

XXVI Cto. España Absoluto "OPEN" P50 - ASTRALPOOL - XLII Cto. España Junior P50  
Sabadell, 11 - 15/3/2026

Event 8 Men, 400m Freestyle Open  
11/03/2026 - 19:26 Results Finals

Récord España	3:47.29	CARLOS GARACH BENITO	Palma de Mallorca	22/06/2024
Mínima Europa París	3:48.84			
Mínima Europeo Junior 2008	3:55.59			
Mínima Europeo Junior 2009 y menores	3:56.84			

Points: AQUA 2026

Rank	YB		RT		Time	WA
<b>FINAL D</b>						
1.	AMADO PEREZ Yerai	10	ESP	C.N. San Fernando	+0,67	<b>4:02.80</b> 743
	50m: 27.51 27.51	150m: 1:27.94 30.41	250m: 2:29.64 30.48	350m: 3:32.06 31.43		
	100m: 57.53 30.02	200m: 1:59.16 31.22	300m: 3:00.63 30.99	400m: 4:02.80 30.74		
2.	PRIETO HERNANDEZ Ismael	10	ESP	C.N. Colegio Mirasur	+0,62	<b>4:10.51</b> 676
	50m: 28.52 28.52	150m: 1:32.16 32.17	250m: 2:35.97 31.50	350m: 3:39.88 31.54		
	100m: 59.99 31.47	200m: 2:04.47 32.31	300m: 3:08.34 32.37	400m: 4:10.51 30.63		
3.	VELA OBIOLS Roc	10	ESP	C.N. Tarraco		<b>4:10.73</b> 675
	50m: 28.18 28.18	150m: 1:31.20 32.25	250m: 2:36.31 32.74	350m: 3:40.85 32.16		
	100m: 58.95 30.77	200m: 2:03.57 32.37	300m: 3:08.69 32.38	400m: 4:10.73 29.88		
4.	BARRANQUERO RUIZ Alex	10	ESP	C.D. Nados Castellon	+0,66	<b>4:11.15</b> 671
	50m: 28.55 28.55	150m: 1:31.07 31.79	250m: 2:35.35 32.17	350m: 3:40.02 32.15		
	100m: 59.28 30.73	200m: 2:03.18 32.11	300m: 3:07.87 32.52	400m: 4:11.15 31.13		
5.	AGUDELO RAMOS Mauricio	10	ESP	C.N. Terrassa	+0,63	<b>4:11.69</b> 667
	50m: 29.10 29.10	150m: 1:32.59 31.97	250m: 2:36.75 31.76	350m: 3:40.67 31.70		
	100m: 1:00.62 31.52	200m: 2:04.99 32.40	300m: 3:08.97 32.22	400m: 4:11.69 31.02		
6.	PULIDO MOGOLLON Carlos	10	ESP	C.N. Caceres Delfines	+0,27	<b>4:13.05</b> 656
	50m: 28.76 28.76	150m: 1:32.16 31.98	250m: 2:36.99 32.23	350m: 3:42.17 32.56		
	100m: 1:00.18 31.42	200m: 2:04.76 32.60	300m: 3:09.61 32.62	400m: 4:13.05 30.88		
7.	VIVAR ARBUSA Sergi	10	ESP	C.N. Banyoles	+0,77	<b>4:13.51</b> 653
	50m: 28.96 28.96	150m: 1:31.65 31.48	250m: 2:36.95 32.46	350m: 3:42.00 32.33		
	100m: 1:00.17 31.21	200m: 2:04.49 32.84	300m: 3:09.67 32.72	400m: 4:13.51 31.51		
8.	DORADO TOMAS Pablo	10	ESP	C.N. L' Hospitalet	+0,66	<b>4:15.84</b> 635
	50m: 29.15 29.15	150m: 1:33.18 32.00	250m: 2:37.51 32.03	350m: 3:43.17 32.78		
	100m: 1:01.18 32.03	200m: 2:05.48 32.30	300m: 3:10.39 32.88	400m: 4:15.84 32.67		

**FINAL C**

1.	RIVAS TORRES Paulo	08	ESP	C.N. Coruna	+0,62	<b>3:59.01</b> 779
	50m: 27.87 27.87	150m: 1:28.72 30.28	250m: 2:29.43 30.09	350m: 3:29.55 29.89		
	100m: 58.44 30.57	200m: 1:59.34 30.62	300m: 2:59.66 30.23	400m: 3:59.01 29.46		
2.	GASOL GUTIERREZ Biel	08	ESP	Maestro Canet C.N. Granollers	+0,73	<b>4:01.82</b> 752
	50m: 28.17 28.17	150m: 1:29.51 31.09	250m: 2:31.05 30.67	350m: 3:32.06 30.52		
	100m: 58.42 30.25	200m: 2:00.38 30.87	300m: 3:01.54 30.49	400m: 4:01.82 29.76		
3.	MATEO ARTACHO Alan	09	ESP	G.E. I.E.G.	+0,69	<b>4:03.06</b> 741
	50m: 27.55 27.55	150m: 1:28.73 30.74	250m: 2:30.59 30.99	350m: 3:33.10 30.94		
	100m: 57.99 30.44	200m: 1:59.60 30.87	300m: 3:02.16 31.57	400m: 4:03.06 29.96		

