Ismael	73	C.D. Jerez Natacion Master	6:07.23	-	50m: 40.86	40.86	150m: 2:12.59	46.64	250m: 3:46.99	46.85	350m: 5:21.21	46.72
					100m: 1:25.95	45.09	200m: 3:00.14	47.55	300m: 4:34.49	47.50	400m: 6:07.23	46.02
19. ARBULU MOSCOSO Jorge	73	C.N. Master Madrid	6:10.98	-	50m: 38.60	38.60	150m: 2:07.63	45.67	250m: 3:43.84	48.58	350m: 5:23.42	48.99
					100m: 1:21.96	43.36	200m: 2:55.26	47.63	300m: 4:34.43	50.59	400m: 6:10.98	47.56
20. GARCIA GARCIA Francisco	69	C.N. Monteverde	6:14.82	-	50m: 38.81	38.81	150m: 2:10.43	46.98	250m: 3:48.22	49.44	350m: 5:27.95	49.80
					100m: 1:23.45	44.64	200m: 2:58.78	48.35	300m: 4:38.15	49.93	400m: 6:14.82	46.87
21. INFANTE CABELLO Pablo Carlos	69	C.N. Leganes	6:35.91	-	50m: 41.68	41.68	150m: 2:14.73	46.96	250m: 3:55.87	50.89	350m: 5:43.32	54.15
					100m: 1:27.77	46.09	200m: 3:04.98	50.25	300m: 4:49.17	53.30	400m: 6:35.91	52.59
Baja PEREIRA DEL PINO Cesar	72	C.N. Monteverde		-								

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre

Prueba 11

Masc., 400m Libre

55+

07/07/2023 - 9:30

Resultados

RE 4:46.38 ARNAUDIS DOMINGUEZ CABRERA Las Palmas de G.C. 07/05/2022

Clasificación	AN		Tiempo										
1. BRUSCOLOTTI Fabio	68	C. Tenerife Masters	4:46.66	19,00									
50m:	32.77	32.77	150m:	1:44.98	36.42	250m:	2:58.80	37.17	350m:	4:11.81	36.54		
100m:	1:08.56	35.79	200m:	2:21.63	36.65	300m:	3:35.27	36.47	400m:	4:46.66	34.85		
2. SABATER REDONDO Jorge	68	C.N. Cuatro Caminos	4:58.58	16,00									
50m:	33.03	33.03	150m:	1:45.70	37.03	250m:	3:02.83	38.67	350m:	4:20.56	38.44		
100m:	1:08.67	35.64	200m:	2:24.16	38.46	300m:	3:42.12	39.29	400m:	4:58.58	38.02		
3. FERNÁNDEZ FERNÁNDEZ Alberto	67	C.D. Halegatos	5:32.88	14,00									
50m:	36.77	36.77	150m:	2:01.28	43.29	250m:	3:26.84	42.69	350m:	4:52.13	42.53		
100m:	1:17.99	41.22	200m:	2:44.15	42.87	300m:	4:09.60	42.76	400m:	5:32.88	40.75		
4. RANNEY CARTA Edward Joseph	64	CDBN Swimtonic	5:46.26	13,00									
50m:	38.37	38.37	150m:	2:04.69	44.21	250m:	3:34.17	45.07	350m:	5:04.67	45.30		
100m:	1:20.48	42.11	200m:	2:49.10	44.41	300m:	4:19.37	45.20	400m:	5:46.26	41.59		
5. RODRIGUEZ SUAREZ Juan Pedro	67	C.N. Metropole	5:47.26	12,00									
50m:	37.69	37.69	150m:	2:04.38	44.25	250m:	3:33.84	44.63	350m:	5:04.34	44.95		
100m:	1:20.13	42.44	200m:	2:49.21	44.83	300m:	4:19.39	45.55	400m:	5:47.26	42.92		
6. MALPICA RUIZ Ismael	65	C.D. Jerez Natacion Master	6:10.70	11,00									
50m:	41.50	41.50	150m:	2:14.42	47.56	250m:	3:50.99	48.48	350m:	5:26.57	47.24		
100m:	1:26.86	45.36	200m:	3:02.51	48.09	300m:	4:39.33	48.34	400m:	6:10.70	44.13		
7. MARTINEZ LUQUE Jose Maria	67	C.D. Jerez Natacion Master	6:14.84	10,00									
50m:	39.77	39.77	150m:	2:11.03	47.15	250m:	3:48.51	49.41	350m:	5:28.13	50.16		
100m:	1:23.88	44.11	200m:	2:59.10	48.07	300m:	4:37.97	49.46	400m:	6:14.84	46.71		
8. MELCHOR MARTIN DE LA SIERRA Jo	65	C.N. Leganes	6:42.12	9,00									
50m:	41.79	41.79	150m:	2:18.85	49.21	250m:	4:03.49	52.72	350m:	5:50.77	53.02		
100m:	1:29.64	47.85	200m:	3:10.77	51.92	300m:	4:57.75	54.26	400m:	6:42.12	51.35		
9. MARTÍN MARTÍN José Antonio	68	C.D.N. Inacua Malaga	6:45.16	8,00									
50m:	48.66	48.66	150m:	2:32.39	52.13	250m:	4:15.79	51.49	350m:	5:58.49	51.00		
100m:	1:40.26	51.60	200m:	3:24.30	51.91	300m:	5:07.49	51.70	400m:	6:45.16	46.67		
10. MANZANEDO GARCÍA Rafael	68	C.D. Jerez Natacion Master	6:48.43	7,00									
50m:	43.31	43.31	150m:	2:22.07	50.93	250m:	4:08.50	53.72	350m:	5:57.34	54.68		
100m:	1:31.14	47.83	200m:	3:14.78	52.71	300m:	5:02.66	54.16	400m:	6:48.43	51.09		
11. BLANCO PEREZ Angel	64	C.N. Pabellon Ourense	6:54.12	6,00									
50m:	45.95	45.95	150m:	2:31.09	53.59	250m:	4:18.09	52.89	350m:	6:04.48	52.63		
100m:	1:37.50	51.55	200m:	3:25.20	54.11	300m:	5:11.85	53.76	400m:	6:54.12	49.64		
12. LOPEZ MARQUEZ Juanjo	68	C.N. Fanatic Swim Castellon	6:56.23	5,00									
50m:	46.66	46.66	200m:	3:23.21	1:46.52	350m:	6:04.89	54.29					
100m:	1:36.69	50.03	300m:	5:10.60	1:47.39	400m:	6:56.23	51.34					
13. ANDRADES HIDALGO Jose Antonio	66	C.D. Jerez Natacion Master	7:59.95	4,00									
50m:	45.57	45.57	150m:	2:42.36	1:00.17	250m:	4:49.45	1:03.70	350m:	6:57.50	1:03.88		
100m:	1:42.19	56.62	200m:	3:45.75	1:03.39	300m:	5:53.62	1:04.17	400m:	7:59.95	1:02.45		

