

LXVII Cto. de España Absoluto de invierno P25 - ASTRALPOOL  
Madrid, 14 - 17/11/2024

Prueba 13	Fem., 400m Estilos				Abs.
15/11/2024 - 9:30					Resultados Prelim
World Record	4:18.94	BELMONTE GARCIA, Mireia	ESP	Eindhoven (NED)	12/08/2017
European Record	4:18.94	BELMONTE GARCIA, Mireia	ESP	Eindhoven (NED)	12/08/2017
Récord España	4:18.94	BELMONTE GARCIA, Mireia		EINDHOVEN (NED)	12/08/2017
Récord Campeonato	4:26.86	BELMONTE GARCIA, Mireia		SABADELL	13/12/2014

Puntos: AQUA 2024

Clasificación	AN		Tiempo		AQUA
<b>1. CARRASCO CADENS, Emma</b>	<b>05</b>	<b>C.N. Sant Andreu</b>	<b>4:40.08</b>	<b>790</b>	<b>A</b>
25m: 13.10 13.10	125m: 1:21.66	18.59	225m: 2:34.42	18.90	325m: 3:50.59 17.78
50m: 29.52 16.42	150m: 1:39.86	18.20	250m: 2:53.61	19.19	350m: 4:07.67 17.08
75m: 46.13 16.61	175m: 1:57.75	17.89	275m: 3:13.37	19.76	375m: 4:24.57 16.90
100m: 1:03.07 16.94	200m: 2:15.52	17.77	300m: 3:32.81	19.44	400m: 4:40.08 15.51
<b>2. CABANES GARZÁS, Laura</b>	<b>06</b>	<b>Real Canoe N.C.</b>	<b>4:42.99</b>	<b>766</b>	<b>A</b>
25m: 13.31 13.31	125m: 1:21.39	18.52	225m: 2:34.71	20.78	325m: 3:53.59 17.68
50m: 29.61 16.30	150m: 1:38.84	17.45	250m: 2:54.84	20.13	350m: 4:10.39 16.80
75m: 46.00 16.39	175m: 1:56.79	17.95	275m: 3:15.17	20.33	375m: 4:27.05 16.66
100m: 1:02.87 16.87	200m: 2:13.93	17.14	300m: 3:35.91	20.74	400m: 4:42.99 15.94
<b>3. BELMONTE GARCIA, Mireia</b>	<b>90</b>	<b>C.N. Barcelona</b>	<b>4:46.65</b>	<b>737</b>	<b>A</b>
25m: 13.84 13.84	125m: 1:24.83	19.49	225m: 2:40.72	20.66	325m: 3:58.94 17.28
50m: 30.50 16.66	150m: 1:43.26	18.43	250m: 3:01.07	20.35	350m: 4:15.33 16.39
75m: 47.79 17.29	175m: 2:01.95	18.69	275m: 3:21.27	20.20	375m: 4:31.45 16.12
100m: 1:05.34 17.55	200m: 2:20.06	18.11	300m: 3:41.66	20.39	400m: 4:46.65 15.20
<b>4. PEREZ BLANCO, Jimena</b>	<b>97</b>	<b>C.N. Barcelona</b>	<b>4:46.81</b>	<b>735</b>	<b>A</b>
25m: 14.22 14.22	125m: 1:25.31	18.95	225m: 2:40.09	20.57	325m: 3:59.54 16.22
50m: 31.35 17.13	150m: 1:43.56	18.25	250m: 3:01.18	21.09	350m: 4:15.40 15.86
75m: 48.41 17.06	175m: 2:01.76	18.20	275m: 3:22.13	20.95	375m: 4:31.61 16.21
100m: 1:06.36 17.95	200m: 2:19.52	17.76	300m: 3:43.32	21.19	400m: 4:46.81 15.20
<b>5. SANTANA BENEYTO, Maria</b>	<b>10</b>	<b>Real Canoe N.C.</b>	<b>4:46.88</b>	<b>735</b>	<b>A</b>
