

XXXIV Cto. de España "OPEN" de verano natación Masters
LAS PALMAS GC, 3 - 6/7/2025

Prueba 11 Masc., 400m Libre 85+
04/07/2025 - 9:30 Resultados

Clasificación	AN	Tiempo	
1. CANALES DE MENDOZA Joaquin M ^a	40 R.C. Mediterraneo	6:58.53	19,00 865
50m: 46.42 46.42 150m: 2:32.43 54.05 250m: 4:21.18 53.92 350m: 6:07.06 52.46			
100m: 1:38.38 51.96 200m: 3:27.26 54.83 300m: 5:14.60 53.42 400m: 6:58.53 51.47			

Prueba 11 Masc., 400m Libre 80+
04/07/2025 - 9:30 Resultados

Clasificación	AN	Tiempo	
1. O SHANAHAN ROCA Mauricio	42 C.N. Metropole	8:09.84	19,00 350
50m: 56.21 56.21 150m: 3:01.72 1:01.63 250m: 5:09.80 1:03.78 350m: 7:15.15 1:02.81			
100m: 2:00.09 1:03.88 200m: 4:06.02 1:04.30 300m: 6:12.34 1:02.54 400m: 8:09.84 54.69			

Prueba 11 Masc., 400m Libre 75+
04/07/2025 - 9:30 Resultados

Clasificación	AN	Tiempo	
1. RIERA MONTAL Agustin	49 C. Tenerife Masters	7:11.51	19,00 399
50m: 46.49 46.49 150m: 2:32.22 54.52 250m: 4:24.05 56.31 350m: 6:18.55 57.66			
100m: 1:37.70 51.21 200m: 3:27.74 55.52 300m: 5:20.89 56.84 400m: 7:11.51 52.96			
2. CHECA FAJARDO Placido	50 C.N. Metropole	7:47.15	16,00 314
50m: 51.32 51.32 150m: 2:45.18 59.85 250m: 4:44.82 1:01.95 350m: 6:49.26 1:04.43			
100m: 1:45.33 54.01 200m: 3:42.87 57.69 300m: 5:44.83 1:00.01 400m: 7:47.15 57.89			

Prueba 11 Masc., 400m Libre 70+
04/07/2025 - 9:30 Resultados

Clasificación	AN	Tiempo	
1. FERNANDEZ RODRIGUEZ Rafael	54 C.N. Cuatro Caminos	5:42.41	19,00 658
50m: 37.86 37.86 150m: 2:04.23 44.02 250m: 3:32.52 44.37 350m: 4:59.95 43.77			
100m: 1:20.21 42.35 200m: 2:48.15 43.92 300m: 4:16.18 43.66 400m: 5:42.41 42.46			
2. BARRIOS BORGES Jose Ramon	54 C. Tenerife Masters	5:57.74	16,00 577
50m: 42.85 42.85 150m: 2:12.95 45.27 250m: 3:44.24 45.59 350m: 5:13.87 44.80			
100m: 1:27.68 44.83 200m: 2:58.65 45.70 300m: 4:29.07 44.83 400m: 5:57.74 43.87			
3. URIBE ECHEVARRIA-FDEZ Miguel	53 C.N. Rivalia	6:49.58	14,00 384
50m: 43.77 43.77 150m: 2:25.25 51.96 250m: 4:11.74 53.21 350m: 5:58.70 53.40			
100m: 1:33.29 49.52 200m: 3:18.53 53.28 300m: 5:05.30 53.56 400m: 6:49.58 50.88			
4. PASCUAL DE LA PARTE Jose Ignacio	53 Club Atlético Montemar	6:54.52	13,00 370
50m: 46.51 46.51 150m: 2:32.68 53.47 250m: 4:19.79 53.26 350m: 6:04.99 52.17			
100m: 1:39.21 52.70 200m: 3:26.53 53.85 300m: 5:12.82 53.03 400m: 6:54.52 49.53			

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XXXIV Cto. de España "OPEN" de verano natación Masters
LAS PALMAS GC, 3 - 6/7/2025

Prueba 11, Masc., 400m Libre, 70+

Clasificación	AN	Tiempo
Baja ELGUE GRANDI Juan Carlos	52 C.N. Las Palmas	-
Prueba 11	Masc., 400m Libre	65+
04/07/2025 - 9:30		Resultados

Clasificación	AN	Tiempo
1. MATA DIAZ Enrique <i>Récord Europa</i>	60 Club Gloria Swimtrain Maspalomas	4:49.40 34,00 883
50m: 33.01 33.01 150m: 1:46.44 36.95 250m: 3:00.32 36.54 350m: 4:14.19 36.69		
100m: 1:09.49 36.48 200m: 2:23.78 37.34 300m: 3:37.50 37.18 400m: 4:49.40 35.21		
2. BAKER Phillip John	56 C.N. Mediterraneo Valencia	5:31.50 16,00 587
50m: 38.34 38.34 150m: 2:02.30 42.85 250m: 3:27.52 42.43 350m: 4:51.41 41.79		
100m: 1:19.45 41.11 200m: 2:45.09 42.79 300m: 4:09.62 42.10 400m: 5:31.50 40.09		
3. MENENDEZ CUELLAR Manuel	58 C.N. Cuatro Caminos	5:31.85 14,00 586
50m: 37.79 37.79 150m: 1:59.97 41.77 250m: 3:25.31 42.88 350m: 4:50.82 42.36		
100m: 1:18.20 40.41 200m: 2:42.43 42.46 300m: 4:08.46 43.15 400m: 5:31.85 41.03		
4. HOBBS David	59 Universidad de Granada	5:53.07 13,00 486
50m: 39.90 39.90 150m: 2:07.84 45.02 250m: 3:39.65 45.53 350m: 5:10.85 45.12		
100m: 1:22.82 42.92 200m: 2:54.12 46.28 300m: 4:25.73 46.08 400m: 5:53.07 42.22		
5. HENRIQUEZ CORREA Sixto	59 C.N. Las Palmas	5:53.41 12,00 485
50m: 38.37 38.37 150m: 2:05.10 43.76 250m: 3:34.69 45.44 350m: 5:07.21 46.59		
100m: 1:21.34 42.97 200m: 2:49.25 44.15 300m: 4:20.62 45.93 400m: 5:53.41 46.20		
6. CABALLERO MADERA Enrique	57 C.N. Metropole	5:55.47 11,00 476
50m: 41.57 41.57 150m: 2:11.23 45.28 250m: 3:40.96 44.68 350m: 5:10.28 45.34		
100m: 1:25.95 44.38 200m: 2:56.28 45.05 300m: 4:24.94 43.98 400m: 5:55.47 45.19		
7. DIAZ DIAZ Celso Julio	59 C. Tenerife Masters	6:04.72 10,00 441
50m: 38.82 38.82 150m: 2:09.52 46.03 250m: 3:44.00 47.78 350m: 5:18.58 47.19		
100m: 1:23.49 44.67 200m: 2:56.22 46.70 300m: 4:31.39 47.39 400m: 6:04.72 46.14		
8. DIAZ CASTRO Jose Maria	57 C. Tenerife Masters	7:22.41 9,00 247
50m: 48.71 48.71 150m: 2:38.94 55.84 250m: 4:34.33 57.55 350m: 6:29.07 57.27		
100m: 1:43.10 54.39 200m: 3:36.78 57.84 300m: 5:31.80 57.47 400m: 7:22.41 53.34		
Baja VILA SANCHEZ Francisco Javier	57 C.N. Metropole	-

