

XXIX Cto. de España "Open" Masters de Invierno
Pontevedra, 8 - 11/2/2024

Prueba 22 Masc., 400m Estilos 75+
10/02/2024 - 10:54 Resultados

RE 6:54.31 CANALES DE MENDOZA JOAQUIN Mª PONTEVEDRA 20/02/2015

Clasificación	AN	Nombre	Equipo	Tiempo	Puntos
1.	49	GALAN PEÑA Jose Luis	C. Tennis Chamartin	8:35.16	420
		50m: 59.76 59.76 150m: 3:12.20 1:04.05 250m: 5:29.64 1:15.54 350m: 7:38.71 56.83			
		100m: 2:08.15 1:08.39 200m: 4:14.10 1:01.90 300m: 6:41.88 1:12.24 400m: 8:35.16 56.45			
2.	49	RIERA MONTAL Agustin	C. Tenerife Masters	8:58.27	369
		50m: 1:03.36 1:03.36 150m: 3:27.39 1:08.55 250m: 5:52.24 1:17.92 350m: 8:05.02 54.34			
		100m: 2:18.84 1:15.48 200m: 4:34.32 1:06.93 300m: 7:10.68 1:18.44 400m: 8:58.27 53.25			
3.	49	LIZARRAGA TABERNA Carmelo	C.D. Jerez Natacion Master	9:13.96	338
		50m: 1:02.51 1:02.51 150m: 3:31.20 1:06.06 250m: 5:55.82 1:23.43 350m: 8:17.54 58.25			
		100m: 2:25.14 1:22.63 200m: 4:32.39 1:01.19 300m: 7:19.29 1:23.47 400m: 9:13.96 56.42			

Prueba 22 Masc., 400m Estilos 70+
10/02/2024 - 10:54 Resultados

RE 6:37.13 CANALES DE MENDOZA JOAQUIN Mª MIJAS 14/05/2011

Clasificación	AN	Nombre	Equipo	Tiempo	Puntos
1.	54	NISMAN Dov	Akvatikim	5:54.02	937
		50m: 38.12 38.12 150m: 2:08.29 46.60 250m: 3:43.99 50.84 350m: 5:16.33 41.48			
		100m: 1:21.69 43.57 200m: 2:53.15 44.86 300m: 4:34.85 50.86 400m: 5:54.02 37.69			
2.	53	SUANZES PEREZ Fernando	Club Hercules Termaria	7:36.39	437
		50m: 45.29 45.29 150m: 2:45.19 1:05.45 250m: 4:53.82 1:06.76 350m: 6:50.73 52.00			
		100m: 1:39.74 54.45 200m: 3:47.06 1:01.87 300m: 5:58.73 1:04.91 400m: 7:36.39 45.66			

Baja FERNANDEZ RODRIGUEZ Rafael 54 C.N. Cuatro Caminos -

Prueba 22 Masc., 400m Estilos 65+
10/02/2024 - 10:54 Resultados

RE 6:07.00 ROBERTO ALBERICHE PALMA 27/01/1996

Clasificación	AN	Nombre	Equipo	Tiempo	Puntos
1.	59	BARRO ORDOVAS Alvaro Maria	C. Esports Masters	6:06.76	565
		<i>Récord de España</i>			
		50m: 39.44 39.44 150m: 2:14.50 48.44 250m: 3:54.24 53.02 350m: 5:27.63 40.78			
		100m: 1:26.06 46.62 200m: 3:01.22 46.72 300m: 4:46.85 52.61 400m: 6:06.76 39.13			
2.	59	ILYAEV Sergey	C. Tenerife Masters	6:07.21	563
		50m: 43.16 43.16 150m: 2:15.91 46.21 250m: 3:52.53 50.80 350m: 5:26.25 42.64			
		100m: 1:29.70 46.54 200m: 3:01.73 45.82 300m: 4:43.61 51.08 400m: 6:07.21 40.96			
3.	56	TALLON AVILES Jose Maria	C.D.N. Bidasoa XXI	7:49.46	269
		50m: 54.84 54.84 150m: 3:00.91 1:06.72 250m: 5:05.17 1:01.48 350m: 6:59.46 52.68			
		100m: 1:54.19 59.35 200m: 4:03.69 1:02.78 300m: 6:06.78 1:01.61 400m: 7:49.46 50.00			
4.	57	RIGUAL DE HEREDIA Carlos	C.D. Jerez Natacion Master	7:58.17	255
		50m: 59.03 59.03 150m: 3:14.04 1:08.82 250m: 5:24.23 1:05.07 350m: 7:15.42 46.54			
		100m: 2:05.22 1:06.19 200m: 4:19.16 1:05.12 300m: 6:28.88 1:04.65 400m: 7:58.17 42.75			

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Prueba 22, Masc., 400m Estilos, 65+