25m: 13.97 13.97	125m: 1:25.70	18.86	225m: 2:39.46	19.95	325m: 3:58.02 17.28
50m: 31.19 17.22	150m: 1:43.98	18.28	250m: 2:59.46	20.00	350m: 4:15.26 17.24
75m: 48.76 17.57	175m: 2:01.80	17.82	275m: 3:19.74	20.28	375m: 4:31.40 16.14
100m: 1:06.84 18.08	200m: 2:19.51	17.71	300m: 3:40.74	21.00	400m: 4:46.88 15.48
<b>6. DUMONT, Sarah</b>	<b>07</b>	<b>C.E. Mediterrani</b>	<b>4:48.67</b>	<b>721</b>	<b>A</b>
25m: 13.81 13.81	125m: 1:23.33	19.23	225m: 2:39.05	21.35	325m: 3:59.32 17.14
50m: 30.01 16.20	150m: 1:41.23	17.90	250m: 3:00.02	20.97	350m: 4:15.74 16.42
75m: 46.95 16.94	175m: 1:59.59	18.36	275m: 3:21.05	21.03	375m: 4:32.32 16.58
100m: 1:04.10 17.15	200m: 2:17.70	18.11	300m: 3:42.18	21.13	400m: 4:48.67 16.35
<b>7. VAZQUEZ RUIZ, Alba</b>	<b>02</b>	<b>C.N. Churriana</b>	<b>4:49.54</b>	<b>715</b>	<b>A</b>
25m: 14.07 14.07	125m: 1:24.62	19.39	225m: 2:40.57	19.78	325m: 3:59.51 17.95
50m: 30.50 16.43	150m: 1:43.06	18.44	250m: 3:00.66	20.09	350m: 4:16.45 16.94
75m: 47.69 17.19	175m: 2:02.10	19.04	275m: 3:21.08	20.42	375m: 4:33.37 16.92
100m: 1:05.23 17.54	200m: 2:20.79	18.69	300m: 3:41.56	20.48	400m: 4:49.54 16.17
<b>8. GONZALEZ MIRALLES, Paula</b>	<b>04</b>	<b>C.N. Delfin</b>	<b>4:51.58</b>	<b>700</b>	<b>A</b>
25m: 13.98 13.98	125m: 1:23.85	18.73	225m: 2:37.87	20.46	325m: 3:59.03 18.17
50m: 30.70 16.72	150m: 1:41.58	17.73	250m: 2:58.61	20.74	350m: 4:16.84 17.81
75m: 47.36 16.66	175m: 1:59.44	17.86	275m: 3:19.26	20.65	375m: 4:34.47 17.63
100m: 1:05.12 17.76	200m: 2:17.41	17.97	300m: 3:40.86	21.60	400m: 4:51.58 17.11


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Clasificación	AN		Tiempo						AQUA				
9. MARTINEZ DE SALINAS PEÑA, Clara	07	E.M. El Olivar	<b>4:51.75</b>	699	B	25m: 14.79	14.79	125m: 1:27.38	20.15	225m: 2:43.84	20.38	325m: 4:02.32	17.32
						50m: 31.70	16.91	150m: 1:45.93	18.55	250m: 3:03.68	19.84	350m: 4:19.08	16.76
						75m: 49.47	17.77	175m: 2:04.79	18.86	275m: 3:24.41	20.73	375m: 4:36.16	17.08
						100m: 1:07.23	17.76	200m: 2:23.46	18.67	300m: 3:45.00	20.59	400m: 4:51.75	15.59
10. ABAD NUÑEZ, Beth	08	C.N. Palma de Mallorca	<b>4:54.14</b>	682	B	25m: 14.08	14.08	125m: 1:26.86	19.66	225m: 2:44.30	20.66	325m: 4:05.10	17.57
						50m: 31.55	17.47	150m: 1:45.95	19.09	250m: 3:05.60	21.30	350m: 4:22.14	17.04
