

CXI Cto. de España Absoluto "OPEN TRIALS" - ASTRALPOOL
Palma de Mallorca, 18 - 22/6/2024

Event 237 Men, 400m Freestyle Open Results
22/06/2024 - 18:48

MNJ 18	3:51.16	CARLOS GARACH BENITO	Lima (Perú)	30/08/2022
MNJ 17	3:52.12	MANTAS MOTA ADRIAN	PRAGA	08/07/2009
MNJ 16	3:54.01	CESAR CASTRO VALLE	MADRID	06/06/2015

Points: FINA 2024

Rank YB Time Pts
FINAL D

1.	MARGINET FUENTES Javier	08	ESP	Real Canoe N.C.	4:06.60	710
	50m: 28.52 28.52 150m: 1:31.53 31.81 250m: 2:34.30 31.36 350m: 3:36.31 31.10					
	100m: 59.72 31.20 200m: 2:02.94 31.41 300m: 3:05.21 30.91 400m: 4:06.60 30.29					
2.	CARRASCO CADENS Jordi	08	ESP	C.E. INEF de Lleida	4:06.72	709
	50m: 28.30 28.30 150m: 1:31.02 31.48 250m: 2:33.76 31.29 350m: 3:36.81 31.55					
	100m: 59.54 31.24 200m: 2:02.47 31.45 300m: 3:05.26 31.50 400m: 4:06.72 29.91					
3.	MACHUCA PEREZ-HIGUERAS Marcos	08	ESP	C.N. El Cisne	4:09.83	683
	50m: 28.03 28.03 150m: 1:29.91 31.41 250m: 2:32.86 31.59 350m: 3:37.75 32.60					
	100m: 58.50 30.47 200m: 2:01.27 31.36 300m: 3:05.15 32.29 400m: 4:09.83 32.08					
4.	GASOL GUTIERREZ Biel	08	ESP	C.N. Granollers	4:10.68	676
	50m: 29.09 29.09 150m: 1:31.52 31.53 250m: 2:35.72 32.20 350m: 3:40.46 32.39					
	100m: 59.99 30.90 200m: 2:03.52 32.00 300m: 3:08.07 32.35 400m: 4:10.68 30.22					
5.	GALAN LOPEZ Juan Antonio	08	ESP	C.N. Merida	4:12.24	664
	50m: 28.21 28.21 150m: 1:30.86 31.70 250m: 2:35.10 32.20 350m: 3:40.24 32.51					
	100m: 59.16 30.95 200m: 2:02.90 32.04 300m: 3:07.73 32.63 400m: 4:12.24 32.00					
6.	GIL VICENTE Lucas	08	ESP	C.N. Alcobendas	4:15.73	637
	50m: 28.35 28.35 150m: 1:31.91 31.92 250m: 2:37.18 32.60 350m: 3:44.14 33.53					
	100m: 59.99 31.64 200m: 2:04.58 32.67 300m: 3:10.61 33.43 400m: 4:15.73 31.59					
7.	RAMOS ETXEBARRIA Xabier	08	ESP	Getxo Igeriketa Bolue K.E.	4:16.04	634
	50m: 29.02 29.02 150m: 1:32.22 32.13 250m: 2:37.86 32.73 350m: 3:44.80 33.40					
	100m: 1:00.09 31.07 200m: 2:05.13 32.91 300m: 3:11.40 33.54 400m: 4:16.04 31.24					
8.	FARRE CORTADA Joel	08	ESP	C.E.N.Balaguer	4:18.27	618
	50m: 28.97 28.97 150m: 1:32.74 32.07 250m: 2:38.59 33.14 350m: 3:45.70 33.35					
	100m: 1:00.67 31.70 200m: 2:05.45 32.71 300m: 3:12.35 33.76 400m: 4:18.27 32.57					