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre

Prueba 11 Masc., 400m Libre 60+
07/07/2023 - 9:30 Resultados
RE 4:30.15 JUAN CARLOS VALLEJO ARROYO Las Palmas de G.C. 17/06/2023

Clasificación	AN		Tiempo	
1. PARKES Nicholas	61	C.N. Ciudad de Murcia	5:16.19	19,00
50m: 35.92 35.92 150m: 1:55.00 39.80 250m: 3:15.87 40.03 350m: 4:37.99 40.89				
100m: 1:15.20 39.28 200m: 2:35.84 40.84 300m: 3:57.10 41.23 400m: 5:16.19 38.20				
2. MEJIA MARTINEZ William	63	C.N. Master Madrid	5:40.16	16,00
50m: 38.17 38.17 150m: 2:02.84 42.88 250m: 3:30.31 44.05 350m: 4:57.75 43.33				
100m: 1:19.96 41.79 200m: 2:46.26 43.42 300m: 4:14.42 44.11 400m: 5:40.16 42.41				
3. FERNANDEZ LAZARO Fernando	63	Club Atlético Montemar	6:25.05	14,00
50m: 45.64 45.64 150m: 2:23.50 49.22 250m: 4:02.81 49.95 350m: 5:40.15 48.67				
100m: 1:34.28 48.64 200m: 3:12.86 49.36 300m: 4:51.48 48.67 400m: 6:25.05 44.90				
4. DE VICENTE MINGARRO Íñigo	61	Race	6:32.17	13,00
50m: 44.05 44.05 150m: 2:22.26 50.39 250m: 4:04.05 50.42 350m: 5:44.51 49.21				
100m: 1:31.87 47.82 200m: 3:13.63 51.37 300m: 4:55.30 51.25 400m: 6:32.17 47.66				
5. MOMBLANT MARTÍNEZ José	62	Natacion Sevilla Master, C.D.	6:39.64	12,00
50m: 43.14 43.14 150m: 2:24.01 51.65 250m: 4:08.35 52.12 350m: 5:51.83 50.85				
100m: 1:32.36 49.22 200m: 3:16.23 52.22 300m: 5:00.98 52.63 400m: 6:39.64 47.81				
6. PLAZA GONZALEZ Jose Francisco	61	C. Tennis Chamartin	6:41.28	11,00
50m: 44.77 44.77 150m: 2:24.29 50.98 250m: 4:08.49 52.23 350m: 5:52.80 51.81				
100m: 1:33.31 48.54 200m: 3:16.26 51.97 300m: 5:00.99 52.50 400m: 6:41.28 48.48				
7. FERNANDEZ NAVARRO Juan Jose	59	C.D.E. Mako	7:16.39	10,00
50m: 50.32 50.32 150m: 2:41.66 56.89 250m: 4:34.72 55.68 350m: 6:24.07 54.96				
100m: 1:44.77 54.45 200m: 3:39.04 57.38 300m: 5:29.11 54.39 400m: 7:16.39 52.32				
8. RODRÍGUEZ OLIVA Luis Gonzaga	62	C.D. Jerez Natacion Master	7:41.83	9,00
50m: 44.36 44.36 150m: 2:34.44 56.98 250m: 4:36.43 1:01.30 350m: 6:41.95 1:02.14				
100m: 1:37.46 53.10 200m: 3:35.13 1:00.69 300m: 5:39.81 1:03.38 400m: 7:41.83 59.88				
Baja MORALES LIMIA Jose Luis	60	C.N. Master Madrid	-	-