Clasificación	AN	Tempo	
5. PEREZ SANCHEZ Gonzalo	58 C. Tenis Chamartin	8:17.60	12,00 226
50m: 51.19 51.19 150m: 2:59.48 1:06.23 250m: 5:17.25 1:05.64 350m: 7:20.66 56.07			
100m: 1:53.25 1:02.06 200m: 4:11.61 1:12.13 300m: 6:24.59 1:07.34 400m: 8:17.60 56.94			
Baja CASTELLO AUQUE Antoni	58 C.N. Reus Ploms	-	

Prueba 22 Masc., 400m Estilos 60+
10/02/2024 - 10:54 Resultados

RE 5:53.17 FERNANDO TELLEZ ECHEANDIA Getxo 17/12/2022

Clasificación	AN	Tempo	
1. GONZALEZ PEREZ Domingo	61 C. Tenerife Masters	6:03.78	19,00 586
50m: 38.36 38.36 150m: 2:09.57 45.62 250m: 3:46.77 52.28 350m: 5:23.02 42.92			
100m: 1:23.95 45.59 200m: 2:54.49 44.92 300m: 4:40.10 53.33 400m: 6:03.78 40.76			
2. RUIZ CALVO Juan Antonio	63 A.D. Rivas Natación	6:07.48	16,00 569
50m: 37.90 37.90 150m: 2:10.87 48.59 250m: 3:51.84 52.90 350m: 5:26.97 42.33			
100m: 1:22.28 44.38 200m: 2:58.94 48.07 300m: 4:44.64 52.80 400m: 6:07.48 40.51			
3. LUESO SORDO Francisco	61 C.P. La Roda	6:39.97	14,00 441
50m: 48.34 48.34 150m: 2:35.94 55.83 250m: 4:21.09 52.09 350m: 5:58.09 45.41			
100m: 1:40.11 51.77 200m: 3:29.00 53.06 300m: 5:12.68 51.59 400m: 6:39.97 41.88			
4. LOPEZ-TELLO GOMEZ Francisco Javier	64 C.N. Albacete	7:04.67	13,00 368
50m: 47.96 47.96 150m: 2:39.14 55.52 250m: 4:32.12 58.63 350m: 6:20.62 50.25			
100m: 1:43.62 55.66 200m: 3:33.49 54.35 300m: 5:30.37 58.25 400m: 7:04.67 44.05			
5. ALUTIZ DUARTE Santiago	62 C.N. Iregua-Villamediana	7:08.81	12,00 358
50m: 43.32 43.32 150m: 2:35.39 1:02.32 250m: 4:37.14 1:00.58 350m: 6:24.73 46.55			
100m: 1:33.07 49.75 200m: 3:36.56 1:01.17 300m: 5:38.18 1:01.04 400m: 7:08.81 44.08			
6. JAURRIETA SANCHEZ Ricardo	60 C. Tenis Chamartin	7:17.94	11,00 336
50m: 48.77 48.77 150m: 2:44.82 1:00.18 250m: 4:38.40 55.68 350m: 6:28.11 53.39			
100m: 1:44.64 55.87 200m: 3:42.72 57.90 300m: 5:34.72 56.32 400m: 7:17.94 49.83			
7. HEBRERO CUEVAS Constantino	61 C.N. Cadiz	8:18.48	10,00 228
50m: 53.03 53.03 150m: 3:09.18 1:14.63 250m: 5:36.48 1:08.00 350m: 7:31.04 49.04			
100m: 1:54.55 1:01.52 200m: 4:28.48 1:19.30 300m: 6:42.00 1:05.52 400m: 8:18.48 47.44			
Baja QUIROS GIL Ricardo	60 C.N. Master Murcia	-	

XXIX Cto. de España "Open" Masters de Invierno
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Prueba 22, Masc., 400m Estilos

