

CXI Cto. de España Absoluto "OPEN TRIALS" - ASTRALPOOL  
Palma de Mallorca, 18 - 22/6/2024

Event 215	Women, 400m Medley				Open Results
19/06/2024 - 19:54					
WR	4:24.38	MCINTOSH Summer	CAN	Toronto (CAN)	16/05/2024
ER	4:26.36	HOSSZU Katinka	HUN	Rio (BRA)	06/08/2016
RE	4:31.21	BELMONTE GARCIA MIREIA		BARCELONA	04/08/2013
MNJ 18	4:37.91	MIREIA BELMONTE GARCIA		PEKIN (CHN)	09/08/2008
MNJ 17	4:38.53	ALBA VAZQUEZ RUIZ		BUDAPEST (HUN)	20/08/2019
MNJ 16	4:41.79	PAULA JUSTE SANCHEZ		BUDAPEST (HUN)	20/08/2019
RC	4:35.69	BELMONTE GARCIA MIREIA		BARCELONA	18/07/2014

Points: FINA 2024

Rank	YB		Time		Pts
<b>FINAL D</b>					
1.	ABAD NUNEZ Beth	08	ESP	C.N. Palma de Mallorca	<b>5:04.11</b> 668
	50m: 30.82 30.82	150m: 1:45.66 39.02	250m: 3:08.29 44.26	350m: 4:29.02 35.69	
	100m: 1:06.64 35.82	200m: 2:24.03 38.37	300m: 3:53.33 45.04	400m: 5:04.11 35.09	
2.	BAS CUTILLAS Julia	08	ESP	C.N. San Vicente	<b>5:06.10</b> 655
	50m: 32.22 32.22	150m: 1:51.38 40.66	250m: 3:13.10 42.98	350m: 4:31.69 35.17	
	100m: 1:10.72 38.50	200m: 2:30.12 38.74	300m: 3:56.52 43.42	400m: 5:06.10 34.41	
3.	PLANA NAVIO Paula	08	ESP	C.N. Banyoles	<b>5:11.44</b> 622
	50m: 32.12 32.12	150m: 1:49.32 40.42	250m: 3:14.63 45.51	350m: 4:36.75 35.55	
	100m: 1:08.90 36.78	200m: 2:29.12 39.80	300m: 4:01.20 46.57	400m: 5:11.44 34.69	
4.	VILLOLDO MARCOS Carmen	08	ESP	C.N. Tennis Elche	<b>5:12.82</b> 613
	50m: 32.84 32.84	150m: 1:51.59 40.99	250m: 3:16.04 46.00	350m: 4:38.14 36.11	
	100m: 1:10.60 37.76	200m: 2:30.04 38.45	300m: 4:02.03 45.99	400m: 5:12.82 34.68	
5.	ESPINOSA ALVAREZ Aroa	08	ESP	C.N. Terrassa	<b>5:17.78</b> 585
	50m: 32.97 32.97	150m: 1:51.90 40.37	250m: 3:19.44 48.25	350m: 4:44.13 36.32	
	100m: 1:11.53 38.56	200m: 2:31.19 39.29	300m: 4:07.81 48.37	400m: 5:17.78 33.65	
6.	GONZALEZ VAZQUEZ Llara	08	ESP	R.G.C. Covadonga	<b>5:17.83</b> 585
	50m: 32.67 32.67	150m: 1:54.24 43.68	250m: 3:19.99 43.22	350m: 4:42.23 38.00	
	100m: 1:10.56 37.89	200m: 2:36.77 42.53	300m: 4:04.23 44.24	400m: 5:17.83 35.60	
7.	GARCIA PIMENTEL Victoria	08	ESP	C.N. Churriana	<b>5:18.94</b> 579
	50m: 34.20 34.20	150m: 1:56.34 43.04	250m: 3:20.78 43.09	350m: 4:42.84 37.86	
	100m: 1:13.30 39.10	200m: 2:37.69 41.35	300m: 4:04.98 44.20	400m: 5:18.94 36.10	