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Prueba 11, Masc., 400m Libre

Prueba 11

Masc., 400m Libre

04/07/2025 - 9:30

60+

Resultados

Clasificación	AN				Tiempo			
1. VALLEJO ARROYO Juan Carlos	63	C.N. Vulcania Master			4:54.52	19,00	771	
50m: 33.16	33.16	150m: 1:46.28	37.21	250m: 3:01.38	37.75	350m: 4:17.35	37.91	
100m: 1:09.07	35.91	200m: 2:23.63	37.35	300m: 3:39.44	38.06	400m: 4:54.52	37.17	
2. ARRIBAS PUVILL Albert	65	C.E. Mediterrani			5:09.43	16,00	665	
50m: 34.78	34.78	150m: 1:52.65	39.16	250m: 3:11.97	39.41	350m: 4:31.12	39.29	
100m: 1:13.49	38.71	200m: 2:32.56	39.91	300m: 3:51.83	39.86	400m: 5:09.43	38.31	
3. GONZALEZ ARMAS Juan Carlos	63	C. Tenerife Masters			5:34.28	14,00	527	
50m: 37.36	37.36	150m: 2:00.70	42.74	250m: 3:27.70	43.43	350m: 4:53.28	42.39	
100m: 1:17.96	40.60	200m: 2:44.27	43.57	300m: 4:10.89	43.19	400m: 5:34.28	41.00	
4. MANRUBIA MARTINEZ Jose Maria	65	C.D. Santa Ana			5:42.63	13,00	490	
50m: 39.70	39.70	150m: 2:04.71	42.94	250m: 3:32.75	44.22	350m: 5:00.52	43.45	
100m: 1:21.77	42.07	200m: 2:48.53	43.82	300m: 4:17.07	44.32	400m: 5:42.63	42.11	
5. BLEICHRODT SCHEURER Han	65	Club Atlético Montemar			5:50.10	12,00	459	
50m: 40.52	40.52	150m: 2:08.88	44.72	250m: 3:39.05	45.06	350m: 5:08.30	44.39	
100m: 1:24.16	43.64	200m: 2:53.99	45.11	300m: 4:23.91	44.86	400m: 5:50.10	41.80	
6. ARIAS FEBLES Jose Manuel	64	C.N. Metropole			6:01.70	11,00	416	
50m: 39.94	39.94	150m: 2:10.62	45.68	250m: 3:43.66	46.93	350m: 5:18.38	47.15	
100m: 1:24.94	45.00	200m: 2:56.73	46.11	300m: 4:31.23	47.57	400m: 6:01.70	43.32	
7. FERNANDEZ LAZARO Fernando	63	Club Atlético Montemar			6:17.35	10,00	366	
50m: 44.83	44.83	150m: 2:20.41	47.86	250m: 3:57.52	48.74	350m: 5:33.29	47.29	
100m: 1:32.55	47.72	200m: 3:08.78	48.37	300m: 4:46.00	48.48	400m: 6:17.35	44.06	
8. DE VICENTE MINGARRO Inigo	61	Race			6:31.15	9,00	329	
50m: 41.36	41.36	150m: 2:16.78	48.98	250m: 3:58.28	51.03	350m: 5:41.00	51.27	
100m: 1:27.80	46.44	200m: 3:07.25	50.47	300m: 4:49.73	51.45	400m: 6:31.15	50.15	
9. MATEOS BATISTA Francisco	62	C.N. Las Palmas			6:38.83	8,00	310	
50m: 42.73	42.73	150m: 2:19.13	49.84	250m: 4:02.73	52.09	350m: 5:49.60	53.72	
100m: 1:29.29	46.56	200m: 3:10.64	51.51	300m: 4:55.88	53.15	400m: 6:38.83	49.23	
10. SANCHEZ DE HARO Jose Maria	64	C. Tenis Chamartin			6:40.37	7,00	307	
50m: 43.21	43.21	150m: 2:23.23	51.46	250m: 4:08.55	53.16	350m: 5:52.56	51.19	
100m: 1:31.77	48.56	200m: 3:15.39	52.16	300m: 5:01.37	52.82	400m: 6:40.37	47.81	
11. MARTIN LORENZO Pablo	63	C.N. Metropole			7:22.60	6,00	227	
50m: 46.68	46.68	150m: 2:38.09	57.35	250m: 4:32.51	56.36	350m: 6:27.50	58.49	
100m: 1:40.74	54.06	200m: 3:36.15	58.06	300m: 5:29.01	56.50	400m: 7:22.60	55.10	

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XXXIV Cto. de España "OPEN" de verano natación Masters
LAS PALMAS GC, 3 - 6/7/2025

