

VIII Cto. de España "OPEN" de Fondo Masters
OVIEDO, 21 - 23/3/2025

Prueba 5
23/03/2025 - 10:00

Masc., 800m Libre

20 años y mayores
Resultados

Clasificación

AN

Tiempo

95+

- | | | | | |
|----|--|--------------------|-----------------|---|
| 1. | DOMINGUEZ FERNANDEZ, Juan Franc27:0 | C.N. Master Madrid | 26:42.39 | - |
| | 100m: 3:21.23 3:21.23 300m: 10:12.76 3:25.43 500m: 16:49.07 3:18.80 700m: 23:27.82 3:16.18 | | | |
| | 200m: 6:47.33 3:26.10 400m: 13:30.27 3:17.51 600m: 20:11.64 3:22.57 800m: 26:42.39 3:14.57 | | | |

85+

- | | | | | |
|----|---|-------------------|-----------------|-------|
| 1. | CANALES DE MENDOZA, Joaquin Ma 40 | R.C. Mediterraneo | 14:30.74 | 19,00 |
| | 100m: 1:43.69 1:43.69 300m: 5:29.15 1:52.36 500m: 9:09.35 1:49.07 700m: 12:48.75 1:50.15 | | | |
| | 200m: 3:36.79 1:53.10 400m: 7:20.28 1:51.13 600m: 10:58.60 1:49.25 800m: 14:30.74 1:41.99 | | | |

75+

- | | | | | |
|----|---|---------------------|-----------------|-------|
| 1. | RIERA MONTAL, Agustin 49 | C. Tenerife Masters | 16:04.06 | 19,00 |
| | 100m: 1:44.91 1:44.91 300m: 5:43.86 2:01.20 500m: 9:52.75 2:05.34 700m: 14:03.12 2:05.03 | | | |
| | 200m: 3:42.66 1:57.75 400m: 7:47.41 2:03.55 600m: 11:58.09 2:05.34 800m: 16:04.06 2:00.94 | | | |
| 2. | VALLESPIN GOMEZ, Juan Manuel 48 | C.N. Master Madrid | 16:35.57 | 16,00 |
| | 100m: 1:55.15 1:55.15 300m: 6:04.57 2:05.36 500m: 10:22.95 2:11.67 700m: 14:41.31 2:09.90 | | | |
| | 200m: 3:59.21 2:04.06 400m: 8:11.28 2:06.71 600m: 12:31.41 2:08.46 800m: 16:35.57 1:54.26 | | | |
| 3. | FORCAT GLEZ, Ricardo 47 | C.N. Master Madrid | 16:50.33 | 14,00 |
| | 100m: 1:49.93 1:49.93 300m: 6:05.76 2:08.01 500m: 10:25.02 2:10.60 700m: 14:44.88 2:10.20 | | | |
| | 200m: 3:57.75 2:07.82 400m: 8:14.42 2:08.66 600m: 12:34.68 2:09.66 800m: 16:50.33 2:05.45 | | | |
| 4. | RUIZ DE CASTAÑEDA DE LA LLAVE, I48aci | C.D.E. Mako | 17:55.86 | 13,00 |
| | 100m: 2:06.31 2:06.31 300m: 6:37.74 2:16.99 500m: 11:05.14 2:15.57 700m: 15:42.28 2:18.06 | | | |
| | 200m: 4:20.75 2:14.44 400m: 8:49.57 2:11.83 600m: 13:24.22 2:19.08 800m: 17:55.86 2:13.58 | | | |

70+

- | | | | | |
|----|---|-----------------------|-----------------|-------|
| 1. | FERNANDEZ RODRIGUEZ, Rafael 54 | C.N. Cuatro Caminos | 12:07.07 | 19,00 |
| | 100m: 1:23.32 1:23.32 300m: 4:28.74 1:33.46 500m: 7:34.33 1:32.56 700m: 10:37.52 1:31.04 | | | |
| | 200m: 2:55.28 1:31.96 400m: 6:01.77 1:33.03 600m: 9:06.48 1:32.15 800m: 12:07.07 1:29.55 | | | |
| 2. | GARCIA COLOMO, Manuel Ramon 54 | C.N. Pabellon Ourense | 13:00.53 | 16,00 |
| | 100m: 1:34.76 1:34.76 300m: 4:54.10 1:39.80 500m: 8:12.17 1:38.00 700m: 11:27.01 1:36.93 | | | |
| | 200m: 3:14.30 1:39.54 400m: 6:34.17 1:40.07 600m: 9:50.08 1:37.91 800m: 13:00.53 1:33.52 | | | |
| 3. | MARTIN MARTINEZ, Juan Jesus 54 | C.N. Fuenlabrada | 14:13.59 | 14,00 |
| | 100m: 1:36.80 1:36.80 300m: 5:16.45 1:51.08 500m: 8:53.63 1:49.09 700m: 12:30.26 1:48.10 | | | |
| | 200m: 3:25.37 1:48.57 400m: 7:04.54 1:48.09 600m: 10:42.16 1:48.53 800m: 14:13.59 1:43.33 | | | |
| 4. | GARCIA LOPEZ, Manuel 55 | Res Albacete Swim | 17:12.46 | 13,00 |
| | 100m: 1:55.75 1:55.75 300m: 6:16.56 2:11.23 500m: 10:38.73 2:10.56 700m: 15:04.36 2:12.45 | | | |
| | 200m: 4:05.33 2:09.58 400m: 8:28.17 2:11.61 600m: 12:51.91 2:13.18 800m: 17:12.46 2:08.10 | | | |

VIII Cto. de España "OPEN" de Fondo Masters
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Prueba 5, Masc., 800m Libre