Prueba 22 Masc., 400m Estilos 55+
10/02/2024 - 10:54 Resultados

RE 5:17.67 ARNAUDIS DOMINGUEZ CABRERA PONTEVEDRA 05/03/2022

Clasificación	AN	Nombre	Equipo	Tempo	19,00	681
1.	69	ORTIZ CABALLERO Adolfo	C.N. L' Hospitalet	5:29.39	19,00	681
		50m: 34.99 34.99 150m: 1:57.26 43.98 250m: 3:27.11 47.46 350m: 4:52.35 38.92				
		100m: 1:13.28 38.29 200m: 2:39.65 42.39 300m: 4:13.43 46.32 400m: 5:29.39 37.04				
2.	69	ANDUJAR TENDERO Esteban	C.N. Albacete	5:46.34	16,00	586
		50m: 36.46 36.46 150m: 2:03.54 45.41 250m: 3:40.18 52.82 350m: 5:10.41 39.49				
		100m: 1:18.13 41.67 200m: 2:47.36 43.82 300m: 4:30.92 50.74 400m: 5:46.34 35.93				
3.	69	DE LA VEGA GIMÉNEZ Rafael	C.D. Jerez Natacion Master	6:12.69	14,00	470
		50m: 36.70 36.70 150m: 2:13.68 50.67 250m: 3:55.31 52.99 350m: 5:32.68 43.67				
		100m: 1:23.01 46.31 200m: 3:02.32 48.64 300m: 4:49.01 53.70 400m: 6:12.69 40.01				
4.	68	UCHA DIAZ Manuel Alejandro	C.D. Jerez Natacion Master	6:19.89	13,00	444
		50m: 38.34 38.34 150m: 2:16.72 55.73 250m: 4:05.66 55.42 350m: 5:42.40 41.28				
		100m: 1:20.99 42.65 200m: 3:10.24 53.52 300m: 5:01.12 55.46 400m: 6:19.89 37.49				
5.	67	ALVAREZ GARCIA Fernando	C. Tennis Chamartin	6:23.27	12,00	432
		50m: 41.47 41.47 150m: 2:24.97 55.17 250m: 4:10.93 50.85 350m: 5:43.69 41.55				
		100m: 1:29.80 48.33 200m: 3:20.08 55.11 300m: 5:02.14 51.21 400m: 6:23.27 39.58				
6.	65	BLEICHRODT SCHEURER Han	Club Atlético Montemar	7:11.13	11,00	303
		50m: 48.53 48.53 150m: 2:38.90 55.51 250m: 4:34.12 1:01.66 350m: 6:25.16 48.81				
		100m: 1:43.39 54.86 200m: 3:32.46 53.56 300m: 5:36.35 1:02.23 400m: 7:11.13 45.97				
7.	66	MARTINEZ LLISO Claudio	C.N. Metropole	7:29.66	10,00	267
		50m: 46.80 46.80 150m: 2:53.15 1:05.96 250m: 5:01.67 1:03.58 350m: 6:49.33 42.51				
		100m: 1:47.19 1:00.39 200m: 3:58.09 1:04.94 300m: 6:06.82 1:05.15 400m: 7:29.66 40.33				
8.	65	SOTO GONZALEZ Juan Manuel	C.D. Jerez Natacion Master	7:29.92	9,00	267
		50m: 45.23 45.23 150m: 2:36.49 55.78 250m: 4:43.24 1:08.02 350m: 6:43.23 48.40				
		100m: 1:40.71 55.48 200m: 3:35.22 58.73 300m: 5:54.83 1:11.59 400m: 7:29.92 46.69				
DSQ	69	FORNER PALAU Jose	Univ. Politecnica Valencia	-	-	-
Baja	65	NAVARRO AGUIRRE Juan Carlos	Sopela Igeriketa Swim	-	-	-

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Prueba 22, Masc., 400m Estilos

Prueba 22 Masc., 400m Estilos 50+ Resultados
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RE 5:04.16 DOMINGUEZ CABRERA ARNAUDIS PALMA DE MALLORCA 04/02/2017

