

Event 8 Men, 400m Freestyle Open  
21/02/2024 - 19:29 Results Finals

WR	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	26/07/2009
ER	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	26/07/2009
RE	3:48.96	DURAN NAVIA MIGUEL		SABADELL	22/03/2016
MMNJ 18	3:51.16	CARLOS GARACH BENITO		Lima (Perú)	30/08/2022
MMNJ 17	3:52.12	MANTAS MOTA ADRIAN		PRAGA	08/07/2009
MMNJ 16	3:54.01	CESAR CASTRO VALLE		MADRID	06/06/2015
RC	3:48.96	DURAN NAVIA MIGUEL		SABADELL	22/03/2016

Points: FINA 2024

Rank YB Time Pts  
Final D

1.	MACHUCA PEREZ-HIGUERAS Marcos08	ESP	C.N. El Cisne	<b>4:08.75</b>	692
	50m: 27.95 27.95 150m: 1:31.22 32.48 250m: 2:34.90 31.93 350m: 3:38.33 30.90				
	100m: 58.74 30.79 200m: 2:02.97 31.75 300m: 3:07.43 32.53 400m: 4:08.75 30.42				
2.	CARRASCO CADENS Jordi 08	ESP	C.E. INEF de Lleida	<b>4:09.97</b>	682
	50m: 28.25 28.25 150m: 1:30.92 31.35 250m: 2:34.54 31.97 350m: 3:39.18 32.35				
	100m: 59.57 31.32 200m: 2:02.57 31.65 300m: 3:06.83 32.29 400m: 4:09.97 30.79				
3.	GALAN LOPEZ Juan Antonio 08	ESP	C.N. Merida	<b>4:10.10</b>	681
	50m: 28.33 28.33 150m: 1:29.68 31.14 250m: 2:33.06 32.01 350m: 3:37.92 32.56				
	100m: 58.54 30.21 200m: 2:01.05 31.37 300m: 3:05.36 32.30 400m: 4:10.10 32.18				
4.	MESTANZA CASTRO Michel 08	ESP	C.N.Comarca Guadalhorce	<b>4:13.11</b>	657
	50m: 28.40 28.40 150m: 1:31.27 31.68 250m: 2:35.85 32.24 350m: 3:40.78 31.88				
	100m: 59.59 31.19 200m: 2:03.61 32.34 300m: 3:08.90 33.05 400m: 4:13.11 32.33				
5.	NEVADO RUIZ Hugo 08	ESP	C.N. Sabadell	<b>4:14.34</b>	647
	50m: 28.37 28.37 150m: 1:32.98 32.65 250m: 2:38.13 32.36 350m: 3:43.71 32.63				
	100m: 1:00.33 31.96 200m: 2:05.77 32.79 300m: 3:11.08 32.95 400m: 4:14.34 30.63				
6.	CASAS FERRER Lluç 08	ESP	C.N. VIC-Etb	<b>4:15.54</b>	638
	50m: 28.67 28.67 150m: 1:32.49 32.25 250m: 2:38.41 33.29 350m: 3:43.96 32.86				
	100m: 1:00.24 31.57 200m: 2:05.12 32.63 300m: 3:11.10 32.69 400m: 4:15.54 31.58				
7.	RUIZ DE LA HERMOSA DIAZ DEL CAMO80 J.ESP	ESP	C.N. Daimiel	<b>4:15.79</b>	636
	50m: 28.16 28.16 150m: 1:32.08 32.30 250m: 2:37.94 33.12 350m: 3:43.90 32.91				
	100m: 59.78 31.62 200m: 2:04.82 32.74 300m: 3:10.99 33.05 400m: 4:15.79 31.89				
8.	FERNANDEZ LOPEZ Juan Francisco 08	ESP	C.N.Cartagonova Cartagena	<b>4:20.08</b>	605
	50m: 29.33 29.33 150m: 1:33.18 32.36 250m: 2:39.62 33.20 350m: 3:47.08 33.62				
	100m: 1:00.82 31.49 200m: 2:06.42 33.24 300m: 3:13.46 33.84 400m: 4:20.08 33.00				

Final C

1.	MARTINEZ PALOP Pablo 07	ESP	C.N. Ferca-San Jose	<b>3:58.06</b>	789
	50m: 27.45 27.45 150m: 1:27.13 30.15 250m: 2:27.84 30.09 350m: 3:28.55 30.33				
	100m: 56.98 29.53 200m: 1:57.75 30.62 300m: 2:58.22 30.38 400m: 3:58.06 29.51				
2.	ROSELL DIEZ Marti 07	ESP	C.N. Tarraco	<b>3:58.27</b>	787
	50m: 27.20 27.20 150m: 1:27.56 30.28 250m: 2:28.48 30.37 350m: 3:28.84 29.99				
	100m: 57.28 30.08 200m: 1:58.11 30.55 300m: 2:58.85 30.37 400m: 3:58.27 29.43				