65+

1.	MENENDEZ CUELLAR, Manuel	58	C.N. Cuatro Caminos	11:33.18	19,00
	100m: 1:21.64 1:21.64	300m: 4:18.27 1:28.80	500m: 7:15.72 1:28.82	700m: 10:09.53 1:25.74	
	200m: 2:49.47 1:27.83	400m: 5:46.90 1:28.63	600m: 8:43.79 1:28.07	800m: 11:33.18 1:23.65	
2.	ILYAEV, Sergey	59	C. Tenerife Masters	11:49.31	16,00
	100m: 1:23.69 1:23.69	300m: 4:22.65 1:29.70	500m: 7:23.03 1:29.61	700m: 10:22.68 1:29.48	
	200m: 2:52.95 1:29.26	400m: 5:53.42 1:30.77	600m: 8:53.20 1:30.17	800m: 11:49.31 1:26.63	
3.	LILLO PEREZ, Juan Ignacio	59	CN. Master Torrijos	12:59.75	14,00
	100m: 1:25.36 1:25.36	300m: 4:36.19 1:36.98	500m: 7:54.81 1:40.25	700m: 11:19.92 1:43.38	
	200m: 2:59.21 1:33.85	400m: 6:14.56 1:38.37	600m: 9:36.54 1:41.73	800m: 12:59.75 1:39.83	
4.	GARRIDO HERNANDEZ, Wenceslao	60	Club Natació Swimfaster Salt	13:12.69	13,00
	100m: 1:32.35 1:32.35	300m: 4:53.85 1:39.17	500m: 8:17.18 1:43.66	700m: 11:36.92 1:38.92	
	200m: 3:14.68 1:42.33	400m: 6:33.52 1:39.67	600m: 9:58.00 1:40.82	800m: 13:12.69 1:35.77	
5.	FERNANDEZ NAVARRO, Juan Jose	59	C.D.E. Mako	14:38.36	12,00
	100m: 1:43.83 1:43.83	300m: 5:24.25 1:50.60	500m: 9:06.37 1:50.62	700m: 12:50.07 1:52.11	
	200m: 3:33.65 1:49.82	400m: 7:15.75 1:51.50	600m: 10:57.96 1:51.59	800m: 14:38.36 1:48.29	
6.	PINA MORENO, Ricardo	57	CN. Master Torrijos	15:04.96	11,00
	100m: 1:43.33 1:43.33	300m: 5:30.15 1:54.32	500m: 9:18.94 1:54.68	700m: 13:10.14 1:55.16	
	200m: 3:35.83 1:52.50	400m: 7:24.26 1:54.11	600m: 11:14.98 1:56.04	800m: 15:04.96 1:54.82	

Baja MATA DIAZ, Enrique 60 Club Gloria Swimtrain Maspalomas -

60+

1.	GONZALEZ ARMAS, Juan Carlos	63	C. Tenerife Masters	11:58.98	19,00
	100m: 1:22.39 1:22.39	300m: 4:24.96 1:31.45	500m: 7:28.55 1:32.06	700m: 10:30.56 1:30.82	
	200m: 2:53.51 1:31.12	400m: 5:56.49 1:31.53	600m: 8:59.74 1:31.19	800m: 11:58.98 1:28.42	
2.	MEJIA MARTINEZ, William	63	C.N. Master Madrid	12:15.68	16,00
	100m: 1:24.01 1:24.01	300m: 4:27.21 1:32.44	500m: 7:33.39 1:32.80	700m: 10:43.15 1:35.50	
	200m: 2:54.77 1:30.76	400m: 6:00.59 1:33.38	600m: 9:07.65 1:34.26	800m: 12:15.68 1:32.53	
3.	COSTAS ALGARA, Jose Luis	62	C. Tenis Chamartin	12:17.21	14,00
	100m: 1:26.24 1:26.24	300m: 4:32.68 1:33.38	500m: 7:40.38 1:33.94	700m: 10:47.67 1:33.52	
	200m: 2:59.30 1:33.06	400m: 6:06.44 1:33.76	600m: 9:14.15 1:33.77	800m: 12:17.21 1:29.54	
4.	FUNGAIRIÑO ABAD, Eduardo	64	C.N. Master Madrid	13:20.52	13,00
	100m: 1:35.77 1:35.77	300m: 4:59.92 1:41.57	500m: 8:20.41 1:40.31	700m: 11:42.16 1:40.66	
	200m: 3:18.35 1:42.58	400m: 6:40.10 1:40.18	600m: 10:01.50 1:41.09	800m: 13:20.52 1:38.36	
5.	FERNANDEZ LAZARO, Fernando	63	Club Atlético Montemar	13:34.16	12,00
	100m: 1:36.65 1:36.65	300m: 5:07.35 1:45.66	500m: 8:34.62 1:43.29	700m: 12:00.75 1:42.92	
	200m: 3:21.69 1:45.04	400m: 6:51.33 1:43.98	600m: 10:17.83 1:43.21	800m: 13:34.16 1:33.41	
6.	CASTRO AGUILAR, Custodio	63	Universidad De Granada	13:39.43	11,00
	100m: 1:33.32 1:33.32	300m: 4:55.61 1:42.07	500m: 8:19.28 1:42.52	700m: 11:52.99 1:47.19	
	200m: 3:13.54 1:40.22	400m: 6:36.76 1:41.15	600m: 10:05.80 1:46.52	800m: 13:39.43 1:46.44	
7.	DE VICENTE MINGARRO, Inigo	61	Race	14:29.36	10,00
	100m: 1:36.78 1:36.78	300m: 5:16.96 1:51.66	500m: 8:57.47 1:49.50	700m: 12:42.66 1:52.40	
	200m: 3:25.30 1:48.52	400m: 7:07.97 1:51.01	600m: 10:50.26 1:52.79	800m: 14:29.36 1:46.70	