Clasificación	AN	Equipo	Tempo	50m	100m	150m	200m	250m	300m	350m	400m	50+		
1.	MORALES RODRÍGUEZ Sergio	73	C.N. Aquamasters	5:28.45	19,00	551	50m: 33.90	100m: 1:11.95	150m: 1:55.78	200m: 2:38.55	250m: 3:27.15	300m: 4:15.76	350m: 4:53.00	400m: 5:28.45
2.	PEINADO AMORES Antonio	72	Navial	5:31.69	16,00	535	50m: 33.35	100m: 1:10.79	150m: 1:55.47	200m: 2:39.06	250m: 3:25.60	300m: 4:14.93	350m: 4:54.22	400m: 5:31.69
3.	MARTINEZ LUCAS Francisco	74	C.D. Albacete Swim	5:37.51	14,00	508	50m: 36.71	100m: 1:19.30	150m: 2:01.25	200m: 2:45.33	250m: 3:34.77	300m: 4:24.13	350m: 5:01.99	400m: 5:37.51
4.	CUADRADO VIÑAS Fernando	74	C.N. Fuenlabrada	5:38.68	13,00	502	50m: 32.91	100m: 1:11.90	150m: 1:54.59	200m: 2:37.14	250m: 3:26.39	300m: 4:16.85	350m: 4:58.29	400m: 5:38.68
5.	GOMEZ RAMOS Jesús	70	C.D. Gredos San Diego	5:46.03	12,00	471	50m: 35.57	100m: 1:18.96	150m: 2:05.05	200m: 2:49.52	250m: 3:39.38	300m: 4:29.90	350m: 5:08.07	400m: 5:46.03
6.	QUINTAS BARROS Jesus C.	73	C.N. Escualos	5:47.13	11,00	467	50m: 35.85	100m: 1:17.60	150m: 2:05.62	200m: 2:52.09	250m: 3:41.46	300m: 4:30.76	350m: 5:10.46	400m: 5:47.13
7.	MARTINEZ DEL PINO Victor Manuel	72	Triatlón Cierzo	5:57.61	10,00	427	50m: 35.52	100m: 1:17.66	150m: 2:04.43	200m: 2:49.77	250m: 3:43.94	300m: 4:37.70	350m: 5:18.99	400m: 5:57.61
8.	LACUNZA CAMARA Etor	74	G.E. I.E.G.	5:58.02	9,00	425	50m: 34.72	100m: 1:14.81	150m: 2:04.48	200m: 2:51.86	250m: 3:43.41	300m: 4:36.45	350m: 5:18.91	400m: 5:58.02
9.	PORTELLA DEL CARMEN Luis	71	C.N. Monteverde	6:16.09	8,00	367	50m: 38.37	100m: 1:24.15	150m: 2:19.65	200m: 3:12.10	250m: 4:04.22	300m: 4:54.71	350m: 5:36.93	400m: 6:16.09
10.	TOLEDO ARTEAGA Daniel	71	C. Tenis Chamartin	6:20.61	7,00	354	50m: 39.54	100m: 1:27.38	150m: 2:19.87	200m: 3:09.28	250m: 4:02.48	300m: 4:56.85	350m: 5:40.10	400m: 6:20.61
11.	ESCUDERO SÁNCHEZ Toni	74	C. Valenciano	6:28.07	6,00	334	50m: 43.06	100m: 1:36.16	150m: 2:23.53	200m: 3:10.88	250m: 4:06.00	300m: 5:02.22	350m: 5:46.94	400m: 6:28.07
12.	PREGO MARTINEZ Benjamin	73	C.N. Ponteareas	6:42.78	5,00	298	50m: 46.29	100m: 1:40.95	150m: 2:36.34	200m: 3:30.89	250m: 4:20.91	300m: 5:12.26	350m: 6:00.36	400m: 6:42.78
13.	LLINAS BOSCH Pablo	70	Club Natacion Triswim	6:44.46	4,00	295	50m: 49.39	100m: 1:41.97	150m: 2:36.74	200m: 3:29.82	250m: 4:25.23	300m: 5:18.71	350m: 6:02.59	400m: 6:44.46

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Prueba 22, Masc., 400m Estilos, 50+

Clasificación	AN	Equipo	Tempo		
14. MARTINEZ DOMINGUEZ David	70	C.N. Fuenlabrada	7:02.58	3,00	258
50m: 43.21 43.21 150m: 2:33.81 57.09 250m: 4:31.27 59.63 350m: 6:17.18 46.23					
100m: 1:36.72 53.51 200m: 3:31.64 57.83 300m: 5:30.95 59.68 400m: 7:02.58 45.40					
15. SANTAÑES MOLINA Jordi	74	Fed. Andorrana	7:26.06	2,00	220
50m: 50.01 50.01 150m: 2:38.71 53.97 250m: 4:35.37 1:02.87 350m: 6:31.86 54.12					
100m: 1:44.74 54.73 200m: 3:32.50 53.79 300m: 5:37.74 1:02.37 400m: 7:26.06 54.20					
16. GIL HENRIQUEZ Jorge Juan	72	C.N. Las Palmas	7:37.57	1,00	203
50m: 48.34 48.34 150m: 2:49.59 1:04.11 250m: 5:02.93 1:15.11 350m: 6:57.30 41.40					
100m: 1:45.48 57.14 200m: 3:47.82 58.23 300m: 6:15.90 1:12.97 400m: 7:37.57 40.27					
DSQ FERNANDEZ-TESTA BARREIRO David	74	C.N. Rias Baixas	-		
Baja MOURIÑO ORTIGUERA Roberto C.	74	C.N. Ponteareas	-		
Baja GARCIA GARVIN Demetrio Julian	74	E.C. Ciudad De Talavera	-		