<b>FINAL C</b>					
1.	AGUDO DOMINGUEZ Paula	06	ESP	Universidad de Granada	<b>5:06.19</b> 654
	50m: 31.48 31.48	150m: 1:49.88 41.07	250m: 3:11.95 42.52	350m: 4:31.31 36.31	
	100m: 1:08.81 37.33	200m: 2:29.43 39.55	300m: 3:55.00 43.05	400m: 5:06.19 34.88	
2.	GARCIA MARTINEZ Julia	06	ESP	C.N. Las Anclas Castrillon	<b>5:06.64</b> 651
	50m: 30.92 30.92	150m: 1:46.74 39.39	250m: 3:09.58 44.93	350m: 4:32.37 36.64	
	100m: 1:07.35 36.43	200m: 2:24.65 37.91	300m: 3:55.73 46.15	400m: 5:06.64 34.27	
3.	MARTINEZ GUILLEN Sara	07	ESP	KZM Swimming Team	<b>5:09.20</b> 635
	50m: 32.89 32.89	150m: 1:50.27 40.10	250m: 3:14.72 44.90	350m: 4:35.31 35.37	
	100m: 1:10.17 37.28	200m: 2:29.82 39.55	300m: 3:59.94 45.22	400m: 5:09.20 33.89	
4.	GONZALEZ NUEZ Lucia	06	ESP	C.N. Sabadell	<b>5:12.00</b> 618
	50m: 30.58 30.58	150m: 1:48.20 42.41	250m: 3:13.80 44.71	350m: 4:36.68 36.72	
	100m: 1:05.79 35.21	200m: 2:29.09 40.89	300m: 3:59.96 46.16	400m: 5:12.00 35.32	



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Event 215, Girls, 400m Medley, FINAL C

Rank	YB		Time								Pts	
5.	HUERTAS FERRE Maria		07	ESP	C.N. Tarraco				<b>5:18.60</b>		581	
	50m:	31.16	31.16	150m:	1:48.61	41.22	250m:	3:17.77	48.25	350m:	4:42.66	36.16
	100m:	1:07.39	36.23	200m:	2:29.52	40.91	300m:	4:06.50	48.73	400m:	5:18.60	35.94

