

XXVI Cto. España Absoluto "OPEN" P50 - ASTRALPOOL - XLII Cto. España Junior P50
Sabadell, 11 - 15/3/2026

Event 7 Women, 400m Freestyle Open
11/03/2026 - 19:02 Results Finals

Récord España	4:02.47	COSTA SCHMID MELANIE	BARCELONA	28/07/2013
Mínima Europa París	4:09.96			
Mínima Europeo Junior 2008	4:15.75			
Mínima Europeo Junior 2009 y menores	4:16.75			

Points: AQUA 2026

Rank	YB	RT	Time	WA			
FINAL D							
1.	SANTANA BENEYTO Maria	10	ESP	Real Canoe N.C.	+0,72	4:20.28	728
	50m: 28.87 28.87 150m: 1:33.81 32.92 250m: 2:40.74 33.62 350m: 3:47.27 33.31						
	100m: 1:00.89 32.02 200m: 2:07.12 33.31 300m: 3:13.96 33.22 400m: 4:20.28 33.01						
2.	MARTINEZ NAVARRO Aurora	10	ESP	C.N. Jaen	+0,80	4:23.00	705
	50m: 29.88 29.88 150m: 1:35.98 33.53 250m: 2:43.93 34.05 350m: 3:51.21 33.32						
	100m: 1:02.45 32.57 200m: 2:09.88 33.90 300m: 3:17.89 33.96 400m: 4:23.00 31.79						
3.	CODONY COSTA Blanca	10	ESP	C.N. Olot	+0,68	4:23.08	705
	50m: 29.60 29.60 150m: 1:35.02 33.04 250m: 2:41.79 33.23 350m: 3:49.99 33.98						
	100m: 1:01.98 32.38 200m: 2:08.56 33.54 300m: 3:16.01 34.22 400m: 4:23.08 33.09						
4.	CASTILLO ACERO Helena	10	ESP	C.D.N. Cordoba	+0,79	4:24.51	693
	50m: 30.27 30.27 150m: 1:36.34 33.41 250m: 2:44.11 33.92 350m: 3:51.90 33.82						
	100m: 1:02.93 32.66 200m: 2:10.19 33.85 300m: 3:18.08 33.97 400m: 4:24.51 32.61						
5.	SKORYK KRYSH TAL Aleksandrina	10	ESP	E.M. El Olivar	+0,68	4:26.66	677
	50m: 29.49 29.49 150m: 1:35.28 33.22 250m: 2:44.05 34.34 350m: 3:52.98 34.09						
	100m: 1:02.06 32.57 200m: 2:09.71 34.43 300m: 3:18.89 34.84 400m: 4:26.66 33.68						
6.	ARROYO CARBAJO Candela	10	ESP	C.D. Gredos San Diego		4:28.72	661
	50m: 29.78 29.78 150m: 1:36.39 33.74 250m: 2:46.31 34.98 350m: 3:55.17 33.82						
	100m: 1:02.65 32.87 200m: 2:11.33 34.94 300m: 3:21.35 35.04 400m: 4:28.72 33.55						
7.	RHALMANE HMIDI Yasmin	10	ESP	C.N. Sant Andreu	+0,70	4:29.34	657
	50m: 30.61 30.61 150m: 1:38.32 34.00 250m: 2:47.60 34.60 350m: 3:56.28 33.72						
	100m: 1:04.32 33.71 200m: 2:13.00 34.68 300m: 3:22.56 34.96 400m: 4:29.34 33.06						
8.	PIERNA ESCRIBANO Alejandra	10	ESP	Real Canoe N.C.	+0,81	4:32.02	638
	50m: 30.91 30.91 150m: 1:39.15 34.39 250m: 2:48.43 34.29 350m: 3:58.02 34.66						
	100m: 1:04.76 33.85 200m: 2:14.14 34.99 300m: 3:23.36 34.93 400m: 4:32.02 34.00						

FINAL C

1.	ROSELL DIEZ Ona	09	ESP	C.N. Tarraco	+0,71	4:17.24	754
	50m: 29.71 29.71 150m: 1:34.86 32.80 250m: 2:40.72 32.59 350m: 3:45.91 32.36						
	100m: 1:02.06 32.35 200m: 2:08.13 33.27 300m: 3:13.55 32.83 400m: 4:17.24 31.33						
2.	MALO MORENO Ariadna	08	ESP	Getxo Igeriketa Bolue K.E.	+0,76	4:19.11	738
	50m: 29.59 29.59 150m: 1:34.81 32.97 250m: 2:40.70 32.80 350m: 3:46.92 33.02						
	100m: 1:01.84 32.25 200m: 2:07.90 33.09 300m: 3:13.90 33.20 400m: 4:19.11 32.19						
3.	ABAD NUNEZ Beth	08	ESP	C.N. Palma de Mallorca	+0,72	4:21.55	717
	50m: 29.87 29.87 150m: 1:35.88 33.20 250m: 2:42.75 33.43 350m: 3:49.33 33.03						
	100m: 1:02.68 32.81 200m: 2:09.32 33.44 300m: 3:16.30 33.55 400m: 4:21.55 32.22						

