

XXIX Cto. de España "Open" Masters de Invierno
Pontevedra, 8 - 11/2/2024

Prueba 21	Fem., 400m Estilos			75+
10/02/2024 - 10:00				Resultados
RE	9:20.70	BERYL ALTABAS	Petrer	13/02/2022

Clasificación	AN			Tiempo	
1. SEGARRA PEÑARROYA Rosa	49	C.N. Vulcania Master	7:49.35	27,00	776
<i>Récord de España</i>					
50m:	58.69	58.69	150m:	3:09.53	1:03.40
100m:	2:06.13	1:07.44	200m:	4:10.98	1:01.45
			250m:	5:12.06	1:01.08
			300m:	6:12.51	1:00.45
			350m:	7:02.84	50.33
			400m:	7:49.35	46.51

Prueba 21	Fem., 400m Estilos			70+
10/02/2024 - 10:00				Resultados
RE	7:52.80	ROSA SEGARRA PEÑARROYA	Costa Teguse	07/03/2020

Clasificación	AN			Tiempo	
1. CASTILLO MIQUEL Roser	51	C.N. Palamós	9:39.32	19,00	265
50m:	1:04.73	1:04.73	150m:	3:37.43	1:20.97
100m:	2:16.46	1:11.73	200m:	4:57.49	1:20.06
			250m:	6:16.43	1:18.94
			300m:	7:36.77	1:20.34
			350m:	8:41.18	1:04.41
			400m:	9:39.32	58.14

Prueba 21	Fem., 400m Estilos			65+
10/02/2024 - 10:00				Resultados
RE	7:17.00	ARANZASU ARANEGA BENITEZ	CASTELLON	18/02/2023

Clasificación	AN			Tiempo	
1. GUILLEN MUÑOZ M ^a Ramona	59	C.N. Palma de Mallorca	6:18.23	34,00	826
<i>Récord de Europa</i>					
50m:	40.54	40.54	150m:	2:13.54	46.63
100m:	1:26.91	46.37	200m:	2:59.61	46.07
			250m:	3:55.46	55.85
			300m:	4:53.29	57.83
			350m:	5:36.35	43.06
			400m:	6:18.23	41.88
2. RENIER Véronique	59	Lille Université Club	7:18.34	-	531
50m:	50.54	50.54	150m:	2:45.59	56.93
100m:	1:48.66	58.12	200m:	3:40.71	55.12
			250m:	4:40.22	59.51
			300m:	5:39.72	59.50
			350m:	6:29.94	50.22
			400m:	7:18.34	48.40
3. ARANEGA BENITEZ Aranzazu	57	C. Tenerife Masters	7:23.00	16,00	514
50m:	50.57	50.57	150m:	2:48.93	58.72
100m:	1:50.21	59.64	200m:	3:44.09	55.16
			250m:	4:45.45	1:01.36
			300m:	5:48.42	1:02.97
			350m:	6:36.79	48.37
			400m:	7:23.00	46.21

XXIX Cto. de España "Open" Masters de Invierno
Pontevedra, 8 - 11/2/2024

Prueba 21, Fem., 400m Estilos

Prueba 21 Fem., 400m Estilos 60+
10/02/2024 - 10:00 Resultados

RE 6:19.95 M^a RAMONA GUILLEN MUÑOZ CASTELLON 18/02/2023

Clasificación	AN	Nombre	Equipo	Tempo	Resultado
1.	60	MARTINEZ PABLO Ana Maria	C.N. Ferca-San Jose	6:50.13 19,00	555
		50m: 45.72 45.72 150m: 2:33.31 53.24 250m: 4:22.86 58.22 350m: 6:06.39 46.59			
		100m: 1:40.07 54.35 200m: 3:24.64 51.33 300m: 5:19.80 56.94 400m: 6:50.13 43.74			
2.	63	TAVERNIER Christine	Lille Université Club	6:56.72 -	529
		50m: 44.57 44.57 150m: 2:36.08 58.31 250m: 4:26.07 55.60 350m: 6:10.96 48.49			
		100m: 1:37.77 53.20 200m: 3:30.47 54.39 300m: 5:22.47 56.40 400m: 6:56.72 45.76			
3.	64	DIAZ BRAVO Maria Del Carmen	C.N. Fuenlabrada	7:42.67 16,00	386
		50m: 53.57 53.57 150m: 2:58.46 59.95 250m: 4:57.85 59.77 350m: 6:51.28 53.65			
		100m: 1:58.51 1:04.94 200m: 3:58.08 59.62 300m: 5:57.63 59.78 400m: 7:42.67 51.39			
4.	62	MARTÍN CRESPO Mercedes	C.D. Halegatos	7:52.16 14,00	364
		50m: 55.69 55.69 150m: 3:04.39 1:05.63 250m: 5:12.18 1:02.09 350m: 7:04.77 50.25			
		100m: 1:58.76 1:03.07 200m: 4:10.09 1:05.70 300m: 6:14.52 1:02.34 400m: 7:52.16 47.39			

