

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 22
08/07/2023 - 10:35

Masc., 400m Estilos

20+
Resultados

Clasificación	AN		Tiempo								
1. RODRIGUEZ CAMPO Oscar	03	C.N. Camargo	5:14.12 19,00								
50m:	32.77	32.77	150m:	1:50.42	39.94	250m:	3:15.70	46.01	350m:	4:40.70	38.08
100m:	1:10.48	37.71	200m:	2:29.69	39.27	300m:	4:02.62	46.92	400m:	5:14.12	33.42
2. ANDUJAR TEBAR Esteban	99	C.N. Albacete	5:14.27 16,00								
50m:	31.61	31.61	150m:	1:51.16	43.08	250m:	3:19.27	47.15	350m:	4:41.08	35.54
100m:	1:08.08	36.47	200m:	2:32.12	40.96	300m:	4:05.54	46.27	400m:	5:14.27	33.19
3. CANABAL OTEGUI Adrian	99	C.N. Soriano	5:24.05 14,00								
50m:	32.68	32.68	150m:	1:55.16	43.93	250m:	3:25.64	47.92	350m:	4:49.70	35.83
100m:	1:11.23	38.55	200m:	2:37.72	42.56	300m:	4:13.87	48.23	400m:	5:24.05	34.35
4. RODRIGUEZ SEGOVIA Samuel	03	C.P. La Roda	5:26.44 13,00								
50m:	31.03	31.03	150m:	1:46.97	40.55	250m:	3:20.04	52.42	350m:	4:51.49	38.52
100m:	1:06.42	35.39	200m:	2:27.62	40.65	300m:	4:12.97	52.93	400m:	5:26.44	34.95
5. PINELA GOYA Iker	99	C.D.E. Mako	5:41.34 12,00								
50m:	33.92	33.92	150m:	2:00.29	45.09	250m:	3:34.30	51.16	350m:	5:04.92	39.84
100m:	1:15.20	41.28	200m:	2:43.14	42.85	300m:	4:25.08	50.78	400m:	5:41.34	36.42
6. DE ALBA LAGO Juan José	99	C.D. Jerez Natacion Master	6:57.13 11,00								
50m:	42.95	42.95	150m:	2:30.03	52.09	250m:	4:22.52	59.50	350m:	6:12.95	48.84
100m:	1:37.94	54.99	200m:	3:23.02	52.99	300m:	5:24.11	1:01.59	400m:	6:57.13	44.18

Prueba 22
08/07/2023 - 10:35

Masc., 400m Estilos

25+
Resultados

RE 4:52.44 ALDABE BOMSTAD OSCAR CASTELLON 12/06/2016

Clasificación	AN		Tiempo								
1. PICAZO VERGARA Felipe	96	C.N. Albacete	5:08.11 19,00								
50m:	31.32	31.32	150m:	1:54.01	43.60	250m:	3:16.07	40.85	350m:	4:34.67	35.35
100m:	1:10.41	39.09	200m:	2:35.22	41.21	300m:	3:59.32	43.25	400m:	5:08.11	33.44
2. MARTIN DOMINGUEZ Adrian	94	C.N. Leganes	5:08.50 16,00								
50m:	32.50	32.50	150m:	1:51.26	41.46	250m:	3:14.36	42.34	350m:	4:35.02	37.18
100m:	1:09.80	37.30	200m:	2:32.02	40.76	300m:	3:57.84	43.48	400m:	5:08.50	33.48
3. CORBALÁN HERNÁNDEZ Enrique	98	Ucam C.N. Fuensanta	5:09.27 14,00								
50m:	30.67	30.67	150m:	1:47.81	41.11	250m:	3:13.99	45.02	350m:	4:35.40	36.18
100m:	1:06.70	36.03	200m:	2:28.97	41.16	300m:	3:59.22	45.23	400m:	5:09.27	33.87
4. SALAS PEREZ Jose Maria	94	C.N. Leganes	5:19.09 13,00								
50m:	33.35	33.35	150m:	1:52.82	41.77	250m:	3:20.10	44.53	350m:	4:43.24	35.46
100m:	1:11.05	37.70	200m:	2:35.57	42.75	300m:	4:07.78	47.68	400m:	5:19.09	35.85
5. ALAMO GARCIA - ASENJO Jose Luis	95	C.N. San Blas	5:22.68 12,00								
50m:	31.36	31.36	150m:	1:49.85	42.34	250m:	3:17.04	46.61	350m:	4:44.06	39.50
100m:	1:07.51	36.15	200m:	2:30.43	40.58	300m:	4:04.56	47.52	400m:	5:22.68	38.62
6. AUÑON LLORENS Juan Manuel	96	F.P. Sant Gervasi	5:24.37 11,00								
50m:	31.36	31.36	150m:	1:52.29	44.89	250m:	3:23.09	46.64	350m:	4:48.69	38.42
100m:	1:07.40	36.04	200m:	2:36.45	44.16	300m:	4:10.27	47.18	400m:	5:24.37	35.68
7. TORRES SERRANO Sergio	96	F.P. Sant Gervasi	5:35.14 10,00								
50m:	33.05	33.05	150m:	1:57.60	47.11	250m:	3:30.90	48.67	350m:	4:58.77	38.06
100m:	1:10.49	37.44	200m:	2:42.23	44.63	300m:	4:20.71	49.81	400m:	5:35.14	36.37
8. MAS PERIS Jordi	94	C.N. Fanatic Swim Castellon	5:36.54 9,00								
50m:	34.03	34.03	150m:	1:58.13	44.65	250m:	3:31.03	49.02	350m:	4:59.19	39.13
100m:	1:13.48	39.45	200m:	2:42.01	43.88	300m:	4:20.06	49.03	400m:	5:36.54	37.35

