

CXIII Cto. España Absoluto P50 OPEN TRIALS - ASTRALPOOL
Palma de Mallorca, 25 - 28/6/2026

Prueba 3 Masc., 400m Libre Open
25/06/2026 - 10:17 Resultados Prelim

Récord España	3:47.29	CARLOS GARACH BENITO	Palma de Mallorca	22/06/2024
Mínima Europeo París	3:48.84			
Mínima Europeo Junior 2008	3:55.59			
Mínima Europeo Junior 2009 y menores	3:56.84			

Puntos: AQUA 2026

Clasificación	AN								Tiempo	WA	
1. GARACH BENITO Carlos	04	ESP	C.N. Churriana						3:49.38	881	
50m:	27.16	27.16	150m:	1:25.30	29.24	250m:	2:23.53	28.99	350m:	3:21.28	28.75
100m:	56.06	28.90	200m:	1:54.54	29.24	300m:	2:52.53	29.00	400m:	3:49.38	28.10
2. VARGAS TRUJILLO Cristobal	07	ESP	C.N. Dos Hermanas						3:53.30	838	
50m:	27.00	27.00	150m:	1:26.05	29.64	250m:	2:25.16	29.62	350m:	3:24.52	29.81
100m:	56.41	29.41	200m:	1:55.54	29.49	300m:	2:54.71	29.55	400m:	3:53.30	28.78
3. GARCIA CASTRO Mateo	05	ESP	C.N. Arteixo						3:53.67	834	
50m:	27.59	27.59	150m:	1:27.11	29.67	250m:	2:26.78	29.84	350m:	3:25.09	29.04
100m:	57.44	29.85	200m:	1:56.94	29.83	300m:	2:56.05	29.27	400m:	3:53.67	28.58
VALLMITJANA BEHRENDT Juan	09	ESP	C.N. Barcelona						3:53.67	834	
50m:	27.54	27.54	150m:	1:26.40	29.74	250m:	2:26.27	29.90	350m:	3:25.50	28.95
100m:	56.66	29.12	200m:	1:56.37	29.97	300m:	2:56.55	30.28	400m:	3:53.67	28.17
5. JULIA TOUS Ferran	00	ESP	C.N. Sabadell						3:53.72	833	
50m:	27.16	27.16	150m:	1:26.27	29.83	250m:	2:26.54	30.30	350m:	3:24.85	29.07
100m:	56.44	29.28	200m:	1:56.24	29.97	300m:	2:55.78	29.24	400m:	3:53.72	28.87
6. GONZALEZ RODERO Alonso	03	ESP	Real Canoe N.C.						3:53.77	833	
50m:	27.35	27.35	150m:	1:25.24	29.25	250m:	2:24.19	29.54	350m:	3:24.58	30.38
100m:	55.99	28.64	200m:	1:54.65	29.41	300m:	2:54.20	30.01	400m:	3:53.77	29.19
7. GARCIA SAIZ Nicolas	02	ESP	C.D. Gredos San Diego						3:54.25	827	
50m:	27.09	27.09	150m:	1:25.66	29.38	250m:	2:24.71	29.65	350m:	3:25.02	30.11
100m:	56.28	29.19	200m:	1:55.06	29.40	300m:	2:54.91	30.20	400m:	3:54.25	29.23
8. QUIJADA ROLDAN Carlos	01	ESP	Real Canoe N.C.						3:55.22	817	
50m:	27.36	27.36	150m:	1:26.43	29.41	250m:	2:26.38	29.90	350m:	3:26.19	29.91
100m:	57.02	29.66	200m:	1:56.48	30.05	300m:	2:56.28	29.90	400m:	3:55.22	29.03
9. ARROYO LOPEZ DEL CASTILLO Izan	07	ESP	C.N. Sant Andreu						3:55.52	814	
50m:	27.47	27.47	150m:	1:27.36	30.21	250m:	2:27.50	29.92	350m:	3:26.89	29.62
100m:	57.15	29.68	200m:	1:57.58	30.22	300m:	2:57.27	29.77	400m:	3:55.52	28.63
10. NEVADO RUIZ Pablo	06	ESP	C.N. Sabadell						3:55.53	814	
50m:	27.36	27.36	150m:	1:26.45	29.76	250m:	2:26.57	30.14	350m:	3:26.22	29.90
100m:	56.69	29.33	200m:	1:56.43	29.98	300m:	2:56.32	29.75	400m:	3:55.53	29.31
11. MENDEZ PUGA Mario	03	ESP	C.N. Santa Olaya						3:55.75	812	
50m:	27.31	27.31	150m:	1:26.08	29.46	250m:	2:26.16	30.08	350m:	3:26.60	30.24
100m:	56.62	29.31	200m:	1:56.08	30.00	300m:	2:56.36	30.20	400m:	3:55.75	29.15
12. SANCHEZ GONZALEZ Marcos	04	ESP	C.N. Sabadell						3:58.48	784	
50m:	27.47	27.47	150m:	1:27.33	30.05	250m:	2:28.19	30.57	350m:	3:29.10	30.31
100m:	57.28	29.81	200m:	1:57.62	30.29	300m:	2:58.79	30.60	400m:	3:58.48	29.38