						75m: 49.10	17.55	175m: 2:04.78	18.83	275m: 3:26.13	20.53	375m: 4:38.39	16.25
						100m: 1:07.20	18.10	200m: 2:23.64	18.86	300m: 3:47.53	21.40	400m: 4:54.14	15.75
11. LIARTE QUESADA, Elena	07	C.D.N. Inacua Malaga	<b>5:00.57</b>	639	B	25m: 15.04	15.04	125m: 1:30.28	19.70	225m: 2:48.53	21.96	325m: 4:10.92	17.52
						50m: 32.96	17.92	150m: 1:49.14	18.86	250m: 3:10.28	21.75	350m: 4:28.12	17.20
						75m: 51.32	18.36	175m: 2:08.17	19.03	275m: 3:31.77	21.49	375m: 4:44.71	16.59
						100m: 1:10.58	19.26	200m: 2:26.57	18.40	300m: 3:53.40	21.63	400m: 5:00.57	15.86
12. GIRALT PIDEMONT, Claudia	01	C.N. L' Hospitalet	<b>5:00.64</b>	638	B	25m: 14.52	14.52	125m: 1:29.48	21.16	225m: 2:50.21	21.28	325m: 4:10.82	17.50
						50m: 31.83	17.31	150m: 1:49.24	19.76	250m: 3:10.95	20.74	350m: 4:27.64	16.82
						75m: 49.96	18.13	175m: 2:09.21	19.97	275m: 3:32.08	21.13	375m: 4:44.46	16.82
						100m: 1:08.32	18.36	200m: 2:28.93	19.72	300m: 3:53.32	21.24	400m: 5:00.64	16.18
13. ESPINOSA ALVAREZ, Aroa	08	C.N. Terrassa	<b>5:00.82</b>	637	B	25m: 14.63	14.63	125m: 1:27.48	19.53	225m: 2:44.60	22.54	325m: 4:09.84	18.18
						50m: 31.77	17.14	150m: 1:45.64	18.16	250m: 3:06.97	22.37	350m: 4:26.81	16.97
						75m: 49.78	18.01	175m: 2:04.01	18.37	275m: 3:29.13	22.16	375m: 4:44.09	17.28
						100m: 1:07.95	18.17	200m: 2:22.06	18.05	300m: 3:51.66	22.53	400m: 5:00.82	16.73
14. SANCHEZ SANCHEZ, Angela	05	C.N. Mairena Aljarafe	<b>5:04.28</b>	616	B	25m: 14.28	14.28	125m: 1:28.28	19.80	225m: 2:48.43	20.86	325m: 4:12.08	18.17
						50m: 31.64	17.36	150m: 1:47.93	19.65	250m: 3:10.00	21.57	350m: 4:29.83	17.75
						75m: 49.28	17.64	175m: 2:07.49	19.56	275m: 3:31.51	21.51	375m: 4:47.58	17.75
						100m: 1:08.48	19.20	200m: 2:27.57	20.08	300m: 3:53.91	22.40	400m: 5:04.28	16.70
15. SILVA FIDALGO, Aroa	02	C. Nautico Sevilla	<b>5:04.32</b>	616	B	25m: 14.83	14.83	125m: 1:29.11	19.71	225m: 2:48.74	22.23	325m: 4:15.28	17.98
						50m: 32.65	17.82	150m: 1:48.15	19.04	250m: 3:11.65	22.91	350m: 4:32.50	17.22
						75m: 50.54	17.89	175m: 2:07.04	18.89	275m: 3:34.31	22.66	375m: 4:48.88	16.38
						100m: 1:09.40	18.86	200m: 2:26.51	19.47	300m: 3:57.30	22.99	400m: 5:04.32	15.44
16. CAMACHO GONZÁLEZ, Claudia	02	C.D. Gredos San Diego	<b>5:06.08</b>	605	B	25m: 14.97	14.97	125m: 1:28.87	20.33	225m: 2:48.13	21.51	325m: 4:11.88	18.34