Prueba 11 Masc., 400m Libre 65+
07/07/2023 - 9:30 Resultados
RE 5:07.62 ROBERTO ALBERICHE LAS PALMAS 25/05/1996

Clasificación	AN		Tiempo	
1. CASTELLO AUQUE Antoni	58	C.N. Reus Ploms	5:25.41	19,00
50m: 38.22 38.22 150m: 2:00.43 41.50 250m: 3:23.06 41.11 350m: 4:45.33 41.04				
100m: 1:18.93 40.71 200m: 2:41.95 41.52 300m: 4:04.29 41.23 400m: 5:25.41 40.08				
2. MENENDEZ CUELLAR Manuel	58	C.N. Cuatro Caminos	5:27.83	16,00
50m: 38.39 38.39 150m: 2:01.23 41.77 250m: 3:24.76 41.63 350m: 4:47.94 41.26				
100m: 1:19.46 41.07 200m: 2:43.13 41.90 300m: 4:06.68 41.92 400m: 5:27.83 39.89				
3. DE VALDES BACHS Rafael	57	C.N. Mijas	5:53.49	14,00
50m: 40.30 40.30 150m: 2:07.92 44.05 250m: 3:36.86 44.15 350m: 5:07.87 46.28				
100m: 1:23.87 43.57 200m: 2:52.71 44.79 300m: 4:21.59 44.73 400m: 5:53.49 45.62				
4. HEMPEL Wilhelm	57	C.N. Thiar Horadada	5:56.17	13,00
50m: 40.91 40.91 150m: 2:09.56 44.83 250m: 3:40.79 45.86 350m: 5:12.18 45.62				
100m: 1:24.73 43.82 200m: 2:54.93 45.37 300m: 4:26.56 45.77 400m: 5:56.17 43.99				
5. RIGUAL DE HEREDIA Carlos	57	C.D. Jerez Natacion Master	6:12.67	12,00
50m: 44.64 44.64 150m: 2:17.57 46.67 250m: 3:51.86 46.89 350m: 5:27.96 47.94				
100m: 1:30.90 46.26 200m: 3:04.97 47.40 300m: 4:40.02 48.16 400m: 6:12.67 44.71				

