

XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11 Masc., 400m Libre 80+
05/07/2024 - 10:00 Resultados
RE 6:11.49 ALBERICHE NAVARRO ROBERTO LAS PALMAS G.C. 02/07/2011

Clasificación	AN	Grupo	Equipo	Tiempo	Edad	Puntuación
1. UNION GUISADO Manuel	43	C.D. Jerez Natacion Master		7:35.04	19,00	436
50m: 48.39 48.39	150m: 2:43.46 59.43	250m: 4:43.18 59.49	350m: 6:41.19 57.78			
100m: 1:44.03 55.64	200m: 3:43.69 1:00.23	300m: 5:43.41 1:00.23	400m: 7:35.04 53.85			

Prueba 11 Masc., 400m Libre 75+
05/07/2024 - 10:00 Resultados
RE 5:50.16 CANALES DE MENDOZA JOAQUIN Mª LAS PALMAS DE G.C. 09/05/2015

Clasificación	AN	Grupo	Equipo	Tiempo	Edad	Puntuación
1. RIERA MONTAL Agustin	49	C. Tenerife Masters		7:30.68	19,00	350
50m: 48.48 48.48	200m: 3:37.45 1:55.97	300m: 5:36.02				
100m: 1:41.48 53.00	250m: 6:35.26 2:57.81	400m: 7:30.68 1:54.66				
2. RUIZ DE CASTAÑEDA DE LA LLAVE Ignacio	48	C.D.E. Mako		8:30.44	16,00	241
50m: 57.28 57.28	150m: 3:07.65 1:05.97	250m: 5:20.23 1:06.25	350m: 7:31.44 1:06.06			
100m: 2:01.68 1:04.40	200m: 4:13.98 1:06.33	300m: 6:25.38 1:05.15	400m: 8:30.44 59.00			
3. MURRÍA DESCALZO Alejandro	48	C.D. Nados Castellon		9:05.64	14,00	197
50m: 57.63 57.63	150m: 3:14.21 1:10.40	250m: 5:34.90 1:11.47	350m: 7:55.45 1:10.20			
100m: 2:03.81 1:06.18	200m: 4:23.43 1:09.22	300m: 6:45.25 1:10.35	400m: 9:05.64 1:10.19			

Prueba 11 Masc., 400m Libre 70+
05/07/2024 - 10:00 Resultados
RE 5:41.54 JUAN CARLOS ELGUE GRANDI Las Palmas de G.C. 17/06/2023

Clasificación	AN	Grupo	Equipo	Tiempo	Edad	Puntuación
1. FERNANDEZ RODRIGUEZ Rafael	54	C.N. Cuatro Caminos		5:45.79	19,00	639
50m: 38.60 38.60	150m: 2:06.79 44.22	250m: 3:35.63 43.92	350m: 5:03.55 43.67			
100m: 1:22.57 43.97	200m: 2:51.71 44.92	300m: 4:19.88 44.25	400m: 5:45.79 42.24			
2. BARRIOS BORGES Jose Ramon	54	C. Tenerife Masters		6:12.59	16,00	510
50m: 42.85 42.85	150m: 2:16.53 46.61	250m: 3:51.99 47.37	350m: 5:27.81 46.84			
100m: 1:29.92 47.07	200m: 3:04.62 48.09	300m: 4:40.97 48.98	400m: 6:12.59 44.78			
3. GARCIA COLOMO Manuel Ramon	54	C.N. Pabellon Ourense		6:21.67	14,00	475
50m: 44.69 44.69	150m: 2:23.14 49.50	250m: 4:00.70 48.14	350m: 5:36.32 47.46			
100m: 1:33.64 48.95	200m: 3:12.56 49.42	300m: 4:48.86 48.16	400m: 6:21.67 45.35			
4. MARTIN MARTINEZ Juan Jesus	54	C.N. Fuenlabrada		6:43.18	13,00	403
50m: 45.01 45.01	150m: 2:25.53 51.97	250m: 4:10.69 52.51	350m: 5:54.07 51.36			
100m: 1:33.56 48.55	200m: 3:18.18 52.65	300m: 5:02.71 52.02	400m: 6:43.18 49.11			
5. PASCUAL DE LA PARTE Jose Ignacio	53	Club Atlético Montemar		7:13.66	12,00	323
50m: 47.72 47.72	150m: 2:39.22 55.95	250m: 4:30.84 54.96	350m: 6:23.24 54.89			
100m: 1:43.27 55.55	200m: 3:35.88 56.66	300m: 5:28.35 57.51	400m: 7:13.66 50.42			



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XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre, 70+

Clasificación	AN	Equipo	Tempo		
6. AULET MARRERO Luis Javier	52	C.N. Valencia Masters Sedavi	7:46.78	11,00	259
50m: 47.15 47.15 150m: 2:41.44 59.46 250m: 4:43.93 1:01.89 350m: 6:48.99 1:02.70					
100m: 1:41.98 54.83 200m: 3:42.04 1:00.60 300m: 5:46.29 1:02.36 400m: 7:46.78 57.79					
7. LAGARES MOYA Francisco	51	C.D. Nados Castellon	7:56.72	10,00	243
50m: 50.95 50.95 150m: 2:50.46 1:01.54 250m: 4:54.46 1:01.93 350m: 6:58.05 1:02.50					
100m: 1:48.92 57.97 200m: 3:52.53 1:02.07 300m: 5:55.55 1:01.09 400m: 7:56.72 58.67					
Baja SUANZES PEREZ Fernando	53	Club Hercules Termaria	-		