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Clasificación	AN								Tiempo	WA	
13. CUEN SIBILA Biel	07	AND	C.N. Sant Andreu						3:58.99	779	
50m:	27.45	27.45	150m:	1:27.71	29.98	250m:	2:28.29	30.19	350m:	3:29.39	30.35
100m:	57.73	30.28	200m:	1:58.10	30.39	300m:	2:59.04	30.75	400m:	3:58.99	29.60
14. RAMIA VIVES Guillem	02	ESP	C.N. Terrassa						3:59.44	775	
50m:	26.76	26.76	150m:	1:26.30	30.28	250m:	2:27.37	30.52	350m:	3:28.89	30.53
100m:	56.02	29.26	200m:	1:56.85	30.55	300m:	2:58.36	30.99	400m:	3:59.44	30.55
15. EL FALLAKI EL ACHRAFI Ilias	06	MAR	C.N. Alcalá						3:59.66	773	
50m:	27.33	27.33	150m:	1:27.48	30.09	250m:	2:28.28	30.37	350m:	3:29.50	30.77
100m:	57.39	30.06	200m:	1:57.91	30.43	300m:	2:58.73	30.45	400m:	3:59.66	30.16
16. RIVAS TORRES Paulo	08	ESP	C.N. Coruña						4:00.16	768	
50m:	27.07	27.07	150m:	1:27.23	30.09	250m:	2:28.30	30.53	350m:	3:30.34	30.89
100m:	57.14	30.07	200m:	1:57.77	30.54	300m:	2:59.45	31.15	400m:	4:00.16	29.82
17. ROSELL DIEZ Marti	07	ESP	C.N. Sabadell						4:00.49	765	
50m:	27.57	27.57	150m:	1:27.43	30.16	250m:	2:28.32	30.70	350m:	3:30.40	31.10
100m:	57.27	29.70	200m:	1:57.62	30.19	300m:	2:59.30	30.98	400m:	4:00.49	30.09
18. GRANADO MARTIN Pablo	04	ESP	C.N. Mairena Aljarafe						4:00.62	763	
50m:	27.76	27.76	150m:	1:27.42	30.04	250m:	2:28.33	30.53	350m:	3:29.86	30.84
100m:	57.38	29.62	200m:	1:57.80	30.38	300m:	2:59.02	30.69	400m:	4:00.62	30.76
19. PARRA ESTRADE Arnau	07	ESP	C.N. Sabadell						4:01.54	755	
50m:	27.22	27.22	150m:	1:26.86	29.94	250m:	2:28.15	30.78	350m:	3:30.85	31.29
100m:	56.92	29.70	200m:	1:57.37	30.51	300m:	2:59.56	31.41	400m:	4:01.54	30.69