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 22, Masc., 400m Estilos, 25+

Clasificación	AN	Equipo	Tempo
9.	MARTINEZ RUIZ Adria	96 C.D.E. Mako	5:41.97 8,00
	50m: 34.12 34.12 150m: 2:01.10 48.39 250m: 3:36.25 48.43 350m: 5:05.50 40.00		
	100m: 1:12.71 38.59 200m: 2:47.82 46.72 300m: 4:25.50 49.25 400m: 5:41.97 36.47		
10.	AYALA MAESTRE Alejandro	97 C.D. Jerez Natacion Master	5:45.19 7,00
	50m: 35.45 35.45 150m: 2:06.42 48.95 250m: 3:41.75 48.83 350m: 5:09.26 37.81		
	100m: 1:17.47 42.02 200m: 2:52.92 46.50 300m: 4:31.45 49.70 400m: 5:45.19 35.93		
11.	CURTO PAYA Jordi	95 C.N. Benicarlo	5:48.51 6,00
	50m: 36.17 36.17 150m: 2:01.63 45.48 250m: 3:38.02 50.43 350m: 5:10.12 40.16		
	100m: 1:16.15 39.98 200m: 2:47.59 45.96 300m: 4:29.96 51.94 400m: 5:48.51 38.39		
12.	CALERO CASTRO Francisco Jose	95 Natacion Sevilla Master, C.D.	6:01.86 5,00
	50m: 33.69 33.69 150m: 2:05.55 51.84 250m: 3:45.11 49.86 350m: 5:18.95 43.95		
	100m: 1:13.71 40.02 200m: 2:55.25 49.70 300m: 4:35.00 49.89 400m: 6:01.86 42.91		
13.	CEDIEL CARRACEDO Alejandro	95 C. Tenis Chamartin	6:08.89 4,00
	50m: 35.34 35.34 150m: 2:08.08 51.01 250m: 3:46.37 50.27 350m: 5:24.22 45.81		
	100m: 1:17.07 41.73 200m: 2:56.10 48.02 300m: 4:38.41 52.04 400m: 6:08.89 44.67		
14.	SIMARRO MARTÍNEZ Andrés	95 C.P. La Roda	6:34.82 3,00
	50m: 38.30 38.30 150m: 2:22.00 56.38 250m: 4:08.77 53.03 350m: 5:50.26 46.96		
	100m: 1:25.62 47.32 200m: 3:15.74 53.74 300m: 5:03.30 54.53 400m: 6:34.82 44.56		
Baja	HERNANDEZ LARA Javier	98 C.N. Cuatro Caminos	-