Prueba 11 Masc., 400m Libre 65+ Resultados
05/07/2024 - 10:00

RE	5:07.62	ROBERTO ALBERICHE	LAS PALMAS	25/05/1996
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Clasificación	AN	Equipo	Tempo		
1. CASTELLO AUQUE Antoni	58	C.N. Reus Ploms	5:28.64	19,00	603
50m: 37.82 37.82 150m: 1:59.92 41.35 250m: 3:23.57 41.61 350m: 4:47.71 41.99					
100m: 1:18.57 40.75 200m: 2:41.96 42.04 300m: 4:05.72 42.15 400m: 5:28.64 40.93					
2. BAKER Phillip John	56	C.N. Mediterraneo Valencia	5:34.56	16,00	571
50m: 37.22 37.22 150m: 2:00.94 42.46 250m: 3:26.80 42.68 350m: 4:53.13 42.49					
100m: 1:18.48 41.26 200m: 2:44.12 43.18 300m: 4:10.64 43.84 400m: 5:34.56 41.43					
3. MENENDEZ CUELLAR Manuel	58	C.N. Cuatro Caminos	5:34.58	14,00	571
50m: 38.14 38.14 150m: 2:00.98 42.05 250m: 3:27.48 43.12 350m: 4:53.93 43.16					
100m: 1:18.93 40.79 200m: 2:44.36 43.38 300m: 4:10.77 43.29 400m: 5:34.58 40.65					
4. DE VALDES BACHS Rafael	57	C.N. Mijas	5:52.07	13,00	490
50m: 41.97 41.97 150m: 2:10.83 43.99 250m: 3:40.01 44.25 350m: 5:08.45 43.96					
100m: 1:26.84 44.87 200m: 2:55.76 44.93 300m: 4:24.49 44.48 400m: 5:52.07 43.62					
5. HEMPEL Wilhelm	57	C.N. Thiar Horadada	6:07.99	12,00	429
50m: 41.87 41.87 150m: 2:14.15 46.66 250m: 3:48.67 46.90 350m: 5:23.33 46.74					
100m: 1:27.49 45.62 200m: 3:01.77 47.62 300m: 4:36.59 47.92 400m: 6:07.99 44.66					
6. CODESIDO LOPEZ José	59	C.D.N. Ciudad De Santiago	6:09.19	11,00	425
50m: 40.81 40.81 150m: 2:11.07 46.22 250m: 3:45.97 47.92 350m: 5:22.28 48.46					
100m: 1:24.85 44.04 200m: 2:58.05 46.98 300m: 4:33.82 47.85 400m: 6:09.19 46.91					
7. RIGUAL DE HEREDIA Carlos	57	C.D. Jerez Natacion Master	6:11.47	10,00	417
50m: 44.94 44.94 150m: 2:17.49 46.34 250m: 3:52.34 47.39 350m: 5:26.88 46.96					
100m: 1:31.15 46.21 200m: 3:04.95 47.46 300m: 4:39.92 47.58 400m: 6:11.47 44.59					
8. FERNANDEZ NAVARRO Juan Jose	59	C.D.E. Mako	7:12.21	9,00	265
50m: 50.20 50.20 150m: 2:39.90 55.22 250m: 4:31.31 55.17 350m: 6:21.03 54.59					
100m: 1:44.68 54.48 200m: 3:36.14 56.24 300m: 5:26.44 55.13 400m: 7:12.21 51.18					
9. VAN DER MEER Paul	56	C.N. Valencia Masters Sedavi	7:51.14	8,00	204
50m: 47.18 47.18 150m: 2:43.16 59.98 250m: 4:47.72 1:03.08 350m: 6:52.71 1:02.55					
100m: 1:43.18 56.00 200m: 3:44.64 1:01.48 300m: 5:50.16 1:02.44 400m: 7:51.14 58.43					



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XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre

Prueba 11
05/07/2024 - 10:00

Masc., 400m Libre

60+
Resultados

RE 4:30.15 JUAN CARLOS VALLEJO ARROYO Las Palmas de G.C. 17/06/2023

Clasificación	AN	Tiempo											
1. ARIAS FEBLES Jose Manuel	64	C.N. Metropole	5:33.76	19,00	530	50m: 37.03	37.03	150m: 2:00.27	42.13	250m: 3:26.40	43.07	350m: 4:52.38	42.58
						100m: 1:18.14	41.11	200m: 2:43.33	43.06	300m: 4:09.80	43.40	400m: 5:33.76	41.38
2. SALAS SABINA Juan Manuel	63	C. Tenerife Masters	5:54.07	16,00	444	50m: 37.11	37.11	150m: 2:04.38	44.95	250m: 3:36.70	46.31	350m: 5:09.67	46.60
						100m: 1:19.43	42.32	200m: 2:50.39	46.01	300m: 4:23.07	46.37	400m: 5:54.07	44.40
3. QUIROS GIL Ricardo	60	C.N. Master Murcia	6:05.84	14,00	402	50m: 41.90	41.90	150m: 2:14.22	46.69	250m: 3:49.51	47.54	350m: 5:22.60	46.29
						100m: 1:27.53	45.63	200m: 3:01.97	47.75	300m: 4:36.31	46.80	400m: 6:05.84	43.24
4. ALUTIZ DUARTE Santiago	62	C.N. Iregua-Villamediana	6:07.78	13,00	396	50m: 41.34	41.34	150m: 2:13.05	46.58	250m: 3:48.89	48.43	350m: 5:23.76	47.35
						100m: 1:26.47	45.13	200m: 3:00.46	47.41	300m: 4:36.41	47.52	400m: 6:07.78	44.02
5. MATEOS BATISTA Francisco	62	C.N. Las Palmas	6:33.87	12,00	322	50m: 44.26	44.26	150m: 2:22.18	50.08	250m: 4:03.92	50.99	350m: 5:45.46	50.80
						100m: 1:32.10	47.84	200m: 3:12.93	50.75	300m: 4:54.66	50.74	400m: 6:33.87	48.41
6. FERNANDEZ LAZARO Fernando	63	Club Atlético Montemar	6:35.46	11,00	318	50m: 45.59	45.59	150m: 2:23.97	50.10	250m: 4:04.25	49.75	350m: 5:46.25	50.50
						100m: 1:33.87	48.28	200m: 3:14.50	50.53	300m: 4:55.75	51.50	400m: 6:35.46	49.21
7. DE VICENTE MINGARRO Íñigo	61	Race	6:39.17	10,00	309	50m: 43.76	43.76	150m: 2:22.28	50.05	250m: 4:05.46	51.81	350m: 5:49.78	51.78
						100m: 1:32.23	48.47	200m: 3:13.65	51.37	300m: 4:58.00	52.54	400m: 6:39.17	49.39
8. CRESPI SALOM Miguel Ángel	64	Club Natacion Triswim	6:47.61	9,00	291	50m: 39.84	39.84	150m: 2:15.60	48.98	250m: 4:01.18	53.37	350m: 5:53.04	56.38
						100m: 1:26.62	46.78	200m: 3:07.81	52.21	300m: 4:56.66	55.48	400m: 6:47.61	54.57
9. BLANCO PEREZ Angel	64	C.N. Pabellon Ourense	6:55.94	8,00	273	50m: 45.99	45.99	150m: 2:32.20	53.18	250m: 4:20.37	53.51	350m: 6:06.29	51.85
						100m: 1:39.02	53.03	200m: 3:26.86	54.66	300m: 5:14.44	54.07	400m: 6:55.94	49.65
10. CONTRERAS HEREDIA Guillermo	63	Universidad de Granada	8:37.94	7,00	141	50m: 56.35	56.35	150m: 3:11.18	1:08.30	250m: 5:25.24	1:07.63	350m: 7:37.22	1:05.31
						100m: 2:02.88	1:06.53	200m: 4:17.61	1:06.43	300m: 6:31.91	1:06.67	400m: 8:37.94	1:00.72
DSQ GONZALEZ PEREZ Domingo	61	C. Tenerife Masters			-								
Baja PLAZA GONZALEZ Jose Francisco	61	C. Tenis Chamartin			-								



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XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre

