

CXIII Cto. España Absoluto P50 OPEN TRIALS - ASTRALPOOL  
Palma de Mallorca, 25 - 28/6/2026

Prueba 18

Fem., 400m Estilos

Open

27/06/2026 - 10:22

Resultados Prelim

Récord España	4:31.21	BELMONTE GARCIA MIREIA	BARCELONA	04/08/2013
Mínima Europeo París	4:41.49			
Mínima Europeo Junior 2008	4:52.50			
Mínima Europeo Junior 2009 y menores	4:54.22			

Puntos: AQUA 2026

Clasificación	AN								Tiempo	WA	
1. GONZALEZ MIRALLES Paula	04	ESP	C.N. Sabadell						<b>4:51.23</b>	741	
50m:	29.98	29.98	150m:	1:40.15	36.58	250m:	2:58.18	42.37	350m:	4:16.74	35.26
100m:	1:03.57	33.59	200m:	2:15.81	35.66	300m:	3:41.48	43.30	400m:	4:51.23	34.49
2. LIARTE QUESADA Elena	07	ESP	C.N. Caceres Delfines						<b>5:01.77</b>	666	
50m:	32.60	32.60	150m:	1:50.60	38.88	250m:	3:11.57	43.64	350m:	4:29.09	33.91
100m:	1:11.72	39.12	200m:	2:27.93	37.33	300m:	3:55.18	43.61	400m:	5:01.77	32.68
3. PEREZ BLANCO Jimena	97	ESP	C.N. Barcelona						<b>5:03.88</b>	653	
50m:	31.33	31.33	150m:	1:46.73	39.67	250m:	3:09.86	44.28	350m:	4:29.81	35.08
100m:	1:07.06	35.73	200m:	2:25.58	38.85	300m:	3:54.73	44.87	400m:	5:03.88	34.07
4. ABAD NUÑEZ Beth	08	ESP	C.N. Palma de Mallorca						<b>5:04.05</b>	652	
50m:	31.19	31.19	150m:	1:46.98	39.79	250m:	3:10.78	44.15	350m:	4:31.62	35.50
100m:	1:07.19	36.00	200m:	2:26.63	39.65	300m:	3:56.12	45.34	400m:	5:04.05	32.43
5. GONZALEZ NUEZ Lucia	06	ESP	C.N. Sant Andreu						<b>5:04.60</b>	648	
50m:	30.61	30.61	150m:	1:46.64	40.80	250m:	3:09.39	43.24	350m:	4:30.30	36.25
100m:	1:05.84	35.23	200m:	2:26.15	39.51	300m:	3:54.05	44.66	400m:	5:04.60	34.30
6. FARROW Anna	05	GBR	University of Bath SC						<b>5:05.32</b>	643	
50m:	30.30	30.30	150m:	1:45.80	39.62	250m:	3:08.68	44.17	350m:	4:30.24	36.48
100m:	1:06.18	35.88	200m:	2:24.51	38.71	300m:	3:53.76	45.08	400m:	5:05.32	35.08
7. ZORNOZA QUIROS Clara	11	ESP	R.G.C. Covadonga						<b>5:05.44</b>	643	
50m:	32.93	32.93	150m:	1:51.70	40.31	250m:	3:15.37	43.58	350m:	4:32.41	33.88
100m:	1:11.39	38.46	200m:	2:31.79	40.09	300m:	3:58.53	43.16	400m:	5:05.44	33.03
8. MOURENZA ROCHA Ines	07	ESP	C.N. Portamiña Lugo						<b>5:05.91</b>	640	
50m:	30.95	30.95	150m:	1:46.66	40.23	250m:	3:11.73	45.61	350m:	4:32.47	34.70
100m:	1:06.43	35.48	200m:	2:26.12	39.46	300m:	3:57.77	46.04	400m:	5:05.91	33.44
9. DE LA CALLE IBAÑEZ Isabel	09	MEX	Real Canoe N.C.						<b>5:08.24</b>	625	
50m:	32.72	32.72	150m:	1:54.05	43.08	250m:	3:16.81	41.74	350m:	4:34.99	35.70
100m:	1:10.97	38.25	200m:	2:35.07	41.02	300m:	3:59.29	42.48	400m:	5:08.24	33.25
10. GIRALT PIDEMONT Claudia	01	ESP	C.N. Sant Andreu						<b>5:11.69</b>	605	
50m:	32.28	32.28	150m:	1:51.77	42.47	250m:	3:16.76	44.20	350m:	4:37.12	36.03
100m:	1:09.30	37.02	200m:	2:32.56	40.79	300m:	4:01.09	44.33	400m:	5:11.69	34.57
11. ZUBELDIA OTEIZA Malen	09	ESP	Getxo Igeriketa Bolue K.E.						<b>5:14.31</b>	590	
50m:	31.61	31.61	150m:	1:50.02	41.32	250m:	3:14.63	44.35	350m:	4:37.20	37.12
100m:	1:08.70	37.09	200m:	2:30.28	40.26	300m:	4:00.08	45.45	400m:	5:14.31	37.11
12. ESPINOSA ALVAREZ Aroa	08	ESP	C.N. Terrassa						<b>5:16.30</b>	579	
50m:	32.30	32.30	150m:	1:51.48	40.68	250m:	3:17.64	47.11	350m:	4:40.61	36.98
100m:	1:10.80	38.50	200m:	2:30.53	39.05	300m:	4:03.63	45.99	400m:	5:16.30	35.69

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Prueba 18, Fem., 400m Estilos, Prelim, Open

Clasificación	AN	País	Equipo	50m	100m	150m	200m	250m	300m	350m	400m	WA
13.	CASTILLO ACERO Helena	10	ESP	C.D.N. Cordoba						<b>5:16.45</b>	578	
	50m:	31.79	31.79	150m:	1:49.61	41.08	250m:	3:17.70	47.30	350m:	4:41.56	35.77
	100m:	1:08.53	36.74	200m:	2:30.40	40.79	300m:	4:05.79	48.09	400m:	5:16.45	34.89
DSQ	AGUDO DOMINGUEZ Paula	06	ESP	Universidad de Granada								
NP	CARRASCO CADENS Emma	05	ESP	C.N. Sant Andreu								
Baja	RANSOME Matilda	06	GBR	University of Bath SC								