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55+

1.	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	10:04.29	19,00
	100m: 1:09.98 1:09.98	300m: 3:39.85 1:15.39	500m: 6:13.50 1:16.60	700m: 8:48.28 1:17.33	
	200m: 2:24.46 1:14.48	400m: 4:56.90 1:17.05	600m: 7:30.95 1:17.45	800m: 10:04.29 1:16.01	
2.	SANCHEZ APARICIO, Enrique	68	Club Natacion Master Leon	10:18.58	16,00
	100m: 1:13.25 1:13.25	300m: 3:50.64 1:18.95	500m: 6:28.89 1:18.79	700m: 9:04.83 1:17.01	
	200m: 2:31.69 1:18.44	400m: 5:10.10 1:19.46	600m: 7:47.82 1:18.93	800m: 10:18.58 1:13.75	
3.	ROCH BLOM, Raul	70	C.N. Sitges	10:21.89	14,00
	100m: 1:12.60 1:12.60	300m: 3:49.73 1:19.30	500m: 6:28.10 1:19.53	700m: 9:05.78 1:18.44	
	200m: 2:30.43 1:17.83	400m: 5:08.57 1:18.84	600m: 7:47.34 1:19.24	800m: 10:21.89 1:16.11	
4.	GOMEZ RAMOS, Jesus	70	Real Canoe N.C.	10:30.19	13,00
	100m: 1:13.12 1:13.12	300m: 3:49.40 1:18.84	500m: 6:30.01 1:20.44	700m: 9:11.14 1:20.66	
	200m: 2:30.56 1:17.44	400m: 5:09.57 1:20.17	600m: 7:50.48 1:20.47	800m: 10:30.19 1:19.05	
5.	DOMENE HERNANDEZ, Ricardo	70	C.N. Master Naturalswim Petrer	10:57.48	12,00
	100m: 1:13.16 1:13.16	300m: 3:57.43 1:23.48	500m: 6:46.14 1:24.76	700m: 9:37.44 1:25.79	
	200m: 2:33.95 1:20.79	400m: 5:21.38 1:23.95	600m: 8:11.65 1:25.51	800m: 10:57.48 1:20.04	
6.	MATEU ADZERIAS, Oriol	70	C.N. Sabadell	10:58.23	11,00
	100m: 1:16.11 1:16.11	300m: 4:00.12 1:22.22	500m: 6:44.50 1:21.93	700m: 9:32.92 1:24.92	
	200m: 2:37.90 1:21.79	400m: 5:22.57 1:22.45	600m: 8:08.00 1:23.50	800m: 10:58.23 1:25.31	
7.	RIVAS FEAL, Antonio	66	Sporting Club Casino	11:13.88	10,00
	100m: 1:19.78 1:19.78	300m: 4:09.52 1:25.07	500m: 7:00.19 1:25.61	700m: 9:51.49 1:25.61	
	200m: 2:44.45 1:24.67	400m: 5:34.58 1:25.06	600m: 8:25.88 1:25.69	800m: 11:13.88 1:22.39	
8.	PLAZA VALDES, Eduardo	67	C.D. Toledo Monteverde	11:51.94	9,00
	100m: 1:20.90 1:20.90	300m: 4:22.45 1:31.24	500m: 7:25.66 1:32.05	700m: 10:26.06 1:29.43	
	200m: 2:51.21 1:30.31	400m: 5:53.61 1:31.16	600m: 8:56.63 1:30.97	800m: 11:51.94 1:25.88	
9.	RAMON IBAÑEZ, Oscar	70	C. Aquatico Aviles Solras	12:00.26	8,00
	100m: 1:22.80 1:22.80	300m: 4:27.27 1:32.77	500m: 7:30.99 1:32.07	700m: 10:31.93 1:29.79	
	200m: 2:54.50 1:31.70	400m: 5:58.92 1:31.65	600m: 9:02.14 1:31.15	800m: 12:00.26 1:28.33	
10.	ALVAREZ GARCIA, Fernando	67	C. Tenis Chamartin	12:05.34	7,00
	100m: 1:23.95 1:23.95	300m: 4:28.72 1:32.63	500m: 7:32.23 1:31.65	700m: 10:35.53 1:31.47	
	200m: 2:56.09 1:32.14	400m: 6:00.58 1:31.86	600m: 9:04.06 1:31.83	800m: 12:05.34 1:29.81	
11.	DELGADO VAN LOOK, Francisco Javier	68	C.N. Mediterraneo Valencia	12:09.78	6,00
	100m: 1:24.52 1:24.52	300m: 4:27.40 1:32.54	500m: 7:35.92 1:34.90	700m: 10:41.01 1:32.07	
	200m: 2:54.86 1:30.34	400m: 6:01.02 1:33.62	600m: 9:08.94 1:33.02	800m: 12:09.78 1:28.77	
12.	GUALDA PICAZO, Juan Carlos	68	Res Albacete Swim	12:12.39	5,00
	100m: 1:27.77 1:27.77	300m: 4:35.86 1:33.53	500m: 7:43.80 1:33.53	700m: 10:48.16 1:31.44	
	200m: 3:02.33 1:34.56	400m: 6:10.27 1:34.41	600m: 9:16.72 1:32.92	800m: 12:12.39 1:24.23	
13.	QUESADA BLAZQUEZ, Fernando	67	C.N. Fuenlabrada	13:02.30	4,00
	100m: 1:27.29 1:27.29	300m: 4:47.13 1:40.64	500m: 8:07.76 1:40.66	700m: 11:25.89 1:38.82	
	200m: 3:06.49 1:39.20	400m: 6:27.10 1:39.97	600m: 9:47.07 1:39.31	800m: 13:02.30 1:36.41	
14.	MOZOS PEREZ, Victor	70	C.N. Leganes	13:30.25	3,00
	100m: 1:26.19 1:26.19	300m: 4:52.25 1:45.59	500m: 8:23.79 1:45.43	700m: 11:51.48 1:42.03	
	200m: 3:06.66 1:40.47	400m: 6:38.36 1:46.11	600m: 10:09.45 1:45.66	800m: 13:30.25 1:38.77	

