

CXII Cto. de España Absoluto de verano "OPEN" TRIALS - ASTRALPOOL
Palma de Mallorca, 11 - 15/6/2025

Event 33 Men, 400m Freestyle Open
15/06/2025 - 17:34 Results Finals

Mundial Singapur	3:47.01				
Mundial Singapur Sub20	3:48.15				
Récord España	3:47.29	CARLOS GARACH BENITO		Palma de Mallorca	22/06/2024
Récord Campeonato	3:47.29	GARACH BENITO Carlos	ESP	Palma de Mallorca	22/06/2024

Points: AQUA 2025

Rank		YB		Time	Pts
Final A					
1.	JULIA TOUS Ferran	ESP 00	C.N. Sabadell	3:52.70	845
	50m: 27.05 27.05	150m: 1:26.09 29.71	250m: 2:25.68 29.43	350m: 3:24.21 29.24	
	100m: 56.38 29.33	200m: 1:56.25 30.16	300m: 2:54.97 29.29	400m: 3:52.70 28.49	
2.	GONZALEZ RODERO Alonso	ESP 03	Real Canoe N.C.	3:53.52	836
	50m: 26.95 26.95	150m: 1:25.67 29.49	250m: 2:24.38 29.23	350m: 3:23.22 29.51	
	100m: 56.18 29.23	200m: 1:55.15 29.48	300m: 2:53.71 29.33	400m: 3:53.52 30.30	
3.	GARCIA SAIZ Nicolas	ESP 02	C.D. Gredos San Diego	3:54.15	830
	50m: 27.18 27.18	150m: 1:26.46 29.84	250m: 2:26.40 29.82	350m: 3:25.29 29.16	
	100m: 56.62 29.44	200m: 1:56.58 30.12	300m: 2:56.13 29.73	400m: 3:54.15 28.86	
4.	FLORENCIO FERNANDEZ Ian	ESP 05	C.N. Sant Andreu	3:56.13	809
	50m: 26.93 26.93	150m: 1:26.05 29.86	250m: 2:26.77 30.45	350m: 3:27.19 29.74	
	100m: 56.19 29.26	200m: 1:56.32 30.27	300m: 2:57.45 30.68	400m: 3:56.13 28.94	
5.	RAMIA VIVES Guillem	ESP 02	C.N. Terrassa	3:57.34	797
	50m: 26.10 26.10	150m: 1:25.10 30.02	250m: 2:25.72 30.52	350m: 3:27.47 30.94	
	100m: 55.08 28.98	200m: 1:55.20 30.10	300m: 2:56.53 30.81	400m: 3:57.34 29.87	
6.	QUIJADA ROLDAN Carlos	ESP 01	Real Canoe N.C.	3:57.78	792
	50m: 26.73 26.73	150m: 1:24.76 29.26	250m: 2:24.60 30.20	350m: 3:26.54 31.41	
	100m: 55.50 28.77	200m: 1:54.40 29.64	300m: 2:55.13 30.53	400m: 3:57.78 31.24	
7.	NEVADO RUIZ Pablo	ESP 06	C.N. Sabadell	3:58.04	790
	50m: 27.24 27.24	150m: 1:26.84 30.25	250m: 2:27.62 30.66	350m: 3:28.56 30.26	
	100m: 56.59 29.35	200m: 1:56.96 30.12	300m: 2:58.30 30.68	400m: 3:58.04 29.48	
8.	ORTIZ MARTINEZ Carlos	ESP 04	C.E. Mediterrani	4:03.29	740
	50m: 27.10 27.10	150m: 1:26.72 30.11	250m: 2:28.63 31.18	350m: 3:31.69 31.55	
	100m: 56.61 29.51	200m: 1:57.45 30.73	300m: 3:00.14 31.51	400m: 4:03.29 31.60	

Final B					
9.	PUEBLA MARTINEZ Alejandro	ESP 02	C.N. Barcelona	3:57.66	793
	50m: 27.60 27.60	150m: 1:27.51 30.06	250m: 2:28.03 30.28	350m: 3:28.55 30.11	
	100m: 57.45 29.85	200m: 1:57.75 30.24	300m: 2:58.44 30.41	400m: 3:57.66 29.11	
10.	SANCHEZ GONZALEZ Marcos	ESP 04	C.N. Sabadell	3:58.26	788
	50m: 27.24 27.24	150m: 1:27.11 30.24	250m: 2:27.76 30.32	350m: 3:28.41 30.30	
	100m: 56.87 29.63	200m: 1:57.44 30.33	300m: 2:58.11 30.35	400m: 3:58.26 29.85	
11.	SANTIAGO BETANCOR Raul	ESP 97	C.N. Granollers	4:00.21	768
	50m: 28.16 28.16	150m: 1:28.54 30.57	250m: 2:30.20 30.95	350m: 3:31.35 30.07	
	100m: 57.97 29.81	200m: 1:59.25 30.71	300m: 3:01.28 31.08	400m: 4:00.21 28.86	

Splash Meet Manager, 11.82404

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Palma de Mallorca, 11 - 15/6/2025

Event 33, Men, 400m Freestyle, Final, Open

Rank						YB						Time	Pts
12.	EL FALLAKI EL ACHRAFI Ilias					MAR 06	C.N. Alcala					4:01.33	758
	50m:	27.87	27.87	150m:	1:28.85	30.69	250m:	2:30.24	30.72	350m:	3:31.34	30.26	
	100m:	58.16	30.29	200m:	1:59.52	30.67	300m:	3:01.08	30.84	400m:	4:01.33	29.99	
13.	GASOL GUTIERREZ Biel					ESP 08	C.N. Granollers					4:01.44	757
	50m:	28.34	28.34	150m:	1:28.81	30.56	250m:	2:30.51	30.99	350m:	3:32.19	30.51	
	100m:	58.25	29.91	200m:	1:59.52	30.71	300m:	3:01.68	31.17	400m:	4:01.44	29.25	
14.	NIEVAS GARCIA Lucas					ESP 07	C.N. Iregua-Villamediana					4:02.63	746
	50m:	27.83	27.83	150m:	1:28.81	30.81	250m:	2:30.41	30.84	350m:	3:32.77	31.11	
	100m:	58.00	30.17	200m:	1:59.57	30.76	300m:	3:01.66	31.25	400m:	4:02.63	29.86	
15.	JIMENEZ RISQUEZ Alex					ESP 06	C.N. Sabadell					4:03.15	741
	50m:	27.41	27.41	150m:	1:27.76	30.44	250m:	2:29.27	30.94	350m:	3:32.14	31.42	
	100m:	57.32	29.91	200m:	1:58.33	30.57	300m:	3:00.72	31.45	400m:	4:03.15	31.01	
16.	MORILLO LOPEZ Ferran					ESP 05	C.E. Mediterrani					4:03.91	734
	50m:	27.63	27.63	150m:	1:27.40	30.01	250m:	2:28.99	30.87	350m:	3:32.40	31.81	
	100m:	57.39	29.76	200m:	1:58.12	30.72	300m:	3:00.59	31.60	400m:	4:03.91	31.51	