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Event 8, Boys, 400m Freestyle, Final, FINAL C

Rank					YB					RT	Time	WA	
4.	GIL VICENTE Lucas				08	ESP	Real Canoe N.C.				+0,69	<b>4:04.84</b>	725
	50m:	27.86	27.86	150m:	1:29.29	31.19	250m:	2:31.76	31.40	350m:	3:34.41	31.13	
	100m:	58.10	30.24	200m:	2:00.36	31.07	300m:	3:03.28	31.52	400m:	4:04.84	30.43	
5.	MARTINEZ CARRETON Adrian				09	ESP	Real Canoe N.C.				+0,68	<b>4:04.93</b>	724
	50m:	27.76	27.76	150m:	1:29.70	30.99	250m:	2:31.61	30.75	350m:	3:34.53	31.48	
	100m:	58.71	30.95	200m:	2:00.86	31.16	300m:	3:03.05	31.44	400m:	4:04.93	30.40	
6.	ZARAGOZA RODRIGO Adrian				08	ESP	Real Canoe N.C.					<b>4:06.38</b>	711
	50m:	28.01	28.01	150m:	1:29.67	30.91	250m:	2:32.78	31.29	350m:	3:36.44	31.69	
	100m:	58.76	30.75	200m:	2:01.49	31.82	300m:	3:04.75	31.97	400m:	4:06.38	29.94	
7.	JUAREZ LIANAS Siro				09	ESP	C.N. Sabadell				+0,91	<b>4:06.93</b>	706
	50m:	27.37	27.37	150m:	1:28.45	30.92	250m:	2:32.07	31.76	350m:	3:36.38	32.01	
	100m:	57.53	30.16	200m:	2:00.31	31.86	300m:	3:04.37	32.30	400m:	4:06.93	30.55	
8.	PALAZON GALINDO Grau				09	ESP	G.E. I E.G.				+0,66	<b>4:11.15</b>	671
	50m:	28.13	28.13	150m:	1:29.71	30.95	250m:	2:32.81	31.82	350m:	3:38.40	33.08	
	100m:	58.76	30.63	200m:	2:00.99	31.28	300m:	3:05.32	32.51	400m:	4:11.15	32.75	
DNS	NEVADO RUIZ Hugo				08	ESP	C.N. Sabadell						

Open

Final A

1.	GARACH BENITO Carlos				04	ESP	C.N. Churriana				+0,70	<b>3:48.67</b>	890
	50m:	27.14	27.14	150m:	1:25.21	29.16	250m:	2:23.15	29.04	350m:	3:20.64	28.16	
	100m:	56.05	28.91	200m:	1:54.11	28.90	300m:	2:52.48	29.33	400m:	3:48.67	28.03	
2.	BERTONI Filippo				06	ITA	C.C. Aniene				+0,66	<b>3:50.83</b>	865
	50m:	26.96	26.96	150m:	1:25.39	29.18	250m:	2:23.52	28.96	350m:	3:22.02	29.23	
	100m:	56.21	29.25	200m:	1:54.56	29.17	300m:	2:52.79	29.27	400m:	3:50.83	28.81	
3.	VARGAS TRUJILLO Cristobal				07	ESP	C.N. Dos Hermanas				+0,70	<b>3:51.02</b>	863
	50m:	27.17	27.17	150m:	1:25.85	29.30	250m:	2:24.34	29.20	350m:	3:22.73	29.11	
	100m:	56.55	29.38	200m:	1:55.14	29.29	300m:	2:53.62	29.28	400m:	3:51.02	28.29	
4.	GONZALEZ RODERO Alonso				03	ESP	Real Canoe N.C.					<b>3:52.07</b>	851
	50m:	27.46	27.46	150m:	1:25.90	29.39	250m:	2:24.86	29.41	350m:	3:23.03	28.97	
	100m:	56.51	29.05	200m:	1:55.45	29.55	300m:	2:54.06	29.20	400m:	3:52.07	29.04	
5.	DE TULLIO Marco				00	ITA	C.C. Aniene				+0,69	<b>3:52.19</b>	850
	50m:	26.70	26.70	150m:	1:26.02	29.80	250m:	2:25.40	29.52	350m:	3:23.96	29.02	
	100m:	56.22	29.52	200m:	1:55.88	29.86	300m:	2:54.94	29.54	400m:	3:52.19	28.23	
6.	GARCIA CASTRO Mateo				05	ESP	C.N. Arteixo				+0,73	<b>3:53.09</b>	840
	50m:	27.51	27.51	150m:	1:26.79	29.60	250m:	2:25.60	29.30	350m:	3:24.63	29.39	
	100m:	57.19	29.68	200m:	1:56.30	29.51	300m:	2:55.24	29.64	400m:	3:53.09	28.46	
7.	VALLMITJANA BEHRENDT Juan				09	ESP	C.N. Barcelona				+0,78	<b>3:54.87</b>	821
	50m:	27.53	27.53	150m:	1:26.81	29.84	250m:	2:26.37	29.68	350m:	3:26.08	29.42	
	100m:	56.97	29.44	200m:	1:56.69	29.88	300m:	2:56.66	30.29	400m:	3:54.87	28.79	
8.	JULIA TOUS Ferran				00	ESP	C.N. Sabadell				+0,70	<b>3:55.90</b>	810
	50m:	27.09	27.09	150m:	1:25.94	29.60	250m:	2:25.89	29.90	350m:	3:25.87	30.10	
	100m:	56.34	29.25	200m:	1:55.99	30.05	300m:	2:55.77	29.88	400m:	3:55.90	30.03	

