

XXVI Cto. España Absoluto "OPEN" P50 - ASTRALPOOL - XLII Cto. España Junior P50  
Sabadell, 11 - 15/3/2026

Prueba 7	Fem., 400m Libre				Open
11/03/2026 - 19:02					Resultados Final
Récord España	4:02.47	COSTA SCHMID MELANIE	BARCELONA	28/07/2013	
Mínima Europa París	4:09.96				
Mínima Europeo Junior 2008	4:15.75				
Mínima Europeo Junior 2009 y menores	4:16.75				

Puntos: AQUA 2026

Clasificación AN RT Tiempo WA

FINAL D

1. SANTANA BENEYTO Maria	10	ESP	Real Canoe N.C.	+0,72	<b>4:20.28</b>	728
50m: 28.87 28.87 150m: 1:33.81 32.92 250m: 2:40.74 33.62 350m: 3:47.27 33.31						
100m: 1:00.89 32.02 200m: 2:07.12 33.31 300m: 3:13.96 33.22 400m: 4:20.28 33.01						
2. MARTINEZ NAVARRO Aurora	10	ESP	C.N. Jaen	+0,80	<b>4:23.00</b>	705
50m: 29.88 29.88 150m: 1:35.98 33.53 250m: 2:43.93 34.05 350m: 3:51.21 33.32						
100m: 1:02.45 32.57 200m: 2:09.88 33.90 300m: 3:17.89 33.96 400m: 4:23.00 31.79						
3. CODONY COSTA Blanca	10	ESP	C.N. Olot	+0,68	<b>4:23.08</b>	705
50m: 29.60 29.60 150m: 1:35.02 33.04 250m: 2:41.79 33.23 350m: 3:49.99 33.98						
100m: 1:01.98 32.38 200m: 2:08.56 33.54 300m: 3:16.01 34.22 400m: 4:23.08 33.09						
4. CASTILLO ACERO Helena	10	ESP	C.D.N. Cordoba	+0,79	<b>4:24.51</b>	693
50m: 30.27 30.27 150m: 1:36.34 33.41 250m: 2:44.11 33.92 350m: 3:51.90 33.82						
100m: 1:02.93 32.66 200m: 2:10.19 33.85 300m: 3:18.08 33.97 400m: 4:24.51 32.61						
5. SKORYK KRYSH TAL Aleksandrina	10	ESP	E.M. El Olivar	+0,68	<b>4:26.66</b>	677
50m: 29.49 29.49 150m: 1:35.28 33.22 250m: 2:44.05 34.34 350m: 3:52.98 34.09						
100m: 1:02.06 32.57 200m: 2:09.71 34.43 300m: 3:18.89 34.84 400m: 4:26.66 33.68						
6. ARROYO CARBAJO Candela	10	ESP	C.D. Gredos San Diego		<b>4:28.72</b>	661
50m: 29.78 29.78 150m: 1:36.39 33.74 250m: 2:46.31 34.98 350m: 3:55.17 33.82						
100m: 1:02.65 32.87 200m: 2:11.33 34.94 300m: 3:21.35 35.04 400m: 4:28.72 33.55						
7. RHALMANE HMIDI Yasmin	10	ESP	C.N. Sant Andreu	+0,70	<b>4:29.34</b>	657
50m: 30.61 30.61 150m: 1:38.32 34.00 250m: 2:47.60 34.60 350m: 3:56.28 33.72						
100m: 1:04.32 33.71 200m: 2:13.00 34.68 300m: 3:22.56 34.96 400m: 4:29.34 33.06						
8. PIERNA ESCRIBANO Alejandra	10	ESP	Real Canoe N.C.	+0,81	<b>4:32.02</b>	638
50m: 30.91 30.91 150m: 1:39.15 34.39 250m: 2:48.43 34.29 350m: 3:58.02 34.66						
100m: 1:04.76 33.85 200m: 2:14.14 34.99 300m: 3:23.36 34.93 400m: 4:32.02 34.00						

FINAL C

1. ROSELL DIEZ Ona	09	ESP	C.N. Tarraco	+0,71	<b>4:17.24</b>	754
50m: 29.71 29.71 150m: 1:34.86 32.80 250m: 2:40.72 32.59 350m: 3:45.91 32.36						
100m: 1:02.06 32.35 200m: 2:08.13 33.27 300m: 3:13.55 32.83 400m: 4:17.24 31.33						
2. MALO MORENO Ariadna	08	ESP	Getxo Igeriketa Bolue K.E.	+0,76	<b>4:19.11</b>	738
50m: 29.59 29.59 150m: 1:34.81 32.97 250m: 2:40.70 32.80 350m: 3:46.92 33.02						
100m: 1:01.84 32.25 200m: 2:07.90 33.09 300m: 3:13.90 33.20 400m: 4:19.11 32.19						
3. ABAD NUÑEZ Beth	08	ESP	C.N. Palma de Mallorca	+0,72	<b>4:21.55</b>	717
50m: 29.87 29.87 150m: 1:35.88 33.20 250m: 2:42.75 33.43 350m: 3:49.33 33.03						
100m: 1:02.68 32.81 200m: 2:09.32 33.44 300m: 3:16.30 33.55 400m: 4:21.55 32.22						