Baja LUZARDO RODRIGUEZ, Gustavo Adolf 66 C.N. Metropole -

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Prueba 5, Masc., 800m Libre

50+

1.	MORALES RODRIGUEZ, Sergio	73	C.N. Aquamasters	10:04.81	19,00
	100m: 1:11.19 1:11.19 300m: 3:42.94 1:16.28 500m: 6:16.06 1:16.33 700m: 8:49.65 1:16.26				
	200m: 2:26.66 1:15.47 400m: 4:59.73 1:16.79 600m: 7:33.39 1:17.33 800m: 10:04.81 1:15.16				
2.	MARTINEZ GONZALEZ, Raul	72	C.N. Ovimaster	11:08.13	16,00
	100m: 1:15.75 1:15.75 300m: 4:03.17 1:24.93 500m: 6:55.09 1:26.48 700m: 9:46.58 1:25.33				
	200m: 2:38.24 1:22.49 400m: 5:28.61 1:25.44 600m: 8:21.25 1:26.16 800m: 11:08.13 1:21.55				
3.	ARANGO BERMEJO, Isaac	73	C. Aquatico Aviles Solras	11:09.81	14,00
	100m: 1:15.19 1:15.19 300m: 4:02.07 1:24.64 500m: 6:54.90 1:27.00 700m: 9:48.56 1:26.16				
	200m: 2:37.43 1:22.24 400m: 5:27.90 1:25.83 600m: 8:22.40 1:27.50 800m: 11:09.81 1:21.25				
4.	AMARO PEDRAZA, David	75	C.N. Leganes	11:11.51	13,00
	100m: 1:13.18 1:13.18 300m: 3:57.11 1:23.11 500m: 6:47.12 1:25.45 700m: 9:42.22 1:27.58				
	200m: 2:34.00 1:20.82 400m: 5:21.67 1:24.56 600m: 8:14.64 1:27.52 800m: 11:11.51 1:29.29				
5.	GOMEZ PEREZ, Francisco Javier	72	R.G.C. Covadonga	11:25.50	12,00
	100m: 1:20.64 1:20.64 300m: 4:11.99 1:26.24 500m: 7:06.40 1:27.54 700m: 10:01.68 1:27.87				
	200m: 2:45.75 1:25.11 400m: 5:38.86 1:26.87 600m: 8:33.81 1:27.41 800m: 11:25.50 1:23.82				
6.	CUADRADO VIÑAS, Fernando	74	C.N. Fuenlabrada	11:37.47	11,00
	100m: 1:14.17 1:14.17 300m: 4:01.92 1:25.68 500m: 7:01.30 1:30.64 700m: 10:07.35 1:33.23				
	200m: 2:36.24 1:22.07 400m: 5:30.66 1:28.74 600m: 8:34.12 1:32.82 800m: 11:37.47 1:30.12				
7.	LOSA PARRONDO, Andres	75	R.G.C. Covadonga	11:42.91	10,00
	100m: 1:21.47 1:21.47 300m: 4:20.42 1:30.15 500m: 7:20.48 1:30.30 700m: 10:18.04 1:28.42				
	200m: 2:50.27 1:28.80 400m: 5:50.18 1:29.76 600m: 8:49.62 1:29.14 800m: 11:42.91 1:24.87				
8.	SANTA MARCO, Jose Maria	73	C.N. Master Naturalswim Petrer	12:31.14	9,00
	100m: 1:26.55 1:26.55 300m: 4:37.24 1:35.73 500m: 7:48.52 1:35.40 700m: 10:59.71 1:35.67				
	200m: 3:01.51 1:34.96 400m: 6:13.12 1:35.88 600m: 9:24.04 1:35.52 800m: 12:31.14 1:31.43				
9.	SANTORUM PEREZ, Jaime	75	C.N. Ovimaster	12:33.97	8,00
	100m: 1:23.52 1:23.52 300m: 4:30.00 1:34.82 500m: 7:43.21 1:36.79 700m: 10:59.82 1:38.67				
	200m: 2:55.18 1:31.66 400m: 6:06.42 1:36.42 600m: 9:21.15 1:37.94 800m: 12:33.97 1:34.15				
10.	OLIVA NIETO, David	75	C.N. Fuenlabrada	12:34.13	7,00
	100m: 1:25.87 1:25.87 300m: 4:36.26 1:35.79 500m: 7:48.78 1:35.48 700m: 11:02.22 1:35.63				
	200m: 3:00.47 1:34.60 400m: 6:13.30 1:37.04 600m: 9:26.59 1:37.81 800m: 12:34.13 1:31.91				
11.	GIL HENRIQUEZ, Jorge Juan	72	C.N. Las Palmas	12:41.52	6,00
	100m: 1:25.32 1:25.32 300m: 4:41.65 1:38.96 500m: 7:57.59 1:37.73 700m: 11:12.23 1:35.94				
	200m: 3:02.69 1:37.37 400m: 6:19.86 1:38.21 600m: 9:36.29 1:38.70 800m: 12:41.52 1:29.29				
12.	LOPEZ RODRIGUEZ, Ignacio	73	C.N. Ovimaster	12:41.81	5,00
	100m: 1:28.15 1:28.15 300m: 4:42.53 1:37.27 500m: 7:58.13 1:37.35 700m: 11:13.03 1:37.34				
	200m: 3:05.26 1:37.11 400m: 6:20.78 1:38.25 600m: 9:35.69 1:37.56 800m: 12:41.81 1:28.78				
13.	RODRIGUEZ DIAZ, Rogelio	75	R.G.C. Covadonga	13:33.57	4,00
	100m: 1:30.41 1:30.41 300m: 4:56.61 1:43.79 500m: 8:25.26 1:44.20 700m: 11:53.88 1:45.34				
	200m: 3:12.82 1:42.41 400m: 6:41.06 1:44.45 600m: 10:08.54 1:43.28 800m: 13:33.57 1:39.69				