20. LEITE BREGUA Miguel	04	BRA	C.N. Barcelona						4:01.88	752	
50m:	27.50	27.50	150m:	1:27.32	30.32	250m:	2:28.82	30.95	350m:	3:31.44	31.42
100m:	57.00	29.50	200m:	1:57.87	30.55	300m:	3:00.02	31.20	400m:	4:01.88	30.44
21. MORILLO LOPEZ Ferran	05	ESP	C.E. Mediterrani						4:04.37	729	
50m:	27.39	27.39	150m:	1:27.94	30.72	250m:	2:29.90	31.39	350m:	3:33.36	31.95
100m:	57.22	29.83	200m:	1:58.51	30.57	300m:	3:01.41	31.51	400m:	4:04.37	31.01
22. HUTH VICENTE Elrik	06	ESP	Galdakao I.T.						4:04.62	727	
50m:	26.94	26.94	150m:	1:27.81	30.88	250m:	2:30.45	31.21	350m:	3:33.54	32.03
100m:	56.93	29.99	200m:	1:59.24	31.43	300m:	3:01.51	31.06	400m:	4:04.62	31.08
23. GARCIA SANTOS Hugo	07	ESP	Real Canoe N.C.						4:04.66	726	
50m:	28.71	28.71	150m:	1:29.88	30.98	250m:	2:32.43	30.96	350m:	3:34.73	30.87
100m:	58.90	30.19	200m:	2:01.47	31.59	300m:	3:03.86	31.43	400m:	4:04.66	29.93
24. ALVAREZ GONZALEZ Unai	07	ESP	C.D. Gredos San Diego						4:05.55	718	
50m:	28.13	28.13	150m:	1:29.00	30.76	250m:	2:31.74	31.34	350m:	3:34.78	31.40
100m:	58.24	30.11	200m:	2:00.40	31.40	300m:	3:03.38	31.64	400m:	4:05.55	30.77
25. TEIXEIRA PEREIRA Kevin	05	AND	Fed. Andorrana						4:05.84	716	
50m:	28.03	28.03	150m:	1:29.44	31.02	250m:	2:32.56	31.55	350m:	3:36.35	31.53
100m:	58.42	30.39	200m:	2:01.01	31.57	300m:	3:04.82	32.26	400m:	4:05.84	29.49
26. NIEVAS GARCIA Lucas	07	ESP	Real Canoe N.C.						4:06.34	711	
50m:	27.74	27.74	150m:	1:29.25	31.07	250m:	2:32.31	31.48	350m:	3:36.05	31.77
100m:	58.18	30.44	200m:	2:00.83	31.58	300m:	3:04.28	31.97	400m:	4:06.34	30.29