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Event 8, Men, 400m Freestyle, Final, Open

Rank			YB			RT	Time	WA
<b>Final B</b>								
9.	NEVADO RUIZ Pablo		06	ESP	C.N. Sabadell		+0,73	<b>3:56.53</b> 804
	50m:	27.09 27.09	150m:	1:25.92 29.66	250m:	2:26.71 30.44	350m:	3:27.04 30.05
	100m:	56.26 29.17	200m:	1:56.27 30.35	300m:	2:56.99 30.28	400m:	3:56.53 29.49
10.	PARRA ESTRADE Arnau		07	ESP	C.N. Sabadell		+0,68	<b>3:56.90</b> 800
	50m:	27.15 27.15	150m:	1:26.04 29.74	250m:	2:26.48 30.29	350m:	3:26.69 29.85
	100m:	56.30 29.15	200m:	1:56.19 30.15	300m:	2:56.84 30.36	400m:	3:56.90 30.21
11.	RAMIA VIVES Guillem		02	ESP	C.N. Terrassa		+0,66	<b>3:58.92</b> 780
	50m:	26.58 26.58	150m:	1:25.47 30.05	250m:	2:26.70 30.77	350m:	3:28.17 30.76
	100m:	55.42 28.84	200m:	1:55.93 30.46	300m:	2:57.41 30.71	400m:	3:58.92 30.75
12.	MORILLO LOPEZ Ferran		05	ESP	C.E. Mediterrani		+0,78	<b>4:00.99</b> 760
	50m:	27.24 27.24	150m:	1:26.35 29.63	250m:	2:27.51 30.74	350m:	3:30.24 31.25
	100m:	56.72 29.48	200m:	1:56.77 30.42	300m:	2:58.99 31.48	400m:	4:00.99 30.75
13.	NIEVAS GARCIA Lucas		07	ESP	Real Canoe N.C.		+0,69	<b>4:02.47</b> 746
	50m:	27.61 27.61	150m:	1:28.48 30.62	250m:	2:30.47 30.98	350m:	3:33.13 31.43
	100m:	57.86 30.25	200m:	1:59.49 31.01	300m:	3:01.70 31.23	400m:	4:02.47 29.34
14.	MARTIN BURGUILLO Marcos		02	ESP	Real Canoe N.C.		+0,66	<b>4:05.23</b> 721
	50m:	27.29 27.29	150m:	1:27.80 30.71	250m:	2:29.75 31.06	350m:	3:33.55 32.22
	100m:	57.09 29.80	200m:	1:58.69 30.89	300m:	3:01.33 31.58	400m:	4:05.23 31.68
15.	CASALS MAS Eric		06	ESP	C.N. Barcelona			<b>4:07.62</b> 700
	50m:	28.93 28.93	150m:	1:31.41 31.48	250m:	2:33.73 31.40	350m:	3:37.46 31.80
	100m:	59.93 31.00	200m:	2:02.33 30.92	300m:	3:05.66 31.93	400m:	4:07.62 30.16
16.	LASARTE LOPEZ Lucas		06	ESP	E.M. El Olivar		+0,79	<b>4:08.66</b> 692
	50m:	28.24 28.24	150m:	1:29.40 30.58	250m:	2:32.62 31.71	350m:	3:38.34 32.83
	100m:	58.82 30.58	200m:	2:00.91 31.51	300m:	3:05.51 32.89	400m:	4:08.66 30.32
DNS	NEVADO RUIZ Hugo		08	ESP	C.N. Sabadell			