Prueba 21 Fem., 400m Estilos 55+
10/02/2024 - 10:00 Resultados

RE 5:48.28 MAITE GARCIA COLOMO Pamplona 15/02/2020

Clasificación	AN	Nombre	Equipo	Tempo	Resultado
1.	67	PINTO SALVADOR M ^a Teresa	C.N. Albacora	7:09.83 19,00	396
		50m: 47.43 47.43 150m: 2:41.71 56.76 250m: 4:34.01 57.48 350m: 6:23.18 49.88			
		100m: 1:44.95 57.52 200m: 3:36.53 54.82 300m: 5:33.30 59.29 400m: 7:09.83 46.65			
2.	66	MARIN RODRIGUEZ Patricia	C.D. Jerez Natacion Master	7:13.06 16,00	387
		50m: 51.44 51.44 150m: 2:48.86 58.82 250m: 4:41.96 56.11 350m: 6:26.50 48.71			
		100m: 1:50.04 58.60 200m: 3:45.85 56.99 300m: 5:37.79 55.83 400m: 7:13.06 46.56			
3.	66	GARCIA MARTINEZ Maria Ester	C.N. Monteverde	7:49.75 14,00	303
		50m: 54.01 54.01 150m: 3:00.80 1:03.26 250m: 5:00.78 1:01.45 350m: 6:57.87 56.25			
		100m: 1:57.54 1:03.53 200m: 3:59.33 58.53 300m: 6:01.62 1:00.84 400m: 7:49.75 51.88			
Baja	65	BARJA BARJA Liliana	C. Traviesas Nat.	-	

XXIX Cto. de España "Open" Masters de Invierno
Pontevedra, 8 - 11/2/2024

Prueba 21, Fem., 400m Estilos

Prueba 21 Fem., 400m Estilos 50+
10/02/2024 - 10:00 Resultados

RE 5:38.63 GARCIA COLOMO MAITE PONTEVEDRA 21/02/2015

Clasificación	AN	Tempo		
1. VILA FORTUNY Marta	72	G.E. I E.G.	5:57.37	19,00 658
50m: 38.94 38.94 150m: 2:08.93 45.04 250m: 3:43.14 51.04 350m: 5:16.41 41.91				
100m: 1:23.89 44.95 200m: 2:52.10 43.17 300m: 4:34.50 51.36 400m: 5:57.37 40.96				
2. NAVARRO SIMON Esperanza	73	C. Valenciano	6:51.61	16,00 431
50m: 47.05 47.05 150m: 2:41.86 56.78 250m: 4:28.37 52.64 350m: 6:09.57 46.01				
100m: 1:45.08 58.03 200m: 3:35.73 53.87 300m: 5:23.56 55.19 400m: 6:51.61 42.04				
3. TAHARA Maiko	72	C. Tennis Chamartin	6:55.61	14,00 418
50m: 45.97 45.97 150m: 2:34.08 54.43 250m: 4:23.46 57.26 350m: 6:08.75 47.90				
100m: 1:39.65 53.68 200m: 3:26.20 52.12 300m: 5:20.85 57.39 400m: 6:55.61 46.86				
4. NEMETH Andrea	74	C.N. Cuatro Caminos	7:22.50	13,00 347
50m: 49.36 49.36 150m: 2:47.47 58.18 250m: 4:41.03 57.42 350m: 6:31.63 51.75				
100m: 1:49.29 59.93 200m: 3:43.61 56.14 300m: 5:39.88 58.85 400m: 7:22.50 50.87				
5. GONZALEZ FERNANDEZ Ana Maria	74	Universidad de Granada	7:51.89	12,00 286
50m: 52.06 52.06 150m: 2:56.44 1:00.86 250m: 5:01.19 1:06.31 350m: 7:01.57 53.76				
100m: 1:55.58 1:03.52 200m: 3:54.88 58.44 300m: 6:07.81 1:06.62 400m: 7:51.89 50.32				
6. FERNANDEZ RUIZ Elena	73	C. Valenciano	8:12.61	11,00 251
50m: 52.42 52.42 150m: 3:01.57 1:06.86 250m: 5:12.16 1:05.64 350m: 7:18.38 56.88				
100m: 1:54.71 1:02.29 200m: 4:06.52 1:04.95 300m: 6:21.50 1:09.34 400m: 8:12.61 54.23				

