

XXVI Cto. España Absoluto "OPEN" P50 - ASTRALPOOL - XLII Cto. España Junior P50
Sabadell, 11 - 15/3/2026

Event 7 Women, 400m Freestyle Open Results Prelim
11/03/2026 - 11:22

Récord España	4:02.47	COSTA SCHMID MELANIE	BARCELONA	28/07/2013
Mínima Europa París	4:09.96			
Mínima Europeo Junior 2008	4:15.75			
Mínima Europeo Junior 2009 y menores	4:16.75			

Points: AQUA 2026

Rank	YB		RT		Time	WA
1.	OTERO FERNANDEZ Paula	04	ESP	C.N. Arteixo	4:13.94	784
	50m: 29.87 29.87	150m: 1:33.14 31.92	250m: 2:37.41 32.30	350m: 3:42.35 32.48		
	100m: 1:01.22 31.35	200m: 2:05.11 31.97	300m: 3:09.87 32.46	400m: 4:13.94 31.59		
2.	MARTINEZ DE SALINAS PENA Clara	07	ESP	C.E. Mediterrani	4:14.68	777
	50m: 29.89 29.89	150m: 1:33.09 31.85	250m: 2:37.26 32.43	350m: 3:42.72 32.91		
	100m: 1:01.24 31.35	200m: 2:04.83 31.74	300m: 3:09.81 32.55	400m: 4:14.68 31.96		
3.	CARRON MUINA Carla	05	ESP	C.N. Sant Andreu	4:16.13	764
	50m: 28.55 28.55	150m: 1:32.27 32.27	250m: 2:37.97 32.89	350m: 3:43.29 32.98		
	100m: 1:00.00 31.45	200m: 2:05.08 32.81	300m: 3:10.31 32.34	400m: 4:16.13 32.84		
4.	MELGOSA URUENA Ma De Los Dolore	11	ESP	C.D. El Valle	4:16.75	758
	50m: 28.99 28.99	150m: 1:33.12 32.46	250m: 2:38.57 32.80	350m: 3:44.70 33.07		
	100m: 1:00.66 31.67	200m: 2:05.77 32.65	300m: 3:11.63 33.06	400m: 4:16.75 32.05		
5.	YEGRES COTTIN Maria Victoria	05	VEN	C.N. Barcelona	4:17.06	756
	50m: 29.90 29.90	150m: 1:34.62 32.70	250m: 2:40.39 32.89	350m: 3:45.76 32.48		
	100m: 1:01.92 32.02	200m: 2:07.50 32.88	300m: 3:13.28 32.89	400m: 4:17.06 31.30		
6.	MUNOZ GONZALEZ Natalia	08	ESP	C.N. Sabadell	4:17.77	749
	50m: 29.96 29.96	150m: 1:33.97 32.26	250m: 2:39.22 32.71	350m: 3:45.42 33.01		
