

LXVII Cto. de España Absoluto de invierno P25 - ASTRALPOOL
Madrid, 14 - 17/11/2024

Prueba 1	Masc., 400m Estilos				Abs.
14/11/2024 - 18:00					Resultados Final
World Record	3:54.81	SETO, Daiya	JPN	Las Vegas (USA)	20/12/2019
European Record	3:56.47	BORODIN, Ilya	RUS	Abu Dhabi (UAE)	20/12/2021
Récord España	4:05.09	CABELLO FORNS, Alan		ESTAMBUL (TUR)	11/12/2009
Récord Campeonato	4:05.75	PONS RAMON, Joan Lluís		CASTELLÓN	21/11/2020

Puntos: AQUA 2024

Clasificación AN Tiempo AQUA

Final A

1. MIRA ALBALADEJO, Diego	01	C.N. Sabadell	4:09.85	830
25m: 12.23	12.23	125m: 1:12.55	15.69	225m: 2:16.20
50m: 26.79	14.56	150m: 1:27.58	15.03	250m: 2:33.77
75m: 41.42	14.63	175m: 1:42.72	15.14	275m: 2:51.81
100m: 56.86	15.44	200m: 1:57.84	15.12	300m: 3:09.95
18.36	325m: 3:25.00	15.05	350m: 3:39.77	14.77
18.04	375m: 3:55.07	15.30	400m: 4:09.85	14.78
2. GONZALEZ DE OLIVEIRA, Hugo	99	C.N. Terrassa	4:14.10	789
25m: 12.01	12.01	125m: 1:13.93	16.81	225m: 2:19.57
50m: 26.30	14.29	150m: 1:30.23	16.30	250m: 2:37.70
75m: 41.35	15.05	175m: 1:46.30	16.07	275m: 2:55.68
100m: 57.12	15.77	200m: 2:02.26	15.96	300m: 3:13.89
17.31	325m: 3:29.08	15.19	350m: 3:43.89	14.81
17.98	375m: 3:58.97	15.08	400m: 4:14.10	15.13
3. VARGAS TRUJILLO, Cristobal	07	C.N. Dos Hermanas	4:16.14	770
25m: 12.65	12.65	125m: 1:16.09	17.02	225m: 2:22.47
50m: 27.73	15.08	150m: 1:32.58	16.49	250m: 2:41.00
75m: 43.25	15.52	175m: 1:49.07	16.49	275m: 2:58.87
100m: 59.07	15.82	200m: 2:04.68	15.61	300m: 3:17.40
17.79	325m: 3:32.81	15.41	350m: 3:47.63	14.82
18.53	375m: 4:02.23	14.60	400m: 4:16.14	13.91
4. NEATA SAGHIN, Radu Valentin	05	C.D. Gredos San Diego	4:16.83	764
25m: 11.86	11.86	125m: 1:13.75	16.43	225m: 2:20.51
50m: 26.55	14.69	150m: 1:30.06	16.31	250m: 2:38.75
75m: 41.43	14.88	175m: 1:46.66	16.60	275m: 2:57.40
100m: 57.32	15.89	200m: 2:03.06	16.40	300m: 3:16.42
17.45	325m: 3:32.22	15.80	350m: 3:47.56	15.34
18.24	375m: 4:02.93	15.37	400m: 4:16.83	13.90
5. MARTIN BURGUILLO, Marcos	02	C.N. Terrassa	4:17.12	761
25m: 12.10	12.10	125m: 1:15.13	16.90	225m: 2:21.67
50m: 26.99	14.89	150m: 1:31.16	16.03	250m: 2:40.24
75m: 42.45	15.46	175m: 1:47.54	16.38	275m: 2:59.19
100m: 58.23	15.78	200m: 2:03.30	15.76	300m: 3:18.02
18.37	325m: 3:33.50	15.48	350m: 3:48.37	14.87
18.57	375m: 4:03.19	14.82	400m: 4:17.12	13.93
6. MORALES CEBEY, Hector	02	C.N. Terrassa	4:19.80	738
25m: 12.36	12.36	125m: 1:15.72	17.21	225m: 2:24.65
50m: 27.57	15.21	150m: 1:32.68	16.96	250m: 2:43.35
75m: 42.79	15.22	175m: 1:49.52	16.84	275m: 3:01.47
100m: 58.51	15.72	200m: 2:06.40	16.88	300m: 3:19.97
18.25	325m: 3:35.60	15.63	350m: 3:50.69	15.09
18.70	375m: 4:05.24	14.55	400m: 4:19.80	14.56
7. ECHEVARRIA POLO, Marcos	00	C.N. Helios	4:21.68	722
25m: 12.78	12.78	125m: 1:16.84	16.90	225m: 2:25.83
50m: 28.08	15.30	150m: 1:33.72	16.88	250m: 2:45.19
75m: 43.58	15.50	175m: 1:50.46	16.74	275m: 3:03.39
100m: 59.94	16.36	200m: 2:07.79	17.33	300m: 3:22.62
18.04	325m: 3:37.93	15.31	350m: 3:52.61	14.68
19.36	375m: 4:07.22	14.61	400m: 4:21.68	14.46
8. POU FERNANDEZ, Marc	01	C.N. Mataro	4:25.56	691
25m: 12.44	12.44	125m: 1:15.75	16.83	225m: 2:24.57
50m: 27.59	15.15	150m: 1:32.54	16.79	250m: 2:43.31
75m: 43.13	15.54	175m: 1:49.49	16.95	275m: 3:02.22
100m: 58.92	15.79	200m: 2:06.29	16.80	300m: 3:21.09
18.28	325m: 3:37.17	16.08	350m: 3:52.82	15.65
18.74	375m: 4:09.43	16.61	400m: 4:25.56	16.13

INSTITUCIONALES	SPONSOR PLATINO	SPONSOR ORO	MECENAZGO	SPONSOR TÉCNICO	PARTNER

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Madrid, 14 - 17/11/2024

Prueba 1, Masc., 400m Estilos, Final, Abs.