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Event 7, Girls, 400m Freestyle, Final, FINAL C

Rank			YB		RT	Time	WA	
4.	AZZATO ALIBERTI Paola Alessandra	09	VEN	C.N. Santa Olaya		4:22.10	713	
	50m: 30.54	30.54	150m: 1:36.95	33.27	250m: 2:44.18	33.49	350m: 3:50.39	33.30
	100m: 1:03.68	33.14	200m: 2:10.69	33.74	300m: 3:17.09	32.91	400m: 4:22.10	31.71
5.	DEL RIO DECABO Carlota	09	ESP	Maestro Canet C.N. Granollers+0,72		4:22.12	713	
	50m: 30.88	30.88	150m: 1:36.87	33.09	250m: 2:43.38	33.25	350m: 3:50.23	33.16
	100m: 1:03.78	32.90	200m: 2:10.13	33.26	300m: 3:17.07	33.69	400m: 4:22.12	31.89
6.	MEDINA MARTIN Julia	09	ESP	C.N. Fuengirola	+0,68	4:22.29	711	
	50m: 30.61	30.61	150m: 1:37.16	33.52	250m: 2:44.48	33.59	350m: 3:50.70	32.87
	100m: 1:03.64	33.03	200m: 2:10.89	33.73	300m: 3:17.83	33.35	400m: 4:22.29	31.59
7.	BARROS DA SILVA Sofia	09	ESP	C.N. Galaico	+0,83	4:26.65	677	
	50m: 31.24	31.24	150m: 1:38.10	33.35	250m: 2:45.18	33.31	350m: 3:52.78	33.79
	100m: 1:04.75	33.51	200m: 2:11.87	33.77	300m: 3:18.99	33.81	400m: 4:26.65	33.87
8.	GENDARMI Alessandra Liviana	08	ITA	C.N. Barcelona	+0,71	4:27.01	674	
	50m: 30.29	30.29	150m: 1:36.96	33.69	250m: 2:44.99	34.19	350m: 3:53.88	34.52
	100m: 1:03.27	32.98	200m: 2:10.80	33.84	300m: 3:19.36	34.37	400m: 4:27.01	33.13

Open

Final A

1.	OTERO FERNANDEZ Paula	04	ESP	C.N. Arteixo	+0,72	4:11.24	809	
	50m: 30.05	30.05	150m: 1:33.18	31.65	250m: 2:37.18	31.98	350m: 3:40.31	31.29
	100m: 1:01.53	31.48	200m: 2:05.20	32.02	300m: 3:09.02	31.84	400m: 4:11.24	30.93
2.	CARRON MUINA Carla	05	ESP	C.N. Sant Andreu	+0,69	4:13.37	789	
	50m: 28.73	28.73	150m: 1:31.68	31.66	250m: 2:35.92	31.79	350m: 3:40.18	32.13
	100m: 1:00.02	31.29	200m: 2:04.13	32.45	300m: 3:08.05	32.13	400m: 4:13.37	33.19
3.	MARTINEZ DE SALINAS PENA Clara	07	ESP	C.E. Mediterrani	+0,74	4:14.85	775	
	50m: 29.66	29.66	150m: 1:32.68	31.82	250m: 2:37.08	32.07	350m: 3:42.42	32.85
	100m: 1:00.86	31.20	200m: 2:05.01	32.33	300m: 3:09.57	32.49	400m: 4:14.85	32.43
4.	MELGOSA URUENA Ma De Los Dolore	11	ESP	C.D. El Valle	+0,66	4:16.96	756	
	50m: 29.34	29.34	150m: 1:33.54	32.43	250m: 2:38.97	32.74	350m: 3:45.08	33.22
	100m: 1:01.11	31.77	200m: 2:06.23	32.69	300m: 3:11.86	32.89	400m: 4:16.96	31.88
	PROCACCINI Valentina	08	ITA	C.C. Aniene	+0,71	4:16.96	756	
	50m: 29.63	29.63	150m: 1:33.65	32.23	250m: 2:38.93	32.79	350m: 3:44.98	33.01
	100m: 1:01.42	31.79	200m: 2:06.14	32.49	300m: 3:11.97	33.04	400m: 4:16.96	31.98
6.	RUBIO VILLORIA Alba	09	ESP	C.N. Marina-Cartagena	+0,79	4:17.01	756	
	50m: 29.62	29.62	150m: 1:33.38	32.35	250m: 2:39.00	32.91	350m: 3:45.03	33.10
	100m: 1:01.03	31.41	200m: 2:06.09	32.71	300m: 3:11.93	32.93	400m: 4:17.01	31.98
7.	MUNOZ GONZALEZ Natalia	08	ESP	C.N. Sabadell		4:17.90	748	
	50m: 29.58	29.58	150m: 1:33.92	32.46	250m: 2:39.40	32.82	350m: 3:46.37	33.60
	100m: 1:01.46	31.88	200m: 2:06.58	32.66	300m: 3:12.77	33.37	400m: 4:17.90	31.53
8.	HERRERO LAZARO Alba	02	ESP	C.N. Terrassa	+0,66	4:21.31	719	
	50m: 28.62	28.62	150m: 1:32.74	32.50	250m: 2:39.39	33.53	350m: 3:47.58	34.23
	100m: 1:00.24	31.62	200m: 2:05.86	33.12	300m: 3:13.35	33.96	400m: 4:21.31	33.73