Prueba 22 Masc., 400m Estilos 30+
08/07/2023 - 10:35 Resultados

RE 4:48.50 MARQUES VELASCO, Jaime REUS 07/07/2018

Clasificación	AN	Equipo	Tempo
1.	ZORNOZA VILLOLDO Alejandro	91 C.N. Albacete	5:05.99 19,00
	50m: 30.19 30.19 150m: 1:46.29 41.38 250m: 3:12.14 44.30 350m: 4:33.12 35.98		
	100m: 1:04.91 34.72 200m: 2:27.84 41.55 300m: 3:57.14 45.00 400m: 5:05.99 32.87		
2.	PEÑALVER GUIJOSA Julio Alberto	92 C.D.E. Mako	5:16.10 16,00
	50m: 32.05 32.05 150m: 1:50.33 41.12 250m: 3:15.56 45.34 350m: 4:39.43 37.91		
	100m: 1:09.21 37.16 200m: 2:30.22 39.89 300m: 4:01.52 45.96 400m: 5:16.10 36.67		
3.	CEBALLOS SANCHEZ Martin	91 C.N. Cuatro Caminos	5:18.83 14,00
	50m: 32.46 32.46 150m: 1:51.09 40.96 250m: 3:15.46 44.09 350m: 4:40.57 39.45		
	100m: 1:10.13 37.67 200m: 2:31.37 40.28 300m: 4:01.12 45.66 400m: 5:18.83 38.26		
4.	COLORADO SANCHEZ Raul	92 C.D. Halegatos	5:19.45 13,00
	50m: 31.79 31.79 150m: 1:50.47 40.83 250m: 3:18.13 45.62 350m: 4:42.41 36.90		
	100m: 1:09.64 37.85 200m: 2:32.51 42.04 300m: 4:05.51 47.38 400m: 5:19.45 37.04		
5.	RUIZ GARCIA Enrique	91 C.N. Monteverde	5:30.33 12,00
	50m: 34.14 34.14 150m: 1:56.73 42.42 250m: 3:27.01 49.23 350m: 4:54.54 37.64		
	100m: 1:14.31 40.17 200m: 2:37.78 41.05 300m: 4:16.90 49.89 400m: 5:30.33 35.79		
6.	NAVARRO ORMAECHEA Javier	93 C. Tenis Chamartin	5:40.16 11,00
	50m: 34.36 34.36 150m: 2:00.24 45.31 250m: 3:33.68 49.58 350m: 5:03.69 39.12		
	100m: 1:14.93 40.57 200m: 2:44.10 43.86 300m: 4:24.57 50.89 400m: 5:40.16 36.47		
7.	REYES SERRANO Borja	91 C.N. Leganes	5:48.44 10,00
	50m: 35.57 35.57 150m: 2:06.33 48.17 250m: 3:40.31 47.89 350m: 5:11.08 41.51		
	100m: 1:18.16 42.59 200m: 2:52.42 46.09 300m: 4:29.57 49.26 400m: 5:48.44 37.36		
8.	CABRERA VÁZQUEZ Sergio	90 C.D.E. Mako	6:12.26 9,00
	50m: 33.44 33.44 150m: 2:04.72 48.76 250m: 3:52.12 58.71 350m: 5:32.47 42.92		
	100m: 1:15.96 42.52 200m: 2:53.41 48.69 300m: 4:49.55 57.43 400m: 6:12.26 39.79		
9.	GÓMEZ SAEZ Daniel	90 C.N. Monteverde	7:15.28 8,00
	50m: 47.32 47.32 150m: 2:38.95 58.70 250m: 4:38.11 59.64 350m: 6:29.13 51.74		
	100m: 1:40.25 52.93 200m: 3:38.47 59.52 300m: 5:37.39 59.28 400m: 7:15.28 46.15		