Prueba 11, Masc., 400m Libre

Prueba 11

04/07/2025 - 9:30

Masc., 400m Libre

55+

Resultados

Clasificación	AN	Equipo	Tempo		
1. GUTIERREZ ASCANIO Ciro	70	C.N. Metropole	4:45.15	19,00	780
50m: 33.54 33.54 150m: 1:46.20 36.24 250m: 2:58.58 35.72 350m: 4:10.76 35.80					
100m: 1:09.96 36.42 200m: 2:22.86 36.66 300m: 3:34.96 36.38 400m: 4:45.15 34.39					
2. VORONIN Nikolai	69	C.N. Torrevieja	4:45.71	16,00	775
50m: 32.25 32.25 150m: 1:43.93 35.91 250m: 2:56.54 36.14 350m: 4:09.17 36.01					
100m: 1:08.02 35.77 200m: 2:20.40 36.47 300m: 3:33.16 36.62 400m: 4:45.71 36.54					
3. SABATER REDONDO Jorge	68	C.N. Cuatro Caminos	4:55.97	14,00	697
50m: 33.56 33.56 150m: 1:46.79 37.19 250m: 3:02.53 38.07 350m: 4:18.66 38.02					
100m: 1:09.60 36.04 200m: 2:24.46 37.67 300m: 3:40.64 38.11 400m: 4:55.97 37.31					
4. MATEU ADZERIAS Oriol	70	C.N. Sabadell	5:06.44	13,00	628
50m: 34.68 34.68 150m: 1:51.19 38.63 250m: 3:08.48 38.37 350m: 4:26.74 39.25					
100m: 1:12.56 37.88 200m: 2:30.11 38.92 300m: 3:47.49 39.01 400m: 5:06.44 39.70					
5. SANTANA MIRANDA Antonio Manuel	67	C.N. Metropole	5:08.32	12,00	617
50m: 34.37 34.37 150m: 1:51.49 39.23 250m: 3:10.00 39.18 350m: 4:30.61 40.71					
100m: 1:12.26 37.89 200m: 2:30.82 39.33 300m: 3:49.90 39.90 400m: 5:08.32 37.71					
6. LUZARDO RODRIGUEZ Gustavo Adolfo	66	C.N. Metropole	5:16.59	11,00	569
50m: 36.06 36.06 150m: 1:54.11 39.90 250m: 3:16.31 41.15 350m: 4:38.25 41.14					
100m: 1:14.21 38.15 200m: 2:35.16 41.05 300m: 3:57.11 40.80 400m: 5:16.59 38.34					
7. PUCHADES ORTIZ Jorge	70	C.N. Ferca-San Jose	5:27.01	10,00	517
50m: 36.85 36.85 150m: 1:59.69 41.97 250m: 3:23.25 42.06 350m: 4:46.71 41.58					
100m: 1:17.72 40.87 200m: 2:41.19 41.50 300m: 4:05.13 41.88 400m: 5:27.01 40.30					
8. LOPEZ TREJO RODRIGUEZ Victor Mar	70	C.N. Las Palmas	5:27.74	9,00	513
50m: 37.13 37.13 150m: 1:57.72 40.63 250m: 3:20.61 41.38 350m: 4:46.88 43.67					
100m: 1:17.09 39.96 200m: 2:39.23 41.51 300m: 4:03.21 42.60 400m: 5:27.74 40.86					
9. NUEZ SANCHEZ Carlos Luis	69	C.N. Aguacan	5:41.09	8,00	455
50m: 39.17 39.17 150m: 2:04.54 43.05 300m: 4:18.42 44.93 400m: 5:41.09 39.80					
100m: 1:21.49 42.32 250m: 3:33.49 1:28.95 350m: 5:01.29 42.87					
10. CASTROVIEJO FERNANDEZ Raul	68	C.N. Rivalia	5:45.16	7,00	439
50m: 39.61 39.61 150m: 2:06.95 43.78 250m: 3:34.85 43.64 350m: 5:03.58 44.17					
100m: 1:23.17 43.56 200m: 2:51.21 44.26 300m: 4:19.41 44.56 400m: 5:45.16 41.58					
11. QUEROL FERNANDEZ Carlos	66	C.D.N. Cordoba	5:47.41	6,00	431
50m: 38.19 38.19 150m: 2:06.04 44.83 250m: 3:36.42 45.31 350m: 5:05.81 44.78					
100m: 1:21.21 43.02 200m: 2:51.11 45.07 300m: 4:21.03 44.61 400m: 5:47.41 41.60					
12. SANTANA SANTANA Gustavo Adolfo	67	Club Gloria Swimtrain Maspalomas	5:58.19	5,00	393
50m: 38.11 38.11 150m: 2:07.73 45.78 250m: 3:42.07 47.26 350m: 5:14.77 45.50					
100m: 1:21.95 43.84 200m: 2:54.81 47.08 300m: 4:29.27 47.20 400m: 5:58.19 43.42					
13. PEREZ MORENO Fernando	66	C. Tenerife Masters	6:04.39	4,00	373
50m: 39.71 39.71 150m: 2:08.74 45.33 250m: 3:43.19 47.40 350m: 5:18.97 48.01					
100m: 1:23.41 43.70 200m: 2:55.79 47.05 300m: 4:30.96 47.77 400m: 6:04.39 45.42					

Splash Meet Manager, 11.81803

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XXXIV Cto. de España "OPEN" de verano natación Masters
LAS PALMAS GC, 3 - 6/7/2025

Prueba 11, Masc., 400m Libre, 55+

Clasificación	AN	Tiempo	
14. MARTIN MARTIN Jose Antonio	68	C.D.N. Inacua Malaga	6:39.20 3,00 284
50m: 47.08 47.08 150m: 2:28.05 50.99 250m: 4:11.53 50.70 350m: 5:52.16 49.40			
100m: 1:37.06 49.98 200m: 3:20.83 52.78 300m: 5:02.76 51.23 400m: 6:39.20 47.04			
15. RODRIGUEZ SANTANA Ernesto	70	C.N. Valleverde	6:42.00 2,00 278
50m: 44.57 44.57 150m: 2:23.55 50.96 250m: 4:08.10 52.60 350m: 5:52.31 51.92			
100m: 1:32.59 48.02 200m: 3:15.50 51.95 300m: 5:00.39 52.29 400m: 6:42.00 49.69			
Baja INFANTE CABELLO Pablo Carlos	69	C.N. Leganes	-

Prueba 11 Masc., 400m Libre 50+
04/07/2025 - 9:30 Resultados

Clasificación	AN	Tiempo	
1. MARIAN DE DIEGO Fernando	74	C.N. Metropole	4:41.32 19,00 752
50m: 31.49 31.49 150m: 1:41.96 35.76 250m: 2:55.08 36.39 350m: 4:07.19 35.57			
100m: 1:06.20 34.71 200m: 2:18.69 36.73 300m: 3:31.62 36.54 400m: 4:41.32 34.13			
2. MORALES RODRIGUEZ Sergio	73	C.N. Aquamasters	4:42.21 16,00 745
50m: 32.95 32.95 150m: 1:44.49 36.14 250m: 2:56.59 35.95 350m: 4:08.08 35.36			
100m: 1:08.35 35.40 200m: 2:20.64 36.15 300m: 3:32.72 36.13 400m: 4:42.21 34.13			
3. PRADO TOCALINO Rodrigo De Almeida	72	C.N. Alcobendas	4:42.27 14,00 745
50m: 32.26 32.26 150m: 1:45.17 37.22 250m: 2:59.39 36.73 350m: 4:08.10 32.52			
100m: 1:07.95 35.69 200m: 2:22.66 37.49 300m: 3:35.58 36.19 400m: 4:42.27 34.17			
4. GARACH GOMEZ Manuel	74	Universidad de Granada	4:49.41 13,00 691
50m: 31.50 31.50 150m: 1:43.43 36.37 250m: 2:58.19 37.74 350m: 4:13.97 37.66			
100m: 1:07.06 35.56 200m: 2:20.45 37.02 300m: 3:36.31 38.12 400m: 4:49.41 35.44			
5. HERNANDEZ ALONSO Raul	73	C.N. San Blas	4:59.87 12,00 621
50m: 31.01 31.01 150m: 1:44.98 37.54 250m: 3:01.81 38.75 350m: 4:21.49 40.17			
100m: 1:07.44 36.43 200m: 2:23.06 38.08 300m: 3:41.32 39.51 400m: 4:59.87 38.38			
6. ODRIOZOLA SANCHEZ Juan Jose	71	C. Tenerife Masters	5:02.37 11,00 606
50m: 34.19 34.19 150m: 1:48.60 37.38 250m: 3:04.67 37.89 350m: 4:22.71 39.00			
100m: 1:11.22 37.03 200m: 2:26.78 38.18 300m: 3:43.71 39.04 400m: 5:02.37 39.66			
7. RUIZ GUTIERREZ Mariano	74	Universidad de Granada	5:07.20 10,00 578
50m: 35.11 35.11 150m: 1:51.49 38.59 250m: 3:10.07 39.06 350m: 4:29.70 39.49			
100m: 1:12.90 37.79 200m: 2:31.01 39.52 300m: 3:50.21 40.14 400m: 5:07.20 37.50			
8. GABARRO ROSELL Lluís	74	C.N. Sabadell	5:15.10 9,00 535
50m: 35.51 35.51 150m: 1:55.28 40.49 250m: 3:16.85 40.86 350m: 4:38.07 40.18			
100m: 1:14.79 39.28 200m: 2:35.99 40.71 300m: 3:57.89 41.04 400m: 5:15.10 37.03			
9. PERAZA MARRERO Alberto	75	C.N. Metropole	5:16.13 8,00 530
50m: 35.36 35.36 150m: 1:54.24 39.93 250m: 3:16.00 40.96 350m: 4:38.33 41.03			
100m: 1:14.31 38.95 200m: 2:35.04 40.80 300m: 3:57.30 41.30 400m: 5:16.13 37.80			
10. NUÑEZ PEREZ Francisco Javier	72	Club Arriacense Natacion	5:17.26 7,00 524
50m: 36.30 36.30 150m: 1:56.29 40.54 250m: 3:18.24 40.65 350m: 4:38.86 40.50			
100m: 1:15.75 39.45 200m: 2:37.59 41.30 300m: 3:58.36 40.12 400m: 5:17.26 38.40			