Prueba 22 Masc., 400m Estilos 45+
10/02/2024 - 10:54 Resultados

RE 4:44.82 FERNANDO ALAEZ FARRERES ZARAGOZA (O) 15/01/2022

Clasificación	AN	Equipo	Tempo		
1. ASARTA PEDRAZA Carlos J.	78	C.N. Fanatic Swim Castellon	5:02.13	19,00	724
50m: 31.58 31.58 150m: 1:48.13 40.54 250m: 3:07.36 39.92 350m: 4:25.60 37.36					
100m: 1:07.59 36.01 200m: 2:27.44 39.31 300m: 3:48.24 40.88 400m: 5:02.13 36.53					
2. RODRÍGUEZ MARCANO Álvaro	77	C.D. Jerez Natacion Master	5:15.77	16,00	634
50m: 33.20 33.20 150m: 1:53.00 40.87 250m: 3:16.85 43.42 350m: 4:39.20 37.37					
100m: 1:12.13 38.93 200m: 2:33.43 40.43 300m: 4:01.83 44.98 400m: 5:15.77 36.57					
3. SANCHEZ GORDON Roman	78	C.N. Rias Baixas	5:21.87	14,00	599
50m: 35.53 35.53 150m: 1:56.85 40.69 250m: 3:24.01 47.06 350m: 4:46.67 36.75					
100m: 1:16.16 40.63 200m: 2:36.95 40.10 300m: 4:09.92 45.91 400m: 5:21.87 35.20					
4. BERZAL PICAZO Carlos	75	Cst-Cst Costa Azahar	5:25.94	13,00	577
50m: 33.96 33.96 150m: 1:59.07 45.76 250m: 3:26.95 42.58 350m: 4:50.03 39.27					
100m: 1:13.31 39.35 200m: 2:44.37 45.30 300m: 4:10.76 43.81 400m: 5:25.94 35.91					
5. MARCELLAN PEREZ Eduardo	78	Club Natación Rivalia	5:33.72	12,00	537
50m: 35.15 35.15 150m: 2:00.37 44.64 250m: 3:32.07 46.98 350m: 4:58.75 38.31					
100m: 1:15.73 40.58 200m: 2:45.09 44.72 300m: 4:20.44 48.37 400m: 5:33.72 34.97					
6. YAGUE ANDRES Jorge	77	C.N. Master Madrid	5:48.20	11,00	473
50m: 37.36 37.36 150m: 2:05.37 44.60 250m: 3:41.68 51.55 350m: 5:11.51 38.99					
100m: 1:20.77 43.41 200m: 2:50.13 44.76 300m: 4:32.52 50.84 400m: 5:48.20 36.69					
7. FRANCO CUEVAS Ivan	75	C.D. Jerez Natacion Master	6:08.39	10,00	399
50m: 36.33 36.33 150m: 2:10.05 48.65 250m: 3:51.42 53.40 350m: 5:26.29 42.10					
100m: 1:21.40 45.07 200m: 2:58.02 47.97 300m: 4:44.19 52.77 400m: 6:08.39 42.10					
8. BEYER Stefan	77	C.N. Mediterraneo Valencia	6:38.48	9,00	315
50m: 39.52 39.52 150m: 2:20.55 54.45 250m: 4:05.98 53.03 350m: 5:48.37 48.29					
100m: 1:26.10 46.58 200m: 3:12.95 52.40 300m: 5:00.08 54.10 400m: 6:38.48 50.11					

XXIX Cto. de España "Open" Masters de Invierno
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Prueba 22, Masc., 400m Estilos, 45+

Clasificación	AN			Tiempo
DSQ RODRIGUEZ MARCANO Ivan	75	C.D. Jerez Natacion Master		-
Prueba 22 Masc., 400m Estilos 40+				
10/02/2024 - 10:54 Resultados				
RE	4:39.76	ALAEZ FARRERES FERNANDO	00136	ZARAGOZA (C) 23/03/2019

Clasificación	AN			Tiempo
1. HERVAS JODAR Francisco Jose	81	Vila-Swim Fondistas C.N.		4:51.81 19,00 798
50m: 30.85 30.85 150m: 1:44.68 39.03 250m: 3:03.69 41.22 350m: 4:19.35 33.74				
100m: 1:05.65 34.80 200m: 2:22.47 37.79 300m: 3:45.61 41.92 400m: 4:51.81 32.46				
2. HAR-SHAI Liron	80	Water World		5:02.45 - 716
50m: 32.04 32.04 150m: 1:49.49 40.44 250m: 3:10.44 41.42 350m: 4:28.61 36.63				
100m: 1:09.05 37.01 200m: 2:29.02 39.53 300m: 3:51.98 41.54 400m: 5:02.45 33.84				
3. ABAD GONZALEZ Marco	83	C.N. Ferca-San Jose		5:07.98 16,00 678
50m: 33.25 33.25 150m: 1:49.70 38.50 250m: 3:10.74 43.84 350m: 4:32.00 36.38				
100m: 1:11.20 37.95 200m: 2:26.90 37.20 300m: 3:55.62 44.88 400m: 5:07.98 35.98				
4. RASHIDOV Khasan	82	A.D.N. Mostoles		5:14.92 14,00 634
50m: 31.75 31.75 150m: 1:46.60 36.77 250m: 3:09.89 46.82 350m: 4:35.81 38.82				
100m: 1:09.83 38.08 200m: 2:23.07 36.47 300m: 3:56.99 47.10 400m: 5:14.92 39.11				
5. SANCHEZ MEDINA Ricardo	84	C.N. Leganes		5:20.77 13,00 600
50m: 33.42 33.42 150m: 1:53.29 41.34 250m: 3:19.93 45.59 350m: 4:43.59 37.48				
100m: 1:11.95 38.53 200m: 2:34.34 41.05 300m: 4:06.11 46.18 400m: 5:20.77 37.18				
6. MARTINEZ YAÑEZ Daniel	81	C.N. Fuenlabrada		5:50.96 12,00 458
50m: 35.74 35.74 150m: 2:05.15 46.16 250m: 3:40.55 50.82 350m: 5:11.94 40.56				
100m: 1:18.99 43.25 200m: 2:49.73 44.58 300m: 4:31.38 50.83 400m: 5:50.96 39.02				
7. CARRANZA ABADIA Javier	81	C.D. Jerez Natacion Master		6:04.03 11,00 411
50m: 39.16 39.16 150m: 2:13.41 48.71 250m: 3:49.52 49.24 350m: 5:22.63 43.67				
100m: 1:24.70 45.54 200m: 3:00.28 46.87 300m: 4:38.96 49.44 400m: 6:04.03 41.40				