Piscina 50 m. / Crono Electrónico

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PUERTOLLANO, 6 - 9/7/2023

Prueba 22, Masc., 400m Estilos

Prueba 22 Masc., 400m Estilos 35+
08/07/2023 - 10:35 Resultados

RE 4:50.22 ZIGOR DIAZ MERCADO BARCELONA - CEM 13/06/2021

Clasificación	AN	Nombre	Equipo	Tiempo
1.	84	SERRANO VAZQUEZ Pedro	C.D. Natacion Cordoba	5:01.60 19,00
		50m: 30.30 30.30 150m: 1:44.03 39.23 250m: 3:07.83 44.47 350m: 4:27.98 34.59		
		100m: 1:04.80 34.50 200m: 2:23.36 39.33 300m: 3:53.39 45.56 400m: 5:01.60 33.62		
2.	85	ARROYO FERNANDEZ Alvaro	E.C. Ciudad De Talavera	5:05.86 16,00
		50m: 33.29 33.29 150m: 1:51.29 39.66 250m: 3:13.64 42.84 350m: 4:33.94 35.34		
		100m: 1:11.63 38.34 200m: 2:30.80 39.51 300m: 3:58.60 44.96 400m: 5:05.86 31.92		
3.	84	SANCHEZ MEDINA Ricardo	C.N. Leganes	5:35.97 14,00
		100m: 1:14.10 1:14.10 200m: 2:41.33 43.38 300m: 4:20.06 49.33 400m: 5:35.97 38.07		
		150m: 1:57.95 43.85 250m: 3:30.73 49.40 350m: 4:57.90 37.84		
4.	87	CORONA FUENTES Jose Joaquin	Club Natacion San Juan	5:44.39 13,00
		50m: 33.39 33.39 150m: 1:56.73 44.50 250m: 3:32.92 52.19 350m: 5:05.92 39.59		
		100m: 1:12.23 38.84 200m: 2:40.73 44.00 300m: 4:26.33 53.41 400m: 5:44.39 38.47		
5.	86	PÉREZ RODRÍGUEZ Gaspar	C.N. Alarcos Ciudad Real	7:05.35 12,00
		50m: 40.08 40.08 150m: 2:26.84 55.94 250m: 4:32.96 1:08.57 350m: 6:23.07 45.08		
		100m: 1:30.90 50.82 200m: 3:24.39 57.55 300m: 5:37.99 1:05.03 400m: 7:05.35 42.28		

Prueba 22 Masc., 400m Estilos 40+
08/07/2023 - 10:35 Resultados

RE 4:49.34 MECA MEDINA DAVID MADRID 25/05/2014

Clasificación	AN	Nombre	Equipo	Tiempo
1.	83	FRANCO GARCIA Raul	C.N. Santa Perpetua	5:28.35 19,00
		50m: 35.28 35.28 150m: 1:58.09 42.92 250m: 3:24.80 43.92 350m: 4:49.76 39.15		
		100m: 1:15.17 39.89 200m: 2:40.88 42.79 300m: 4:10.61 45.81 400m: 5:28.35 38.59		
2.	83	ABAD GONZALEZ Marco	C.N. Fanatic Swim Castellon	5:31.55 16,00
		50m: 35.16 35.16 150m: 1:59.39 43.61 250m: 3:28.38 47.74 350m: 4:54.57 37.91		
		100m: 1:15.78 40.62 200m: 2:40.64 41.25 300m: 4:16.66 48.28 400m: 5:31.55 36.98		
3.	81	CHURNIN Stephen Henry	C.N. Master Madrid	5:31.58 14,00
		50m: 32.45 32.45 150m: 1:52.05 43.33 250m: 3:22.94 48.08 350m: 4:52.51 40.64		
		100m: 1:08.72 36.27 200m: 2:34.86 42.81 300m: 4:11.87 48.93 400m: 5:31.58 39.07		
4.	82	HERRERA MARTINEZ Francisco Jose	C.D. Jerez Natacion Master	5:41.49 13,00
		50m: 34.24 34.24 150m: 2:01.76 48.26 250m: 3:36.02 47.95 350m: 5:02.77 38.68		
		100m: 1:13.50 39.26 200m: 2:48.07 46.31 300m: 4:24.09 48.07 400m: 5:41.49 38.72		
5.	81	GARCIA ROJO TARDON Marcos	C.N. Valdepeñas	5:59.02 12,00
		50m: 35.79 35.79 150m: 2:06.71 47.01 250m: 3:40.73 48.59 350m: 5:14.77 43.71		
		100m: 1:19.70 43.91 200m: 2:52.14 45.43 300m: 4:31.06 50.33 400m: 5:59.02 44.25		
6.	82	RODRIGO LOPEZ Leonardo	Club Soc Turis Natacio	6:26.56 11,00
		50m: 37.85 37.85 150m: 2:15.12 50.30 250m: 4:01.23 56.94 350m: 5:44.36 46.37		
		100m: 1:24.82 46.97 200m: 3:04.29 49.17 300m: 4:57.99 56.76 400m: 6:26.56 42.20		
7.	79	ALDEHUELA MENDEZ Pablo	C.N. Cuatro Caminos	6:45.08 10,00
		50m: 40.44 40.44 150m: 2:24.05 56.95 250m: 4:16.42 59.12 350m: 6:01.08 45.50		
		100m: 1:27.10 46.66 200m: 3:17.30 53.25 300m: 5:15.58 59.16 400m: 6:45.08 44.00		
8.	80	GUEDES ALONSO Francisco Yeray	C.D. Nonadamos	7:03.10 9,00
		50m: 43.12 43.12 150m: 2:38.71 1:01.10 250m: 4:31.95 57.04 350m: 6:18.96 48.16		
		100m: 1:37.61 54.49 200m: 3:34.91 56.20 300m: 5:30.80 58.85 400m: 7:03.10 44.14		
DSQ	82	MITTERLE Sebastian	C.N. Alarcos Ciudad Real	-
Baja	80	PUENTE GARCIA Ignacio	C.D. Jerez Natacion Master	-