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre, 65+

Clasificación	AN		Tiempo								
6. MARQUES DEL POZO Antonio	56	C.N. Monteverde	6:46.12 11,00								
50m:	43.17	43.17	150m:	2:26.84	53.58	250m:	4:13.46	53.06	350m:	5:57.83	51.83
100m:	1:33.26	50.09	200m:	3:20.40	53.56	300m:	5:06.00	52.54	400m:	6:46.12	48.29
7. MARTIN MARTINEZ Juan Jesus	54	C.N. Fuenlabrada	6:55.23 10,00								
50m:	42.62	42.62	150m:	2:23.10	52.87	250m:	4:08.06	54.05	350m:	6:00.58	56.05
100m:	1:30.23	47.61	200m:	3:14.01	50.91	300m:	5:04.53	56.47	400m:	6:55.23	54.65
8. GARCIA CARRETERO Francesc	54	Club Nagi	9:07.71 9,00								
50m:	57.83	57.83	200m:	4:29.70	2:24.23	350m:	7:45.70	52.71			
100m:	2:05.47	1:07.64	300m:	6:52.99	2:23.29	400m:	9:07.71	1:22.01			
9. MARQUEZ GOMEZ Manuel	57	C.D. Jerez Natacion Master	9:42.26 8,00								
50m:	54.60	54.60	150m:	3:13.14	1:11.48	250m:	5:46.56	1:17.94	350m:	8:23.31	1:17.90
100m:	2:01.66	1:07.06	200m:	4:28.62	1:15.48	300m:	7:05.41	1:18.85	400m:	9:42.26	1:18.95
10. BLANCO MERINO Agustin	56	C.N. Ovimaster	10:03.48 7,00								
50m:	1:05.56	1:05.56	150m:	3:39.92	1:18.36	250m:	6:17.22	1:18.03	350m:	8:53.82	1:16.75
100m:	2:21.56	1:16.00	200m:	4:59.19	1:19.27	300m:	7:37.07	1:19.85	400m:	10:03.48	1:09.66

Prueba 11

Masc., 400m Libre

70+

07/07/2023 - 9:30

Resultados

RE	5:41.54	JUAN CARLOS ELGUE GRANDI	Las Palmas de G.C.	17/06/2023
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Clasificación	AN		Tiempo								
1. URIBE ECHEVARRIA-FDEZ Miguel	53	Club Natación Rivalia	7:06.19 19,00								
50m:	45.78	45.78	150m:	2:32.32	54.12	250m:	4:22.63	55.51	350m:	6:13.39	55.48
100m:	1:38.20	52.42	200m:	3:27.12	54.80	300m:	5:17.91	55.28	400m:	7:06.19	52.80
2. RIERA MONTAL Agustin	49	C. Tenerife Masters	7:28.46 16,00								
50m:	45.85	45.85	150m:	2:34.63	56.30	250m:	4:31.71	58.12	350m:	6:31.43	59.47
100m:	1:38.33	52.48	200m:	3:33.59	58.96	300m:	5:31.96	1:00.25	400m:	7:28.46	57.03
3. GARCIA LA ESPADA Jose	53	C. Tenerife Masters	12:28.31 14,00								
50m:	1:25.24	1:25.24	150m:	4:29.27	1:33.74	250m:	7:45.99	1:38.92	350m:	11:01.97	1:37.28
100m:	2:55.53	1:30.29	200m:	6:07.07	1:37.80	300m:	9:24.69	1:38.70	400m:	12:28.31	1:26.34

Prueba 11

Masc., 400m Libre

75+

07/07/2023 - 9:30

Resultados

RE	5:50.16	CANALES DE MENDOZA JOAQUIN Mª	LAS PALMAS DE G.C.	09/05/2015
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Clasificación	AN		Tiempo								
1. AVILA FAJARDO Andreu	48	Club Nagi	8:18.82 19,00								
50m:	59.13	59.13	150m:	3:06.71	1:04.45	250m:	5:14.86	1:03.57	350m:	7:23.18	1:03.31
100m:	2:02.26	1:03.13	200m:	4:11.29	1:04.58	300m:	6:19.87	1:05.01	400m:	8:18.82	55.64
2. CATALA BOVER Ignacio	46	C.N. Monteverde	10:02.15 16,00								
50m:	1:04.95	1:04.95	150m:	3:37.31	1:18.18	250m:	6:16.49	1:19.96	350m:	8:55.70	1:19.96
100m:	2:19.13	1:14.18	200m:	4:56.53	1:19.22	300m:	7:35.74	1:19.25	400m:	10:02.15	1:06.45

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 11, Masc., 400m Libre

Prueba 11	Masc., 400m Libre	80+
07/07/2023 - 9:30		Resultados
RE	6:11.49 ALBERICHE NAVARRO ROBERTO	LAS PALMAS G.C. 02/07/2011

Clasificación	AN	Nombre	Equipo	Tiempo
1.	43	UNION GUISADO Manuel	C.D. Jerez Natacion Master	8:11.75 19,00
		50m: 50.50 50.50	150m: 2:51.82 1:02.35	250m: 4:59.80 1:04.29
		100m: 1:49.47 58.97	200m: 3:55.51 1:03.69	300m: 6:04.96 1:05.16
				350m: 7:09.38 1:04.42
				400m: 8:11.75 1:02.37