Prueba 21 Fem., 400m Estilos 45+
10/02/2024 - 10:00 Resultados

RE 4:18.89 AMANDA HEATH MIJAS 27/01/2002

Clasificación	AN	Tempo		
1. FUENTES GUTIERREZ Maria C.	79	C. Tennis Chamartin	5:48.78	19,00 638
50m: 36.11 36.11 150m: 2:04.43 47.24 250m: 3:40.01 50.14 350m: 5:09.71 38.94				
100m: 1:17.19 41.08 200m: 2:49.87 45.44 300m: 4:30.77 50.76 400m: 5:48.78 39.07				
2. OLIVES PONS Silvia	78	Club Natacion Triswim	6:16.72	16,00 506
50m: 42.01 42.01 150m: 2:18.74 47.47 250m: 3:58.76 53.37 350m: 5:35.62 43.34				
100m: 1:31.27 49.26 200m: 3:05.39 46.65 300m: 4:52.28 53.52 400m: 6:16.72 41.10				
3. PUCHE RIBERA Esther	79	C.N. Master Naturalswim Petrer	6:18.14	14,00 500
50m: 38.57 38.57 150m: 2:14.40 49.84 250m: 3:59.03 54.51 350m: 5:37.40 44.25				
100m: 1:24.56 45.99 200m: 3:04.52 50.12 300m: 4:53.15 54.12 400m: 6:18.14 40.74				
4. BRAÑA MENENDEZ Sonia	75	C.D. Jerez Natacion Master	6:19.40	13,00 495
50m: 41.95 41.95 150m: 2:21.38 48.82 250m: 4:01.88 51.74 350m: 5:37.42 42.76				
100m: 1:32.56 50.61 200m: 3:10.14 48.76 300m: 4:54.66 52.78 400m: 6:19.40 41.98				
5. MENDEZ ALONSO Lydia	78	C. Valenciano	6:22.40	12,00 484
50m: 41.25 41.25 150m: 2:19.92 49.87 250m: 4:01.62 52.58 350m: 5:40.88 44.23				
100m: 1:30.05 48.80 200m: 3:09.04 49.12 300m: 4:56.65 55.03 400m: 6:22.40 41.52				

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Prueba 21, Fem., 400m Estilos, 45+