Piscina 50 m. / Crono Electrónico

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 22, Masc., 400m Estilos

Prueba 22 Masc., 400m Estilos 45+
08/07/2023 - 10:35 Resultados

RE 5:10.26 ABIAN REINO ASCANIO Las Palmas de G.C. 12/03/2022

Clasificación	AN		Tiempo											
1. YAGUE ANDRES Jorge	77	C.N. Master Madrid	5:49.31 19,00											
50m: 38.36 38.36	150m: 2:08.08	46.68	250m: 3:43.30	50.71	350m: 5:11.92	38.88	100m: 1:21.40	43.04	200m: 2:52.59	44.51	300m: 4:33.04	49.74	400m: 5:49.31	37.39
2. CUADRADO VIÑAS Fernando	74	C.N. Fuenlabrada	5:53.45 16,00											
50m: 32.06 32.06	150m: 1:57.25	45.17	250m: 3:35.11	53.23	350m: 5:11.32	42.25	100m: 1:12.08	40.02	200m: 2:41.88	44.63	300m: 4:29.07	53.96	400m: 5:53.45	42.13
3. TAMARAL LOPEZ Francisco Manuel	74	C.N. Puertollano	5:54.89 14,00											
50m: 34.72 34.72	150m: 2:01.81	46.26	250m: 3:39.48	53.05	350m: 5:14.09	40.52	100m: 1:15.55	40.83	200m: 2:46.43	44.62	300m: 4:33.57	54.09	400m: 5:54.89	40.80
4. JIMENEZ BARRERO Alberto	78	C.N. Cuatro Caminos	6:00.72 13,00											
50m: 35.48 35.48	150m: 2:05.01	48.15	250m: 3:42.53	51.20	350m: 5:17.19	43.02	100m: 1:16.86	41.38	200m: 2:51.33	46.32	300m: 4:34.17	51.64	400m: 6:00.72	43.53
5. LACUNZA CAMARA Etor	74	G.E. I.E.G.	6:21.41 12,00											
50m: 37.83 37.83	150m: 2:14.70	52.66	250m: 3:59.82	54.69	350m: 5:39.31	44.29	100m: 1:22.04	44.21	200m: 3:05.13	50.43	300m: 4:55.02	55.20	400m: 6:21.41	42.10
6. MONREAL GALAN German Luis	78	C.D. Jerez Natacion Master	6:22.92 11,00											
50m: 40.58 40.58	150m: 2:19.17	50.22	250m: 4:04.85	59.05	350m: 5:44.77	42.92	100m: 1:28.95	48.37	200m: 3:05.80	46.63	300m: 5:01.85	57.00	400m: 6:22.92	38.15
7. TRUJILLO MORA Jose Ramon	74	C.N. Puertollano	7:13.25 10,00											
50m: 46.12 46.12	150m: 2:50.25	1:07.68	250m: 4:44.85	53.44	350m: 6:28.55	47.36	100m: 1:42.57	56.45	200m: 3:51.41	1:01.16	300m: 5:41.19	56.34	400m: 7:13.25	44.70
8. SANTAÑES MOLINA Jordi	74	Fed. Andorrana	7:34.09 9,00											
50m: 50.09 50.09	150m: 2:45.02	56.52	250m: 4:42.96	1:03.30	350m: 6:40.83	54.21	100m: 1:48.50	58.41	200m: 3:39.66	54.64	300m: 5:46.62	1:03.66	400m: 7:34.09	53.26