FINAL C

1.	MARTINEZ PALOP Pablo	07	ESP	C.N. Ferca-San Jose	3:56.99	800
	50m: 27.40 27.40 150m: 1:27.24 30.14 250m: 2:28.20 30.50 350m: 3:28.09 29.43					
	100m: 57.10 29.70 200m: 1:57.70 30.46 300m: 2:58.66 30.46 400m: 3:56.99 28.90					
2.	EL FALLAKI Ilias	06	MAR	C.N. Alcalá	3:58.23	788
	50m: 27.29 27.29 150m: 1:26.94 30.05 250m: 2:28.20 30.48 350m: 3:28.81 30.21					
	100m: 56.89 29.60 200m: 1:57.72 30.78 300m: 2:58.60 30.40 400m: 3:58.23 29.42					
3.	ROSELL DIEZ Marti	07	ESP	C.N. Tarraco	4:01.09	760
	50m: 27.07 27.07 150m: 1:26.61 30.25 250m: 2:27.79 30.84 350m: 3:30.04 31.08					
	100m: 56.36 29.29 200m: 1:56.95 30.34 300m: 2:58.96 31.17 400m: 4:01.09 31.05					
4.	POLO CAPO Victor	06	ESP	C.N. Palma de Mallorca	4:02.25	749
	50m: 27.49 27.49 150m: 1:28.13 30.72 250m: 2:30.28 30.88 350m: 3:31.81 30.76					
	100m: 57.41 29.92 200m: 1:59.40 31.27 300m: 3:01.05 30.77 400m: 4:02.25 30.44					

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Event 237, Boys, 400m Freestyle, FINAL C

Rank	Name		YB	Country	Club	Time	Pts	
5.	PARRA ESTRADE Arnau		07	ESP	C.N. Athletic-Barceloneta	4:02.47	747	
	50m:	27.21 27.21	150m:	1:27.06 30.22	250m:	2:28.92 31.24	350m:	3:32.35 31.76
	100m:	56.84 29.63	200m:	1:57.68 30.62	300m:	3:00.59 31.67	400m:	4:02.47 30.12
6.	ARROYO LOPEZ DEL CASTILLO Izan		07	ESP	C.N. Sant Andreu	4:04.23	731	
	50m:	27.38 27.38	150m:	1:28.14 30.90	250m:	2:31.51 31.67	350m:	3:34.45 31.34
	100m:	57.24 29.86	200m:	1:59.84 31.70	300m:	3:03.11 31.60	400m:	4:04.23 29.78
7.	JIMENEZ RISQUEZ Alex		06	ESP	C.N. Sabadell	4:04.25	731	
	50m:	27.86 27.86	150m:	1:27.97 30.22	250m:	2:29.88 31.03	350m:	3:33.25 32.03
	100m:	57.75 29.89	200m:	1:58.85 30.88	300m:	3:01.22 31.34	400m:	4:04.25 31.00
8.	MARQUEZ ALEMAN Samuel		06	ESP	C.N. San Vicente	4:08.53	694	
	50m:	27.64 27.64	150m:	1:28.72 30.86	250m:	2:31.92 31.73	350m:	3:36.86 32.78
	100m:	57.86 30.22	200m:	2:00.19 31.47	300m:	3:04.08 32.16	400m:	4:08.53 31.67

Open

Final A

1.	GARACH BENITO Carlos		04	ESP	C.N. Churriana	3:47.29	907	
	<i>Récord de España, Récord de Campeonato</i>							
	50m:	26.98 26.98	150m:	1:24.87 28.97	250m:	2:22.48 28.69	350m:	3:19.45 28.25
	100m:	55.90 28.92	200m:	1:53.79 28.92	300m:	2:51.20 28.72	400m:	3:47.29 27.84
2.	JULIA TOUS Ferran		00	ESP	C.N. Sabadell	3:50.46	870	
	50m:	26.77 26.77	150m:	1:23.72 28.58	250m:	2:22.18 29.47	350m:	3:21.40 29.41
	100m:	55.14 28.37	200m:	1:52.71 28.99	300m:	2:51.99 29.81	400m:	3:50.46 29.06
3.	GONZALEZ RODERO Alonso		03	ESP	Real Canoe N.C.	3:51.93	854	
	50m:	27.21 27.21	150m:	1:25.31 29.16	250m:	2:24.48 29.65	350m:	3:23.26 29.23
	100m:	56.15 28.94	200m:	1:54.83 29.52	300m:	2:54.03 29.55	400m:	3:51.93 28.67
4.	QUIJADA ROLDAN Carlos		01	ESP	Real Canoe N.C.	3:52.85	844	
	50m:	27.02 27.02	150m:	1:25.21 29.24	250m:	2:23.97 29.40	350m:	3:23.36 29.74
	100m:	55.97 28.95	200m:	1:54.57 29.36	300m:	2:53.62 29.65	400m:	3:52.85 29.49
5.	CROOIJMANS Sander		01	NED	C.N. Churriana	3:52.96	843	
	50m:	27.26 27.26	150m:	1:25.98 29.66	250m:	2:25.63 29.61	350m:	3:24.80 29.45
	100m:	56.32 29.06	200m:	1:56.02 30.04	300m:	2:55.35 29.72	400m:	3:52.96 28.16
6.	ORTIZ MARTINEZ Carlos		04	ESP	C.E. Mediterrani	3:54.41	827	
	50m:	27.11 27.11	150m:	1:25.35 29.23	250m:	2:24.86 29.89	350m:	3:24.81 30.21
	100m:	56.12 29.01	200m:	1:54.97 29.62	300m:	2:54.60 29.74	400m:	3:54.41 29.60
7.	ESCRITS MANOSA Albert		98	ESP	C.N. Sant Andreu	3:54.72	824	
	50m:	27.07 27.07	150m:	1:25.56 29.41	250m:	2:24.96 29.86	350m:	3:24.87 30.08
	100m:	56.15 29.08	200m:	1:55.10 29.54	300m:	2:54.79 29.83	400m:	3:54.72 29.85
8.	MENDEZ PUGA Mario		03	ESP	C.N. Rias Baixas	3:58.56	785	
	50m:	27.34 27.34	150m:	1:26.90 29.95	250m:	2:27.11 30.17	350m:	3:28.21 30.58
	100m:	56.95 29.61	200m:	1:56.94 30.04	300m:	2:57.63 30.52	400m:	3:58.56 30.35