Clasificación	AN	Equipo	Tiempo		
6. GUTIERREZ GARCIA Noelia	78	C. Tenerife Masters	6:33.95	11,00	442
50m: 43.35 43.35 150m: 2:25.66 53.33 250m: 4:10.93 53.65 350m: 5:51.61 45.96					
100m: 1:32.33 48.98 200m: 3:17.28 51.62 300m: 5:05.65 54.72 400m: 6:33.95 42.34					
7. CASTRO CAMARERO Monica	75	C.N. Master Madrid	6:39.83	10,00	423
50m: 43.69 43.69 150m: 2:27.97 51.15 250m: 4:11.53 55.36 350m: 5:55.78 46.56					
100m: 1:36.82 53.13 200m: 3:16.17 48.20 300m: 5:09.22 57.69 400m: 6:39.83 44.05					
8. CAÑADAS LOPEZ Maria Isabel	78	C.D. Jerez Natacion Master	6:40.83	9,00	420
50m: 42.73 42.73 150m: 2:24.37 51.72 250m: 4:10.34 56.33 350m: 5:55.10 47.35					
100m: 1:32.65 49.92 200m: 3:14.01 49.64 300m: 5:07.75 57.41 400m: 6:40.83 45.73					
9. BRETÓ PRATS Paula	79	C.N. Benicarlo	6:51.69	8,00	388
50m: 45.73 45.73 150m: 2:35.03 55.99 250m: 4:28.95 58.08 350m: 6:11.39 44.28					
100m: 1:39.04 53.31 200m: 3:30.87 55.84 300m: 5:27.11 58.16 400m: 6:51.69 40.30					
10. PEÑA PACHON Lucia	75	C.N. Iregua-Villamediana	7:26.88	7,00	303
50m: 54.22 54.22 150m: 2:52.26 54.64 250m: 4:47.52 1:02.19 350m: 6:40.65 50.35					
100m: 1:57.62 1:03.40 200m: 3:45.33 53.07 300m: 5:50.30 1:02.78 400m: 7:26.88 46.23					
11. VALENCIANO BARBA Raquel	75	C.N. Mediterraneo Valencia	7:32.32	6,00	292
50m: 52.04 52.04 150m: 2:52.10 58.06 250m: 4:53.96 1:04.88 350m: 6:46.38 47.30					
100m: 1:54.04 1:02.00 200m: 3:49.08 56.98 300m: 5:59.08 1:05.12 400m: 7:32.32 45.94					
Baja REGUEIRA MARTINEZ Maria J.	75	Club Hercules Termaria	-		

Prueba 21 Fem., 400m Estilos 40+ Resultados

RE 5:06.66 Mireia García Sánchez Manresa 17/04/2021

Clasificación	AN	Equipo	Tiempo		
1. VON MALDONADO Susana	84	C.D. Jerez Natacion Master	5:45.79	19,00	658
50m: 38.89 38.89 150m: 2:07.42 45.29 250m: 3:40.49 49.21 350m: 5:09.76 37.97					
100m: 1:22.13 43.24 200m: 2:51.28 43.86 300m: 4:31.79 51.30 400m: 5:45.79 36.03					
2. HERMIDA RODRIGUEZ Blanca	81	C. Marina Ferrol	5:46.42	16,00	654
50m: 35.23 35.23 150m: 2:01.25 44.95 250m: 3:35.28 51.12 350m: 5:08.01 41.35					
100m: 1:16.30 41.07 200m: 2:44.16 42.91 300m: 4:26.66 51.38 400m: 5:46.42 38.41					
3. GONZALEZ RODRIGUEZ Maria	82	C.D.N. Ciudad de Santiago	5:57.61	14,00	595
50m: 36.59 36.59 150m: 2:05.73 45.83 250m: 3:42.11 52.19 350m: 5:17.70 42.05					
100m: 1:19.90 43.31 200m: 2:49.92 44.19 300m: 4:35.65 53.54 400m: 5:57.61 39.91					
4. CASTRO CAMARERO Raquel	84	C.N. Master Madrid	6:05.64	13,00	556
50m: 40.88 40.88 150m: 2:16.86 47.63 250m: 3:54.80 51.79 350m: 5:26.45 39.79					
100m: 1:29.23 48.35 200m: 3:03.01 46.15 300m: 4:46.66 51.86 400m: 6:05.64 39.19					
5. RODRIGUEZ SANCHEZ Laura	81	C.N. Cuatro Caminos	6:15.25	12,00	515
50m: 39.38 39.38 150m: 2:14.94 51.75 250m: 3:58.79 52.81 350m: 5:34.07 41.88					
100m: 1:23.19 43.81 200m: 3:05.98 51.04 300m: 4:52.19 53.40 400m: 6:15.25 41.18					
6. MORIANA MARTIN Fatima	82	C.D. Jerez Natacion Master	6:25.31	11,00	475
50m: 41.27 41.27 150m: 2:19.03 50.13 250m: 4:04.58 56.04 350m: 5:43.80 42.09					
100m: 1:28.90 47.63 200m: 3:08.54 49.51 300m: 5:01.71 57.13 400m: 6:25.31 41.51					

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Prueba 21, Fem., 400m Estilos, 40+