Piscina 50 m. / Crono Electrónico

Splash Meet Manager, 11.78857

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Cto. de España "OPEN" de invierno - ASTRALPOOL / Cto. España Junior  
Sabadell, 21 - 25/2/2024

Event 8, Boys, 400m Freestyle, Final, Final C

Rank			YB				Time		Pts
3.	EL FALLAKI Ilias		06	MAR	C.N. Alcalá		<b>3:59.02</b>		780
	50m:	27.55 27.55	150m:	1:28.01 30.42	250m:	2:29.27 30.54	350m:	3:29.76 30.20	
	100m:	57.59 30.04	200m:	1:58.73 30.72	300m:	2:59.56 30.29	400m:	3:59.02 29.26	
4.	JIMENEZ RISQUEZ Alex		06	ESP	C.N. Sabadell		<b>3:59.17</b>		779
	50m:	27.93 27.93	150m:	1:28.17 30.27	250m:	2:28.99 30.27	350m:	3:30.08 30.34	
	100m:	57.90 29.97	200m:	1:58.72 30.55	300m:	2:59.74 30.75	400m:	3:59.17 29.09	
5.	FURONES GIMENO Victor		07	ESP	C.N. Ferca-San Jose		<b>4:00.46</b>		766
	50m:	27.46 27.46	150m:	1:28.15 30.40	250m:	2:30.14 30.92	350m:	3:31.41 30.06	
	100m:	57.75 30.29	200m:	1:59.22 31.07	300m:	3:01.35 31.21	400m:	4:00.46 29.05	
6.	PARRA ESTRADE Arnau		07	ESP	C.N. Athletic-Barceloneta		<b>4:00.72</b>		764
	50m:	27.05 27.05	150m:	1:26.91 30.29	250m:	2:28.26 30.49	350m:	3:30.30 31.11	
	100m:	56.62 29.57	200m:	1:57.77 30.86	300m:	2:59.19 30.93	400m:	4:00.72 30.42	
7.	NEVADO RUIZ Pablo		06	ESP	C.N. Sabadell		<b>4:02.38</b>		748
	50m:	27.64 27.64	150m:	1:27.91 30.28	250m:	2:28.66 30.24	350m:	3:31.11 31.17	
	100m:	57.63 29.99	200m:	1:58.42 30.51	300m:	2:59.94 31.28	400m:	4:02.38 31.27	
8.	ASCANIO SAIZ Ciro		06	ESP	C.N. Palma de Mallorca		<b>4:05.61</b>		719
	50m:	27.00 27.00	150m:	1:28.17 30.68	250m:	2:30.50 31.03	350m:	3:34.34 32.14	
	100m:	57.49 30.49	200m:	1:59.47 31.30	300m:	3:02.20 31.70	400m:	4:05.61 31.27	

Open

Final A

1.	GARACH BENITO Carlos		04	ESP	C.N. Churriana		<b>3:47.98</b>		899
	<i>Récord de España, Récord de Campeonato</i>								
	50m:	27.41 27.41	150m:	1:25.31 28.98	250m:	2:23.00 28.41	350m:	3:20.15 28.24	
	100m:	56.33 28.92	200m:	1:54.59 29.28	300m:	2:51.91 28.91	400m:	3:47.98 27.83	
2.	GONZALEZ RODERO Alonso		03	ESP	Real Canoe N.C.		<b>3:52.17</b>		851
	50m:	27.24 27.24	150m:	1:25.89 29.42	250m:	2:24.82 29.56	350m:	3:23.80 29.15	
	100m:	56.47 29.23	200m:	1:55.26 29.37	300m:	2:54.65 29.83	400m:	3:52.17 28.37	
3.	QUIJADA ROLDAN Carlos		01	ESP	Real Canoe N.C.		<b>3:52.24</b>		850
	50m:	26.74 26.74	150m:	1:24.64 28.93	250m:	2:23.58 29.55	350m:	3:23.13 29.69	
	100m:	55.71 28.97	200m:	1:54.03 29.39	300m:	2:53.44 29.86	400m:	3:52.24 29.11	
4.	JULIA TOUS Ferran		00	ESP	C.N. Sabadell		<b>3:53.82</b>		833
	50m:	27.05 27.05	150m:	1:25.69 29.51	250m:	2:24.38 29.30	350m:	3:24.10 30.08	
	100m:	56.18 29.13	200m:	1:55.08 29.39	300m:	2:54.02 29.64	400m:	3:53.82 29.72	
5.	ORTIZ MARTINEZ Carlos		04	ESP	C.E. Mediterrani		<b>3:54.33</b>		828
	50m:	27.26 27.26	150m:	1:25.92 29.44	250m:	2:25.24 29.71	350m:	3:24.88 29.72	
	100m:	56.48 29.22	200m:	1:55.53 29.61	300m:	2:55.16 29.92	400m:	3:54.33 29.45	
6.	CROOIJMANS Sander		01	NED	C.N. Churriana		<b>3:55.31</b>		818
	50m:	27.43 27.43	150m:	1:26.33 29.71	250m:	2:26.28 30.00	350m:	3:26.48 29.99	
	100m:	56.62 29.19	200m:	1:56.28 29.95	300m:	2:56.49 30.21	400m:	3:55.31 28.83	
7.	GARCIA CASTRO Mateo		05	ESP	C.N. Arteixo		<b>3:55.54</b>		815
	50m:	27.87 27.87	150m:	1:27.61 29.65	250m:	2:28.13 30.17	350m:	3:27.22 29.38	
	100m:	57.96 30.09	200m:	1:57.96 30.35	300m:	2:57.84 29.71	400m:	3:55.54 28.32	