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45+

1.	VERDEJO BARROETA, Guillermo	78	Swim Camp Getxo CD	9:12.29	19,00
	100m: 1:04.54 1:04.54	300m: 3:24.47 1:10.35	500m: 5:44.63 1:09.85	700m: 8:04.68 1:09.88	
	200m: 2:14.12 1:09.58	400m: 4:34.78 1:10.31	600m: 6:54.80 1:10.17	800m: 9:12.29 1:07.61	
2.	SERRANO SANZ, Ruben	80	C.N. Triton Bierzo	10:01.96	16,00
	100m: 1:09.84 1:09.84	300m: 3:40.76 1:16.28	500m: 6:14.85 1:17.23	700m: 8:49.36 1:16.97	
	200m: 2:24.48 1:14.64	400m: 4:57.62 1:16.86	600m: 7:32.39 1:17.54	800m: 10:01.96 1:12.60	
3.	DE LA VIESCA SANTAFE, Carlos	78	Real Canoe N.C.	10:46.56	14,00
	100m: 1:16.34 1:16.34	300m: 4:01.44 1:22.70	500m: 6:46.13 1:22.06	700m: 9:29.24 1:21.40	
	200m: 2:38.74 1:22.40	400m: 5:24.07 1:22.63	600m: 8:07.84 1:21.71	800m: 10:46.56 1:17.32	
4.	YAGUE ANDRES, Jorge	77	C.N. Master Madrid	10:53.37	13,00
	100m: 1:15.48 1:15.48	300m: 4:02.31 1:23.22	500m: 6:49.50 1:23.66	700m: 9:35.70 1:22.55	
	200m: 2:39.09 1:23.61	400m: 5:25.84 1:23.53	600m: 8:13.15 1:23.65	800m: 10:53.37 1:17.67	
5.	CUADRADO CAZORLA, Roberto	78	C.N. Ovimaster	11:05.47	12,00
	100m: 1:15.97 1:15.97	300m: 4:02.27 1:24.53	500m: 6:51.19 1:24.49	700m: 9:42.82 1:25.86	
	200m: 2:37.74 1:21.77	400m: 5:26.70 1:24.43	600m: 8:16.96 1:25.77	800m: 11:05.47 1:22.65	
6.	AGUILAR CONTRERAS, Antonio Angel	79	C.N. Master Madrid	11:08.97	11,00
	100m: 1:18.14 1:18.14	300m: 4:05.33 1:23.95	500m: 6:54.38 1:24.47	700m: 9:45.18 1:25.10	
	200m: 2:41.38 1:23.24	400m: 5:29.91 1:24.58	600m: 8:20.08 1:25.70	800m: 11:08.97 1:23.79	
7.	RANGEL MENDEZ, Luis Alberto	78	C.N. Ovimaster	11:36.44	10,00
	100m: 1:20.37 1:20.37	300m: 4:17.89 1:29.18	500m: 7:15.90 1:28.78	700m: 10:12.23 1:27.46	
	200m: 2:48.71 1:28.34	400m: 5:47.12 1:29.23	600m: 8:44.77 1:28.87	800m: 11:36.44 1:24.21	
8.	MINGUEZ CUENCA, Guillermo	79	C.N. Mediterraneo Valencia	12:14.34	9,00
	100m: 1:25.55 1:25.55	300m: 4:30.02 1:28.95	500m: 7:35.26 1:32.80	700m: 10:46.40 1:36.18	
	200m: 3:01.07 1:35.52	400m: 6:02.46 1:32.44	600m: 9:10.22 1:34.96	800m: 12:14.34 1:27.94	
9.	SANCHEZ LLOPIS, Ramon	80	C.N. Fuenlabrada	12:47.25	8,00
	100m: 1:26.03 1:26.03	300m: 4:32.29 1:34.23	500m: 7:48.47 1:38.23	700m: 11:08.24 1:39.85	
	200m: 2:58.06 1:32.03	400m: 6:10.24 1:37.95	600m: 9:28.39 1:39.92	800m: 12:47.25 1:39.01	
Baja	SEDEÑO LAFUENTE, Gonzalo	77	CN. Master Torrijos	-	-
Baja	LASHERAS MORENO, Carlos	76	Tenis Pamplona C.	-	-

40+

1.	SERRANO VAZQUEZ, Pedro	84	C.D.N. Cordoba	9:09.78	19,00
	100m: 1:04.11 1:04.11	300m: 3:21.64 1:09.54	500m: 5:40.90 1:09.65	700m: 8:01.55 1:10.43	
	200m: 2:12.10 1:07.99	400m: 4:31.25 1:09.61	600m: 6:51.12 1:10.22	800m: 9:09.78 1:08.23	
2.	FERNANDEZ FERNANDEZ, Jose Maria	85	Universidad De Granada	9:25.22	16,00
	100m: 1:04.94 1:04.94	300m: 3:25.98 1:11.15	500m: 5:49.52 1:12.29	700m: 8:15.26 1:12.63	
	200m: 2:14.83 1:09.89	400m: 4:37.23 1:11.25	600m: 7:02.63 1:13.11	800m: 9:25.22 1:09.96	
3.	NAVASCUES FERNANDEZ-TORIIJA, G	82	C.N. Fuenlabrada	10:14.64	14,00
	100m: 1:11.05 1:11.05	300m: 3:46.72 1:18.18	500m: 6:23.06 1:18.10	700m: 8:59.59 1:18.00	
	200m: 2:28.54 1:17.49	400m: 5:04.96 1:18.24	600m: 7:41.59 1:18.53	800m: 10:14.64 1:15.05	
4.	SUAREZ-LLEDO ORTEA, Claudio	85	R.G.C. Covadonga	10:15.39	13,00
	100m: 1:12.34 1:12.34	300m: 3:46.36 1:17.07	500m: 6:21.81 1:17.59	700m: 8:58.92 1:18.46	
	200m: 2:29.29 1:16.95	400m: 5:04.22 1:17.86	600m: 7:40.46 1:18.65	800m: 10:15.39 1:16.47	