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Rank					YB					RT	Time	WA	
Final B													
9.	MUNOZ ARMENGOU Julia				07	ESP	C.N. Sant Andreu				+0,77	4:20.99	722
	50m:	29.74	29.74	150m:	1:35.46	33.06	250m:	2:41.73	33.02	350m:	3:48.62	33.38	
	100m:	1:02.40	32.66	200m:	2:08.71	33.25	300m:	3:15.24	33.51	400m:	4:20.99	32.37	
10.	SAN MARTIN IGLESIAS Carlota				07	ESP	C.N. Cuencas Mineras				+0,69	4:21.18	720
	50m:	29.86	29.86	150m:	1:35.03	32.78	250m:	2:42.45	33.53	350m:	3:49.15	33.12	
	100m:	1:02.25	32.39	200m:	2:08.92	33.89	300m:	3:16.03	33.58	400m:	4:21.18	32.03	
11.	COLL MARTI Julia				07	ESP	C.N. Olot				+0,78	4:22.04	713
	50m:	31.01	31.01	150m:	1:37.26	33.53	250m:	2:43.42	32.98	350m:	3:50.06	33.14	
	100m:	1:03.73	32.72	200m:	2:10.44	33.18	300m:	3:16.92	33.50	400m:	4:22.04	31.98	
12.	OLIVEIRA LARA Carolina				07	ESP	C.N. Sabadell				+0,81	4:27.22	673
	50m:	31.31	31.31	150m:	1:38.57	33.58	250m:	2:46.55	34.11	350m:	3:54.65	34.09	
	100m:	1:04.99	33.68	200m:	2:12.44	33.87	300m:	3:20.56	34.01	400m:	4:27.22	32.57	
13.	MORA FERRANDIS Ariadna				06	ESP	C.N. Ferca-San Jose				+0,80	4:27.26	672
	50m:	31.07	31.07	150m:	1:38.31	33.61	250m:	2:46.39	34.05	350m:	3:54.65	33.88	
	100m:	1:04.70	33.63	200m:	2:12.34	34.03	300m:	3:20.77	34.38	400m:	4:27.26	32.61	
14.	MOURENZA ROCHA Ines				07	ESP	C.N. Portamina Lugo					4:27.63	669
	50m:	30.43	30.43	150m:	1:36.44	33.24	250m:	2:44.37	34.28	350m:	3:53.53	34.70	
	100m:	1:03.20	32.77	200m:	2:10.09	33.65	300m:	3:18.83	34.46	400m:	4:27.63	34.10	
15.	GALISTEO ZAPATERO Andrea				01	ESP	Real Canoe N.C.				+0,72	4:28.02	667
	50m:	30.31	30.31	150m:	1:36.97	33.76	250m:	2:45.38	34.20	350m:	3:54.43	34.48	
	100m:	1:03.21	32.90	200m:	2:11.18	34.21	300m:	3:19.95	34.57	400m:	4:28.02	33.59	
16.	LIARTE QUESADA Elena				07	ESP	C.N. Caceres Delfines				+0,83	4:28.48	663
	50m:	30.44	30.44	150m:	1:37.54	33.80	250m:	2:46.39	34.30	350m:	3:55.39	34.73	
	100m:	1:03.74	33.30	200m:	2:12.09	34.55	300m:	3:20.66	34.27	400m:	4:28.48	33.09	