

LXVII Cto. de España Absoluto de invierno P25 - ASTRALPOOL
Madrid, 14 - 17/11/2024

Prueba 13
15/11/2024 - 18:00

Fem., 400m Estilos

Abs.
Resultados Final

World Record	4:18.94	BELMONTE GARCIA, Mireia	ESP	Eindhoven (NED)	12/08/2017
European Record	4:18.94	BELMONTE GARCIA, Mireia	ESP	Eindhoven (NED)	12/08/2017
Récord España	4:18.94	BELMONTE GARCIA, Mireia		EINDHOVEN (NED)	12/08/2017
Récord Campeonato	4:26.86	BELMONTE GARCIA, Mireia		SABADELL	13/12/2014

Puntos: AQUA 2024

Clasificación AN Tiempo AQUA

Final A

1. CARRASCO CADENS, Emma	05	C.N. Sant Andreu	4:33.28	850
25m: 13.11 13.11	125m: 1:18.74 17.27	225m: 2:29.07 19.05	325m: 3:44.42 16.92	
50m: 28.88 15.77	150m: 1:35.53 16.79	250m: 2:48.27 19.20	350m: 4:00.67 16.25	
75m: 44.93 16.05	175m: 1:53.04 17.51	275m: 3:07.87 19.60	375m: 4:17.56 16.89	
100m: 1:01.47 16.54	200m: 2:10.02 16.98	300m: 3:27.50 19.63	400m: 4:33.28 15.72	
2. CABANES GARZÁS, Laura	06	Real Canoe N.C.	4:36.11	824
25m: 13.33 13.33	125m: 1:19.74 18.12	225m: 2:32.45 20.33	325m: 3:48.98 16.83	
50m: 29.05 15.72	150m: 1:37.15 17.41	250m: 2:52.22 19.77	350m: 4:04.78 15.80	
75m: 45.22 16.17	175m: 1:54.91 17.76	275m: 3:12.41 20.19	375m: 4:20.89 16.11	
100m: 1:01.62 16.40	200m: 2:12.12 17.21	300m: 3:32.15 19.74	400m: 4:36.11 15.22	
3. DUMONT, Sarah	07	C.E. Mediterrani	4:39.60	794
25m: 13.47 13.47	125m: 1:20.85 18.51	225m: 2:34.48 20.69	325m: 3:52.55 16.44	
50m: 29.69 16.22	150m: 1:38.64 17.79	250m: 2:55.12 20.64	350m: 4:08.36 15.81	
75m: 45.88 16.19	175m: 1:56.32 17.68	275m: 3:15.45 20.33	375m: 4:24.25 15.89	
100m: 1:02.34 16.46	200m: 2:13.79 17.47	300m: 3:36.11 20.66	400m: 4:39.60 15.35	
4. PEREZ BLANCO, Jimena	97	C.N. Barcelona	4:43.96	758
25m: 14.02 14.02	125m: 1:24.18 18.73	225m: 2:38.40 20.69	325m: 3:57.29 16.49	
50m: 30.63 16.61	150m: 1:42.13 17.95	250m: 2:59.20 20.80	350m: 4:13.05 15.76	
75m: 47.93 17.30	175m: 2:00.18 18.05	275m: 3:20.07 20.87	375m: 4:29.09 16.04	
100m: 1:05.45 17.52	200m: 2:17.71 17.53	300m: 3:40.80 20.73	400m: 4:43.96 14.87	
5. BELMONTE GARCIA, Mireia	90	C.N. Barcelona	4:44.34	755
25m: 13.93 13.93	125m: 1:23.75 18.99	225m: 2:38.64 20.19	325m: 3:57.40 16.95	
50m: 30.58 16.65	150m: 1:41.97 18.22	250m: 2:59.14 20.50	350m: 4:13.52 16.12	
75m: 47.47 16.89	175m: 2:00.37 18.40	275m: 3:19.62 20.48	375m: 4:29.43 15.91	
100m: 1:04.76 17.29	200m: 2:18.45 18.08	300m: 3:40.45 20.83	400m: 4:44.34 14.91	
6. GONZALEZ MIRALLES, Paula	04	C.N. Delfin	4:45.17	748
25m: 13.69 13.69	125m: 1:21.82 18.55	225m: 2:35.09 20.33	325m: 3:54.93 17.38	
50m: 29.65 15.96	150m: 1:39.34 17.52	250m: 2:55.93 20.84	350m: 4:11.90 16.97	
75m: 45.99 16.34	175m: 1:56.95 17.61	275m: 3:16.00 20.07	375m: 4:28.65 16.75	
100m: 1:03.27 17.28	200m: 2:14.76 17.81	300m: 3:37.55 21.55	400m: 4:45.17 16.52	
7. MARTINEZ DE SALINAS PEÑA, Clara	07	E.M. El Olivar	4:46.16	740
25m: 14.32 14.32	125m: 1:24.50 19.26	225m: 2:39.84 19.78	325m: 3:57.88 16.97	
50m: 30.92 16.60	150m: 1:43.11 18.61	250m: 2:59.81 19.97	350m: 4:14.26 16.38	
75m: 47.80 16.88	175m: 2:01.65 18.54	275m: 3:20.12 20.31	375m: 4:30.66 16.40	
100m: 1:05.24 17.44	200m: 2:20.06 18.41	300m: 3:40.91 20.79	400m: 4:46.16 15.50	
8. SANTANA BENEYTO, Maria	10	Real Canoe N.C.	4:47.43	731
25m: 13.87 13.87	125m: 1:24.19 18.38	225m: 2:38.58 20.07	325m: 3:58.18 17.36	
50m: 30.79 16.92	150m: 1:42.21 18.02	250m: 2:59.07 20.49	350m: 4:15.09 16.91	
75m: 47.99 17.20	175m: 2:00.22 18.01	275m: 3:19.74 20.67	375m: 4:31.51 16.42	
100m: 1:05.81 17.82	200m: 2:18.51 18.29	300m: 3:40.82 21.08	400m: 4:47.43 15.92	

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Prueba 13, Fem., 400m Estilos, Final, Abs.