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Prueba 5, Masc., 800m Libre, 40+

Clasificación	AN		Tiempo	
5. MARTIN NAVARRO, Andres	82	C.N. Utrera	10:25.81	12,00
100m: 1:11.88 1:11.88 300m: 3:51.29 1:20.52 500m: 6:31.89 1:19.99 700m: 9:10.37 1:18.70				
200m: 2:30.77 1:18.89 400m: 5:11.90 1:20.61 600m: 7:51.67 1:19.78 800m: 10:25.81 1:15.44				
6. LAGARES GONZALEZ, Juan Manuel	83	C.D.N. Cordoba	11:27.90	11,00
100m: 1:17.88 1:17.88 300m: 4:09.41 1:26.83 500m: 7:05.58 1:28.57 700m: 10:01.96 1:27.79				
200m: 2:42.58 1:24.70 400m: 5:37.01 1:27.60 600m: 8:34.17 1:28.59 800m: 11:27.90 1:25.94				
7. PEREZ BOIX, Juan Antonio	84	C.N. Fuenlabrada	11:35.07	10,00
100m: 1:18.22 1:18.22 300m: 4:10.41 1:26.62 500m: 7:07.24 1:28.89 700m: 10:07.16 1:30.02				
200m: 2:43.79 1:25.57 400m: 5:38.35 1:27.94 600m: 8:37.14 1:29.90 800m: 11:35.07 1:27.91				
Baja ALVAREZ ORDOÑEZ, Noe	83	C.N. Cuencas Mineras	-	-
Baja SANTANA SARMIENTO, Miguel	83	C.N. Fainagua C. Telde	-	-
Baja GARCIA RODRIGUEZ, Alberto	85	Natacion Sevilla Master, C.D.	-	-

35+

1. RODRIGUEZ LAGO, David	86	C.D.N. Ciudad De Santiago	9:28.14	19,00
100m: 1:05.93 1:05.93 300m: 3:29.06 1:11.90 500m: 5:53.83 1:12.82 700m: 8:17.61 1:11.33				
200m: 2:17.16 1:11.23 400m: 4:41.01 1:11.95 600m: 7:06.28 1:12.45 800m: 9:28.14 1:10.53				
2. NAVARRO GUILLEN, Javier	87	C.N. Aquamasters	9:33.16	16,00
100m: 1:06.56 1:06.56 300m: 3:31.64 1:12.92 500m: 5:58.19 1:12.85 700m: 8:24.47 1:12.93				
200m: 2:18.72 1:12.16 400m: 4:45.34 1:13.70 600m: 7:11.54 1:13.35 800m: 9:33.16 1:08.69				
3. HUERTAS IGLESIAS, David	90	C. Tenis Chamartin	9:42.52	14,00
100m: 1:07.05 1:07.05 300m: 3:33.96 1:13.80 500m: 6:00.79 1:13.55 700m: 8:28.97 1:14.21				
200m: 2:20.16 1:13.11 400m: 4:47.24 1:13.28 600m: 7:14.76 1:13.97 800m: 9:42.52 1:13.55				
4. FERNANDEZ ARROYO, David	86	C.N. Fuenlabrada	10:17.14	13,00
100m: 1:07.98 1:07.98 300m: 3:42.45 1:18.53 500m: 6:21.36 1:19.38 700m: 9:00.74 1:19.44				
200m: 2:23.92 1:15.94 400m: 5:01.98 1:19.53 600m: 7:41.30 1:19.94 800m: 10:17.14 1:16.40				
5. GARCIA BARJOLLO, Miguel	90	C.N. Badajoz	10:26.89	12,00
100m: 1:09.42 1:09.42 300m: 3:43.66 1:17.85 500m: 6:25.86 1:23.39 700m: 9:10.19 1:21.21				
200m: 2:25.81 1:16.39 400m: 5:02.47 1:18.81 600m: 7:48.98 1:23.12 800m: 10:26.89 1:16.70				
6. GONZALEZ PEREDA, Mario	87	Galdakao I.T.	10:31.92	11,00
100m: 1:13.17 1:13.17 300m: 3:51.70 1:19.73 500m: 6:32.99 1:20.45 700m: 9:12.69 1:19.64				
200m: 2:31.97 1:18.80 400m: 5:12.54 1:20.84 600m: 7:53.05 1:20.06 800m: 10:31.92 1:19.23				
7. RUIZ SOLARTE, Eduardo	90	Universidad De Granada	10:42.32	10,00
100m: 1:13.61 1:13.61 300m: 3:54.63 1:21.07 500m: 6:39.18 1:22.11 700m: 9:23.87 1:21.98				
200m: 2:33.56 1:19.95 400m: 5:17.07 1:22.44 600m: 8:01.89 1:22.71 800m: 10:42.32 1:18.45				
8. LANE, Henry	88	C.N. Master Madrid	10:47.71	9,00
100m: 1:15.51 1:15.51 300m: 4:00.20 1:22.27 500m: 6:43.74 1:21.44 700m: 9:28.66 1:22.12				
200m: 2:37.93 1:22.42 400m: 5:22.30 1:22.10 600m: 8:06.54 1:22.80 800m: 10:47.71 1:19.05				
9. DIAZ ALVAREZ, Daniel	90	R.G.C. Covadonga	10:47.74	8,00
100m: 1:09.10 1:09.10 300m: 3:45.23 1:20.33 500m: 6:34.56 1:25.68 700m: 9:27.69 1:26.43				
200m: 2:24.90 1:15.80 400m: 5:08.88 1:23.65 600m: 8:01.26 1:26.70 800m: 10:47.74 1:20.05				
10. SUAREZ MENDEZ, Alejandro	87	C.D. Jerez Natacion Master	11:05.14	7,00
100m: 1:15.72 1:15.72 300m: 4:06.20 1:25.02 500m: 6:55.92 1:24.64 700m: 9:45.53 1:24.58				
200m: 2:41.18 1:25.46 400m: 5:31.28 1:25.08 600m: 8:20.95 1:25.03 800m: 11:05.14 1:19.61				