Clasificación	AN		Tiempo		AQUA	
Final B						
9.	PARRA ESTRADÉ, Arnau	07	C.N. Sabadell	4:21.03	727	
	25m: 12.37 12.37	125m: 1:16.57	17.43	225m: 2:25.79	18.85	325m: 3:37.75 15.37
	50m: 28.03 15.66	150m: 1:33.38	16.81	250m: 2:44.57	18.78	350m: 3:52.41 14.66
	75m: 43.17 15.14	175m: 1:50.22	16.84	275m: 3:03.13	18.56	375m: 4:06.87 14.46
	100m: 59.14 15.97	200m: 2:06.94	16.72	300m: 3:22.38	19.25	400m: 4:21.03 14.16
10.	CARRASCO CADENS, Jordi	08	C.E. INEF de Lleida	4:21.98	720	
	25m: 12.15 12.15	125m: 1:17.18	17.99	225m: 2:25.45	18.34	325m: 3:37.12 15.57
	50m: 27.42 15.27	150m: 1:33.90	16.72	250m: 2:43.77	18.32	350m: 3:52.07 14.95
	75m: 43.21 15.79	175m: 1:50.90	17.00	275m: 3:02.72	18.95	375m: 4:07.41 15.34
	100m: 59.19 15.98	200m: 2:07.11	16.21	300m: 3:21.55	18.83	400m: 4:21.98 14.57
11.	SANCHEZ SERRANO, Marcos	06	C.N. Bahía de Cádiz	4:22.59	715	
	25m: 12.69 12.69	125m: 1:17.04	16.94	225m: 2:25.49	18.45	325m: 3:38.18 15.67
	50m: 28.21 15.52	150m: 1:33.54	16.50	250m: 2:44.21	18.72	350m: 3:53.31 15.13
	75m: 43.69 15.48	175m: 1:50.14	16.60	275m: 3:03.01	18.80	375m: 4:08.13 14.82
	100m: 1:00.10 16.41	200m: 2:07.04	16.90	300m: 3:22.51	19.50	400m: 4:22.59 14.46
12.	SANTIAGO BETANCOR, Raul	97	C.N. Granollers	4:23.14	710	
	25m: 13.03 13.03	125m: 1:18.82	17.73	225m: 2:28.25	18.75	325m: 3:39.83 15.68
	50m: 28.57 15.54	150m: 1:35.63	16.81	250m: 2:46.56	18.31	350m: 3:54.52 14.69
	75m: 44.65 16.08	175m: 1:52.87	17.24	275m: 3:05.43	18.87	375m: 4:09.24 14.72
	100m: 1:01.09 16.44	200m: 2:09.50	16.63	300m: 3:24.15	18.72	400m: 4:23.14 13.90
13.	CUEN SIBILA, Biel	07	Fed. Andorrana	4:27.80	674	
	25m: 12.85 12.85	125m: 1:19.39	18.14	225m: 2:29.27	19.40	325m: 3:44.92 15.95
	50m: 28.56 15.71	150m: 1:36.44	17.05	250m: 2:49.32	20.05	350m: 3:59.77 14.85
	75m: 44.62 16.06	175m: 1:53.22	16.78	275m: 3:08.65	19.33	375m: 4:14.02 14.25
	100m: 1:01.25 16.63	200m: 2:09.87	16.65	300m: 3:28.97	20.32	400m: 4:27.80 13.78
14.	SAN JOSE GONZALEZ, Marcos	08	C.D. Parquesol	4:27.88	673	
	25m: 12.96 12.96	125m: 1:19.50	18.20	225m: 2:29.21	18.29	325m: 3:40.87 16.51
	50m: 28.51 15.55	150m: 1:36.86	17.36	250m: 2:47.44	18.23	350m: 3:56.69 15.82
	75m: 44.69 16.18	175m: 1:53.84	16.98	275m: 3:05.68	18.24	375m: 4:12.37 15.68
	100m: 1:01.30 16.61	200m: 2:10.92	17.08	300m: 3:24.36	18.68	400m: 4:27.88 15.51
15.	POLO CAPO, Víctor	06	C.N. .Palma de Mallorca	4:28.90	665	
	25m: 12.42 12.42	125m: 1:18.15	17.39	225m: 2:27.06	18.90	325m: 3:42.35 16.23
	50m: 27.84 15.42	150m: 1:34.87	16.72	250m: 2:46.54	19.48	350m: 3:58.08 15.73
	75m: 44.09 16.25	175m: 1:51.72	16.85	275m: 3:06.05	19.51	375m: 4:13.81 15.73
	100m: 1:00.76 16.67	200m: 2:08.16	16.44	300m: 3:26.12	20.07	400m: 4:28.90 15.09
16.	RODRÍGUEZ SANJUAN, Yago	07	C.N. Santa Olaya	4:34.42	626	
	25m: 12.69 12.69	125m: 1:18.08	17.67	225m: 2:29.26	20.38	325m: 3:48.42 15.85
	50m: 28.25 15.56	150m: 1:35.30	17.22	250m: 2:49.97	20.71	350m: 4:03.79 15.37
	75m: 43.89 15.64	175m: 1:52.46	17.16	275m: 3:11.15	21.18	375m: 4:19.34 15.55
	100m: 1:00.41 16.52	200m: 2:08.88	16.42	300m: 3:32.57	21.42	400m: 4:34.42 15.08