Prueba 22	Masc., 400m Estilos	35+
10/02/2024 - 10:54		Resultados
RE	4:37.91 ZIGOR DIAZ MERCADO	Getxo 27/03/2021

Clasificación	AN			Tiempo
1. DELEPINE Romain	87	Lille Université Club		5:03.67 - 626
50m: 31.22 31.22 150m: 1:47.37 38.76 250m: 3:08.34 43.20 350m: 4:29.68 36.83				
100m: 1:08.61 37.39 200m: 2:25.14 37.77 300m: 3:52.85 44.51 400m: 5:03.67 33.99				
2. ARROYO FERNANDEZ Alvaro	85	E.C. Ciudad De Talavera		5:07.91 19,00 600
50m: 32.92 32.92 150m: 1:48.75 37.65 250m: 3:12.14 44.37 350m: 4:33.06 35.48				
100m: 1:11.10 38.18 200m: 2:27.77 39.02 300m: 3:57.58 45.44 400m: 5:07.91 34.85				
3. FARO MOLINA Victor	85	C.N. Terrassa		5:26.36 16,00 504
50m: 33.23 33.23 150m: 1:56.19 44.22 250m: 3:25.01 45.52 350m: 4:50.47 37.46				
100m: 1:11.97 38.74 200m: 2:39.49 43.30 300m: 4:13.01 48.00 400m: 5:26.36 35.89				

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Prueba 22, Masc., 400m Estilos, 35+

Clasificación	AN	Club	Tempo		
4.	CORONA FUENTES Jose Joaquin	87	Club Natacion San Juan	5:28.56	14,00 494
	50m: 32.08 32.08 150m: 1:52.63 42.43 250m: 3:22.68 48.30 350m: 4:51.40 38.74				
	100m: 1:10.20 38.12 200m: 2:34.38 41.75 300m: 4:12.66 49.98 400m: 5:28.56 37.16				
5.	BERMEJO ALBERO Sergio	88	C.N. Mediterraneo Valencia	5:40.76	13,00 443
	50m: 34.17 34.17 150m: 1:59.92 43.23 250m: 3:32.67 49.61 350m: 5:02.31 39.45				
	100m: 1:16.69 42.52 200m: 2:43.06 43.14 300m: 4:22.86 50.19 400m: 5:40.76 38.45				
Baja	GARCIA RODRIGUEZ Alberto	85	Natacion Sevilla Master, C.D.	-	