Open

Final A

1.	CABANES GARZAS Laura		06	ESP	Real Canoe N.C.				<b>4:39.99</b>		856	
	50m:	29.02	29.02	150m:	1:38.20	36.77	250m:	2:53.97	39.91	350m:	4:08.02	33.75
	100m:	1:01.43	32.41	200m:	2:14.06	35.86	300m:	3:34.27	40.30	400m:	4:39.99	31.97
2.	VAZQUEZ RUIZ Alba		02	ESP	C.N. Churriana				<b>4:40.39</b>		852	
	50m:	30.17	30.17	150m:	1:40.65	36.79	250m:	2:56.05	38.67	350m:	4:08.60	32.86
	100m:	1:03.86	33.69	200m:	2:17.38	36.73	300m:	3:35.74	39.69	400m:	4:40.39	31.79
3.	BELMONTE GARCIA Mireia		90	ESP	C.N. Barcelona				<b>4:49.08</b>		777	
	50m:	30.41	30.41	150m:	1:42.84	37.86	250m:	3:00.76	40.76	350m:	4:16.64	33.87
	100m:	1:04.98	34.57	200m:	2:20.00	37.16	300m:	3:42.77	42.01	400m:	4:49.08	32.44
4.	GONZALEZ MIRALLES Paula		04	ESP	C.N. Delfin				<b>4:52.83</b>		748	
	50m:	30.05	30.05	150m:	1:41.41	37.49	250m:	2:59.74	41.80	350m:	4:18.18	35.54
	100m:	1:03.92	33.87	200m:	2:17.94	36.53	300m:	3:42.64	42.90	400m:	4:52.83	34.65
5.	MARTINEZ DE SALINAS PENA Clara		07	ESP	E.M. El Olivar				<b>4:58.20</b>		708	
	50m:	31.98	31.98	150m:	1:47.28	39.39	250m:	3:07.90	41.81	350m:	4:25.23	34.79
	100m:	1:07.89	35.91	200m:	2:26.09	38.81	300m:	3:50.44	42.54	400m:	4:58.20	32.97
6.	PENICHER CHEUNG Valeria		07	ESP	Cst-Cst Costa Azahar				<b>5:02.87</b>		676	
	50m:	31.64	31.64	150m:	1:47.70	39.84	250m:	3:10.43	43.79	350m:	4:30.22	34.66
	100m:	1:07.86	36.22	200m:	2:26.64	38.94	300m:	3:55.56	45.13	400m:	5:02.87	32.65
7.	GARRIDO REBOLLO Yara		05	ESP	C.D. Parquesol				<b>5:03.45</b>		672	
	50m:	32.17	32.17	150m:	1:48.77	40.27	250m:	3:11.13	42.30	350m:	4:29.18	35.21
	100m:	1:08.50	36.33	200m:	2:28.83	40.06	300m:	3:53.97	42.84	400m:	5:03.45	34.27
8.	GIRALT PIDEMONT Claudia		01	ESP	C.N. L' Hospitalet				<b>5:03.67</b>		671	
	50m:	31.39	31.39	150m:	1:48.37	40.80	250m:	3:11.06	42.44	350m:	4:29.94	35.20
	100m:	1:07.57	36.18	200m:	2:28.62	40.25	300m:	3:54.74	43.68	400m:	5:03.67	33.73

Final B

9.	ALVAREZ FERNANDEZ Sara		04	ESP	C.N. Santa Olaya				<b>5:04.55</b>		665	
	50m:	31.97	31.97	150m:	1:48.79	40.03	250m:	3:10.67	43.36	350m:	4:29.83	35.28
	100m:	1:08.76	36.79	200m:	2:27.31	38.52	300m:	3:54.55	43.88	400m:	5:04.55	34.72
10.	ZUBELDIA OTEIZA Malen		09	ESP	Tolosaldea Usabal I.K.T.				<b>5:10.14</b>		629	
	50m:	31.18	31.18	150m:	1:48.75	41.54	250m:	3:13.94	45.22	350m:	4:35.50	36.32
	100m:	1:07.21	36.03	200m:	2:28.72	39.97	300m:	3:59.18	45.24	400m:	5:10.14	34.64
11.	UNGO QUERO Susana		01	ESP	C.D. El Valle				<b>5:10.24</b>		629	
	50m:	31.29	31.29	150m:	1:49.24	41.97	250m:	3:14.43	44.85	350m:	4:36.01	36.23
	100m:	1:07.27	35.98	200m:	2:29.58	40.34	300m:	3:59.78	45.35	400m:	5:10.24	34.23
12.	SANCHEZ SANCHEZ Angela		05	ESP	C.N.Mairena Aljarafe				<b>5:10.59</b>		627	
	50m:	32.37	32.37	150m:	1:50.91	41.66	250m:	3:14.00	43.08	350m:	4:35.29	36.94
	100m:	1:09.25	36.88	200m:	2:30.92	40.01	300m:	3:58.35	44.35	400m:	5:10.59	35.30
13.	MARTINEZ ROGLA Rosa		03	ESP	C.D. Nados Castellon				<b>5:12.58</b>		615	
	50m:	32.66	32.66	150m:	1:49.95	40.41	250m:	3:15.12	45.44	350m:	4:38.43	35.55
	100m:	1:09.54	36.88	200m:	2:29.68	39.73	300m:	4:02.88	47.76	400m:	5:12.58	34.15