	100m: 1:01.71 31.75	200m: 2:06.51 32.54	300m: 3:12.41 33.19	400m: 4:17.77 32.35		
7.	RUBIO VILLORIA Alba	09	ESP	C.N. Marina-Cartagena	4:17.88	748
	50m: 29.89 29.89	150m: 1:33.96 32.48	250m: 2:39.37 32.81	350m: 3:45.40 33.30		
	100m: 1:01.48 31.59	200m: 2:06.56 32.60	300m: 3:12.10 32.73	400m: 4:17.88 32.48		
8.	PROCACCINI Valentina	08	ITA	C.C. Aniene	4:19.50	734
	50m: 30.55 30.55	150m: 1:35.76 32.79	250m: 2:41.76 32.97	350m: 3:47.86 32.96		
	100m: 1:02.97 32.42	200m: 2:08.79 33.03	300m: 3:14.90 33.14	400m: 4:19.50 31.64		
9.	HERRERO LAZARO Alba	02	ESP	C.N. Terrassa	4:20.50	726
	50m: 29.32 29.32	150m: 1:34.01 32.53	250m: 2:40.51 33.40	350m: 3:48.28 33.87		
	100m: 1:01.48 32.16	200m: 2:07.11 33.10	300m: 3:14.41 33.90	400m: 4:20.50 32.22		
10.	ROSELL DIEZ Ona	09	ESP	C.N. Tarraco	4:20.54	726
	50m: 29.31 29.31	150m: 1:34.28 32.71	250m: 2:40.17 33.03	350m: 3:46.70 33.17		
	100m: 1:01.57 32.26	200m: 2:07.14 32.86	300m: 3:13.53 33.36	400m: 4:20.54 33.84		
11.	ROSA Mafalda Sofia	03	POR	Academico Viseu Futebol Club	4:20.86	723
	50m: 30.70 30.70	150m: 1:35.87 32.60	250m: 2:41.85 33.02	350m: 3:48.19 33.19		
	100m: 1:03.27 32.57	200m: 2:08.83 32.96	300m: 3:15.00 33.15	400m: 4:20.86 32.67		
12.	MALO MORENO Ariadna	08	ESP	Getxo Igeriketa Bolue K.E.	4:20.96	722
	50m: 29.98 29.98	150m: 1:34.91 32.63	250m: 2:40.98 33.08	350m: 3:48.18 33.58		
	100m: 1:02.28 32.30	200m: 2:07.90 32.99	300m: 3:14.60 33.62	400m: 4:20.96 32.78		
13.	SANTANA BENEYTO Maria	10	ESP	Real Canoe N.C.	4:22.43	710
	50m: 29.13 29.13	150m: 1:34.87 33.56	250m: 2:42.35 33.80	350m: 3:49.49 33.75		
	100m: 1:01.31 32.18	200m: 2:08.55 33.68	300m: 3:15.74 33.39	400m: 4:22.43 32.94		