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INSTITUCIONALES		SPONSOR PLATINO		SPONSOR ORO		MECENAZGO		MEDICAL SPONSOR		SPONSOR TÉCNICO		RSC PARTNER	
INSTITUCIONES LOCALES Y TERRITORIALES		SPONSORES LOCALES											

Cto. de España "OPEN" de invierno - ASTRALPOOL / Cto. España Junior  
Sabadell, 21 - 25/2/2024

Event 8, Men, 400m Freestyle, Final, Open

Rank			YB					Time	Pts
8.	MENDEZ PUGA Mario		03	ESP	C.N. Rias Baixas		<b>3:57.43</b>	796	
	50m:	27.60 27.60	150m:	1:27.76	30.18	250m:	2:28.33 30.20	350m:	3:28.41 29.77
	100m:	57.58 29.98	200m:	1:58.13	30.37	300m:	2:58.64 30.31	400m:	3:57.43 29.02
Final B									
9.	PETERS Lucas		03	NED	PSV Zwemmen		<b>3:55.46</b>	816	
	50m:	26.90 26.90	150m:	1:25.97	29.79	250m:	2:26.48 30.25	350m:	3:26.95 29.98
	100m:	56.18 29.28	200m:	1:56.23	30.26	300m:	2:56.97 30.49	400m:	3:55.46 28.51
10.	ESCRITS MANOSA Albert		98	ESP	C.N. Sant Andreu		<b>3:56.65</b>	804	
	50m:	26.78 26.78	150m:	1:26.05	30.00	250m:	2:26.61 30.28	350m:	3:27.17 29.95
	100m:	56.05 29.27	200m:	1:56.33	30.28	300m:	2:57.22 30.61	400m:	3:56.65 29.48
11.	PUEBLA MARTINEZ Alejandro		02	ESP	C.N.Cartagonova Cartagena		<b>3:57.36</b>	797	
	50m:	27.76 27.76	150m:	1:27.35	29.95	250m:	2:27.74 30.12	350m:	3:28.07 30.12
	100m:	57.40 29.64	200m:	1:57.62	30.27	300m:	2:57.95 30.21	400m:	3:57.36 29.29
12.	PUJOL BELMONTE Guillem		97	ESP	C.N. Mataro		<b>3:57.58</b>	794	
	50m:	27.63 27.63	150m:	1:27.33	30.02	250m:	2:28.09 30.24	350m:	3:28.63 30.16
	100m:	57.31 29.68	200m:	1:57.85	30.52	300m:	2:58.47 30.38	400m:	3:57.58 28.95
13.	SANCHEZ GONZALEZ Marcos		04	ESP	C.N. Sabadell		<b>3:57.63</b>	794	
	50m:	27.73 27.73	150m:	1:28.01	30.13	250m:	2:28.64 30.31	350m:	3:28.51 29.82
	100m:	57.88 30.15	200m:	1:58.33	30.32	300m:	2:58.69 30.05	400m:	3:57.63 29.12
14.	FLORENCIO FERNANDEZ Ian		05	ESP	C.N. Sant Andreu		<b>3:57.96</b>	790	
	50m:	28.02 28.02	150m:	1:27.71	30.08	250m:	2:28.62 30.56	350m:	3:29.26 30.27
	100m:	57.63 29.61	200m:	1:58.06	30.35	300m:	2:58.99 30.37	400m:	3:57.96 28.70
15.	DURAN NAVIA Miguel		95	ESP	C.N. Terrassa		<b>3:58.26</b>	788	
	50m:	27.47 27.47	150m:	1:27.12	30.17	250m:	2:28.22 30.28	350m:	3:28.91 29.99
	100m:	56.95 29.48	200m:	1:57.94	30.82	300m:	2:58.92 30.70	400m:	3:58.26 29.35
16.	SANTIAGO BETANCOR Raul		97	ESP	C.N. Sant Andreu		<b>3:59.37</b>	777	
	50m:	28.02 28.02	150m:	1:28.39	30.40	250m:	2:29.42 30.13	350m:	3:29.79 29.81
	100m:	57.99 29.97	200m:	1:59.29	30.90	300m:	2:59.98 30.56	400m:	3:59.37 29.58

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PARTNER		PARTNER DE INNOVACIÓN		SPONSOR MOVILIDAD		PARTNERS SALUD DEL DEPORTISTA							
INSTITUCIONES LOCALES Y TERRITORIALES				SPONSORES LOCALES									