Final B

9.	GARCIA CASTRO Mateo		05	ESP	C.N. Arteixo	3:54.87	822	
	50m:	27.74 27.74	150m:	1:27.28 30.07	250m:	2:26.75 29.66	350m:	3:26.02 29.43
	100m:	57.21 29.47	200m:	1:57.09 29.81	300m:	2:56.59 29.84	400m:	3:54.87 28.85

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Event 237, Men, 400m Freestyle, Open

Rank			YB				Time		Pts
10.	DURAN NAVIA Miguel		95	ESP	C.N. Terrassa		3:57.06		800
	50m:	28.00 28.00	150m:	1:27.92 30.03	250m:	2:28.26 29.83	350m:	3:27.96 29.39	
	100m:	57.89 29.89	200m:	1:58.43 30.51	300m:	2:58.57 30.31	400m:	3:57.06 29.10	
11.	CROOIJMANS Vincent		01	NED	C.N. Churriana		3:57.67		793
	50m:	27.93 27.93	150m:	1:27.59 30.14	250m:	2:27.62 29.97	350m:	3:27.90 30.14	
	100m:	57.45 29.52	200m:	1:57.65 30.06	300m:	2:57.76 30.14	400m:	3:57.67 29.77	
12.	VALLMITJANA BEHRENDT Juan		09	ESP	C.N. Barcelona		3:58.18		788
	50m:	27.89 27.89	150m:	1:28.28 30.47	250m:	2:30.14 31.18	350m:	3:29.80 29.77	
	100m:	57.81 29.92	200m:	1:58.96 30.68	300m:	3:00.03 29.89	400m:	3:58.18 28.38	
13.	PUJOL BELMONTE Guillem		97	ESP	C.N. Mataro		3:59.01		780
	50m:	27.43 27.43	150m:	1:27.91 30.36	250m:	2:29.00 30.42	350m:	3:29.88 30.21	
	100m:	57.55 30.12	200m:	1:58.58 30.67	300m:	2:59.67 30.67	400m:	3:59.01 29.13	
14.	LOPEZ DIAZ Antonio Luis		05	ESP	C.D. Gredos San Diego		4:00.92		762
	50m:	27.46 27.46	150m:	1:27.88 30.39	250m:	2:28.77 30.26	350m:	3:30.74 30.82	
	100m:	57.49 30.03	200m:	1:58.51 30.63	300m:	2:59.92 31.15	400m:	4:00.92 30.18	
15.	ALCOLADO DURANGO David		90	ESP	C.N. Madrid Moscardo		4:01.74		754
	50m:	27.77 27.77	150m:	1:28.33 30.67	250m:	2:29.95 30.89	350m:	3:31.52 30.83	
	100m:	57.66 29.89	200m:	1:59.06 30.73	300m:	3:00.69 30.74	400m:	4:01.74 30.22	
16.	MACARIO MOLINA Joan		05	ESP	C.N. Las Palmas		4:04.86		725
	50m:	27.96 27.96	150m:	1:28.86 30.80	250m:	2:31.27 31.33	350m:	3:34.82 31.79	
	100m:	58.06 30.10	200m:	1:59.94 31.08	300m:	3:03.03 31.76	400m:	4:04.86 30.04	