Clasificación	AN		Tiempo					
7. RUBIO GOMEZ Diana	82	C.N. Santurtzi	7:16.99		10,00	326		
50m: 50.28 50.28	150m: 2:44.14	56.47	250m: 4:39.14	58.74	350m: 6:30.60	50.47		
100m: 1:47.67 57.39	200m: 3:40.40	56.26	300m: 5:40.13	1:00.99	400m: 7:16.99	46.39		

Prueba 21 Fem., 400m Estilos 35+
10/02/2024 - 10:00 Resultados

RE	5:07.20	BENEYTO VIZUETE CAROLINA	PONTEVEDRA	21/02/2015
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Clasificación	AN		Tiempo					
1. ROLDÁN GÓMEZ Alba	86	C.D. Jerez Natacion Master	5:32.90		19,00	680		
50m: 36.21 36.21	150m: 2:01.32	44.33	250m: 3:29.64	45.21	350m: 4:54.96	39.80		
100m: 1:16.99 40.78	200m: 2:44.43	43.11	300m: 4:15.16	45.52	400m: 5:32.90	37.94		
2. AGÜERA FERNANDEZ Patricia	87	R.G.C. Covadonga	5:48.98		16,00	590		
50m: 37.46 37.46	150m: 2:05.23	46.07	250m: 3:38.10	49.15	350m: 5:10.20	42.22		
100m: 1:19.16 41.70	200m: 2:48.95	43.72	300m: 4:27.98	49.88	400m: 5:48.98	38.78		
3. LÓPEZ QUINTÓ Gina	89	C.N. Aquamasters	6:00.90		14,00	534		
50m: 39.56 39.56	150m: 2:14.32	48.52	250m: 3:51.68	49.90	350m: 5:22.73	40.82		
100m: 1:25.80 46.24	200m: 3:01.78	47.46	300m: 4:41.91	50.23	400m: 6:00.90	38.17		
4. ALCALDE BALADO Tania	86	C.D.N. Ciudad de Santiago	6:01.54		13,00	531		
50m: 38.25 38.25	150m: 2:08.44	46.10	250m: 3:46.70	52.61	350m: 5:21.31	41.66		
100m: 1:22.34 44.09	200m: 2:54.09	45.65	300m: 4:39.65	52.95	400m: 6:01.54	40.23		
5. VINAGRE SENDINO Cora	88	Casino de La Coruña	6:21.72		12,00	451		
50m: 38.42 38.42	150m: 2:13.42	47.40	250m: 3:56.23	55.61	350m: 5:37.51	45.20		
100m: 1:26.02 47.60	200m: 3:00.62	47.20	300m: 4:52.31	56.08	400m: 6:21.72	44.21		
6. MARIN RUEDA Melania	88	C.N. Albacete	6:51.15		11,00	361		
50m: 46.55 46.55	150m: 2:36.02	51.37	250m: 4:24.60	58.35	350m: 6:08.15	45.19		
100m: 1:44.65 58.10	200m: 3:26.25	50.23	300m: 5:22.96	58.36	400m: 6:51.15	43.00		
7. GARCÍA RAMOS Mónica	86	A.D. Plasencia 96	7:15.61		10,00	303		
50m: 48.29 48.29	150m: 2:48.10	59.23	250m: 4:44.23	59.48	350m: 6:30.22	47.45		
100m: 1:48.87 1:00.58	200m: 3:44.75	56.65	300m: 5:42.77	58.54	400m: 7:15.61	45.39		