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Prueba 7, Fem., 400m Libre, Final, FINAL C

Clasificación	AN	RT	Tiempo	WA
4. AZZATO ALIBERTI Paola Alessandra	09 VEN C.N. Santa Olaya		<b>4:22.10</b>	713
50m: 30.54 30.54 150m: 1:36.95 33.27 250m: 2:44.18 33.49 350m: 3:50.39 33.30				
100m: 1:03.68 33.14 200m: 2:10.69 33.74 300m: 3:17.09 32.91 400m: 4:22.10 31.71				
5. DEL RIO DECABO Carlota	09 ESP Maestro Canet C.N. Granollers+0,72		<b>4:22.12</b>	713
50m: 30.88 30.88 150m: 1:36.87 33.09 250m: 2:43.38 33.25 350m: 3:50.23 33.16				
100m: 1:03.78 32.90 200m: 2:10.13 33.26 300m: 3:17.07 33.69 400m: 4:22.12 31.89				
6. MEDINA MARTIN Julia	09 ESP C.N. Fuengirola	+0,68	<b>4:22.29</b>	711
50m: 30.61 30.61 150m: 1:37.16 33.52 250m: 2:44.48 33.59 350m: 3:50.70 32.87				
100m: 1:03.64 33.03 200m: 2:10.89 33.73 300m: 3:17.83 33.35 400m: 4:22.29 31.59				
7. BARROS DA SILVA Sofia	09 ESP C.N. Galaico	+0,83	<b>4:26.65</b>	677
50m: 31.24 31.24 150m: 1:38.10 33.35 250m: 2:45.18 33.31 350m: 3:52.78 33.79				
100m: 1:04.75 33.51 200m: 2:11.87 33.77 300m: 3:18.99 33.81 400m: 4:26.65 33.87				
8. GENDARMI Alessandra Liviana	08 ITA C.N. Barcelona	+0,71	<b>4:27.01</b>	674
50m: 30.29 30.29 150m: 1:36.96 33.69 250m: 2:44.99 34.19 350m: 3:53.88 34.52				
100m: 1:03.27 32.98 200m: 2:10.80 33.84 300m: 3:19.36 34.37 400m: 4:27.01 33.13				

Open

Final A

1. OTERO FERNANDEZ Paula	04 ESP C.N. Arteixo	+0,72	<b>4:11.24</b>	809
50m: 30.05 30.05 150m: 1:33.18 31.65 250m: 2:37.18 31.98 350m: 3:40.31 31.29				
100m: 1:01.53 31.48 200m: 2:05.20 32.02 300m: 3:09.02 31.84 400m: 4:11.24 30.93				
2. CARRON MUIÑA Carla	05 ESP C.N. Sant Andreu	+0,69	<b>4:13.37</b>	789
50m: 28.73 28.73 150m: 1:31.68 31.66 250m: 2:35.92 31.79 350m: 3:40.18 32.13				
100m: 1:00.02 31.29 200m: 2:04.13 32.45 300m: 3:08.05 32.13 400m: 4:13.37 33.19				
3. MARTINEZ DE SALINAS PEÑA Clara	07 ESP C.E. Mediterrani	+0,74	<b>4:14.85</b>	775
50m: 29.66 29.66 150m: 1:32.68 31.82 250m: 2:37.08 32.07 350m: 3:42.42 32.85				
100m: 1:00.86 31.20 200m: 2:05.01 32.33 300m: 3:09.57 32.49 400m: 4:14.85 32.43				
4. MELGOSA URUEÑA Ma De Los Dolore	11 ESP C.D. El Valle	+0,66	<b>4:16.96</b>	756
50m: 29.34 29.34 150m: 1:33.54 32.43 250m: 2:38.97 32.74 350m: 3:45.08 33.22				
100m: 1:01.11 31.77 200m: 2:06.23 32.69 300m: 3:11.86 32.89 400m: 4:16.96 31.88				
PROCACCINI Valentina	08 ITA C.C. Aniene	+0,71	<b>4:16.96</b>	756
50m: 29.63 29.63 150m: 1:33.65 32.23 250m: 2:38.93 32.79 350m: 3:44.98 33.01				
100m: 1:01.42 31.79 200m: 2:06.14 32.49 300m: 3:11.97 33.04 400m: 4:16.96 31.98				
6. RUBIO VILLORIA Alba	09 ESP C.N. Marina-Cartagena	+0,79	<b>4:17.01</b>	756
50m: 29.62 29.62 150m: 1:33.38 32.35 250m: 2:39.00 32.91 350m: 3:45.03 33.10				
100m: 1:01.03 31.41 200m: 2:06.09 32.71 300m: 3:11.93 32.93 400m: 4:17.01 31.98				
7. MUÑOZ GONZALEZ Natalia	08 ESP C.N. Sabadell		<b>4:17.90</b>	748
50m: 29.58 29.58 150m: 1:33.92 32.46 250m: 2:39.40 32.82 350m: 3:46.37 33.60				
100m: 1:01.46 31.88 200m: 2:06.58 32.66 300m: 3:12.77 33.37 400m: 4:17.90 31.53				
8. HERRERO LAZARO Alba	02 ESP C.N. Terrassa	+0,66	<b>4:21.31</b>	719
50m: 28.62 28.62 150m: 1:32.74 32.50 250m: 2:39.39 33.53 350m: 3:47.58 34.23				
100m: 1:00.24 31.62 200m: 2:05.86 33.12 300m: 3:13.35 33.96 400m: 4:21.31 33.73				