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Prueba 11, Masc., 400m Libre, 50+

Clasificación	AN					Tiempo							
11.	QUINTANA RODRIGUEZ Alvaro				74	C. Tenerife Masters					5:17.40	6,00	524
	50m:	35.44	35.44	150m:	1:54.70	40.19	250m:	3:16.91	41.08	350m:	4:38.58	40.61	
	100m:	1:14.51	39.07	200m:	2:35.83	41.13	300m:	3:57.97	41.06	400m:	5:17.40	38.82	
12.	PAREJO GUTIERREZ Miguel				75	C.N. Merida					5:39.97	5,00	426
	50m:	37.60	37.60	150m:	2:01.56	42.32	250m:	3:28.87	44.01	350m:	4:57.16	43.81	
	100m:	1:19.24	41.64	200m:	2:44.86	43.30	300m:	4:13.35	44.48	400m:	5:39.97	42.81	
13.	PORTELLA DEL CARMEN Luis				71	C.D. Toledo Monteverde					5:40.94	4,00	422
	50m:	36.45	36.45	150m:	1:59.32	42.51	250m:	3:28.89	45.06	350m:	4:58.44	44.51	
	100m:	1:16.81	40.36	200m:	2:43.83	44.51	300m:	4:13.93	45.04	400m:	5:40.94	42.50	
14.	ALVAREZ ALAMO Emilio				74	Club Gloria Swimtrain Maspalomas					5:41.77	3,00	419
	50m:	37.84	37.84	150m:	2:00.88	42.21	250m:	3:28.26	44.09	350m:	4:57.91	45.02	
	100m:	1:18.67	40.83	200m:	2:44.17	43.29	300m:	4:12.89	44.63	400m:	5:41.77	43.86	
15.	BARRACHINA QUEMADA Guillermo				74	C.D. Halegatos					5:45.17	2,00	407
	50m:	34.45	34.45	150m:	1:59.41	44.15	250m:	3:30.86	45.65	350m:	5:01.84	45.36	
	100m:	1:15.26	40.81	200m:	2:45.21	45.80	300m:	4:16.48	45.62	400m:	5:45.17	43.33	
16.	DEL ROSARIO RODRIGUEZ Jose Antoi72				72	C.N. Las Palmas					5:45.62	1,00	406
	50m:	38.91	38.91	150m:	2:03.64	43.21	250m:	3:32.52	44.66	350m:	5:03.77	45.55	
	100m:	1:20.43	41.52	200m:	2:47.86	44.22	300m:	4:18.22	45.70	400m:	5:45.62	41.85	
17.	GIL HENRIQUEZ Jorge Juan				72	C.N. Las Palmas					5:46.78	-	401
	50m:	37.87	37.87	150m:	2:03.27	43.90	250m:	3:32.40	44.29	350m:	5:03.72	45.38	
	100m:	1:19.37	41.50	200m:	2:48.11	44.84	300m:	4:18.34	45.94	400m:	5:46.78	43.06	
18.	ESCUDERO SANCHEZ Toni				74	C. Valenciano					5:47.57	-	399
	50m:	37.48	37.48	150m:	2:02.38	43.75	250m:	3:33.33	46.10	350m:	5:03.43	44.88	
	100m:	1:18.63	41.15	200m:	2:47.23	44.85	300m:	4:18.55	45.22	400m:	5:47.57	44.14	
19.	MENA PERET Rafael				72	Club Gloria Swimtrain Maspalomas					5:49.15	-	393
	50m:	41.31	41.31	150m:	2:10.37	44.70	250m:	3:39.92	44.47	350m:	5:08.43	43.54	
	100m:	1:25.67	44.36	200m:	2:55.45	45.08	300m:	4:24.89	44.97	400m:	5:49.15	40.72	
20.	HERNANDEZ RODRIGUEZ Horacio				71	C.N. Metropole					5:54.04	-	377
	50m:	36.99	36.99	150m:	2:04.85	45.08	250m:	3:38.47	47.18	350m:	5:10.28	46.09	
	100m:	1:19.77	42.78	200m:	2:51.29	46.44	300m:	4:24.19	45.72	400m:	5:54.04	43.76	
Baja	RAMIREZ TEJERA Victor				71	C.N. Metropole						-	

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Prueba 11, Masc., 400m Libre