Prueba 11 Masc., 400m Libre 55+
05/07/2024 - 10:00 Resultados

RE 4:46.00 FABIO BRUSCOLOTTI Kyushu (JPN) 11/08/2023

Clasificación	AN	Tiempo							
1. VORONIN Nikolai	69	C.N. Torrevieja	4:46.80	19,00	766				
50m: 32.48	32.48	150m: 1:44.67	36.33	250m: 2:57.65	36.33	350m: 4:11.29	36.76		
100m: 1:08.34	35.86	200m: 2:21.32	36.65	300m: 3:34.53	36.88	400m: 4:46.80	35.51		
2. SABATER REDONDO Jorge	68	C.N. Cuatro Caminos	4:58.68	16,00	678				
50m: 33.73	33.73	150m: 1:47.16	37.35	250m: 3:04.26	38.29	350m: 4:21.27	38.37		
100m: 1:09.81	36.08	200m: 2:25.97	38.81	300m: 3:42.90	38.64	400m: 4:58.68	37.41		
3. CERDA REVERTER Jose Miguel	66	C.D. Nados Castellon	5:22.18	14,00	540				
50m: 36.07	36.07	150m: 1:58.04	41.62	250m: 3:20.32	41.30	350m: 4:42.88	40.96		
100m: 1:16.42	40.35	200m: 2:39.02	40.98	300m: 4:01.92	41.60	400m: 5:22.18	39.30		
4. UCHA DIAZ Manuel Alejandro	68	C.D. Jerez Natacion Master	5:24.73	13,00	528				
50m: 36.57	36.57	150m: 1:58.37	41.45	250m: 3:22.63	42.09	350m: 4:46.34	41.52		
100m: 1:16.92	40.35	200m: 2:40.54	42.17	300m: 4:04.82	42.19	400m: 5:24.73	38.39		
5. FERNÁNDEZ FERNÁNDEZ Alberto	67	C.D. Halegatos	5:34.36	12,00	483				
50m: 38.66	38.66	150m: 2:03.32	42.84	250m: 3:29.71	43.13	350m: 4:55.27	42.82		
100m: 1:20.48	41.82	200m: 2:46.58	43.26	300m: 4:12.45	42.74	400m: 5:34.36	39.09		
6. MANRUBIA MARTINEZ Jose Maria	65	C.D. Santa Ana	5:35.05	11,00	480				
50m: 39.50	39.50	150m: 2:05.09	43.45	250m: 3:30.30	41.94	350m: 4:54.31	41.56		
100m: 1:21.64	42.14	200m: 2:48.36	43.27	300m: 4:12.75	42.45	400m: 5:35.05	40.74		
7. MARTINEZ LLISO Claudio	66	C.N. Metropole	5:37.44	10,00	470				
50m: 38.49	38.49	150m: 2:03.96	42.72	250m: 3:30.15	42.85	350m: 4:56.04	43.14		
100m: 1:21.24	42.75	200m: 2:47.30	43.34	300m: 4:12.90	42.75	400m: 5:37.44	41.40		
8. CARVAJAL LERA Javier	69	C.N. Mediterraneo Valencia	5:57.58	9,00	395				
50m: 38.16	38.16	150m: 2:07.06	45.60	250m: 3:40.16	46.71	350m: 5:12.93	45.56		
100m: 1:21.46	43.30	200m: 2:53.45	46.39	300m: 4:27.37	47.21	400m: 5:57.58	44.65		
9. ALEDO VIVES Rafael	67	Club Atlético Montemar	6:01.20	8,00	383				
50m: 38.98	38.98	150m: 2:07.95	45.24	250m: 3:39.17	45.33	350m: 5:14.23	48.37		
100m: 1:22.71	43.73	200m: 2:53.84	45.89	300m: 4:25.86	46.69	400m: 6:01.20	46.97		
10. MALPICA RUIZ Ismael	65	C.D. Jerez Natacion Master	6:03.85	7,00	375				
50m: 39.93	39.93	150m: 2:08.93	45.40	250m: 3:43.33	47.88	350m: 5:18.66	48.11		
100m: 1:23.53	43.60	200m: 2:55.45	46.52	300m: 4:30.55	47.22	400m: 6:03.85	45.19		
11. MORALES MALDONADO Miguel Angel	69	Univ. Politecnica Valencia	6:04.63	6,00	373				
50m: 42.27	42.27	150m: 2:14.29	45.97	250m: 3:47.39	46.31	350m: 5:19.84	46.19		
100m: 1:28.32	46.05	200m: 3:01.08	46.79	300m: 4:33.65	46.26	400m: 6:04.63	44.79		
12. LARRUCEA CASTAÑEDA Ramon Ange	69	Club Natacion Mungia	6:07.51	5,00	364				
50m: 40.98	40.98	150m: 3:48.68	2:22.48	250m: 5:24.02	2:23.06	400m: 6:07.51	1:30.85		
100m: 1:26.20	45.22	200m: 3:00.96	3:00.96	300m: 4:36.66					
13. RODRIGUEZ SUAREZ Juan Pedro	67	C.N. Metropole	6:08.11	4,00	362				
50m: 39.85	39.85	150m: 2:08.48	45.00	250m: 3:42.41	48.15	350m: 5:20.91	49.75		
100m: 1:23.48	43.63	200m: 2:54.26	45.78	300m: 4:31.16	48.75	400m: 6:08.11	47.20		



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Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre, 55+

Clasificación	AN	Equipo	Tempo		
14. INFANTE CABELLO Pablo Carlos	69	C.N. Leganes	6:24.94	3,00	317
50m: 44.55 44.55 150m: 2:19.16 47.32 250m: 3:56.28 48.76 350m: 5:36.03 50.44					
100m: 1:31.84 47.29 200m: 3:07.52 48.36 300m: 4:45.59 49.31 400m: 6:24.94 48.91					
15. MANZANEDO GARCÍA Rafael	68	C.D. Jerez Natacion Master	6:42.58	2,00	277
50m: 42.92 42.92 150m: 2:20.19 49.65 250m: 4:04.11 52.96 350m: 5:52.12 54.55					
100m: 1:30.54 47.62 200m: 3:11.15 50.96 300m: 4:57.57 53.46 400m: 6:42.58 50.46					
16. MELCHOR MARTIN DE LA SIERRA Jo:65Luis	65	C.N. Leganes	6:42.74	1,00	276
50m: 44.23 44.23 150m: 2:24.01 50.60 250m: 4:06.70 51.96 350m: 5:53.42 53.99					
100m: 1:33.41 49.18 200m: 3:14.74 50.73 300m: 4:59.43 52.73 400m: 6:42.74 49.32					
DSQ NAVARRO AGUIRRE Juan Carlos	65	Sopela Igeriketa Swim		-	
Baja PLAZA VALDES Eduardo	67	C.N. Monteverde		-	