Prueba 22 Masc., 400m Estilos 30+ Resultados
10/02/2024 - 10:54

RE	4:31.62	DAVID ALCOLADO DURANGO	PONTEVEDRA	05/03/2022
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Clasificación	AN	Club	Tempo		
1.	CARRION BALLESTER Jose Luis	93	Cst-Cst Costa Azahar	4:41.44	19,00 753
	50m: 29.38 29.38 150m: 1:39.60 37.57 250m: 2:56.98 40.21 350m: 4:10.62 33.03				
	100m: 1:02.03 32.65 200m: 2:16.77 37.17 300m: 3:37.59 40.61 400m: 4:41.44 30.82				
2.	ZORNOZA VILLOLDO Alejandro	91	C.N. Albacete	4:47.78	16,00 704
	50m: 29.68 29.68 150m: 1:41.46 38.35 250m: 2:59.57 40.74 350m: 4:15.62 34.10				
	100m: 1:03.11 33.43 200m: 2:18.83 37.37 300m: 3:41.52 41.95 400m: 4:47.78 32.16				
3.	MARTIN DOMINGUEZ Victor	90	C.N. Leganes	4:51.59	14,00 677
	50m: 30.40 30.40 150m: 1:44.31 38.38 250m: 3:05.45 43.36 350m: 4:21.49 32.07				
	100m: 1:05.93 35.53 200m: 2:22.09 37.78 300m: 3:49.42 43.97 400m: 4:51.59 30.10				
4.	MARTIN DOMINGUEZ Adrian	94	C.N. Leganes	4:53.34	13,00 665
	50m: 30.41 30.41 150m: 1:44.64 38.43 250m: 3:02.60 39.40 350m: 4:18.44 34.71				
	100m: 1:06.21 35.80 200m: 2:23.20 38.56 300m: 3:43.73 41.13 400m: 4:53.34 34.90				
5.	PEÑALVER GUIJOSA Julio Alberto	92	C.D.E. Mako	5:00.66	12,00 617
	50m: 30.39 30.39 150m: 1:44.57 38.79 250m: 3:05.33 42.57 350m: 4:24.98 36.11				
	100m: 1:05.78 35.39 200m: 2:22.76 38.19 300m: 3:48.87 43.54 400m: 5:00.66 35.68				
6.	VAZQUEZ CIVILA Juan Pedro	94	C.D. Master Huelva	5:01.48	11,00 612
	50m: 31.96 31.96 150m: 1:46.74 37.87 250m: 3:07.28 42.15 350m: 4:26.62 35.74				
	100m: 1:08.87 36.91 200m: 2:25.13 38.39 300m: 3:50.88 43.60 400m: 5:01.48 34.86				
7.	RUIZ GARCIA Enrique	91	C.N. Monteverde	5:04.70	10,00 593
	50m: 32.40 32.40 150m: 1:49.47 39.54 250m: 3:12.23 44.45 350m: 4:31.11 34.84				
	100m: 1:09.93 37.53 200m: 2:27.78 38.31 300m: 3:56.27 44.04 400m: 5:04.70 33.59				
8.	COLORADO SANCHEZ Raul	92	C.D. Halegatos	5:04.84	9,00 592
	50m: 31.35 31.35 150m: 1:45.93 38.55 250m: 3:08.68 43.76 350m: 4:29.03 35.61				
	100m: 1:07.38 36.03 200m: 2:24.92 38.99 300m: 3:53.42 44.74 400m: 5:04.84 35.81				
9.	CEBALLOS SANCHEZ Martin	91	C.N. Vulcania Master	5:04.87	8,00 592
	50m: 32.78 32.78 150m: 1:49.29 38.91 250m: 3:10.98 42.93 350m: 4:30.74 35.83				
	100m: 1:10.38 37.60 200m: 2:28.05 38.76 300m: 3:54.91 43.93 400m: 5:04.87 34.13				
10.	TENORIO FREIRE Martin	92	C.N. Galaico	5:07.67	7,00 576
	50m: 30.94 30.94 150m: 1:47.93 40.33 250m: 3:10.49 42.13 350m: 4:30.63 36.23				
	100m: 1:07.60 36.66 200m: 2:28.36 40.43 300m: 3:54.40 43.91 400m: 5:07.67 37.04				

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Prueba 22, Masc., 400m Estilos, 30+

Clasificación	AN	Nombre	Equipo	50m	100m	150m	200m	250m	300m	350m	400m	Resultado
11.	91	ZAPATERO DE MURGA Gonzalo	C. Tenis Chamartin	31.87	1:08.39	1:50.00	2:30.51	3:17.13	4:07.50	4:42.64	5:16.66	528
12.	94	MURILLO NOVA Cédric	C.D. Halegatos	31.55	1:09.28	1:52.02	2:33.94	3:20.45	4:06.28	4:44.94	5:21.65	504
13.	90	GARCIA BARJOLLO Miguel	C.N. Badajoz	32.36	1:11.89	1:54.82	2:37.30	3:25.01	4:12.74	4:52.63	5:29.75	468
14.	91	PASCUAL ADELL Carlos	C. Tenis Chamartin	35.05	1:15.48	1:56.25	2:37.09	3:26.49	4:16.65	4:55.82	5:33.39	453
15.	94	SAEZ MARTINEZ Carlos	C. Tenis Chamartin	36.29	1:18.22	2:04.59	2:50.89	3:40.63	4:32.09	5:17.83	5:59.15	362
16.	90	PACHECO PARRA Samuel	C.N. Badajoz	40.07	1:26.28	2:20.44	3:12.49	4:03.33	4:55.99	5:40.95	6:23.39	297

Prueba 22 Masc., 400m Estilos 25+ Resultados
10/02/2024 - 10:54

RE 4:34.67 ALDABE BOMSTAD OSCAR GIJON 29/01/2016

Clasificación	AN	Nombre	Equipo	50m	100m	150m	200m	250m	300m	350m	400m	Resultado
1.	96	CARRERA COSTAS Martin	C.N. Ponteareas	30.73	1:05.81	1:44.34	2:21.59	3:01.71	3:41.57	4:15.72	4:47.52	693
2.	97	PASTORIZA SANTACLARA Jorge	C.N. Rias Baixas	31.24	1:06.06	1:43.61	2:19.14	3:01.00	3:43.70	4:18.72	4:51.98	662
3.	96	PICAZO VERGARA Felipe	C.N. Albacete	31.09	1:07.91	1:46.67	2:24.85	3:04.33	3:45.62	4:19.63	4:52.49	658
4.	98	CORBALÁN HERNÁNDEZ Enrique	UCAM C.N. Fuensanta	30.41	1:05.72	1:44.07	2:21.04	3:04.42	3:48.52	4:23.52	4:58.67	618
5.	98	HERNANDEZ LARA Javier	C.N. Cuatro Caminos	31.11	1:06.66	1:46.91	2:26.32	3:08.04	3:50.48	4:26.46	5:00.97	604
6.	98	AZCONA BEDOYA Luis	S. Lagunak Barañain	30.94	1:07.18	1:48.59	2:28.47	3:12.17	3:55.71	4:30.85	5:04.01	586