Prueba 11

Masc., 400m Libre

45+

04/07/2025 - 9:30

Resultados

Clasificación	AN	Equipo	Tempo		
1. PUIG BENAVENTE Alvaro	79	C.N. Jimenez	4:37.52	19,00	728
50m: 30.07 30.07 150m: 1:38.48 34.98 250m: 2:50.41 35.92 350m: 4:02.67 36.13					
100m: 1:03.50 33.43 200m: 2:14.49 36.01 300m: 3:26.54 36.13 400m: 4:37.52 34.85					
2. REINO ASCANIO Abian	77	C.N. Metropole	4:39.02	16,00	716
50m: 30.99 30.99 150m: 1:41.08 35.36 250m: 2:52.56 35.88 350m: 4:04.72 36.06					
100m: 1:05.72 34.73 200m: 2:16.68 35.60 300m: 3:28.66 36.10 400m: 4:39.02 34.30					
3. CANTADOR MARINA Juan	78	C.N. Jimenez	4:45.25	14,00	670
50m: 32.03 32.03 150m: 1:42.45 35.81 250m: 2:56.13 37.07 350m: 4:09.72 36.62					
100m: 1:06.64 34.61 200m: 2:19.06 36.61 300m: 3:33.10 36.97 400m: 4:45.25 35.53					
4. MARCELLAN PEREZ Eduardo	78	C.N. Rivalia	4:50.16	13,00	636
50m: 32.26 32.26 150m: 1:44.35 36.36 250m: 2:58.30 36.94 350m: 4:14.03 37.74					
100m: 1:07.99 35.73 200m: 2:21.36 37.01 300m: 3:36.29 37.99 400m: 4:50.16 36.13					
5. ROMERA LOPEZ David	79	C.N. Vulcania Master	4:56.93	12,00	594
50m: 34.52 34.52 150m: 1:49.49 37.85 250m: 3:05.13 37.53 350m: 4:20.51 37.39					
100m: 1:11.64 37.12 200m: 2:27.60 38.11 300m: 3:43.12 37.99 400m: 4:56.93 36.42					
6. FLORES TABARES Roberto	76	Sopela Igeriketa Swim	4:57.09	11,00	593
50m: 32.12 32.12 150m: 1:45.18 37.16 250m: 3:02.10 38.64 350m: 4:20.27 38.97					
100m: 1:08.02 35.90 200m: 2:23.46 38.28 300m: 3:41.30 39.20 400m: 4:57.09 36.82					
7. DE LA VIESCA SANTAFE Carlos	78	Real Canoe N.C.	5:04.99	10,00	548
50m: 34.29 34.29 150m: 1:48.33 37.29 250m: 3:07.60 39.87 350m: 4:27.13 39.81					
100m: 1:11.04 36.75 200m: 2:27.73 39.40 300m: 3:47.32 39.72 400m: 5:04.99 37.86					
8. YAGUE ANDRES Jorge	77	C.N. Master Madrid	5:07.45	9,00	535
50m: 34.75 34.75 150m: 1:52.57 39.56 250m: 3:12.62 40.09 350m: 4:29.33 37.93					
100m: 1:13.01 38.26 200m: 2:32.53 39.96 300m: 3:51.40 38.78 400m: 5:07.45 38.12					
9. RODRIGUEZ REYES Miguel A	77	C.N. Las Palmas	5:10.33	8,00	520
50m: 34.68 34.68 150m: 1:51.57 38.92 250m: 3:11.24 39.75 350m: 4:31.67 39.57					
100m: 1:12.65 37.97 200m: 2:31.49 39.92 300m: 3:52.10 40.86 400m: 5:10.33 38.66					
10. AGUILAR CONTRERAS Antonio Angel	79	C.N. Master Madrid	5:14.74	7,00	499
50m: 37.05 37.05 150m: 1:55.70 39.43 250m: 3:15.39 39.85 350m: 4:35.41 39.99					
100m: 1:16.27 39.22 200m: 2:35.54 39.84 300m: 3:55.42 40.03 400m: 5:14.74 39.33					
11. YANES BOWDEN Geoffrey	80	C. Tenerife Masters	5:18.70	6,00	480
50m: 36.16 36.16 150m: 1:57.80 41.02 250m: 3:19.72 40.95 350m: 4:41.02 40.48					
100m: 1:16.78 40.62 200m: 2:38.77 40.97 300m: 4:00.54 40.82 400m: 5:18.70 37.68					
12. MINGUEZ CUENCA Guillermo	79	C.N. Mediterraneo Valencia	5:42.93	5,00	385
50m: 37.86 37.86 150m: 2:03.57 43.83 250m: 3:32.87 44.57 350m: 5:01.07 43.29					
100m: 1:19.74 41.88 200m: 2:48.30 44.73 300m: 4:17.78 44.91 400m: 5:42.93 41.86					
13. PLATA FERNANDEZ Joaquin	80	Universidad de Granada	5:50.26	4,00	362
50m: 38.06 38.06 150m: 2:04.45 44.39 250m: 3:34.86 45.54 350m: 5:06.09 45.69					
100m: 1:20.06 42.00 200m: 2:49.32 44.87 300m: 4:20.40 45.54 400m: 5:50.26 44.17					

Splash Meet Manager, 11.81803

Registered to Real Federacion Española de Natacion

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INSTITUCIONALES



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XXXIV Cto. de España "OPEN" de verano natación Masters
LAS PALMAS GC, 3 - 6/7/2025

Prueba 11, Masc., 400m Libre

Prueba 11

Masc., 400m Libre

40+

04/07/2025 - 9:30

Resultados

Clasificación	AN		Tiempo	
1. SANTANA SARMIENTO Miguel	83	C.N. Fainagua C. Telde	4:31.22	19,00 752
50m: 31.59 31.59 150m: 1:39.71		34.26 250m: 2:48.68 34.57 350m: 3:58.19 34.78		
100m: 1:05.45 33.86 200m: 2:14.11		34.40 300m: 3:23.41 34.73 400m: 4:31.22 33.03		
2. RESCALVO FLORIDO Damian Eleazar	81	C.N. Portus	4:43.39	16,00 660
50m: 33.55 33.55 150m: 1:45.75		36.28 250m: 2:58.95 36.57 350m: 4:09.10 34.62		
100m: 1:09.47 35.92 200m: 2:22.38		36.63 300m: 3:34.48 35.53 400m: 4:43.39 34.29		
3. CHURNIN Stephen Henry	81	C.N. Master Madrid	4:45.26	14,00 647
50m: 32.62 32.62 150m: 1:45.32		36.85 250m: 2:59.19 36.93 350m: 4:11.18 35.64		
100m: 1:08.47 35.85 200m: 2:22.26		36.94 300m: 3:35.54 36.35 400m: 4:45.26 34.08		
4. RODRIGUEZ LOPEZ David	82	E.C. Ciudad de Talavera	4:50.94	13,00 609
50m: 31.70 31.70 150m: 1:42.71		36.27 250m: 2:57.93 37.81 350m: 4:14.65 38.18		
100m: 1:06.44 34.74 200m: 2:20.12		37.41 300m: 3:36.47 38.54 400m: 4:50.94 36.29		
5. FERNANDEZ CAÑETE Aldir	84	C.D. Indea	4:52.78	12,00 598
50m: 31.78 31.78 150m: 1:44.62		37.19 250m: 3:01.11 38.23 350m: 4:18.21 38.13		
100m: 1:07.43 35.65 200m: 2:22.88		38.26 300m: 3:40.08 38.97 400m: 4:52.78 34.57		
6. SANCHEZ MEDINA Ricardo	84	C.N. Leganes	5:04.83	11,00 530
50m: 33.29 33.29 150m: 1:49.46		38.67 250m: 3:07.92 39.49 350m: 4:26.93 39.35		
100m: 1:10.79 37.50 200m: 2:28.43		38.97 300m: 3:47.58 39.66 400m: 5:04.83 37.90		
7. GALLEN I TORAN Xavier	85	C.E. Panteres Grogues	5:08.35	10,00 512
50m: 33.50 33.50 150m: 1:47.98		37.51 250m: 3:06.63 39.97 350m: 4:28.09 40.88		
100m: 1:10.47 36.97 200m: 2:26.66		38.68 300m: 3:47.21 40.58 400m: 5:08.35 40.26		
8. QUINTANA GARCIA Daniel	85	C.N. Las Palmas	5:48.22	9,00 355
50m: 40.30 40.30 150m: 2:08.42		43.96 250m: 3:36.50 43.43 350m: 5:05.43 43.80		
100m: 1:24.46 44.16 200m: 2:53.07		44.65 300m: 4:21.63 45.13 400m: 5:48.22 42.79		
9. SILES CHINCHILLA Marcos	84	C.N. Prat Llobregat	5:50.58	8,00 348
50m: 38.78 38.78 150m: 2:07.61		45.34 250m: 3:39.20 46.10 350m: 5:08.97 44.04		
100m: 1:22.27 43.49 200m: 2:53.10		45.49 300m: 4:24.93 45.73 400m: 5:50.58 41.61		
Baja NAVARRO FARIAS Santiago	81	C.N. Fainagua C. Telde	-	

