

CXII Cto. de España Absoluto de verano "OPEN" TRIALS - ASTRALPOOL
Palma de Mallorca, 11 - 15/6/2025

Event 15 Women, 400m Medley Open
12/06/2025 - 18:20 Results Finals

Mundial Singapur	4:41.64				
Mundial Singapur Sub20	4:43.06				
Récord España	4:31.21	MIREIA BELMONTE GARCIA		BARCELONA	04/08/2013
Récord Campeonato	4:35.69	BELMONTE GARCIA MIREIA	ESP	BARCELONA	18/07/2014

Points: AQUA 2025

Rank			YB						Time	Pts
Final A										
1.	VAZQUEZ RUIZ Alba	ESP	02	C.N. Churriana					4:41.02	832
	50m: 29.64 29.64	150m: 1:39.74 36.90	250m: 2:56.11 39.49	350m: 4:08.41 32.92						
	100m: 1:02.84 33.20	200m: 2:16.62 36.88	300m: 3:35.49 39.38	400m: 4:41.02 32.61						
2.	CARRASCO CADENS Emma	ESP	05	C.N. Sant Andreu					4:42.47	819
	50m: 29.59 29.59	150m: 1:39.36 36.35	250m: 2:55.07 39.27	350m: 4:08.68 33.97						
	100m: 1:03.01 33.42	200m: 2:15.80 36.44	300m: 3:34.71 39.64	400m: 4:42.47 33.79						
3.	CABANES GARZAS Laura	ESP	06	Real Canoe N.C.					4:44.00	806
	50m: 29.14 29.14	150m: 1:38.49 36.51	250m: 2:55.45 40.95	350m: 4:10.56 33.59						
	100m: 1:01.98 32.84	200m: 2:14.50 36.01	300m: 3:36.97 41.52	400m: 4:44.00 33.44						
4.	DUMONT Sarah	BEL	07	C.E. Mediterrani					4:45.64	792
	50m: 29.61 29.61	150m: 1:39.50 36.95	250m: 2:58.10 42.40	350m: 4:13.41 32.82						
	100m: 1:02.55 32.94	200m: 2:15.70 36.20	300m: 3:40.59 42.49	400m: 4:45.64 32.23						
5.	PEREZ BLANCO Jimena	ESP	97	C.N. Barcelona					4:47.09	780
	50m: 30.47 30.47	150m: 1:42.04 37.47	250m: 3:00.01 41.79	350m: 4:15.03 32.97						
	100m: 1:04.57 34.10	200m: 2:18.22 36.18	300m: 3:42.06 42.05	400m: 4:47.09 32.06						
6.	BELMONTE GARCIA Mireia	ESP	90	C.N. Barcelona					4:54.80	721
	50m: 30.42 30.42	150m: 1:44.10 38.80	250m: 3:04.70 42.03	350m: 4:21.84 34.48						
	100m: 1:05.30 34.88	200m: 2:22.67 38.57	300m: 3:47.36 42.66	400m: 4:54.80 32.96						
7.	GOMEZ ESPINOSA Andrea	ESP	02	Amaya C.D.					4:55.26	717
	50m: 30.20 30.20	150m: 1:43.02 38.48	250m: 3:03.27 42.78	350m: 4:21.98 35.09						
	100m: 1:04.54 34.34	200m: 2:20.49 37.47	300m: 3:46.89 43.62	400m: 4:55.26 33.28						
8.	GARRIDO REBOLLO Yara	ESP	05	CD Acuatico Leon					5:00.02	684
	50m: 31.60 31.60	150m: 1:47.33 40.15	250m: 3:08.82 41.75	350m: 4:25.57 34.88						
	100m: 1:07.18 35.58	200m: 2:27.07 39.74	300m: 3:50.69 41.87	400m: 5:00.02 34.45						

Final B										
9.	DEL RIO DECABO Carlota	ESP	09	C.N. Granollers					4:59.74	686
	50m: 31.72 31.72	150m: 1:47.89 40.19	250m: 3:09.28 44.06	350m: 4:28.01 33.91						
	100m: 1:07.70 35.98	200m: 2:25.22 37.33	300m: 3:54.10 44.82	400m: 4:59.74 31.73						
10.	ABAD NUNEZ Beth	ESP	08	C.N. Palma de Mallorca					4:59.91	685
	50m: 31.55 31.55	150m: 1:47.10 39.76	250m: 3:09.68 43.57	350m: 4:27.59 34.40						
	100m: 1:07.34 35.79	200m: 2:26.11 39.01	300m: 3:53.19 43.51	400m: 4:59.91 32.32						
11.	AGUDO DOMINGUEZ Paula	ESP	06	Universidad de Granada					5:03.35	661
	50m: 30.64 30.64	150m: 1:47.36 40.73	250m: 3:09.20 41.97	350m: 4:27.27 35.69						
	100m: 1:06.63 35.99	200m: 2:27.23 39.87	300m: 3:51.58 42.38	400m: 5:03.35 36.08						

Splash Meet Manager, 11.82404

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Rank	YB										Time	Pts
12.	GARCIA MARTINEZ Julia				ESP	06	C.N. Las Anclas Castrillon				5:06.31	642
	50m:	30.83	30.83	150m:	1:46.74	39.62	250m:	3:10.01	44.80	350m:	4:31.23	35.60
	100m:	1:07.12	36.29	200m:	2:25.21	38.47	300m:	3:55.63	45.62	400m:	5:06.31	35.08
13.	ZUBELDIA OTEIZA Malen				ESP	09	Tolosaldea Usabal I.K.T.				5:07.38	636
	50m:	30.99	30.99	150m:	1:47.49	40.43	250m:	3:10.41	43.85	350m:	4:31.51	36.89
	100m:	1:07.06	36.07	200m:	2:26.56	39.07	300m:	3:54.62	44.21	400m:	5:07.38	35.87