Clasificación	AN		Tiempo		AQUA
Final B					
9.	GIRALT PIDEMONT, Claudia	01	C.N. L' Hospitalet	4:54.08	682
	25m: 14.40 14.40	125m: 1:27.60	20.28 225m: 2:45.12	20.21 325m: 4:05.11	17.43
	50m: 31.51 17.11	150m: 1:46.83	19.23 250m: 3:05.74	20.62 350m: 4:21.62	16.51
	75m: 49.23 17.72	175m: 2:05.96	19.13 275m: 3:26.47	20.73 375m: 4:38.03	16.41
	100m: 1:07.32 18.09	200m: 2:24.91	18.95 300m: 3:47.68	21.21 400m: 4:54.08	16.05
10.	ESPINOSA ALVAREZ, Aroa	08	C.N. Terrassa	5:00.30	641
	25m: 14.39 14.39	125m: 1:27.72	19.74 225m: 2:46.59	22.98 325m: 4:10.86	17.65
	50m: 31.68 17.29	150m: 1:46.44	18.72 250m: 3:08.86	22.27 350m: 4:27.37	16.51
	75m: 49.49 17.81	175m: 2:05.24	18.80 275m: 3:30.85	21.99 375m: 4:44.32	16.95
	100m: 1:07.98 18.49	200m: 2:23.61	18.37 300m: 3:53.21	22.36 400m: 5:00.30	15.98
11.	SANCHEZ SANCHEZ, Angela	05	C.N. Mairena Aljarafe	5:01.41	634
	25m: 14.60 14.60	125m: 1:28.80	19.66 225m: 2:46.80	20.66 325m: 4:09.35	17.97
	50m: 32.13 17.53	150m: 1:47.89	19.09 250m: 3:08.11	21.31 350m: 4:26.70	17.35
	75m: 50.15 18.02	175m: 2:06.87	18.98 275m: 3:29.44	21.33 375m: 4:44.23	17.53
	100m: 1:09.14 18.99	200m: 2:26.14	19.27 300m: 3:51.38	21.94 400m: 5:01.41	17.18
12.	SILVA FIDALGO, Aroa	02	C. Nautico Sevilla	5:03.57	620
	25m: 14.57 14.57	125m: 1:27.97	20.16 225m: 2:47.30	22.81 325m: 4:13.34	17.87
	50m: 31.81 17.24	150m: 1:46.57	18.60 250m: 3:09.42	22.12 350m: 4:29.94	16.60
	75m: 49.57 17.76	175m: 2:05.55	18.98 275m: 3:32.22	22.80 375m: 4:46.92	16.98
	100m: 1:07.81 18.24	200m: 2:24.49	18.94 300m: 3:55.47	23.25 400m: 5:03.57	16.65
13.	LIARTE QUESADA, Elena	07	C.D.N. Inacua Malaga	5:04.60	614
	25m: 15.33 15.33	125m: 1:31.34	19.71 225m: 2:49.55	22.76 325m: 4:14.28	17.94
	50m: 33.53 18.20	150m: 1:49.93	18.59 250m: 3:11.52	21.97 350m: 4:31.54	17.26
	75m: 52.61 19.08	175m: 2:08.75	18.82 275m: 3:34.21	22.69 375m: 4:48.53	16.99
	100m: 1:11.63 19.02	200m: 2:26.79	18.04 300m: 3:56.34	22.13 400m: 5:04.60	16.07
14.	PALOMINO SUCARRATS, Laia	07	C.N. Sabadell	5:05.45	609
	25m: 14.58 14.58	125m: 1:29.10	20.47 225m: 2:49.44	22.48 325m: 4:14.97	18.56
	50m: 32.00 17.42	150m: 1:48.33	19.23 250m: 3:11.98	22.54 350m: 4:32.31	17.34
	75m: 50.22 18.22	175m: 2:07.80	19.47 275m: 3:34.06	22.08 375m: 4:49.43	17.12
	100m: 1:08.63 18.41	200m: 2:26.96	19.16 300m: 3:56.41	22.35 400m: 5:05.45	16.02
15.	CAMACHO GONZÁLEZ, Claudia	02	C.D. Gredos San Diego	5:06.00	605
	25m: 14.59 14.59	125m: 1:28.39	19.82 225m: 2:47.48	21.16 325m: 4:12.22	18.54
	50m: 32.17 17.58	150m: 1:47.88	19.49 250m: 3:09.49	22.01 350m: 4:30.44	18.22
	75m: 50.00 17.83	175m: 2:07.02	19.14 275m: 3:31.35	21.86 375m: 4:48.32	17.88
	100m: 1:08.57 18.57	200m: 2:26.32	19.30 300m: 3:53.68	22.33 400m: 5:06.00	17.68
DSQ	ABAD NUÑEZ, Beth	08	C.N. .Palma de Mallorca		