INSTITUCIONALES



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LAS PALMAS GC, 3 - 6/7/2025

Prueba 11, Masc., 400m Libre

Prueba 11

Masc., 400m Libre

35+

04/07/2025 - 9:30

Resultados

Clasificación	AN		Tiempo	
1. RODRIGUEZ RAMOS Cristian	86	C.N. Swimfaster Salt	4:22.38	19,00 772
50m: 30.20 30.20 150m: 1:36.07 33.49 250m: 2:42.16 33.09 350m: 3:49.52 34.16				
100m: 1:02.58 32.38 200m: 2:09.07 33.00 300m: 3:15.36 33.20 400m: 4:22.38 32.86				
2. HENRIQUEZ HERNANDEZ Rafael	87	C.N. Fainagua C. Telde	4:36.97	16,00 656
50m: 31.26 31.26 150m: 1:40.04 34.86 250m: 2:50.51 35.02 350m: 4:02.36 35.81				
100m: 1:05.18 33.92 200m: 2:15.49 35.45 300m: 3:26.55 36.04 400m: 4:36.97 34.61				
3. RUIZ SOLARTE Eduardo	90	Universidad de Granada	4:59.62	14,00 518
50m: 33.86 33.86 150m: 1:48.33 37.51 250m: 3:05.02 38.18 350m: 4:22.70 38.58				
100m: 1:10.82 36.96 200m: 2:26.84 38.51 300m: 3:44.12 39.10 400m: 4:59.62 36.92				
4. GONZALEZ PEREDA Mario	87	Galdakao I.T.	5:01.24	13,00 510
50m: 32.81 32.81 150m: 1:46.78 37.62 250m: 3:03.84 38.70 350m: 4:22.77 39.52				
100m: 1:09.16 36.35 200m: 2:25.14 38.36 300m: 3:43.25 39.41 400m: 5:01.24 38.47				
5. GARCIA LANCHARES Carlos	90	C.N. Alcobendas	5:02.00	12,00 506
50m: 32.13 32.13 150m: 1:46.24 37.98 250m: 3:03.98 39.30 350m: 4:24.10 40.12				
100m: 1:08.26 36.13 200m: 2:24.68 38.44 300m: 3:43.98 40.00 400m: 5:02.00 37.90				
6. LANE Henry	88	C.N. Master Madrid	5:05.49	11,00 489
50m: 33.47 33.47 150m: 1:49.68 38.56 250m: 3:08.60 39.40 350m: 4:28.07 39.57				
100m: 1:11.12 37.65 200m: 2:29.20 39.52 300m: 3:48.50 39.90 400m: 5:05.49 37.42				
7. GARCIA CATALA Josue	87	C.N. Metropole	5:08.76	10,00 474
50m: 33.51 33.51 150m: 1:49.06 38.58 250m: 3:08.52 40.14 350m: 4:29.72 40.10				
100m: 1:10.48 36.97 200m: 2:28.38 39.32 300m: 3:49.62 41.10 400m: 5:08.76 39.04				
8. RODRIGUEZ FERNANDEZ David	86	Cdb Natacion Swimtonic	5:18.64	9,00 431
50m: 36.36 36.36 150m: 1:58.26 41.14 250m: 3:20.24 40.92 350m: 4:41.40 40.13				
100m: 1:17.12 40.76 200m: 2:39.32 41.06 300m: 4:01.27 41.03 400m: 5:18.64 37.24				
9. MOTA MARCOS Cristian	87	C.N. Fuenlabrada	5:33.74	8,00 375
50m: 38.11 38.11 150m: 2:01.81 42.25 250m: 3:27.90 43.47 350m: 4:53.32 41.92				
100m: 1:19.56 41.45 200m: 2:44.43 42.62 300m: 4:11.40 43.50 400m: 5:33.74 40.42				
10. DE LA ZARZA MERCHAN Jorge	89	C.N. Leganes	5:39.32	7,00 357
50m: 36.56 36.56 150m: 2:01.28 43.44 250m: 3:28.79 43.38 350m: 4:57.78 44.13				
100m: 1:17.84 41.28 200m: 2:45.41 44.13 300m: 4:13.65 44.86 400m: 5:39.32 41.54				
NP JORGE RIPPER Guillermo	88	C.N. Metropole	-	-