Prueba 11 Masc., 400m Libre 50+ Resultados

05/07/2024 - 10:00 RE 4:32.09 LLUIS PIJUAN ORO TARRAGONA 12/06/2022

Clasificación	AN	Equipo	Tempo		
1. PRADO TOCALINO Rodrigo De Almeida	72	C.N. Alcobendas	4:44.50	19,00	727
50m: 30.98 30.98 150m: 1:40.73 35.51 250m: 2:53.51 36.38 350m: 4:07.48 37.37					
100m: 1:05.22 34.24 200m: 2:17.13 36.40 300m: 3:30.11 36.60 400m: 4:44.50 37.02					
2. CABELLO VILLALONGA Manuel	72	C.N. L' Hospitalet	4:45.03	16,00	723
50m: 31.34 31.34 150m: 1:42.20 35.95 250m: 2:55.99 36.83 350m: 4:09.83 37.04					
100m: 1:06.25 34.91 200m: 2:19.16 36.96 300m: 3:32.79 36.80 400m: 4:45.03 35.20					
3. MORALES RODRÍGUEZ Sergio	73	C.N. Aquamasters	4:45.91	14,00	717
50m: 33.12 33.12 150m: 1:44.74 36.04 250m: 2:58.25 36.94 350m: 4:11.22 36.46					
100m: 1:08.70 35.58 200m: 2:21.31 36.57 300m: 3:34.76 36.51 400m: 4:45.91 34.69					
4. GUTIERREZ ASCANIO Ciro	70	C.N. Metropole	4:47.18	13,00	707
50m: 32.17 32.17 150m: 1:43.01 35.87 250m: 2:55.67 36.55 350m: 4:10.04 37.36					
100m: 1:07.14 34.97 200m: 2:19.12 36.11 300m: 3:32.68 37.01 400m: 4:47.18 37.14					
5. DE LA GANDARA SAINZ Andres	73	C.N. Alcobendas	5:27.21	12,00	478
50m: 36.68 36.68 150m: 1:57.98 41.25 250m: 3:21.34 41.28 350m: 4:46.77 42.26					
100m: 1:16.73 40.05 200m: 2:40.06 42.08 300m: 4:04.51 43.17 400m: 5:27.21 40.44					
6. RODRIGUEZ TEY Rosendo	70	C.N. Cadiz	5:35.96	11,00	442
50m: 38.54 38.54 150m: 2:01.24 42.21 250m: 3:27.71 43.18 350m: 4:55.19 43.83					
100m: 1:19.03 40.49 200m: 2:44.53 43.29 300m: 4:11.36 43.65 400m: 5:35.96 40.77					
7. ESTIVALIS TORRENT Luis	74	C. Valenciano	5:48.16	10,00	397
50m: 38.31 38.31 150m: 2:06.92 44.84 250m: 3:36.06 43.85 350m: 5:05.16 44.05					
100m: 1:22.08 43.77 200m: 2:52.21 45.29 300m: 4:21.11 45.05 400m: 5:48.16 43.00					
8. GIL HENRIQUEZ Jorge Juan	72	C.N. Las Palmas	5:48.75	9,00	395
50m: 37.62 37.62 150m: 2:03.56 44.27 250m: 3:35.07 45.81 350m: 5:06.64 45.34					
100m: 1:19.29 41.67 200m: 2:49.26 45.70 300m: 4:21.30 46.23 400m: 5:48.75 42.11					
9. MARTI VICENT Antonio	72	Cst-Cst Costa Azahar	6:02.96	8,00	350
50m: 38.53 38.53 150m: 2:05.23 43.92 250m: 3:38.15 47.10 350m: 5:15.14 48.96					
100m: 1:21.31 42.78 200m: 2:51.05 45.82 300m: 4:26.18 48.03 400m: 6:02.96 47.82					



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XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre, 50+

Clasificación	AN		Tiempo										
10. ACOSTA PANDURO Olger James	71	C.N. Fuenlabrada	6:05.31	7,00	343	50m: 39.09	39.09	150m: 2:10.86	47.02	250m: 3:46.78	47.64	350m: 5:20.79	46.10
						100m: 1:23.84	44.75	200m: 2:59.14	48.28	300m: 4:34.69	47.91	400m: 6:05.31	44.52
11. SANCHEZ MONTES Francisco Jose	74	C.D. Jerez Natacion Master	6:13.24	6,00	322	50m: 42.73	42.73	150m: 2:15.82	47.75	250m: 3:53.13	48.26	350m: 5:28.04	46.81
						100m: 1:28.07	45.34	200m: 3:04.87	49.05	300m: 4:41.23	48.10	400m: 6:13.24	45.20
12. REMON SEÑORAN Angel Luis	71	A.D. Plasencia 96	6:13.93	5,00	320	50m: 40.30	40.30	150m: 2:13.05	47.68	250m: 3:50.33	48.80	350m: 5:28.38	48.35
						100m: 1:25.37	45.07	200m: 3:01.53	48.48	300m: 4:40.03	49.70	400m: 6:13.93	45.55
13. FELIX GARCIA Carlos	74	C. Valenciano	6:14.04	4,00	320	50m: 41.94	41.94	150m: 2:16.43	47.48	250m: 3:52.60	48.06	350m: 5:29.63	48.78
						100m: 1:28.95	47.01	200m: 3:04.54	48.11	300m: 4:40.85	48.25	400m: 6:14.04	44.41
14. CAÑAS ALVAREZ Jose Luis	71	C.N. Monteverde	6:16.63	3,00	313	50m: 40.57	40.57	150m: 2:13.70	48.18	250m: 3:51.72	48.33	350m: 5:30.53	48.75
						100m: 1:25.52	44.95	200m: 3:03.39	49.69	300m: 4:41.78	50.06	400m: 6:16.63	46.10
15. LUPIAÑEZ RIBAS Enrique	74	C.N. Terrassa	6:21.53	2,00	301	50m: 41.96	41.96	150m: 2:15.56	47.64	250m: 3:54.25	49.83	350m: 5:34.15	50.31
						100m: 1:27.92	45.96	200m: 3:04.42	48.86	300m: 4:43.84	49.59	400m: 6:21.53	47.38

Prueba 11	Masc., 400m Libre	45+
05/07/2024 - 10:00		Resultados
RE	4:23.57 SERRA VERDAGUER DANIEL	MONTREAL (CAN) 09/08/2014

Clasificación	AN		Tiempo										
1. RUS AGUILAR Antonio	77	C.D. Nados Castellon	4:44.08	19,00	690	50m: 31.62	31.62	150m: 1:40.72	34.72	250m: 2:51.79	35.70	350m: 4:05.59	37.30
						100m: 1:06.00	34.38	200m: 2:16.09	35.37	300m: 3:28.29	36.50	400m: 4:44.08	38.49
2. CANTADOR MARINA Juan	78	C.N. Jimenez	4:48.17	16,00	661	50m: 31.51	31.51	150m: 1:42.23	36.18	250m: 2:56.88	37.58	350m: 4:11.85	37.22
						100m: 1:06.05	34.54	200m: 2:19.30	37.07	300m: 3:34.63	37.75	400m: 4:48.17	36.32
3. VARAS ALIAU Jordi	75	C.N. Tortosa	4:51.07	14,00	641	50m: 31.78	31.78	150m: 1:43.72	36.89	250m: 2:59.04	37.81	350m: 4:14.92	37.80
						100m: 1:06.83	35.05	200m: 2:21.23	37.51	300m: 3:37.12	38.08	400m: 4:51.07	36.15
4. CABRERA PERONA Javier	75	C.N. Alcobendas	4:59.39	13,00	589	50m: 32.57	32.57	150m: 1:48.16	38.10	250m: 3:04.52	37.82	350m: 4:21.37	38.53
						100m: 1:10.06	37.49	200m: 2:26.70	38.54	300m: 3:42.84	38.32	400m: 4:59.39	38.02
5. LASHERAS MORENO Carlos	76	C. Tenis Pamplona	5:02.65	12,00	570	50m: 33.44	33.44	150m: 1:47.47	37.57	250m: 3:05.34	39.01	350m: 4:24.08	39.21
						100m: 1:09.90	36.46	200m: 2:26.33	38.86	300m: 3:44.87	39.53	400m: 5:02.65	38.57
6. OTEIZA LACALLE Francisco	76	C.N. Iregua-Villamediana	5:09.88	11,00	531	50m: 34.32	34.32	150m: 1:51.77	38.98	250m: 3:11.78	40.13	350m: 4:31.47	39.62
						100m: 1:12.79	38.47	200m: 2:31.65	39.88	300m: 3:51.85	40.07	400m: 5:09.88	38.41

XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre, 45+

Clasificación	AN		Tiempo			
7. YAGUE ANDRES Jorge	77	C.N. Master Madrid	5:13.05	10,00	515	
50m: 35.00 35.00	150m: 1:53.99	40.43 250m: 3:15.33	40.41 350m: 4:35.80	40.27		
100m: 1:13.56 38.56	200m: 2:34.92	40.93 300m: 3:55.53	40.20 400m: 5:13.05	37.25		
8. AGUILAR CONTRERAS Antonio Angel	79	C.N. Master Madrid	5:23.84	9,00	466	
50m: 37.17 37.17	150m: 1:56.30	39.67 250m: 3:18.27	41.33 350m: 4:42.44	42.10		
100m: 1:16.63 39.46	200m: 2:36.94	40.64 300m: 4:00.34	42.07 400m: 5:23.84	41.40		
9. MEDICIS MIRALLES Miguel	79	C. Padel Arena Alicante	5:27.61	8,00	450	
50m: 35.45 35.45	150m: 1:58.47	42.83 250m: 3:23.03	42.59 350m: 4:48.22	42.59		
100m: 1:15.64 40.19	200m: 2:40.44	41.97 300m: 4:05.63	42.60 400m: 5:27.61	39.39		
10. MINGUEZ CUENCA Guillermo	79	C.N. Mediterraneo Valencia	5:50.84	7,00	366	
50m: 37.05 37.05	150m: 2:02.66	44.41 250m: 3:32.64	45.24 350m: 5:05.55	46.53		
100m: 1:18.25 41.20	200m: 2:47.40	44.74 300m: 4:19.02	46.38 400m: 5:50.84	45.29		
11. MORENO MARTINEZ Jorge	77	C.D. Res Albacete Swim	5:52.47	6,00	361	
50m: 40.43 40.43	150m: 2:06.62	44.32 250m: 3:37.64	45.41 350m: 5:09.83	46.48		
100m: 1:22.30 41.87	200m: 2:52.23	45.61 300m: 4:23.35	45.71 400m: 5:52.47	42.64		
12. JEREZ GONZALEZ Eduardo	79	C.N. Alcobendas	5:53.34	5,00	358	
50m: 36.91 36.91	150m: 2:03.28	44.50 250m: 3:35.69	46.74 350m: 5:10.42	47.79		
100m: 1:18.78 41.87	200m: 2:48.95	45.67 300m: 4:22.63	46.94 400m: 5:53.34	42.92		
13. SERRANO LOPEZ Jesus	78	C.D. Jerez Natacion Master	5:54.40	4,00	355	
50m: 38.17 38.17	150m: 2:04.69	43.86 300m: 4:23.45	1:33.45 400m: 5:54.40	44.52		
100m: 1:20.83 42.66	200m: 2:50.00	45.31 350m: 5:09.88	46.43			
14. LÓPEZ USANO Alberto	79	Club Velociraptor	6:10.76	3,00	310	
50m: 41.55 41.55	150m: 2:14.73	47.55 250m: 3:50.75	48.29 350m: 5:27.48	48.56		
100m: 1:27.18 45.63	200m: 3:02.46	47.73 300m: 4:38.92	48.17 400m: 6:10.76	43.28		
15. ANDRÉS BLANCO Daniel	77	Club Velociraptor	6:16.98	2,00	295	
50m: 39.81 39.81	150m: 2:12.12	47.63 250m: 3:50.56	49.21 350m: 5:29.41	49.07		
100m: 1:24.49 44.68	200m: 3:01.35	49.23 300m: 4:40.34	49.78 400m: 6:16.98	47.57		
16. DIAZ SALIDO Venancio	75	C.D. Jerez Natacion Master	6:18.90	1,00	290	
50m: 40.01 40.01	150m: 2:11.08	46.49 250m: 3:47.88	49.05 350m: 5:29.44	51.98		
100m: 1:24.59 44.58	200m: 2:58.83	47.75 300m: 4:37.46	49.58 400m: 6:18.90	49.46		



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XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre

Prueba 11 Masc., 400m Libre 40+
05/07/2024 - 10:00 Resultados

RE 4:16.07 SERRA VERDAGUER DANIEL GÖTEBORG (SWE) 06/08/2010

Clasificación	AN	Tiempo							
1. SERRANO VAZQUEZ Pedro	84	C.D.N. Cordoba 4:22.99 19,00 825							
50m: 29.61 29.61 150m: 1:34.69 32.96 250m: 2:42.18 33.96 350m: 3:49.93 33.55									
100m: 1:01.73 32.12 200m: 2:08.22 33.53 300m: 3:16.38 34.20 400m: 4:22.99 33.06									
2. LÓPEZ CARRIÓN Isaac	84	Club Atlético Montemar 4:23.70 16,00 819							
50m: 30.14 30.14 150m: 1:35.64 32.98 250m: 2:43.08 33.61 350m: 3:51.15 33.73									
100m: 1:02.66 32.52 200m: 2:09.47 33.83 300m: 3:17.42 34.34 400m: 4:23.70 32.55									
3. HERVAS JODAR Francisco Jose	81	Vila-Swim Fondistas C.N. 4:26.63 14,00 792							
50m: 30.74 30.74 150m: 1:36.73 33.30 250m: 2:44.17 33.79 350m: 3:52.73 34.48									
100m: 1:03.43 32.69 200m: 2:10.38 33.65 300m: 3:18.25 34.08 400m: 4:26.63 33.90									
4. HERRERA MARTINEZ Francisco Jose	82	C.D. Jerez Natacion Master 4:45.09 13,00 648							
50m: 31.72 31.72 150m: 1:42.43 35.57 250m: 2:54.85 36.04 400m: 4:45.09 1:13.41									
100m: 1:06.86 35.14 200m: 2:18.81 36.38 300m: 3:31.68 36.83									
5. RODRÍGUEZ LÓPEZ David	82	E.C. Ciudad de Talavera 4:49.55 12,00 618							
50m: 31.15 31.15 150m: 1:42.03 35.81 250m: 2:56.86 37.50 350m: 4:13.30 37.96									
100m: 1:06.22 35.07 200m: 2:19.36 37.33 300m: 3:35.34 38.48 400m: 4:49.55 36.25									
6. AUBERT Julien	82	Univ. Politecnica Valencia 4:50.46 11,00 612							
50m: 32.53 32.53 150m: 1:46.18 36.95 250m: 3:01.57 36.81 350m: 4:14.74 36.30									
100m: 1:09.23 36.70 200m: 2:24.76 38.58 300m: 3:38.44 36.87 400m: 4:50.46 35.72									
7. ABAD GONZALEZ Marco	83	C.N. Ferca-San Jose 4:51.80 10,00 604							
50m: 32.17 32.17 150m: 1:45.30 36.56 250m: 3:00.00 37.23 350m: 4:15.43 37.38									
100m: 1:08.74 36.57 200m: 2:22.77 37.47 300m: 3:38.05 38.05 400m: 4:51.80 36.37									
8. CHURNIN Stephen Henry	81	C.N. Master Madrid 4:54.89 9,00 585							
50m: 31.82 31.82 150m: 1:42.76 35.92 250m: 2:56.78 37.37 350m: 4:16.11 40.23									
100m: 1:06.84 35.02 200m: 2:19.41 36.65 300m: 3:35.88 39.10 400m: 4:54.89 38.78									
9. BOIX PALOMERO Juan	80	C.N. Vila-Real 4:57.84 8,00 568							
50m: 34.95 34.95 150m: 1:50.70 38.17 250m: 3:06.56 37.63 350m: 4:21.90 37.47									
100m: 1:12.53 37.58 200m: 2:28.93 38.23 300m: 3:44.43 37.87 400m: 4:57.84 35.94									
10. MIGUEL CORTÉS Ramon	84	C.N. Vila-Real 5:00.63 7,00 552							
50m: 1:47.48 1:47.48 150m: 3:04.89 1:55.43 250m: 4:22.82 1:56.51 400m: 5:00.63 1:15.96									
100m: 1:09.46 200m: 2:26.31 300m: 3:44.67									
11. SANCHEZ MEDINA Ricardo	84	C.N. Leganes 5:01.49 6,00 548							
50m: 32.81 32.81 150m: 1:48.47 37.88 250m: 3:06.33 38.39 350m: 4:24.08 38.40									
100m: 1:10.59 37.78 200m: 2:27.94 39.47 300m: 3:45.68 39.35 400m: 5:01.49 37.41									
12. CASCALES MINANA Francisco-De-Borj	82	L.U.C Natation 5:05.44 - 527							
50m: 31.96 31.96 150m: 1:45.77 37.84 250m: 3:04.27 39.74 350m: 4:25.90 41.35									
100m: 1:07.93 35.97 200m: 2:24.53 38.76 300m: 3:44.55 40.28 400m: 5:05.44 39.54									
13. BLANCO CASTELLO Alexis	81	C.N. Fanatic Swim Castellon 5:12.64 5,00 491							
50m: 33.27 33.27 150m: 1:49.27 39.10 250m: 3:10.13 40.81 350m: 4:33.19 42.27									
100m: 1:10.17 36.90 200m: 2:29.32 40.05 300m: 3:50.92 40.79 400m: 5:12.64 39.45									