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Clasificación	AN								Tiempo	WA
27. LASARTE LOPEZ Lucas	06	ESP	E.M. El Olivar					4:06.37	711	
50m: 29.05 29.05	150m: 1:31.64	30.98	250m: 2:33.74	30.97	350m: 3:35.62	30.96				
100m: 1:00.66 31.61	200m: 2:02.77	31.13	300m: 3:04.66	30.92	400m: 4:06.37	30.75				
28. MACARIO MOLINA Joan	05	ESP	C.N. Las Palmas					4:06.42	711	
50m: 27.90 27.90	150m: 1:29.43	30.99	250m: 2:32.34	31.54	350m: 3:35.95	31.54				
100m: 58.44 30.54	200m: 2:00.80	31.37	300m: 3:04.41	32.07	400m: 4:06.42	30.47				
29. ZARAGOZA RODRIGO Adrian	08	ESP	Real Canoe N.C.					4:07.43	702	
50m: 27.66 27.66	150m: 1:29.18	31.29	250m: 2:33.42	31.61	350m: 3:37.03	31.70				
100m: 57.89 30.23	200m: 2:01.81	32.63	300m: 3:05.33	31.91	400m: 4:07.43	30.40				
30. GIL VICENTE Lucas	08	ESP	Real Canoe N.C.					4:07.53	701	
50m: 27.62 27.62	150m: 1:28.84	30.85	250m: 2:32.14	31.43	350m: 3:36.09	31.88				
100m: 57.99 30.37	200m: 2:00.71	31.87	300m: 3:04.21	32.07	400m: 4:07.53	31.44				
31. BUGLER ACIN Sean Pablo	06	ESP	A.D. Zoiti 89-Jaca					4:07.98	697	
50m: 27.59 27.59	150m: 1:29.46	31.33	250m: 2:33.19	31.85	350m: 3:37.65	32.07				
100m: 58.13 30.54	200m: 2:01.34	31.88	300m: 3:05.58	32.39	400m: 4:07.98	30.33				
32. VILASECA MARTIN Jan	07	ESP	C.N. Terrassa					4:08.05	697	
50m: 27.45 27.45	150m: 1:29.89	32.01	250m: 2:34.28	31.57	350m: 3:37.51	31.65				
100m: 57.88 30.43	200m: 2:02.71	32.82	300m: 3:05.86	31.58	400m: 4:08.05	30.54				
33. MUÑOZ ROJO Javier	09	ESP	Real Canoe N.C.					4:08.14	696	
50m: 27.85 27.85	150m: 1:30.07	31.80	250m: 2:33.86	31.71	350m: 3:38.01	31.96				
100m: 58.27 30.42	200m: 2:02.15	32.08	300m: 3:06.05	32.19	400m: 4:08.14	30.13				
34. BAKER Matthew	06	GBR	University of Bath SC					4:08.55	693	
50m: 26.78 26.78	150m: 1:25.92	29.82	250m: 2:28.35	32.00	350m: 3:35.30	33.82				
100m: 56.10 29.32	200m: 1:56.35	30.43	300m: 3:01.48	33.13	400m: 4:08.55	33.25				
35. WARBURTON Matthew	05	GBR	University of Bath SC					4:09.34	686	
50m: 28.05 28.05	150m: 1:29.29	31.16	250m: 2:32.87	31.91	350m: 3:37.44	32.48				
100m: 58.13 30.08	200m: 2:00.96	31.67	300m: 3:04.96	32.09	400m: 4:09.34	31.90				
36. JIMENEZ RISQUEZ Alex	06	ESP	C.N. Sabadell					4:09.89	682	
50m: 28.24 28.24	150m: 1:29.66	30.84	250m: 2:33.18	31.90	350m: 3:37.80	32.60				
100m: 58.82 30.58	200m: 2:01.28	31.62	300m: 3:05.20	32.02	400m: 4:09.89	32.09				
37. USAR MACAYA Mikel	07	ESP	Amaya C.D.					4:12.65	659	
50m: 27.76 27.76	150m: 1:29.65	31.79	250m: 2:34.73	32.41	350m: 3:40.21	32.78				
100m: 57.86 30.10	200m: 2:02.32	32.67	300m: 3:07.43	32.70	400m: 4:12.65	32.44				
38. ROURA CLEMENTE Marc	07	ESP	G.E. I.E.G.					4:12.66	659	
50m: 28.48 28.48	150m: 1:31.45	31.74	250m: 2:36.17	32.27	350m: 3:41.19	32.10				
100m: 59.71 31.23	200m: 2:03.90	32.45	300m: 3:09.09	32.92	400m: 4:12.66	31.47				
39. TOLEDO PANIAGUA Oliver	07	ESP	A. Master Baleares					4:14.63	644	
50m: 28.40 28.40	150m: 1:30.93	31.62	250m: 2:35.98	32.57	350m: 3:42.30	33.25				
100m: 59.31 30.91	200m: 2:03.41	32.48	300m: 3:09.05	33.07	400m: 4:14.63	32.33				