Prueba 22 Masc., 400m Estilos 50+
08/07/2023 - 10:35 Resultados

RE 5:14.71 DOMINGUEZ CABRERA ARNAUDIS BUDAPEST (HUN) 16/08/2017

Clasificación	AN		Tiempo											
1. ANDUJAR TENDERO Esteban	69	C.N. Albacete	6:00.70 19,00											
50m: 36.01 36.01	150m: 2:06.89	48.54	250m: 3:48.32	54.61	350m: 5:23.22	41.49	100m: 1:18.35	42.34	200m: 2:53.71	46.82	300m: 4:41.73	53.41	400m: 6:00.70	37.48
2. GOMEZ RAMOS Jesús	70	C.D. Gredos San Diego	6:06.75 16,00											
50m: 36.48 36.48	150m: 2:07.45	46.72	250m: 3:49.08	54.92	350m: 5:26.02	41.48	100m: 1:20.73	44.25	200m: 2:54.16	46.71	300m: 4:44.54	55.46	400m: 6:06.75	40.73
3. MARTINEZ DEL PINO Victor Manuel	72	Triatlón Cierzo	6:17.66 14,00											
50m: 36.33 36.33	150m: 2:14.34	53.30	250m: 3:59.17	55.84	350m: 5:36.72	42.85	100m: 1:21.04	44.71	200m: 3:03.33	48.99	300m: 4:53.87	54.70	400m: 6:17.66	40.94
4. DE LA VEGA GIMÉNEZ Rafael	69	C.D. Jerez Natacion Master	6:30.90 13,00											
50m: 37.24 37.24	150m: 2:17.75	53.10	250m: 4:07.97	56.83	350m: 5:50.92	45.06	100m: 1:24.65	47.41	200m: 3:11.14	53.39	300m: 5:05.86	57.89	400m: 6:30.90	39.98
5. DIAZ SALIDO Salvador	69	C.D. Jerez Natacion Master	6:36.45 12,00											
50m: 38.71 38.71	150m: 2:19.09	53.25	250m: 4:02.41	52.22	350m: 5:46.58	50.92	100m: 1:25.84	47.13	200m: 3:10.19	51.10	300m: 4:55.66	53.25	400m: 6:36.45	49.87
6. FORNER PALAU Jose	69	CD.Un.Polit.Valencia	6:41.72 11,00											
50m: 40.29 40.29	150m: 2:18.98	52.12	250m: 4:09.97	59.80	350m: 5:56.79	47.19	100m: 1:26.86	46.57	200m: 3:10.17	51.19	300m: 5:09.60	59.63	400m: 6:41.72	44.93

Piscina 50 m. / Crono Electrónico

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 22, Masc., 400m Estilos, 50+

Clasificación	AN		Tiempo								
7. PORTELLA DEL CARMEN Luis	71	C.N. Monteverde	7:27.82 10,00								
50m:	52.33	52.33	150m:	2:54.88	1:03.54	250m:	4:54.30	56.56	350m:	6:41.34	49.12
100m:	1:51.34	59.01	200m:	3:57.74	1:02.86	300m:	5:52.22	57.92	400m:	7:27.82	46.48
8. LOPEZ PARDO Rafael	69	C.N. Monteverde	8:20.52 9,00								
100m:	1:58.62	1:58.62	200m:	4:19.33	1:11.00	300m:	6:32.97	1:06.42	400m:	8:20.52	53.43
150m:	3:08.33	1:09.71	250m:	5:26.55	1:07.22	350m:	7:27.09	54.12			
9. PEREZ ARROYO Dionisio	69	C.N. Fuenlabrada	8:35.12 8,00								
50m:	50.05	50.05	150m:	3:17.47	1:20.40	250m:	5:32.67	1:01.97	350m:	7:36.64	59.04
100m:	1:57.07	1:07.02	200m:	4:30.70	1:13.23	300m:	6:37.60	1:04.93	400m:	8:35.12	58.48
Baja ORTIZ CABALLERO Adolfo	69	C.N. L' Hospitalet	-								
Baja PEREIRA DEL PINO Cesar	72	C.N. Monteverde	-								
Baja GARCIA MOYANO Oscar	71	C.N. Tres Cantos	-								