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Rank					YB					RT	Time	WA	
14.	SAN MARTIN IGLESIAS Carlota				07	ESP	C.N. Cuencas Mineras				+0,73	4:22.60	709
	50m:	30.33	30.33	150m:	1:35.67	32.90	250m:	2:42.69	33.65	350m:	3:49.87	33.50	
	100m:	1:02.77	32.44	200m:	2:09.04	33.37	300m:	3:16.37	33.68	400m:	4:22.60	32.73	
15.	RIMOLDI Rebecca				06	ITA	C.C. Aniene				+0,81	4:22.70	708
	50m:	30.31	30.31	150m:	1:35.20	32.92	250m:	2:41.90	33.49	350m:	3:49.57	33.85	
	100m:	1:02.28	31.97	200m:	2:08.41	33.21	300m:	3:15.72	33.82	400m:	4:22.70	33.13	
16.	GALISTEO ZAPATERO Andrea				01	ESP	Real Canoe N.C.				+0,75	4:23.97	698
	50m:	30.22	30.22	150m:	1:36.19	33.12	250m:	2:43.76	33.73	350m:	3:51.16	33.34	
	100m:	1:03.07	32.85	200m:	2:10.03	33.84	300m:	3:17.82	34.06	400m:	4:23.97	32.81	
17.	MUNOZ ARMENGOU Julia				07	ESP	C.N. Sant Andreu					4:23.99	698
	50m:	30.51	30.51	150m:	1:36.33	33.09	250m:	2:43.07	33.37	350m:	3:50.63	33.86	
	100m:	1:03.24	32.73	200m:	2:09.70	33.37	300m:	3:16.77	33.70	400m:	4:23.99	33.36	
18.	MEDINA MARTIN Julia				09	ESP	C.N. Fuengirola					4:24.86	691
	50m:	30.14	30.14	150m:	1:36.35	33.33	250m:	2:43.60	33.56	350m:	3:52.06	34.28	
	100m:	1:03.02	32.88	200m:	2:10.04	33.69	300m:	3:17.78	34.18	400m:	4:24.86	32.80	
19.	COLL MARTI Julia				07	ESP	C.N. Olot					4:25.43	686
	50m:	30.60	30.60	150m:	1:37.50	34.01	250m:	2:44.92	33.80	350m:	3:52.70	33.84	
	100m:	1:03.49	32.89	200m:	2:11.12	33.62	300m:	3:18.86	33.94	400m:	4:25.43	32.73	
20.	MARTINEZ NAVARRO Aurora				10	ESP	C.N. Jaen				+0,79	4:25.45	686
	50m:	30.67	30.67	150m:	1:37.23	33.35	250m:	2:44.80	33.35	350m:	3:52.41	33.41	
	100m:	1:03.88	33.21	200m:	2:11.45	34.22	300m:	3:19.00	34.20	400m:	4:25.45	33.04	
21.	ABAD NUNEZ Beth				08	ESP	C.N. Palma de Mallorca				+0,77	4:25.48	686
	50m:	30.25	30.25	150m:	1:37.35	33.81	250m:	2:44.78	33.76	350m:	3:52.41	33.69	
	100m:	1:03.54	33.29	200m:	2:11.02	33.67	300m:	3:18.72	33.94	400m:	4:25.48	33.07	
22.	AZZATO ALIBERTI Paola Alessandra				09	VEN	C.N. Santa Olaya					4:25.70	684
	50m:	29.40	29.40	150m:	1:35.53	33.50	250m:	2:43.62	34.26	350m:	3:52.41	34.38	
	100m:	1:02.03	32.63	200m:	2:09.36	33.83	300m:	3:18.03	34.41	400m:	4:25.70	33.29	
23.	DURANGO RESTREPO Karen				01	COL	Antioquia				+0,77	4:25.76	684
	50m:	30.53	30.53	150m:	1:36.73	33.36	250m:	2:44.09	33.93	350m:	3:52.40	34.32	
	100m:	1:03.37	32.84	200m:	2:10.16	33.43	300m:	3:18.08	33.99	400m:	4:25.76	33.36	
24.	DEL RIO DECABO Carlota				09	ESP	Maestro Canet C.N. Granollers				+0,72	4:25.87	683
	50m:	31.12	31.12	150m:	1:37.23	33.11	250m:	2:44.63	33.47	350m:	3:52.66	34.24	
	100m:	1:04.12	33.00	200m:	2:11.16	33.93	300m:	3:18.42	33.79	400m:	4:25.87	33.21	
25.	BARROS DA SILVA Sofia				09	ESP	C.N. Galaico					4:27.07	674
	50m:	30.70	30.70	150m:	1:37.45	33.20	250m:	2:44.96	33.57	350m:	3:53.12	33.92	
	100m:	1:04.25	33.55	200m:	2:11.39	33.94	300m:	3:19.20	34.24	400m:	4:27.07	33.95	
26.	GENDARMI Alessandra Liviana				08	ITA	C.N. Barcelona				+0,72	4:27.23	672
	50m:	30.46	30.46	150m:	1:37.50	33.79	250m:	2:45.83	34.25	350m:	3:54.10	34.22	
	100m:	1:03.71	33.25	200m:	2:11.58	34.08	300m:	3:19.88	34.05	400m:	4:27.23	33.13	
27.	MOURENZA ROCHA Ines				07	ESP	C.N. Portamina Lugo				+0,74	4:28.23	665
	50m:	30.15	30.15	150m:	1:36.50	33.55	250m:	2:44.68	34.01	350m:	3:54.22	34.76	
	100m:	1:02.95	32.80	200m:	2:10.67	34.17	300m:	3:19.46	34.78	400m:	4:28.23	34.01	