INSTITUCIONALES



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LAS PALMAS GC, 3 - 6/7/2025

Prueba 11, Masc., 400m Libre

Prueba 11

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Masc., 400m Libre

30+

Resultados

Clasificación					AN	Tiempo							
1.	SANCHEZ JIMENEZ Bruno				92	C.N. Las Palmas					4:24.61	19,00	728
	50m:	28.96	28.96	150m:	1:34.54	33.37	250m:	2:41.72	33.64	350m:	3:50.87	34.63	
	100m:	1:01.17	32.21	200m:	2:08.08	33.54	300m:	3:16.24	34.52	400m:	4:24.61	33.74	
2.	ORTIZ MARTIN Andres				92	A.D.N. Mostoles					4:27.84	16,00	702
	50m:	30.45	30.45	150m:	1:37.36	33.92	250m:	2:45.99	34.38	350m:	3:54.81	34.31	
	100m:	1:03.44	32.99	200m:	2:11.61	34.25	300m:	3:20.50	34.51	400m:	4:27.84	33.03	
3.	FERRER ESTELLER Fernando				94	Cst-Cst Costa Azahar					4:29.00	14,00	693
	50m:	29.69	29.69	150m:	1:36.18	33.77	250m:	2:44.42	33.92	350m:	3:54.18	35.20	
	100m:	1:02.41	32.72	200m:	2:10.50	34.32	300m:	3:18.98	34.56	400m:	4:29.00	34.82	
4.	VILLANUEVA MORCILLO Victor				94	Ucam C.N. Ciudad De Murcia-Fuensanta					4:39.35	13,00	619
	50m:	30.87	30.87	150m:	1:39.39	34.63	250m:	2:50.95	35.85	350m:	4:04.06	36.33	
	100m:	1:04.76	33.89	200m:	2:15.10	35.71	300m:	3:27.73	36.78	400m:	4:39.35	35.29	
5.	COLORADO SANCHEZ Raul				92	C.E. Panteres Grogues					4:39.84	12,00	616
	50m:	31.54	31.54	150m:	1:39.89	34.39	250m:	2:51.50	36.00	350m:	4:04.13	36.27	
	100m:	1:05.50	33.96	200m:	2:15.50	35.61	300m:	3:27.86	36.36	400m:	4:39.84	35.71	
6.	DOMINGUEZ OCHOA Luis Eduardo				94	C.N. Cuatro Caminos					4:40.98	11,00	608
	50m:	31.44	31.44	150m:	1:40.53	35.21	250m:	2:52.20	35.60	350m:	4:05.34	36.48	
	100m:	1:05.32	33.88	200m:	2:16.60	36.07	300m:	3:28.86	36.66	400m:	4:40.98	35.64	
7.	FLORES PORCUNA Antonio				95	C.D. Toledo Monteverde					4:40.99	10,00	608
	50m:	31.02	31.02	150m:	1:39.57	35.05	250m:	2:52.12	36.53	350m:	4:05.78	37.04	
	100m:	1:04.52	33.50	200m:	2:15.59	36.02	300m:	3:28.74	36.62	400m:	4:40.99	35.21	
8.	SANZ TAMAYO Borja				93	C.D.E. Mako					4:45.21	9,00	581
	50m:	29.77	29.77	150m:	1:39.04	35.73	250m:	2:52.86	37.43	350m:	4:08.36	37.75	
	100m:	1:03.31	33.54	200m:	2:15.43	36.39	300m:	3:30.61	37.75	400m:	4:45.21	36.85	
9.	CANO LOPEZ Manuel				91	Amistat-Novomarhotel					4:50.14	8,00	552
	50m:	32.40	32.40	150m:	1:43.46	35.77	250m:	2:57.71	38.11	350m:	4:13.87	38.48	
	100m:	1:07.69	35.29	200m:	2:19.60	36.14	300m:	3:35.39	37.68	400m:	4:50.14	36.27	
10.	MELENDEZ MORA Jose Javier				94	C.D.N. Inacua Malaga					4:55.04	7,00	525
	50m:	32.41	32.41	150m:	1:44.91	36.97	250m:	3:01.73	38.69	350m:	4:18.64	38.15	
	100m:	1:07.94	35.53	200m:	2:23.04	38.13	300m:	3:40.49	38.76	400m:	4:55.04	36.40	
11.	BASTIJNS Jeroen				94	C.N. Cuatro Caminos					5:02.08	6,00	489
	50m:	27.47	27.47	150m:	1:31.33	32.60	250m:	2:53.35	47.65	350m:	4:18.97	41.70	
	100m:	58.73	31.26	200m:	2:05.70	34.37	300m:	3:37.27	43.92	400m:	5:02.08	43.11	
12.	OTADUY PEREZ Manuel				92	A.D.N. Mostoles					5:08.71	5,00	458
	50m:	32.81	32.81	150m:	1:48.04	38.28	250m:	3:08.62	40.58	350m:	4:29.42	39.73	
	100m:	1:09.76	36.95	200m:	2:28.04	40.00	300m:	3:49.69	41.07	400m:	5:08.71	39.29	
13.	CAGIGA VILA Ignacio				94	C.N. Alcobendas					5:15.99	4,00	427
	50m:	34.92	34.92	150m:	1:52.69	39.60	250m:	3:13.00	40.39	350m:	4:35.67	41.55	
	100m:	1:13.09	38.17	200m:	2:32.61	39.92	300m:	3:54.12	41.12	400m:	5:15.99	40.32	

Splash Meet Manager, 11.81803

Registered to Real Federacion Española de Natacion

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XXXIV Cto. de España "OPEN" de verano natación Masters
LAS PALMAS GC, 3 - 6/7/2025

Prueba 11, Masc., 400m Libre, 30+

Clasificación	AN				Tiempo			
14. MENDEZ FERNANDEZ David	91	C.N. Villa De Navia			5:19.19	3,00	415	
50m: 35.27 35.27	150m: 1:54.64	40.42	250m: 3:17.25	41.46	350m: 4:39.94	40.76		
100m: 1:14.22 38.95	200m: 2:35.79	41.15	300m: 3:59.18	41.93	400m: 5:19.19	39.25		