XXIX Cto. de España "Open" Masters de Invierno
Pontevedra, 8 - 11/2/2024

Prueba 21, Fem., 400m Estilos

Prueba 21 Fem., 400m Estilos 30+
10/02/2024 - 10:00 Resultados

RE 5:02.65 PATRICIA GONZALEZ MEGIA ZARAGOZA (C) 18/03/2023

Clasificación	AN									Tiempo		
1. BUGALLO PÉREZ Estíbaliz	90	R.C.N. Vigo								5:34.42	19,00	619
50m: 34.97 34.97	150m: 1:58.99	42.53	250m: 3:28.20	46.80	350m: 4:55.99	39.32						
100m: 1:16.46 41.49	200m: 2:41.40	42.41	300m: 4:16.67	48.47	400m: 5:34.42	38.43						
2. MENA TIMON Marina	91	C.N. Badajoz								5:43.13	16,00	573
50m: 39.50 39.50	150m: 2:10.40	44.13	250m: 3:38.66	44.73	350m: 5:04.42	40.53						
100m: 1:26.27 46.77	200m: 2:53.93	43.53	300m: 4:23.89	45.23	400m: 5:43.13	38.71						
3. ARROYO GARCIA Sonia	93	C.N. Aquamasters								5:49.37	14,00	543
50m: 35.01 35.01	150m: 2:06.29	46.04	250m: 3:41.56	49.81	350m: 5:11.81	40.18						
100m: 1:20.25 45.24	200m: 2:51.75	45.46	300m: 4:31.63	50.07	400m: 5:49.37	37.56						
4. GONZALEZ TIMON Noelia	90	C.D.E. Mako								5:57.39	13,00	507
50m: 35.96 35.96	150m: 2:05.47	46.81	250m: 3:42.27	51.73	350m: 5:17.29	41.32						
100m: 1:18.66 42.70	200m: 2:50.54	45.07	300m: 4:35.97	53.70	400m: 5:57.39	40.10						

Prueba 21 Fem., 400m Estilos 25+
10/02/2024 - 10:00 Resultados

RE 5:02.36 GONZALEZ MEGIA Patricia MALAGA 03/02/2018

Clasificación	AN									Tiempo		
1. FERNANDEZ MIRANDA Sara	99	C.N. Alcobendas								5:25.68	19,00	669
50m: 33.75 33.75	150m: 1:54.99	41.50	250m: 3:23.47	47.53	350m: 4:50.21	38.32						
100m: 1:13.49 39.74	200m: 2:35.94	40.95	300m: 4:11.89	48.42	400m: 5:25.68	35.47						
2. LARRAYA DEL HOYO Cristina	95	C.D.E. Mako								5:36.01	16,00	610
50m: 36.26 36.26	150m: 2:04.24	45.55	250m: 3:35.02	46.34	350m: 4:59.28	38.51						
100m: 1:18.69 42.43	200m: 2:48.68	44.44	300m: 4:20.77	45.75	400m: 5:36.01	36.73						
3. BARRENA ZUDAIRE Nerea	99	S. Lagunak Barañain								5:37.51	14,00	601
50m: 35.23 35.23	150m: 1:59.33	44.14	250m: 3:32.03	49.16	350m: 5:00.75	39.57						
100m: 1:15.19 39.96	200m: 2:42.87	43.54	300m: 4:21.18	49.15	400m: 5:37.51	36.76						
4. RODRIGUEZ RUBIO Sandra	96	C.N. Reus Ploms								5:39.62	13,00	590
50m: 34.16 34.16	150m: 2:00.14	44.89	250m: 3:31.91	47.29	350m: 5:00.34	40.67						
100m: 1:15.25 41.09	200m: 2:44.62	44.48	300m: 4:19.67	47.76	400m: 5:39.62	39.28						
5. CARTES ORDOVAS Alba	99	C.N. Monteverde								5:43.05	12,00	573
50m: 39.73 39.73	150m: 2:09.40	44.03	250m: 3:39.59	47.67	350m: 5:05.92	38.87						
100m: 1:25.37 45.64	200m: 2:51.92	42.52	300m: 4:27.05	47.46	400m: 5:43.05	37.13						
6. TORRE MAROTO Miriam De La	95	C.N. Albacete								5:45.30	11,00	562
50m: 36.00 36.00	150m: 2:02.74	44.96	250m: 3:35.37	48.71	350m: 5:05.34	40.49						
100m: 1:17.78 41.78	200m: 2:46.66	43.92	300m: 4:24.85	49.48	400m: 5:45.30	39.96						
7. CUENCA JIMENEZ Elia Maria	96	C.D.N. Cordoba								6:00.48	10,00	494
50m: 38.53 38.53	150m: 2:11.50	48.73	250m: 3:48.74	49.76	350m: 5:21.08	41.47						
100m: 1:22.77 44.24	200m: 2:58.98	47.48	300m: 4:39.61	50.87	400m: 6:00.48	39.40						