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28.	SKORYK KRYSHAL	Aleksandrina	10	ESP	E.M. El Olivar	+0,69			4:28.36	664		
	50m:	30.89	30.89	150m:	1:38.43	34.19	250m:	2:47.05	34.40	350m:	3:55.01	33.73
	100m:	1:04.24	33.35	200m:	2:12.65	34.22	300m:	3:21.28	34.23	400m:	4:28.36	33.35
29.	CASTILLO ACERO	Helena	10	ESP	C.D.N. Cordoba				4:28.72	661		
	50m:	30.53	30.53	150m:	1:36.83	33.50	250m:	2:45.41	34.48	350m:	3:54.52	34.50
	100m:	1:03.33	32.80	200m:	2:10.93	34.10	300m:	3:20.02	34.61	400m:	4:28.72	34.20
30.	OLIVEIRA LARA	Carolina	07	ESP	C.N. Sabadell	+0,75			4:28.99	659		
	50m:	30.56	30.56	150m:	1:39.33	34.52	250m:	2:47.61	33.77	350m:	3:55.59	34.10
	100m:	1:04.81	34.25	200m:	2:13.84	34.51	300m:	3:21.49	33.88	400m:	4:28.99	33.40
31.	SANTAS VAZQUEZ	Laura	09	ESP	C.N. Portamina Lugo	+0,65			4:29.24	658		
	50m:	30.81	30.81	150m:	1:37.51	33.78	250m:	2:45.99	34.39	350m:	3:55.44	34.97
	100m:	1:03.73	32.92	200m:	2:11.60	34.09	300m:	3:20.47	34.48	400m:	4:29.24	33.80
32.	LIARTE QUESADA	Elena	07	ESP	C.N. Caceres Delfines	+0,73			4:29.48	656		
	50m:	31.04	31.04	150m:	1:38.71	34.17	250m:	2:47.45	34.33	350m:	3:56.40	34.29
	100m:	1:04.54	33.50	200m:	2:13.12	34.41	300m:	3:22.11	34.66	400m:	4:29.48	33.08
33.	ARROYO CARBAJO	Candela	10	ESP	C.D. Gredos San Diego				4:30.15	651		
	50m:	29.23	29.23	150m:	1:35.10	33.30	250m:	2:44.27	34.52	350m:	3:54.87	35.40
	100m:	1:01.80	32.57	200m:	2:09.75	34.65	300m:	3:19.47	35.20	400m:	4:30.15	35.28
34.	LLORACH FUSTES	Martina	08	ESP	C.N. Igualada				4:30.25	650		
	50m:	30.06	30.06	150m:	1:36.11	33.21	250m:	2:45.09	34.91	350m:	3:55.75	35.52
	100m:	1:02.90	32.84	200m:	2:10.18	34.07	300m:	3:20.23	35.14	400m:	4:30.25	34.50
35.	CODONY COSTA	Blanca	10	ESP	C.N. Olot	+0,67			4:30.35	649		
	50m:	30.20	30.20	150m:	1:36.71	33.68	250m:	2:45.29	34.43	350m:	3:55.19	35.33
	100m:	1:03.03	32.83	200m:	2:10.86	34.15	300m:	3:19.86	34.57	400m:	4:30.35	35.16
36.	RHALMANE HMIDI	Yasmin	10	ESP	C.N. Sant Andreu	+0,68			4:30.37	649		
	50m:	30.21	30.21	150m:	1:37.23	33.91	250m:	2:46.69	34.84	350m:	3:56.80	34.92
	100m:	1:03.32	33.11	200m:	2:11.85	34.62	300m:	3:21.88	35.19	400m:	4:30.37	33.57
37.	MORA FERRANDIS	Ariadna	06	ESP	C.N. Ferca-San Jose				4:30.46	649		
	50m:	30.70	30.70	150m:	1:37.56	33.82	250m:	2:45.89	34.31	350m:	3:55.76	34.93
	100m:	1:03.74	33.04	200m:	2:11.58	34.02	300m:	3:20.83	34.94	400m:	4:30.46	34.70
38.	PIERNA ESCRIBANO	Alejandra	10	ESP	Real Canoe N.C.	+0,79			4:31.34	642		
	50m:	30.86	30.86	150m:	1:38.67	34.10	250m:	2:47.10	34.43	350m:	3:56.61	34.86
	100m:	1:04.57	33.71	200m:	2:12.67	34.00	300m:	3:21.75	34.65	400m:	4:31.34	34.73
39.	SIERRA RIERA	Joana Maria	08	ESP	C.N. Palma de Mallorca				4:32.76	632		
	50m:	30.69	30.69	150m:	1:38.50	34.33	250m:	2:48.24	34.80	350m:	3:58.90	35.13
	100m:	1:04.17	33.48	200m:	2:13.44	34.94	300m:	3:23.77	35.53	400m:	4:32.76	33.86
40.	GARCIA MORENO	Claudia	10	ESP	Maestro Canet C.N. Granollers	+0,71			4:33.16	630		
	50m:	30.77	30.77	150m:	1:38.06	33.95	250m:	2:47.42	34.64	350m:	3:58.29	35.45
	100m:	1:04.11	33.34	200m:	2:12.78	34.72	300m:	3:22.84	35.42	400m:	4:33.16	34.87
41.	SEGURA FERREIRA	Helena	09	ESP	Circulo Mercantil				4:33.22	629		
	50m:	30.92	30.92	150m:	1:39.44	34.63	250m:	2:48.89	34.39	350m:	3:59.29	34.63
	100m:	1:04.81	33.89	200m:	2:14.50	35.06	300m:	3:24.66	35.77	400m:	4:33.22	33.93