Prueba 22 Masc., 400m Estilos 55+
08/07/2023 - 10:35 Resultados

RE 5:23.69 ARNAUDIS DOMINGUEZ CABRERA LAS PALMAS G. C. 09/07/2022

Clasificación	AN		Tiempo								
1. FERNÁNDEZ FERNÁNDEZ Alberto	67	C.D. Halegatos	6:17.63 19,00								
50m:	39.13	39.13	150m:	2:21.40	49.60	250m:	4:00.82	51.85	350m:	5:37.56	43.14
100m:	1:31.80	52.67	200m:	3:08.97	47.57	300m:	4:54.42	53.60	400m:	6:17.63	40.07
2. CASTELLO BALLESTER Josep Vicent	66	C.N. Ferca-San Jose	6:23.91 16,00								
50m:	41.75	41.75	150m:	2:21.23	51.77	250m:	4:04.79	53.53	350m:	5:41.80	44.51
100m:	1:29.46	47.71	200m:	3:11.26	50.03	300m:	4:57.29	52.50	400m:	6:23.91	42.11
3. UCHA DIAZ Manuel Alejandro	68	C.D. Jerez Natacion Master	6:34.81 14,00								
50m:	36.42	36.42	150m:	2:18.11	58.45	250m:	4:13.60	59.35	350m:	5:54.40	43.09
100m:	1:19.66	43.24	200m:	3:14.25	56.14	300m:	5:11.31	57.71	400m:	6:34.81	40.41
4. VIÑUELA LLANOS Antonio	68	C. Tenerife Masters	6:38.35 13,00								
50m:	41.39	41.39	150m:	2:25.61	56.29	250m:	4:14.21	55.28	350m:	5:54.65	45.18
100m:	1:29.32	47.93	200m:	3:18.93	53.32	300m:	5:09.47	55.26	400m:	6:38.35	43.70
5. RUIZ RODRIGUEZ Jose	68	C.D. Jerez Natacion Master	6:58.23 12,00								
50m:	40.59	40.59	150m:	2:27.27	58.03	250m:	4:24.75	58.54	350m:	6:11.82	48.07
100m:	1:29.24	48.65	200m:	3:26.21	58.94	300m:	5:23.75	59.00	400m:	6:58.23	46.41
6. IBAÑEZ ALMENDRO Carlos	67	Natacion Sevilla Master, C.D.	7:28.29 11,00								
50m:	51.29	51.29	150m:	2:47.35	58.86	250m:	4:46.43	1:02.81	350m:	6:39.34	50.07
100m:	1:48.49	57.20	200m:	3:43.62	56.27	300m:	5:49.27	1:02.84	400m:	7:28.29	48.95
7. MARTINEZ LUQUE Jose Maria	67	C.D. Jerez Natacion Master	7:43.66 10,00								
50m:	51.58	51.58	150m:	2:52.05	1:00.83	250m:	4:59.76	1:08.10	350m:	6:57.26	48.45
100m:	1:51.22	59.64	200m:	3:51.66	59.61	300m:	6:08.81	1:09.05	400m:	7:43.66	46.40
8. MELCHOR MARTIN DE LA SIERRA Jo	65	Luis: C.N. Leganes	7:50.16 9,00								
50m:	51.09	51.09	150m:	2:58.97	1:02.92	250m:	5:03.10	1:03.05	350m:	7:00.89	52.94
100m:	1:56.05	1:04.96	200m:	4:00.05	1:01.08	300m:	6:07.95	1:04.85	400m:	7:50.16	49.27
DSQ SOTO GONZALEZ Juan Manuel	65	C.D. Jerez Natacion Master	-								

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 22, Masc., 400m Estilos

Prueba 22 Masc., 400m Estilos 60+
08/07/2023 - 10:35 Resultados

RE 5:39.31 JUAN CARLOS VALLEJO ARROYO Costa Teguiise 04/03/2023

Clasificación	AN		Tiempo								
1. RUIZ CALVO Juan Antonio	63	A.D. Rivas Natación	6:21.85 19,00								
50m:	38.89	38.89	150m:	2:16.13	51.38	250m:	4:02.61	55.85	350m:	5:41.35	42.79
100m:	1:24.75	45.86	200m:	3:06.76	50.63	300m:	4:58.56	55.95	400m:	6:21.85	40.50
2. RIVAS ROMERA Juan Antonio	63	C.D. Swim Granada	6:53.90 16,00								
50m:	43.36	43.36	150m:	2:31.95	56.69	250m:	4:23.75	55.45	350m:	6:07.76	47.61
100m:	1:35.26	51.90	200m:	3:28.30	56.35	300m:	5:20.15	56.40	400m:	6:53.90	46.14