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Prueba 22, Masc., 400m Estilos, 25+

Clasificación	AN	Equipo	Tempo	
7. ANDUJAR TEBAR Esteban	99	C.N. Albacete	5:07.23	10,00 568
50m: 30.85 30.85 150m: 1:48.59 41.92 250m: 3:13.05 43.72 350m: 4:32.93 35.52				
100m: 1:06.67 35.82 200m: 2:29.33 40.74 300m: 3:57.41 44.36 400m: 5:07.23 34.30				
8. CONDE ALVAREZ Joaquin	98	C.N. Camargo	5:11.15	9,00 547
50m: 32.49 32.49 150m: 1:51.73 40.98 250m: 3:16.14 44.09 350m: 4:36.18 35.63				
100m: 1:10.75 38.26 200m: 2:32.05 40.32 300m: 4:00.55 44.41 400m: 5:11.15 34.97				
9. PINELA GOYA Iker	99	C.D.E. Mako	5:20.96	8,00 498
50m: 32.69 32.69 150m: 1:52.36 40.67 250m: 3:18.99 46.15 350m: 4:45.39 39.53				
100m: 1:11.69 39.00 200m: 2:32.84 40.48 300m: 4:05.86 46.87 400m: 5:20.96 35.57				
10. MORALES HURTADO Adrian	95	U.E. Horta	5:22.79	7,00 490
50m: 32.33 32.33 150m: 1:53.76 43.24 250m: 3:21.86 46.76 350m: 4:47.43 38.59				
100m: 1:10.52 38.19 200m: 2:35.10 41.34 300m: 4:08.84 46.98 400m: 5:22.79 35.36				
11. CURTO PAYA Jordi	95	C.N. Benicarlo	5:37.69	6,00 428
50m: 35.63 35.63 150m: 1:59.59 44.07 250m: 3:32.60 49.25 350m: 5:00.63 38.52				
100m: 1:15.52 39.89 200m: 2:43.35 43.76 300m: 4:22.11 49.51 400m: 5:37.69 37.06				
12. AUÑON LLORENS Juan Manuel	96	C.D. Jerez Natacion Master	5:47.89	5,00 391
50m: 28.52 28.52 150m: 1:53.37 51.27 250m: 3:34.74 51.20 350m: 5:07.55 42.26				
100m: 1:02.10 33.58 200m: 2:43.54 50.17 300m: 4:25.29 50.55 400m: 5:47.89 40.34				

Prueba 22
10/02/2024 - 10:54

Masc., 400m Estilos

20+
Resultados

Clasificación	AN	Equipo	Tempo	
1. MARTINEZ MARTINEZ Alberto	04	C.N. Las Norias	4:57.08	19,00 628
50m: 31.61 31.61 150m: 1:46.10 37.36 250m: 3:06.19 42.44 350m: 4:22.89 33.67				
100m: 1:08.74 37.13 200m: 2:23.75 37.65 300m: 3:49.22 43.03 400m: 4:57.08 34.19				
2. RODRIGUEZ CAMPO Oscar	03	C.N. Camargo	5:01.01	16,00 604
50m: 31.76 31.76 150m: 1:47.04 38.91 250m: 3:08.65 43.80 350m: 4:28.19 35.52				
100m: 1:08.13 36.37 200m: 2:24.85 37.81 300m: 3:52.67 44.02 400m: 5:01.01 32.82				
3. IZQUIERDO IRUELA Oscar	03	C.N. Soriano	5:27.03	14,00 471
50m: 33.27 33.27 150m: 1:55.88 42.60 250m: 3:24.60 46.30 350m: 4:51.35 37.09				
100m: 1:13.28 40.01 200m: 2:38.30 42.42 300m: 4:14.26 49.66 400m: 5:27.03 35.68				
4. CUESTA DIAZ David	02	C.D.N. Cordoba	6:10.11	13,00 325
50m: 34.37 34.37 150m: 2:02.84 47.08 250m: 3:43.89 52.88 350m: 5:26.90 46.07				
100m: 1:15.76 41.39 200m: 2:51.01 48.17 300m: 4:40.83 56.94 400m: 6:10.11 43.21				