						50m: 32.23	17.26	150m: 1:48.21	19.34	250m: 3:09.79	21.66	350m: 4:29.83	17.95
						75m: 50.33	18.10	175m: 2:07.47	19.26	275m: 3:31.63	21.84	375m: 4:48.04	18.21
						100m: 1:08.54	18.21	200m: 2:26.62	19.15	300m: 3:53.54	21.91	400m: 5:06.08	18.04
17. PALOMINO SUCARRATS, Laia	07	C.N. Sabadell	<b>5:06.99</b>	600	R	25m: 14.57	14.57	125m: 1:29.96	20.64	225m: 2:50.21	22.05	325m: 4:16.24	18.51
						50m: 32.23	17.66	150m: 1:49.43	19.47	250m: 3:12.86	22.65	350m: 4:33.67	17.43
						75m: 50.48	18.25	175m: 2:08.92	19.49	275m: 3:35.05	22.19	375m: 4:50.86	17.19
						100m: 1:09.32	18.84	200m: 2:28.16	19.24	300m: 3:57.73	22.68	400m: 5:06.99	16.13
18. FERNANDEZ GONZALEZ, Aina	06	C.N. Sant Andreu	<b>5:07.22</b>	598	R	25m: 16.11	16.11	125m: 1:32.55	21.41	225m: 2:53.21	20.97	325m: 4:14.93	18.32
						50m: 33.29	17.18	150m: 1:52.47	19.92	250m: 3:14.56	21.35	350m: 4:32.77	17.84
						75m: 53.03	19.74	175m: 2:12.55	20.08	275m: 3:36.32	21.76	375m: 4:50.33	17.56
						100m: 1:11.14	18.11	200m: 2:32.24	19.69	300m: 3:56.61	20.29	400m: 5:07.22	16.89

INSTITUCIONALES		SPONSOR PLATINO		SPONSOR ORO		MECENAZGO		SPONSOR TÉCNICO		PARTNER	
PARTNER SALUD DEPORTIVA				RSC PARTNER		MEDICAL SPONSOR		PARTNER OFICIAL DE MOVILIDAD			

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Prueba 13, Fem., 400m Estilos, Prelim, Abs.

Clasificación	AN		Tiempo AQUA								
19. DEL RIO DECABO, Carlota	09	C.N. Granollers	<b>5:07.51</b> 597 R								
25m:	14.65	14.65	125m:	1:28.85	20.74	225m:	2:48.96	22.85	325m:	4:16.87	17.85
50m:	32.15	17.50	150m:	1:48.41	19.56	250m:	3:11.81	22.85	350m:	4:33.83	16.96
75m:	49.94	17.79	175m:	2:07.57	19.16	275m:	3:35.07	23.26	375m:	4:50.79	16.96
100m:	1:08.11	18.17	200m:	2:26.11	18.54	300m:	3:59.02	23.95	400m:	5:07.51	16.72
20. ZUBELDIA OTEIZA, Malen	09	Tolosaldea Usabal I.K.T.	<b>5:07.59</b> 596								
25m:	14.02	14.02	125m:	1:27.43	20.20	225m:	2:47.94	22.04	325m:	4:14.06	18.58
50m:	31.23	17.21	150m:	1:46.77	19.34	250m:	3:10.78	22.84	350m:	4:31.96	17.90
75m:	48.76	17.53	175m:	2:06.31	19.54	275m:	3:32.68	21.90	375m:	4:50.12	18.16
100m:	1:07.23	18.47	200m:	2:25.90	19.59	300m:	3:55.48	22.80	400m:	5:07.59	17.47
21. MARTINEZ GUILLEN, Sara	07	KZM Swimming Team	<b>5:08.04</b> 593								