Prueba 22 Masc., 400m Estilos 65+
08/07/2023 - 10:35 Resultados

RE 6:05.15 ROBERTO ESCRICHE SHEFFIELD 22/06/1996

Clasificación	AN		Tiempo								
1. CASTELLO AUQUE Antoni	58	C.N. Reus Ploms	6:52.83 19,00								
50m:	42.87	42.87	150m:	2:31.77	57.14	250m:	4:26.14	59.65	350m:	6:10.18	44.02
100m:	1:34.63	51.76	200m:	3:26.49	54.72	300m:	5:26.16	1:00.02	400m:	6:52.83	42.65
2. TALLON AVILES Jose Maria	56	C.D.N. Bidasoa XXI	8:15.82 16,00								
50m:	53.94	53.94	150m:	3:07.59	1:13.42	250m:	5:19.39	1:04.19	350m:	7:22.63	57.53
100m:	1:54.17	1:00.23	200m:	4:15.20	1:07.61	300m:	6:25.10	1:05.71	400m:	8:15.82	53.19
3. RIGUAL DE HEREDIA Carlos	57	C.D. Jerez Natacion Master	8:20.36 14,00								
50m:	1:01.26	1:01.26	150m:	3:22.27	1:11.91	250m:	5:42.83	1:08.99	350m:	7:37.46	46.90
100m:	2:10.36	1:09.10	200m:	4:33.84	1:11.57	300m:	6:50.56	1:07.73	400m:	8:20.36	42.90
4. ALVAREZ GUERRERO Fernando	58	C.D. Jerez Natacion Master	9:09.34 13,00								
50m:	1:08.35	1:08.35	150m:	3:32.59	1:10.98	250m:	5:51.49	1:08.21	350m:	8:04.23	1:07.10
100m:	2:21.61	1:13.26	200m:	4:43.28	1:10.69	300m:	6:57.13	1:05.64	400m:	9:09.34	1:05.11

Prueba 22 Masc., 400m Estilos 70+
08/07/2023 - 10:35 Resultados

RE 6:49.92 CANALES DE MENDOZA JOAQUIN Mª LAS PALMAS 01/07/2011

Clasificación	AN		Tiempo								
1. SUANZES PEREZ Fernando	53	Club Hecules Termaria	7:51.45 19,00								
50m:	49.02	49.02	150m:	2:51.37	1:07.27	250m:	5:04.00	1:06.18	350m:	7:04.85	52.43
100m:	1:44.10	55.08	200m:	3:57.82	1:06.45	300m:	6:12.42	1:08.42	400m:	7:51.45	46.60
2. LIZARRAGA TABERNA Carmelo	49	C.D. Jerez Natacion Master	9:10.41 16,00								
50m:	1:04.50	1:04.50	150m:	3:30.55	1:05.44	250m:	5:53.92	1:21.98	350m:	8:14.50	58.62
100m:	2:25.11	1:20.61	200m:	4:31.94	1:01.39	300m:	7:15.88	1:21.96	400m:	9:10.41	55.91

XXXIII CTO. ESPAÑA "OPEN" DE VERANO NATACIÓN MASTERS
PUERTOLLANO, 6 - 9/7/2023

Prueba 22, Masc., 400m Estilos

Prueba 22	Masc., 400m Estilos	75+
08/07/2023 - 10:35		Resultados
RE	7:03.86 CANALES DE MENDOZA JOAQUIN M ^a	MALAGA 28/06/2015

Clasificación	AN	Nombre	Equipo	Tiempo
1.	46	LESTIDEAU Jean Claude	C. Tenerife Masters	7:32.94 19,00
		50m: 51.91 51.91	150m: 2:51.42 56.46	250m: 4:52.50 1:05.12
		100m: 1:54.96 1:03.05	200m: 3:47.38 55.96	300m: 5:58.31 1:05.81
				350m: 6:46.12 47.81
				400m: 7:32.94 46.82
2.	45	FORCEN MEREDIZ Jose Lucas	R.G.C. Covadonga	11:04.53 16,00
		50m: 1:07.15 1:07.15	200m: 5:14.45 2:42.26	300m: 8:29.43 1:37.39
		100m: 2:32.19 1:25.04	250m: 6:52.04 1:37.59	350m: 9:46.54 1:17.11
				400m: 11:04.53 1:17.99