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XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre, 40+

Clasificación	AN	Equipo	Tempo		
14. BAEKELANDT Koen	80	C.D. Halegatos	5:30.55	4,00	415
50m: 35.22 35.22	150m: 3:20.62	2:05.98	300m: 4:04.26	1:26.47	
100m: 1:14.64 39.42	200m: 2:37.79		400m: 5:30.55	1:26.29	
15. SANCHEZ LLOPIS Ramon	80	C.N. Fuenlabrada	5:54.70	3,00	336
50m: 38.86 38.86	150m: 2:04.54	43.62	250m: 3:35.08	45.38	350m: 5:08.58 47.06
100m: 1:20.92 42.06	200m: 2:49.70	45.16	300m: 4:21.52	46.44	400m: 5:54.70 46.12
16. GARGALLO BADENAS Javier	82	C.N. Fanatic Swim Castellon	5:55.76	2,00	333
50m: 38.20 38.20	150m: 2:05.63	44.61	250m: 3:37.72	46.53	350m: 5:10.50 46.92
100m: 1:21.02 42.82	200m: 2:51.19	45.56	300m: 4:23.58	45.86	400m: 5:55.76 45.26
17. SABORIT TORNER Marc	83	C.N. Albacora	7:08.48	1,00	190
50m: 46.88 46.88	200m: 3:28.18	1:49.76	300m: 5:22.03		
100m: 1:38.42 51.54	250m: 6:17.92	2:49.74	400m: 7:08.48	1:46.45	

Prueba 11 Masc., 400m Libre 35+
05/07/2024 - 10:00 Resultados

RE	4:09.74	SERRA VERDAGUER DANIEL	SAN FRANCISCO	10/08/2006
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Clasificación	AN	Equipo	Tempo		
1. RODRIGUEZ RAMOS Cristian	86	C.N. Swimfaster Salt	4:25.05	19,00	798
50m: 29.84 29.84	150m: 1:36.44	32.99	250m: 2:44.02	33.26	350m: 3:52.39 34.18
100m: 1:03.45 33.61	200m: 2:10.76	34.32	300m: 3:18.21	34.19	400m: 4:25.05 32.66
2. FERNANDEZ FERNANDEZ Jose Maria	85	Universidad de Granada	4:26.06	16,00	789
50m: 29.79 29.79	150m: 1:35.13	33.08	250m: 2:42.48	33.88	350m: 3:51.83 34.53
100m: 1:02.05 32.26	200m: 2:08.60	33.47	300m: 3:17.30	34.82	400m: 4:26.06 34.23
3. GARCIA RODRIGUEZ Alberto	85	Natacion Sevilla Master, C.D.	4:41.37	14,00	667
50m: 31.06 31.06	150m: 1:40.48	34.67	250m: 2:52.62	36.15	350m: 4:05.89 36.54
100m: 1:05.81 34.75	200m: 2:16.47	35.99	300m: 3:29.35	36.73	400m: 4:41.37 35.48
4. BAÑÓN ALFARO Javier	89	C.N. Albacete	4:49.56	13,00	612
50m: 33.41 33.41	150m: 1:46.68	36.82	250m: 3:00.58	37.06	350m: 4:14.65 36.97
100m: 1:09.86 36.45	200m: 2:23.52	36.84	300m: 3:37.68	37.10	400m: 4:49.56 34.91
5. SANCHEZ AVELLANO Rafael	89	C.D.N. Cordoba	4:50.90	12,00	604
50m: 32.18 32.18	150m: 1:44.15	36.26	250m: 2:58.71	37.40	350m: 4:15.24 38.43
100m: 1:07.89 35.71	200m: 2:21.31	37.16	300m: 3:36.81	38.10	400m: 4:50.90 35.66
6. SÁNCHEZ GÓMEZ Roberto	87	C. Tenis Chamartin	4:51.89	11,00	597
50m: 31.28 31.28	150m: 1:42.60	36.50	250m: 2:58.05	38.01	350m: 4:14.76 38.54
100m: 1:06.10 34.82	200m: 2:20.04	37.44	300m: 3:36.22	38.17	400m: 4:51.89 37.13
7. TORRENTE LLAMAS Victor	88	C.N. Santa Perpetua	4:56.34	10,00	571
50m: 33.52 33.52	150m: 1:47.56	37.69	250m: 3:03.01	37.91	350m: 4:19.09 38.06
100m: 1:09.87 36.35	200m: 2:25.10	37.54	300m: 3:41.03	38.02	400m: 4:56.34 37.25
8. CIRUJANO GUTIÉRREZ Sebastián	89	C.N. Tres Cantos	5:04.22	9,00	528
50m: 32.07 32.07	150m: 1:44.91	37.47	250m: 3:04.08	39.72	350m: 4:26.55 41.55
100m: 1:07.44 35.37	200m: 2:24.36	39.45	300m: 3:45.00	40.92	400m: 5:04.22 37.67



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XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre, 35+