XXIX Cto. de España "Open" Masters de Invierno
Pontevedra, 8 - 11/2/2024

Prueba 21, Fem., 400m Estilos, 25+

Clasificación	AN	Equipo	Tempo		
8. PEREZ PEIRATS Beatriz	99	C.N. Mediterraneo Valencia	6:01.56	9,00	489
50m: 37.71 37.71	150m: 2:05.11	43.66	250m: 3:43.45	55.38	350m: 5:21.02
100m: 1:21.45 43.74	200m: 2:48.07	42.96	300m: 4:39.45	56.00	400m: 6:01.56
9. FERNANDEZ DIAZ Andrea	97	C.N. Aquamasters	6:03.10	8,00	483
50m: 40.68 40.68	150m: 2:15.31	45.71	250m: 3:52.51	53.00	350m: 5:25.18
100m: 1:29.60 48.92	200m: 2:59.51	44.20	300m: 4:46.11	53.60	400m: 6:03.10
10. RAMIREZ REVILLA Nuria	98	C.N. Soriano	6:27.10	7,00	399
50m: 38.06 38.06	150m: 2:19.78	56.23	250m: 4:06.90	52.81	350m: 5:44.46
100m: 1:23.55 45.49	200m: 3:14.09	54.31	300m: 5:00.13	53.23	400m: 6:27.10
11. BAEZ DIEGUEZ Silvia	98	C.N. Monteverde	6:28.04	6,00	396
50m: 41.81 41.81	150m: 2:20.19	48.50	250m: 4:03.43	56.54	350m: 5:45.95
100m: 1:31.69 49.88	200m: 3:06.89	46.70	300m: 5:01.80	58.37	400m: 6:28.04
12. CANTÓN PRIETO Ruth	98	C.N. Santa Perpetua	6:44.48	5,00	349
50m: 42.49 42.49	150m: 2:27.09	55.01	250m: 4:15.74	54.29	350m: 5:59.15
100m: 1:32.08 49.59	200m: 3:21.45	54.36	300m: 5:10.44	54.70	400m: 6:44.48
DSQ PAREDES HUETE Uxue	97	C.N. Santurtzi	-	-	-
Baja FERNANDEZ SOLIS Maria	98	C. Aquatico Aviles Solras	-	-	-
Baja LUJÁN MARTÍN Miriam	99	C.N. Alcobendas	-	-	-
Baja FERNANDEZ BAGUES Maria	98	C.N. Cuencas Mineras	-	-	-

Prueba 21 Fem., 400m Estilos 20+
10/02/2024 - 10:00 Resultados

Clasificación	AN	Equipo	Tempo		
1. PIQUERAS CHULIA Andrea	02	C.N. Mediterraneo Valencia	5:37.73	19,00	600
50m: 35.69 35.69	150m: 2:00.49	44.06	250m: 3:31.69	47.02	350m: 5:00.57
100m: 1:16.43 40.74	200m: 2:44.67	44.18	300m: 4:21.30	49.61	400m: 5:37.73
2. CAMELLO SERRANO Ana LI	04	C.N. Monteverde	5:43.88	16,00	569
50m: 36.78 36.78	150m: 2:05.76	44.58	250m: 3:37.51	48.28	350m: 5:06.05
100m: 1:21.18 44.40	200m: 2:49.23	43.47	300m: 4:25.10	47.59	400m: 5:43.88
3. MARTÍNEZ GONZÁLEZ Paula	02	C.N. Mediterraneo Valencia	6:09.89	14,00	457
50m: 38.63 38.63	150m: 2:11.86	47.87	250m: 3:51.29	53.40	350m: 5:28.50
100m: 1:23.99 45.36	200m: 2:57.89	46.03	300m: 4:45.46	54.17	400m: 6:09.89
4. VELASCO DE LA TORRE Esther	02	C. Tenis Chamartin	6:11.67	13,00	450
50m: 40.51 40.51	150m: 2:12.73	46.37	250m: 3:50.51	53.31	350m: 5:27.34
100m: 1:26.36 45.85	200m: 2:57.20	44.47	300m: 4:44.67	54.16	400m: 6:11.67
5. RAMON ZAFRA Marta	01	C.D.E. Mako	6:42.26	12,00	355
50m: 40.22 40.22	150m: 2:23.73	54.61	250m: 4:11.94	56.99	350m: 5:58.92
100m: 1:29.12 48.90	200m: 3:14.95	51.22	300m: 5:11.49	59.55	400m: 6:42.26