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Clasificación	AN				RT				Tiempo	WA
<b>Final B</b>										
9.	MUÑOZ ARMENGOU Julia	07	ESP	C.N. Sant Andreu	+0,77	<b>4:20.99</b>	722			
	50m: 29.74 29.74	150m: 1:35.46	33.06	250m: 2:41.73	33.02	350m: 3:48.62	33.38			
	100m: 1:02.40 32.66	200m: 2:08.71	33.25	300m: 3:15.24	33.51	400m: 4:20.99	32.37			
10.	SAN MARTIN IGLESIAS Carlota	07	ESP	C.N. Cuencas Mineras	+0,69	<b>4:21.18</b>	720			
	50m: 29.86 29.86	150m: 1:35.03	32.78	250m: 2:42.45	33.53	350m: 3:49.15	33.12			
	100m: 1:02.25 32.39	200m: 2:08.92	33.89	300m: 3:16.03	33.58	400m: 4:21.18	32.03			
11.	COLL MARTI Julia	07	ESP	C.N. Olot	+0,78	<b>4:22.04</b>	713			
	50m: 31.01 31.01	150m: 1:37.26	33.53	250m: 2:43.42	32.98	350m: 3:50.06	33.14			
	100m: 1:03.73 32.72	200m: 2:10.44	33.18	300m: 3:16.92	33.50	400m: 4:22.04	31.98			
12.	OLIVEIRA LARA Carolina	07	ESP	C.N. Sabadell	+0,81	<b>4:27.22</b>	673			
	50m: 31.31 31.31	150m: 1:38.57	33.58	250m: 2:46.55	34.11	350m: 3:54.65	34.09			
	100m: 1:04.99 33.68	200m: 2:12.44	33.87	300m: 3:20.56	34.01	400m: 4:27.22	32.57			
13.	MORA FERRANDIS Ariadna	06	ESP	C.N. Ferca-San Jose	+0,80	<b>4:27.26</b>	672			
	50m: 31.07 31.07	150m: 1:38.31	33.61	250m: 2:46.39	34.05	350m: 3:54.65	33.88			
	100m: 1:04.70 33.63	200m: 2:12.34	34.03	300m: 3:20.77	34.38	400m: 4:27.26	32.61			
14.	MOURENZA ROCHA Ines	07	ESP	C.N. Portamiña Lugo		<b>4:27.63</b>	669			
	50m: 30.43 30.43	150m: 1:36.44	33.24	250m: 2:44.37	34.28	350m: 3:53.53	34.70			
	100m: 1:03.20 32.77	200m: 2:10.09	33.65	300m: 3:18.83	34.46	400m: 4:27.63	34.10			
15.	GALISTEO ZAPATERO Andrea	01	ESP	Real Canoe N.C.	+0,72	<b>4:28.02</b>	667			
	50m: 30.31 30.31	150m: 1:36.97	33.76	250m: 2:45.38	34.20	350m: 3:54.43	34.48			
	100m: 1:03.21 32.90	200m: 2:11.18	34.21	300m: 3:19.95	34.57	400m: 4:28.02	33.59			
16.	LIARTE QUESADA Elena	07	ESP	C.N. Caceres Delfines	+0,83	<b>4:28.48</b>	663			
	50m: 30.44 30.44	150m: 1:37.54	33.80	250m: 2:46.39	34.30	350m: 3:55.39	34.73			
	100m: 1:03.74 33.30	200m: 2:12.09	34.55	300m: 3:20.66	34.27	400m: 4:28.48	33.09			