Clasificación	AN	Equipo	Tiempo	Resultado
9. LANE Henry	88	C.N. Master Madrid	5:08.83 8,00	504
50m: 33.25 33.25 150m: 1:49.61 38.54 250m: 3:08.72 39.20 350m: 4:29.21 40.18				
100m: 1:11.07 37.82 200m: 2:29.52 39.91 300m: 3:49.03 40.31 400m: 5:08.83 39.62				
10. SUAREZ MENDEZ Alejandro	87	C.D. Jerez Natacion Master	5:15.89 7,00	471
50m: 34.22 34.22 150m: 1:53.56 40.79 250m: 3:15.80 41.52 350m: 4:37.44 40.72				
100m: 1:12.77 38.55 200m: 2:34.28 40.72 300m: 3:56.72 40.92 400m: 5:15.89 38.45				
11. DE LA ZARZA MERCHAN Jorge	89	C.N. Leganes	5:30.53 6,00	411
50m: 35.73 35.73 150m: 1:57.58 42.13 250m: 3:23.30 42.66 350m: 4:49.95 43.39				
100m: 1:15.45 39.72 200m: 2:40.64 43.06 300m: 4:06.56 43.26 400m: 5:30.53 40.58				
12. MUNAR Francisco Antonio	86	C.N. Cuatro Caminos	5:45.03 5,00	362
50m: 36.84 36.84 150m: 2:02.25 42.99 250m: 3:31.38 44.29 350m: 5:00.50 43.50				
100m: 1:19.26 42.42 200m: 2:47.09 44.84 300m: 4:17.00 45.62 400m: 5:45.03 44.53				
13. BERNAT MUSSONS Miguel	88	C.N. Albacora	6:24.61 4,00	261
50m: 43.13 43.13 150m: 2:21.73 50.58 250m: 4:01.05 49.89 350m: 5:40.55 50.12				
100m: 1:31.15 48.02 200m: 3:11.16 49.43 300m: 4:50.43 49.38 400m: 6:24.61 44.06				
Baja GONZALEZ PEREDA Mario	87	Galdakao I.T.	-	-

Prueba 11 Masc., 400m Libre 30+
05/07/2024 - 10:00 Resultados

RE 4:11.02 J. CARLOS VALLEJO BARCELONA 06/08/1994

Clasificación	AN	Equipo	Tiempo	Resultado
1. MARTIN DOMINGUEZ Victor	90	C.N. Leganes	4:31.93 19,00	671
50m: 29.83 29.83 150m: 1:36.23 33.74 250m: 2:46.17 34.75 350m: 3:57.10 35.64				
100m: 1:02.49 32.66 200m: 2:11.42 35.19 300m: 3:21.46 35.29 400m: 4:31.93 34.83				
2. HUERTAS IGLESIAS David	90	C. Tenis Chamartin	4:36.30 16,00	640
50m: 30.98 30.98 150m: 1:40.53 35.31 250m: 2:51.16 35.06 350m: 4:00.99 35.04				
100m: 1:05.22 34.24 200m: 2:16.10 35.57 300m: 3:25.95 34.79 400m: 4:36.30 35.31				
3. VICENTE TORNERO Santiago	94	C.N. Mediterraneo Valencia	4:37.08 14,00	634
50m: 30.85 30.85 150m: 1:41.01 35.50 250m: 2:52.07 35.41 350m: 4:02.77 34.96				
100m: 1:05.51 34.66 200m: 2:16.66 35.65 300m: 3:27.81 35.74 400m: 4:37.08 34.31				
4. SANZ TAMAYO Borja	93	C.D.E. Mako	4:38.34 13,00	626
50m: 30.18 30.18 150m: 1:39.56 35.47 250m: 2:52.13 36.52 350m: 4:03.77 35.00				
100m: 1:04.09 33.91 200m: 2:15.61 36.05 300m: 3:28.77 36.64 400m: 4:38.34 34.57				
5. DOMINGUEZ OCHOA Luis Eduardo	94	C.N. Cuatro Caminos	4:39.21 12,00	620
50m: 30.94 30.94 150m: 1:41.27 35.44 250m: 2:52.45 35.22 350m: 4:04.20 35.91				
100m: 1:05.83 34.89 200m: 2:17.23 35.96 300m: 3:28.29 35.84 400m: 4:39.21 35.01				
6. VILLANUEVA MORCILLO Victor	94	Ucam C.N. Fuensanta	4:39.70 11,00	617
50m: 31.41 31.41 150m: 1:39.93 34.72 250m: 2:51.33 35.98 350m: 4:04.51 36.65				
100m: 1:05.21 33.80 200m: 2:15.35 35.42 300m: 3:27.86 36.53 400m: 4:39.70 35.19				
7. CANO LOPEZ Manuel	91	Amistat-Novomarhotel	4:50.48 10,00	550
50m: 31.62 31.62 150m: 1:42.04 35.57 250m: 2:55.89 37.56 350m: 4:13.70 39.70				
100m: 1:06.47 34.85 200m: 2:18.33 36.29 300m: 3:34.00 38.11 400m: 4:50.48 36.78				



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XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre, 30+

Clasificación	AN	Equipo	Tempo		
8. BASTIJNS Jeroen	94	C.N. Cuatro Caminos	4:52.31	9,00	540
50m: 27.99 27.99	150m: 1:33.25 33.93	250m: 2:53.06 44.47	350m: 4:15.15 42.13		
100m: 59.32 31.33	200m: 2:08.59 35.34	300m: 3:33.02 39.96	400m: 4:52.31 37.16		
9. REYES SERRANO Borja	91	C.N. Leganes	5:10.92	8,00	449
50m: 33.57 33.57	150m: 1:49.74 39.15	250m: 3:09.68 40.27	350m: 4:31.20 40.88		
100m: 1:10.59 37.02	200m: 2:29.41 39.67	300m: 3:50.32 40.64	400m: 5:10.92 39.72		
10. RUIZ SOLARTE Eduardo	90	Universidad de Granada	5:16.01	7,00	427
50m: 36.30 36.30	150m: 1:56.26 40.46	250m: 3:17.90 40.89	350m: 4:39.03 39.99		
100m: 1:15.80 39.50	200m: 2:37.01 40.75	300m: 3:59.04 41.14	400m: 5:16.01 36.98		
11. CAGIGA VILA Ignacio	94	C.N. Alcobendas	5:25.99	6,00	389
50m: 33.91 33.91	150m: 1:53.70 40.48	250m: 3:19.24 43.15	350m: 4:44.98 42.55		
100m: 1:13.22 39.31	200m: 2:36.09 42.39	300m: 4:02.43 43.19	400m: 5:25.99 41.01		
12. FERMIN TENDERO Jorge	90	C.N. Monteverde	8:21.48	5,00	107
50m: 50.09 50.09	150m: 2:57.63 1:05.76	250m: 5:12.56 1:08.15	350m: 7:21.33 1:03.58		
100m: 1:51.87 1:01.78	200m: 4:04.41 1:06.78	300m: 6:17.75 1:05.19	400m: 8:21.48 1:00.15		