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Prueba 5, Masc., 800m Libre, 35+

Clasificación	AN									Tiempo	
11.	BERMEJO ALBERO, Sergio	88	C.N. Mediterraneo Valencia							11:10.26	6,00
	100m: 1:12.40 1:12.40	300m: 3:53.91 1:22.18	500m: 6:45.07 1:26.58	700m: 9:42.70 1:29.24							
	200m: 2:31.73 1:19.33	400m: 5:18.49 1:24.58	600m: 8:13.46 1:28.39	800m: 11:10.26 1:27.56							
12.	GARCIA ARRABAL, Miguel Enrique	90	C.N. Master Madrid							11:24.05	5,00
	100m: 1:16.95 1:16.95	300m: 4:08.72 1:26.81	500m: 7:04.26 1:28.17	700m: 9:59.73 1:27.07							
	200m: 2:41.91 1:24.96	400m: 5:36.09 1:27.37	600m: 8:32.66 1:28.40	800m: 11:24.05 1:24.32							
13.	PACHECO PARRA, Samuel	90	CN. Master Torrijos							11:28.94	4,00
	100m: 1:17.29 1:17.29	300m: 4:08.15 1:26.84	500m: 7:05.33 1:29.19	700m: 10:03.02 1:28.81							
	200m: 2:41.31 1:24.02	400m: 5:36.14 1:27.99	600m: 8:34.21 1:28.88	800m: 11:28.94 1:25.92							
14.	LOPEZ GONZALEZ, Marcos	87	C.N. Ovimaster							11:50.58	3,00
	100m: 1:23.35 1:23.35	300m: 4:23.73 1:31.10	500m: 7:26.39 1:30.51	700m: 10:25.24 1:28.85							
	200m: 2:52.63 1:29.28	400m: 5:55.88 1:32.15	600m: 8:56.39 1:30.00	800m: 11:50.58 1:25.34							
15.	DE LA ZARZA MERCHAN, Jorge	89	C.N. Leganes							11:55.61	2,00
	100m: 1:18.54 1:18.54	300m: 4:19.29 1:31.57	500m: 7:24.50 1:32.63	700m: 10:28.26 1:31.75							
	200m: 2:47.72 1:29.18	400m: 5:51.87 1:32.58	600m: 8:56.51 1:32.01	800m: 11:55.61 1:27.35							
16.	MOTA MARCOS, Cristian	87	C.N. Fuenlabrada							11:58.12	1,00
	100m: 1:22.04 1:22.04	300m: 4:18.26 1:28.37	500m: 7:23.67 1:32.01	700m: 10:28.55 1:32.44							
	200m: 2:49.89 1:27.85	400m: 5:51.66 1:33.40	600m: 8:56.11 1:32.44	800m: 11:58.12 1:29.57							

30+

1.	ORTIZ MARTIN, Andres	92	A.D.N. Mostoles							9:21.65	19,00
	100m: 1:07.19 1:07.19	300m: 3:28.63 1:10.67	500m: 5:50.85 1:11.30	700m: 8:12.95 1:10.87							
	200m: 2:17.96 1:10.77	400m: 4:39.55 1:10.92	600m: 7:02.08 1:11.23	800m: 9:21.65 1:08.70							
2.	TENORIO FREIRE, Martin	92	C.D.N. Ciudad De Santiago							9:53.54	16,00
	100m: 1:05.05 1:05.05	300m: 3:32.68 1:14.92	500m: 6:04.73 1:16.34	700m: 8:37.98 1:16.56							
	200m: 2:17.76 1:12.71	400m: 4:48.39 1:15.71	600m: 7:21.42 1:16.69	800m: 9:53.54 1:15.56							
3.	CENTENO CORTINA, Andres Patricio	94	C.N. Master Madrid							10:33.03	14,00
	100m: 1:12.79 1:12.79	300m: 3:52.75 1:20.05	500m: 6:33.17 1:19.85	700m: 9:14.04 1:20.63							
	200m: 2:32.70 1:19.91	400m: 5:13.32 1:20.57	600m: 7:53.41 1:20.24	800m: 10:33.03 1:18.99							
4.	MADINA FERNANDEZ, Ander	92	Galdakao I.T.							10:42.89	13,00
	100m: 1:08.53 1:08.53	300m: 3:43.77 1:19.45	500m: 6:32.82 1:25.59	700m: 9:21.19 1:22.54							
	200m: 2:24.32 1:15.79	400m: 5:07.23 1:23.46	600m: 7:58.65 1:25.83	800m: 10:42.89 1:21.70							
5.	ABELDA FERNANDEZ, Oscar Jose	93	C.N. Fuenlabrada							10:52.32	12,00
	100m: 1:12.00 1:12.00	300m: 3:53.21 1:21.18	500m: 6:41.30 1:25.28	700m: 9:31.25 1:24.07							
	200m: 2:32.03 1:20.03	400m: 5:16.02 1:22.81	600m: 8:07.18 1:25.88	800m: 10:52.32 1:21.07							

25+

1.	RUIZ SEIJO, Brais	98	C.N. Vulcania Master							9:35.95	19,00
	100m: 1:04.85 1:04.85	300m: 3:27.85 1:12.38	500m: 5:54.56 1:13.83	700m: 8:23.49 1:14.65							
	200m: 2:15.47 1:10.62	400m: 4:40.73 1:12.88	600m: 7:08.84 1:14.28	800m: 9:35.95 1:12.46							
2.	PANKRATOV, Artem	98	C.N. Calvia							9:42.70	16,00
	100m: 1:08.91 1:08.91	300m: 3:35.03 1:13.82	500m: 6:05.98 1:15.93	700m: 8:34.67 1:12.92							
	200m: 2:21.21 1:12.30	400m: 4:50.05 1:15.02	600m: 7:21.75 1:15.77	800m: 9:42.70 1:08.03							