25m:	15.23	15.23	125m:	1:29.95	19.97	225m:	2:49.62	21.84	325m:	4:15.60	17.95
50m:	32.95	17.72	150m:	1:49.24	19.29	250m:	3:12.08	22.46	350m:	4:33.43	17.83
75m:	51.12	18.17	175m:	2:08.65	19.41	275m:	3:34.51	22.43	375m:	4:51.02	17.59
100m:	1:09.98	18.86	200m:	2:27.78	19.13	300m:	3:57.65	23.14	400m:	5:08.04	17.02
22. SANTOS MARTINEZ, Sandra	10	C.D. Parquesol	<b>5:11.05</b> 576								
25m:	14.32	14.32	125m:	1:31.39	20.02	225m:	2:51.80	21.47	325m:	4:18.46	18.69
50m:	32.76	18.44	150m:	1:51.33	19.94	250m:	3:14.38	22.58	350m:	4:36.47	18.01
75m:	51.39	18.63	175m:	2:10.86	19.53	275m:	3:36.57	22.19	375m:	4:54.05	17.58
100m:	1:11.37	19.98	200m:	2:30.33	19.47	300m:	3:59.77	23.20	400m:	5:11.05	17.00
23. GHIRETTI, Catalina	04	C.N. Barcelona	<b>5:11.66</b> 573								
25m:	14.76	14.76	125m:	1:29.33	21.54	225m:	2:52.74	21.79	325m:	4:19.01	18.73
50m:	31.63	16.87	150m:	1:49.99	20.66	250m:	3:15.15	22.41	350m:	4:36.80	17.79
75m:	49.40	17.77	175m:	2:10.74	20.75	275m:	3:37.83	22.68	375m:	4:54.61	17.81
100m:	1:07.79	18.39	200m:	2:30.95	20.21	300m:	4:00.28	22.45	400m:	5:11.66	17.05
24. HUERTAS FERRE, Maria	07	C.N. Tarraco	<b>5:12.92</b> 566								
25m:	14.18	14.18	125m:	1:28.28	20.57	225m:	2:50.71	22.75	325m:	4:20.22	18.30
50m:	31.26	17.08	150m:	1:48.38	20.10	250m:	3:14.17	23.46	350m:	4:38.03	17.81
75m:	49.06	17.80	175m:	2:08.49	20.11	275m:	3:37.52	23.35	375m:	4:55.71	17.68
100m:	1:07.71	18.65	200m:	2:27.96	19.47	300m:	4:01.92	24.40	400m:	5:12.92	17.21
25. BERLANGA PINA, Laura	05	C.N. Helios	<b>5:14.61</b> 557								
25m:	15.51	15.51	125m:	1:31.91	20.98	225m:	2:54.79	22.45	325m:	4:21.44	18.69
50m:	33.21	17.70	150m:	1:51.93	20.02	250m:	3:17.11	22.32	350m:	4:39.45	18.01
75m:	51.76	18.55	175m:	2:12.53	20.60	275m:	3:39.67	22.56	375m:	4:57.31	17.86
100m:	1:10.93	19.17	200m:	2:32.34	19.81	300m:	4:02.75	23.08	400m:	5:14.61	17.30
26. GALZACORTA DOMINGUEZ, Libe	07	C.D.N. Bidasoa XXI	<b>5:15.37</b> 553								
25m:	15.47	15.47	125m:	1:32.67	20.35	225m:	2:53.77	23.57	325m:	4:21.54	19.02
50m:	33.72	18.25	150m:	1:51.57	18.90	250m:	3:16.94	23.17	350m:	4:39.79	18.25
75m:	52.74	19.02	175m:	2:10.95	19.38	275m:	3:39.43	22.49	375m:	4:57.87	18.08
100m:	1:12.32	19.58	200m:	2:30.20	19.25	300m:	4:02.52	23.09	400m:	5:15.37	17.50
Baja CARBALLO GONZALEZ, Sofia	06	C.N. Pontearreas									