Prueba 11 Masc., 400m Libre 25+
05/07/2024 - 10:00 Resultados

RE	4:08.53	CABANILLAS QUINTANILLA RAFAEL	BARCELONA	31/05/2015
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Clasificación	AN	Equipo	Tempo		
1. MARIN SANCHEZ Juan Pablo	96	C.D. Jerez Natacion Master	4:21.45	19,00	782
50m: 28.42 28.42	150m: 1:33.59 32.93	250m: 2:41.37 33.97	350m: 3:50.02 33.92		
100m: 1:00.66 32.24	200m: 2:07.40 33.81	300m: 3:16.10 34.73	400m: 4:21.45 31.43		
2. MARTIN SALCEDO Sergio	96	C.N. Soriano	4:27.70	16,00	729
50m: 29.15 29.15	150m: 1:35.33 33.95	250m: 2:44.27 34.81	350m: 3:54.13 34.89		
100m: 1:01.38 32.23	200m: 2:09.46 34.13	300m: 3:19.24 34.97	400m: 4:27.70 33.57		
3. PICAZO VERGARA Felipe	96	C.N. Albacete	4:32.81	14,00	689
50m: 30.28 30.28	150m: 1:38.63 34.44	250m: 2:48.92 35.23	350m: 3:59.35 35.04		
100m: 1:04.19 33.91	200m: 2:13.69 35.06	300m: 3:24.31 35.39	400m: 4:32.81 33.46		
4. CORBALÁN HERNÁNDEZ Enrique	98	Ucam C.N. Fuensanta	4:35.77	13,00	667
50m: 30.99 30.99	150m: 1:38.83 34.23	250m: 2:49.03 35.20	350m: 4:00.45 35.80		
100m: 1:04.60 33.61	200m: 2:13.83 35.00	300m: 3:24.65 35.62	400m: 4:35.77 35.32		
5. GUILLEM NAVAJAS Carlos	97	C. Valenciano	4:49.27	12,00	577
50m: 31.94 31.94	150m: 1:43.21 36.34	250m: 2:57.27 36.94	350m: 4:12.27 36.88		
100m: 1:06.87 34.93	200m: 2:20.33 37.12	300m: 3:35.39 38.12	400m: 4:49.27 37.00		
6. AYALA MAESTRE Alejandro	97	C.D. Jerez Natacion Master	4:51.71	11,00	563
50m: 33.00 33.00	150m: 1:44.86 36.71	250m: 2:59.35 37.19	350m: 4:14.47 36.84		
100m: 1:08.15 35.15	200m: 2:22.16 37.30	300m: 3:37.63 38.28	400m: 4:51.71 37.24		
7. PINELA GOYA Iker	99	C.D.E. Mako	4:58.72	10,00	524
50m: 33.28 33.28	150m: 1:47.79 38.05	250m: 3:05.47 39.10	350m: 4:22.99 38.70		
100m: 1:09.74 36.46	200m: 2:26.37 38.58	300m: 3:44.29 38.82	400m: 4:58.72 35.73		

XXXIV Cto. de España "Open" Masters de verano
Castellón, 4 - 7/7/2024

Prueba 11, Masc., 400m Libre, 25+

Clasificación	AN	Equipo	Tempo	9,00	504
8. CURTO PAYA Jordi	95	C.N. Benicarlo	5:02.61	9,00	504
50m: 34.18 34.18	150m: 1:48.85 37.58	250m: 3:06.48 38.91	350m: 4:25.06 39.16		
100m: 1:11.27 37.09	200m: 2:27.57 38.72	300m: 3:45.90 39.42	400m: 5:02.61 37.55		
9. LEFORT CARRERO Alberto	97	C.N. Cuatro Caminos	5:08.69	8,00	475
50m: 32.84 32.84	150m: 1:50.37 39.50	250m: 3:11.68 40.92	350m: 4:32.24 39.45		
100m: 1:10.87 38.03	200m: 2:30.76 40.39	300m: 3:52.79 41.11	400m: 5:08.69 36.45		
Baja BONORA ESTEVE Jorge	99	C.N. Mediterraneo Valencia	-		

Prueba 11 Masc., 400m Libre 20+ Resultados
05/07/2024 - 10:00

Clasificación	AN	Equipo	Tempo	19,00	769
1. PEREZ SANCHEZ Javier	02	C.N. Monteverde	4:22.96	19,00	769
50m: 28.80 28.80	150m: 1:34.47 33.01	250m: 2:42.12 33.54	350m: 3:49.79 33.27		
100m: 1:01.46 32.66	200m: 2:08.58 34.11	300m: 3:16.52 34.40	400m: 4:22.96 33.17		
2. RODRIGUEZ SEGOVIA Samuel	03	C.P. La Roda	4:23.12	16,00	768
50m: 29.20 29.20	150m: 1:35.20 33.58	250m: 2:43.07 33.77	350m: 3:50.95 34.10		
100m: 1:01.62 32.42	200m: 2:09.30 34.10	300m: 3:16.85 33.78	400m: 4:23.12 32.17		
3. LUIS ALVAREZ Oscar	02	A.D. Santa Cruz	4:31.30	14,00	700
50m: 30.20 30.20	150m: 1:38.05 33.89	250m: 2:48.27 35.06	350m: 3:58.07 34.03		
100m: 1:04.16 33.96	200m: 2:13.21 35.16	300m: 3:24.04 35.77	400m: 4:31.30 33.23		
4. BONILLO SANCHEZ Juan Manuel	04	C.N. Villarrobledo	4:32.31	13,00	692
50m: 31.16 31.16	150m: 1:39.39 34.09	250m: 2:49.07 34.74	350m: 3:59.15 35.03		
100m: 1:05.30 34.14	200m: 2:14.33 34.94	300m: 3:24.12 35.05	400m: 4:32.31 33.16		
5. PEÑA RODRÍGUEZ Jeremy Tomás	04	C.N. Las Palmas	4:36.08	12,00	664
50m: 29.40 29.40	150m: 1:36.42 34.29	250m: 2:47.75 35.95	350m: 4:00.42 36.19		
100m: 1:02.13 32.73	200m: 2:11.80 35.38	300m: 3:24.23 36.48	400m: 4:36.08 35.66		
6. TAVIO MEDINA Emilio Jose	02	A.D. Santa Cruz	4:37.51	11,00	654
50m: 30.90 30.90	150m: 1:40.34 34.75	250m: 2:50.62 35.25	350m: 4:02.02 35.25		
100m: 1:05.59 34.69	200m: 2:15.37 35.03	300m: 3:26.77 36.15	400m: 4:37.51 35.49		
7. ADELL HORRACH Esteve	04	C.N. Calvia	4:40.97	10,00	630
50m: 31.14 31.14	150m: 1:42.49 36.14	250m: 2:54.75 36.23	350m: 4:06.06 35.45		
100m: 1:06.35 35.21	200m: 2:18.52 36.03	300m: 3:30.61 35.86	400m: 4:40.97 34.91		
8. PICAZO LLACER Josep	02	Univ. Politecnica Valencia	4:45.27	9,00	602
50m: 30.96 30.96	150m: 1:41.03 35.52	250m: 2:53.82 36.40	350m: 4:08.57 37.04		
100m: 1:05.51 34.55	200m: 2:17.42 36.39	300m: 3:31.53 37.71	400m: 4:45.27 36.70		
9. SANCHEZ MILLAS Jorge	00	C.N. Madrid Moscardo	5:05.84	8,00	489
50m: 34.37 34.37	150m: 1:49.52 38.26	250m: 3:08.76 39.81	350m: 4:28.20 39.50		
100m: 1:11.26 36.89	200m: 2:28.95 39.43	300m: 3:48.70 39.94	400m: 5:05.84 37.64		
10. BOU SORIA Jordi	00	C.D. Nados Castellon	5:21.21	7,00	422
50m: 35.06 35.06	150m: 1:56.10 41.30	250m: 3:19.10 41.34	350m: 4:42.47 41.76		
100m: 1:14.80 39.74	200m: 2:37.76 41.66	300m: 4:00.71 41.61	400m: 5:21.21 38.74		



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