INSTITUCIONALES 		SPONSOR PLATINO 		SPONSOR ORO 		MECENAZGO 		SPONSOR TÉCNICO 	
RSC PARTNER 		PARTNER 		SPONSOR OFICIAL DE MOBILIDAD 		PARTNERS SALUD DEL DEPORTISTA 			
INSTITUCIONES LOCALES Y TERRITORIALES 				SPONSORS LOCALES 					

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Rank					YB						RT	Time	WA
42.	CIOBANU SPATARU Cristina				05	ESP	C.D. Nados Castellon				+0,70	4:34.78	619
	50m:	30.75	30.75	150m:	1:37.74	33.61	250m:	2:45.67	34.18	350m:	3:58.61	36.92	
	100m:	1:04.13	33.38	200m:	2:11.49	33.75	300m:	3:21.69	36.02	400m:	4:34.78	36.17	
43.	FRANCO TOLEDO Maria				09	ESP	C.D. Nados Castellon				+0,72	4:35.03	617
	50m:	30.83	30.83	150m:	1:39.29	34.75	250m:	2:49.00	35.13	350m:	3:59.77	35.45	
	100m:	1:04.54	33.71	200m:	2:13.87	34.58	300m:	3:24.32	35.32	400m:	4:35.03	35.26	
44.	GARRIDO ZAYTSEVA Alexandra				10	ESP	C.N. Dos Hermanas				+0,83	4:36.10	610
	50m:	31.48	31.48	150m:	1:39.85	34.57	250m:	2:49.24	34.41	350m:	4:00.84	35.69	
	100m:	1:05.28	33.80	200m:	2:14.83	34.98	300m:	3:25.15	35.91	400m:	4:36.10	35.26	
45.	CASAMITJANA GUIXA Andrea				10	ESP	C.N. Sabadell				+0,66	4:36.52	607
	50m:	31.33	31.33	150m:	1:39.26	34.46	250m:	2:49.48	35.36	350m:	4:01.32	35.57	
	100m:	1:04.80	33.47	200m:	2:14.12	34.86	300m:	3:25.75	36.27	400m:	4:36.52	35.20	
46.	CARMONA MASERGAS Ivet				10	ESP	C.N. Banyoles				+0,74	4:37.19	602
	50m:	31.82	31.82	150m:	1:40.93	34.89	250m:	2:51.36	34.89	350m:	4:02.78	35.38	
	100m:	1:06.04	34.22	200m:	2:16.47	35.54	300m:	3:27.40	36.04	400m:	4:37.19	34.41	
47.	BORRAZAS RODRIGUEZ Noa				08	ESP	Sporting Club Casino				+0,71	4:45.96	549
	50m:	32.44	32.44	150m:	1:44.72	36.64	250m:	2:57.46	36.70	350m:	4:10.48	36.52	
	100m:	1:08.08	35.64	200m:	2:20.76	36.04	300m:	3:33.96	36.50	400m:	4:45.96	35.48	
sick	CARMONA VILLAPLANA Marta				05	ESP	C.N. Barcelona						