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OVIEDO, 21 - 23/3/2025

Prueba 5, Masc., 800m Libre, 25+

Clasificación	AN								Tiempo	
3. FERNANDEZ MENENDEZ, Rodrigo	99	C.N. Ovimaster							9:47.72	14,00
100m: 1:05.59 1:05.59	300m: 3:29.04 1:11.17	500m: 5:58.24 1:14.96	700m: 8:32.71 1:17.30							
200m: 2:17.87 1:12.28	400m: 4:43.28 1:14.24	600m: 7:15.41 1:17.17	800m: 9:47.72 1:15.01							
4. CONDE ALVAREZ, Joaquin	98	C.N. Camargo							9:58.37	13,00
100m: 1:04.73 1:04.73	300m: 3:34.61 1:16.68	500m: 6:10.06 1:17.92	700m: 8:45.94 1:17.27							
200m: 2:17.93 1:13.20	400m: 4:52.14 1:17.53	600m: 7:28.67 1:18.61	800m: 9:58.37 1:12.43							
5. ESCOBAR CARAVACA, Raul	96	C.N. Fuenlabrada							10:06.06	12,00
100m: 1:06.38 1:06.38	300m: 3:39.14 1:17.22	500m: 6:14.80 1:17.98	700m: 8:51.65 1:17.90							
200m: 2:21.92 1:15.54	400m: 4:56.82 1:17.68	600m: 7:33.75 1:18.95	800m: 10:06.06 1:14.41							
6. PINELA GOYA, Iker	99	C.D.E. Mako							10:25.81	11,00
100m: 1:12.38 1:12.38	300m: 3:50.33 1:19.84	500m: 6:30.23 1:19.69	700m: 9:10.27 1:20.04							
200m: 2:30.49 1:18.11	400m: 5:10.54 1:20.21	600m: 7:50.23 1:20.00	800m: 10:25.81 1:15.54							
7. RUIZ MARTIN, Jesus	97	C.D.N.Arahal							10:39.25	10,00
100m: 1:12.01 1:12.01	300m: 3:53.11 1:21.15	500m: 6:36.76 1:21.94	700m: 9:21.00 1:21.74							
200m: 2:31.96 1:19.95	400m: 5:14.82 1:21.71	600m: 7:59.26 1:22.50	800m: 10:39.25 1:18.25							

20+

1. MARCOS PICADO, Samuel	05	C.D. Torrelago Wellness							9:06.06	19,00
100m: 1:04.75 1:04.75	300m: 3:22.93 1:09.36	500m: 5:40.51 1:08.20	700m: 7:59.04 1:09.75							
200m: 2:13.57 1:08.82	400m: 4:32.31 1:09.38	600m: 6:49.29 1:08.78	800m: 9:06.06 1:07.02							
2. MORENO PABLOS, Sergio	05	C.N. Las Anclas Castrillon							9:14.00	16,00
100m: 1:05.01 1:05.01	300m: 3:21.96 1:08.77	500m: 5:41.93 1:10.07	700m: 8:01.82 1:09.72							
200m: 2:13.19 1:08.18	400m: 4:31.86 1:09.90	600m: 6:52.10 1:10.17	800m: 9:14.00 1:12.18							
3. RODRIGUEZ CAMPO, Oscar	03	C.N. Camargo							9:42.35	14,00
100m: 1:07.59 1:07.59	300m: 3:34.69 1:13.91	500m: 6:03.35 1:14.16	700m: 8:31.00 1:14.45							
200m: 2:20.78 1:13.19	400m: 4:49.19 1:14.50	600m: 7:16.55 1:13.20	800m: 9:42.35 1:11.35							
4. JORGE SANTAMARIA, Joel	02	C.N. Camargo							9:48.90	13,00
100m: 1:06.94 1:06.94	300m: 3:35.13 1:14.86	500m: 6:06.38 1:15.51	700m: 8:37.25 1:14.97							
200m: 2:20.27 1:13.33	400m: 4:50.87 1:15.74	600m: 7:22.28 1:15.90	800m: 9:48.90 1:11.65							
5. GUTIERREZ LOPEZ, Diego	03	C.N. Las Anclas Castrillon							10:16.03	12,00
100m: 1:10.52 1:10.52	300m: 3:43.80 1:16.96	500m: 6:20.55 1:18.75	700m: 8:58.98 1:19.26							
200m: 2:26.84 1:16.32	400m: 5:01.80 1:18.00	600m: 7:39.72 1:19.17	800m: 10:16.03 1:17.05							
6. GONZALEZ TORRES, Ander	04	Galdakao I.T.							10:30.29	11,00
100m: 1:10.54 1:10.54	300m: 3:48.84 1:21.17	500m: 6:32.88 1:22.35	700m: 9:13.88 1:20.20							
200m: 2:27.67 1:17.13	400m: 5:10.53 1:21.69	600m: 7:53.68 1:20.80	800m: 10:30.29 1:16.41							
7. HINOJAL ANDUEZA, Igor	03	Galdakao I.T.							10:41.26	10,00
100m: 1:11.31 1:11.31	300m: 3:50.48 1:20.83	500m: 6:34.16 1:21.96	700m: 9:21.95 1:24.09							
200m: 2:29.65 1:18.34	400m: 5:12.20 1:21.72	600m: 7:57.86 1:23.70	800m: 10:41.26 1:19.31							
8. RODRIGUEZ GARCIA, Javier	01	C.D.E. Mako							12:26.34	9,00
100m: 1:19.84 1:19.84	300m: 4:26.99 1:35.72	500m: 7:40.13 1:37.45	700m: 10:52.57 1:35.73							
200m: 2:51.27 1:31.43	400m: 6:02.68 1:35.69	600m: 9:16.84 1:36.71	800m: 12:26.34 1:33.77							

Baja CABRERA WINTER, Alvaro 01 C.N. Fainagua C. Telde -