Prueba 11 Masc., 400m Libre 25+
04/07/2025 - 9:30 Resultados

Clasificación	AN				Tiempo			
1. MARTIN SALCEDO Sergio	96	C.D.F. Acuatico Soriano			4:22.24	19,00	775	
50m: 28.91 28.91	150m: 1:33.72	33.03	250m: 2:41.05	33.80	350m: 3:49.03	33.77		
100m: 1:00.69 31.78	200m: 2:07.25	33.53	300m: 3:15.26	34.21	400m: 4:22.24	33.21		
2. RUIZ SEIJO Brais	98	C.N. Vulcania Master			4:26.56	16,00	738	
50m: 30.27 30.27	150m: 1:36.66	33.26	250m: 2:43.50	33.39	350m: 3:52.31	34.37		
100m: 1:03.40 33.13	200m: 2:10.11	33.45	300m: 3:17.94	34.44	400m: 4:26.56	34.25		
3. ALONSO DOMINGUEZ Manuel	00	C.N. Metropole			4:28.57	14,00	722	
50m: 28.53 28.53	150m: 1:34.92	33.93	250m: 2:43.84	34.79	350m: 3:54.51	35.66		
100m: 1:00.99 32.46	200m: 2:09.05	34.13	300m: 3:18.85	35.01	400m: 4:28.57	34.06		
4. PANKRATOV Artem	98	C.N. Calvia			4:35.03	13,00	672	
50m: 31.25 31.25	150m: 1:39.07	33.72	250m: 2:47.80	34.13	350m: 3:58.86	36.06		
100m: 1:05.35 34.10	200m: 2:13.67	34.60	300m: 3:22.80	35.00	400m: 4:35.03	36.17		
5. CONDE ALVAREZ Joaquin	98	C.N. Camargo			4:36.11	12,00	664	
50m: 31.27 31.27	150m: 1:40.54	34.63	250m: 2:51.94	35.52	350m: 4:02.71	34.86		
100m: 1:05.91 34.64	200m: 2:16.42	35.88	300m: 3:27.85	35.91	400m: 4:36.11	33.40		
6. CORBALAN HERNANDEZ Enrique	98	Ucam C.N. Ciudad De Murcia-Fuensanta			4:39.03	11,00	643	
50m: 30.55 30.55	150m: 1:38.18	34.00	250m: 2:49.06	35.57	350m: 4:02.75	36.81		
100m: 1:04.18 33.63	200m: 2:13.49	35.31	300m: 3:25.94	36.88	400m: 4:39.03	36.28		
7. AYALA MAESTRE Alejandro	97	C.D. Jerez Natacion Master			4:49.31	10,00	577	
50m: 33.02 33.02	150m: 1:44.95	36.26	250m: 2:58.39	36.67	350m: 4:13.28	37.56		
100m: 1:08.69 35.67	200m: 2:21.72	36.77	300m: 3:35.72	37.33	400m: 4:49.31	36.03		
8. GUILLEM NAVAJAS Carlos	97	C. Valenciano			4:49.74	9,00	575	
50m: 32.62 32.62	150m: 1:45.71	37.42	250m: 3:00.42	36.66	350m: 4:14.25	36.74		
100m: 1:08.29 35.67	200m: 2:23.76	38.05	300m: 3:37.51	37.09	400m: 4:49.74	35.49		
9. PINELA GOYA Iker	99	C.D.E. Mako			4:53.13	8,00	555	
50m: 33.60 33.60	150m: 1:46.31	36.91	250m: 3:01.97	37.65	350m: 4:17.74	37.78		
100m: 1:09.40 35.80	200m: 2:24.32	38.01	300m: 3:39.96	37.99	400m: 4:53.13	35.39		
10. RODRIGUEZ RIVERO Alejandro	99	Club Gloria Swimtrain Maspalomas			4:54.63	7,00	547	
50m: 30.82 30.82	150m: 1:42.63	36.96	250m: 2:57.82	37.62	350m: 4:16.50	39.36		
100m: 1:05.67 34.85	200m: 2:20.20	37.57	300m: 3:37.14	39.32	400m: 4:54.63	38.13		
11. MENESES MEDERO Alejandro	99	A.D. Santa Cruz			4:58.38	6,00	526	
50m: 32.85 32.85	150m: 1:45.13	36.73	250m: 3:02.13	39.20	350m: 4:20.51	39.40		
100m: 1:08.40 35.55	200m: 2:22.93	37.80	300m: 3:41.11	38.98	400m: 4:58.38	37.87		

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XXXIV Cto. de España "OPEN" de verano natación Masters
LAS PALMAS GC, 3 - 6/7/2025

Prueba 11, Masc., 400m Libre, 25+

Clasificación	AN	Tempo	
12. SANCHEZ MILLAS Jorge	00 C.N. Madrid Moscardo	5:10.76	5,00 466
50m: 33.55 33.55	150m: 1:49.58 38.97	250m: 3:09.91 40.31	350m: 4:31.07 40.40
100m: 1:10.61 37.06	200m: 2:29.60 40.02	300m: 3:50.67 40.76	400m: 5:10.76 39.69

Prueba 11

04/07/2025 - 9:30

Masc., 400m Libre

20+

Resultados

Clasificación	AN	Tempo	
1. GUILLEN PEÑA Victor	02 A.D. Santa Cruz	4:20.50	19,00 791
50m: 29.91 29.91	150m: 1:34.98 32.40	250m: 2:40.29 32.65	350m: 3:47.28 33.64
100m: 1:02.58 32.67	200m: 2:07.64 32.66	300m: 3:13.64 33.35	400m: 4:20.50 33.22
2. PEREZ SANCHEZ Javier	02 C.D. Toledo Monteverde	4:20.95	16,00 787
50m: 29.09 29.09	150m: 1:35.92 33.83	250m: 2:43.49 33.37	350m: 3:50.47 32.96
100m: 1:02.09 33.00	200m: 2:10.12 34.20	300m: 3:17.51 34.02	400m: 4:20.95 30.48
3. BLANES FRIGOLA Aleix	04 C.D. Jerez Natacion Master	4:22.14	14,00 776
50m: 29.76 29.76	150m: 1:35.38 33.26	250m: 2:42.69 33.66	350m: 3:49.35 32.91
100m: 1:02.12 32.36	200m: 2:09.03 33.65	300m: 3:16.44 33.75	400m: 4:22.14 32.79
4. CABRERA WINTER Alvaro	01 C.N. Fainagua C. Telde	4:24.04	13,00 760
50m: 30.12 30.12	150m: 1:36.36 33.53	250m: 2:41.19 32.47	350m: 3:49.66 34.71
100m: 1:02.83 32.71	200m: 2:08.72 32.36	300m: 3:14.95 33.76	400m: 4:24.04 34.38
5. RODRIGUEZ SEGOVIA Samuel	03 C.P.N. La Roda	4:24.82	12,00 753
50m: 29.40 29.40	150m: 1:34.95 33.22	250m: 2:42.85 34.15	350m: 3:51.60 34.25
100m: 1:01.73 32.33	200m: 2:08.70 33.75	300m: 3:17.35 34.50	400m: 4:24.82 33.22
6. PEREZ HERNANDEZ Ismael	05 C.D. Jerez Natacion Master	4:36.27	11,00 663
50m: 31.23 31.23	150m: 1:40.11 34.84	250m: 2:51.54 35.73	350m: 4:03.14 35.48
100m: 1:05.27 34.04	200m: 2:15.81 35.70	300m: 3:27.66 36.12	400m: 4:36.27 33.13
7. TAPIAS RUBIO Oriol	02 C.N. Aquamasters	4:37.31	10,00 656
50m: 30.49 30.49	150m: 1:39.71 34.63	250m: 2:50.31 35.06	350m: 4:02.69 35.98
100m: 1:05.08 34.59	200m: 2:15.25 35.54	300m: 3:26.71 36.40	400m: 4:37.31 34.62
8. PEÑA RODRÍGUEZ Jeremy Tomas	04 C.N. Las Palmas	4:38.74	9,00 646
50m: 30.85 30.85	150m: 1:39.40 35.02	250m: 2:51.67 36.28	350m: 4:03.64 36.42
100m: 1:04.38 33.53	200m: 2:15.39 35.99	300m: 3:27.22 35.55	400m: 4:38.74 35.10
9. LOPEZ JIMENEZ Mario	02 C.N. Alcobendas	5:03.39	8,00 500
50m: 31.51 31.51	150m: 1:42.76 36.89	250m: 2:59.96 38.92	350m: 4:21.22 41.36
100m: 1:05.87 34.36	200m: 2:21.04 38.28	300m: 3:39.86 39.90	400m: 5:03.39 42.17

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