

CXIII Cto. España Absoluto P50 OPEN TRIALS - ASTRALPOOL
Palma de Mallorca, 25 - 28/6/2026

Prueba 4 Fem., 400m Libre Open
25/06/2026 - 10:37 Resultados Prelim

Récord España	4:02.47	COSTA SCHMID MELANIE	BARCELONA	28/07/2013
Mínima Europeo París	4:09.96			
Mínima Europeo Junior 2008	4:15.75			
Mínima Europeo Junior 2009 y menores	4:16.75			

Puntos: AQUA 2026

Clasificación	AN		Tiempo								WA	
1. DE VALDES ALVAREZ Maria	98	ESP	C.N. Mataro	4:13.84								785
50m:	29.30	29.30	150m:	1:32.59	31.99	250m:	2:36.70	32.02	350m:	3:42.17	33.05	
100m:	1:00.60	31.30	200m:	2:04.68	32.09	300m:	3:09.12	32.42	400m:	4:13.84	31.67	
2. CARRON MUIÑA Carla	05	ESP	C.N. Sant Andreu	4:16.77								758
50m:	29.07	29.07	150m:	1:32.96	32.11	250m:	2:37.79	32.62	350m:	3:43.27	32.33	
100m:	1:00.85	31.78	200m:	2:05.17	32.21	300m:	3:10.94	33.15	400m:	4:16.77	33.50	
3. MARTINEZ DE SALINAS PEÑA Clara	07	ESP	C.E. Mediterrani	4:17.32								753
50m:	29.19	29.19	150m:	1:32.37	32.02	250m:	2:37.77	32.92	350m:	3:45.00	33.31	
100m:	1:00.35	31.16	200m:	2:04.85	32.48	300m:	3:11.69	33.92	400m:	4:17.32	32.32	
4. RUBIO VILLORIA Alba	09	ESP	C.N. Marina-Cartagena	4:17.79								749
50m:	29.67	29.67	150m:	1:33.78	32.74	250m:	2:39.55	33.02	350m:	3:45.73	33.14	
100m:	1:01.04	31.37	200m:	2:06.53	32.75	300m:	3:12.59	33.04	400m:	4:17.79	32.06	
5. OTERO FERNANDEZ Paula	04	ESP	C.N. Arteixo	4:18.47								743
50m:	30.28	30.28	150m:	1:34.63	32.42	250m:	2:40.09	32.73	350m:	3:46.04	33.02	
100m:	1:02.21	31.93	200m:	2:07.36	32.73	300m:	3:13.02	32.93	400m:	4:18.47	32.43	
6. ROSELL DIEZ Ona	09	ESP	C.N. Tarraco	4:19.38								735
50m:	30.32	30.32	150m:	1:35.49	32.89	250m:	2:41.19	32.84	350m:	3:46.69	32.82	
100m:	1:02.60	32.28	200m:	2:08.35	32.86	300m:	3:13.87	32.68	400m:	4:19.38	32.69	
7. YEGRES COTTIN Maria Victoria	05	VEN	C.N. Barcelona	4:19.84								732
50m:	29.52	29.52	150m:	1:33.80	32.59	250m:	2:39.91	33.31	350m:	3:46.69	33.54	
100m:	1:01.21	31.69	200m:	2:06.60	32.80	300m:	3:13.15	33.24	400m:	4:19.84	33.15	
8. HERRERO LAZARO Alba	02	ESP	C.N. Terrassa	4:19.98								730
50m:	29.36	29.36	150m:	1:33.65	32.41	250m:	2:39.90	33.18	350m:	3:46.94	33.45	
100m:	1:01.24	31.88	200m:	2:06.72	33.07	300m:	3:13.49	33.59	400m:	4:19.98	33.04	
9. MALO MORENO Ariadna	08	ESP	Getxo Igeriketa Bolue K.E.	4:21.67								716
50m:	29.44	29.44	150m:	1:34.42	32.92	250m:	2:41.29	33.40	350m:	3:48.41	33.64	
100m:	1:01.50	32.06	200m:	2:07.89	33.47	300m:	3:14.77	33.48	400m:	4:21.67	33.26	
10. MUÑOZ GONZALEZ Natalia	08	ESP	C.N. Sabadell	4:22.16								712
50m:	29.63	29.63	150m:	1:34.66	32.91	250m:	2:41.90	33.60	350m:	3:49.65	33.86	
100m:	1:01.75	32.12	200m:	2:08.30	33.64	300m:	3:15.79	33.89	400m:	4:22.16	32.51	
11. PODGER Jessica	01	GBR	University of Bath SC	4:22.28								711
50m:	30.58	30.58	150m:	1:36.68	33.58	250m:	2:43.13	32.56	350m:	3:49.70	33.66	
100m:	1:03.10	32.52	200m:	2:10.57	33.89	300m:	3:16.04	32.91	400m:	4:22.28	32.58	
12. ABAD NUÑEZ Beth	08	ESP	C.N. Palma de Mallorca	4:22.83								707
50m:	30.22	30.22	150m:	1:36.54	33.23	250m:	2:43.21	33.28	350m:	3:50.30	33.49	
100m:	1:03.31	33.09	200m:	2:09.93	33.39	300m:	3:16.81	33.60	400m:	4:22.83	32.53	

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Clasificación			AN							Tiempo	WA	
13.	GALISTEO ZAPATERO Andrea		01	ESP	Real Canoe N.C.						4:23.32	703
	50m:	30.51	30.51	150m:	1:36.57	33.37	250m:	2:43.28	33.33	350m:	3:50.24	33.44
	100m:	1:03.20	32.69	200m:	2:09.95	33.38	300m:	3:16.80	33.52	400m:	4:23.32	33.08
14.	COLL MARTI Julia		07	ESP	C.N. Olot						4:24.22	696
	50m:	30.31	30.31	150m:	1:36.45	33.66	250m:	2:43.84	33.78	350m:	3:51.04	33.50
	100m:	1:02.79	32.48	200m:	2:10.06	33.61	300m:	3:17.54	33.70	400m:	4:24.22	33.18
15.	SAN MARTIN IGLESIAS Carlota		07	ESP	C.N. Cuencas Mineras						4:24.55	693
	50m:	30.60	30.60	150m:	1:36.35	33.35	250m:	2:43.40	33.73	350m:	3:51.13	33.82
	100m:	1:03.00	32.40	200m:	2:09.67	33.32	300m:	3:17.31	33.91	400m:	4:24.55	33.42
16.	LIARTE QUESADA Elena		07	ESP	C.N. Caceres Delfines						4:24.76	691
	50m:	30.26	30.26	150m:	1:36.59	33.48	250m:	2:44.94	34.20	350m:	3:52.46	33.70
	100m:	1:03.11	32.85	200m:	2:10.74	34.15	300m:	3:18.76	33.82	400m:	4:24.76	32.30
17.	SEGURA FERREIRA Helena		09	ESP	Circulo Mercantil						4:25.43	686
	50m:	30.59	30.59	150m:	1:36.57	33.11	250m:	2:44.65	34.17	350m:	3:52.65	33.84
	100m:	1:03.46	32.87	200m:	2:10.48	33.91	300m:	3:18.81	34.16	400m:	4:25.43	32.78
18.	MUÑOZ ARMENGOU Julia		07	ESP	C.N. Sant Andreu						4:26.34	679
	50m:	30.46	30.46	150m:	1:36.87	33.66	250m:	2:44.70	34.17	350m:	3:52.85	33.97
	100m:	1:03.21	32.75	200m:	2:10.53	33.66	300m:	3:18.88	34.18	400m:	4:26.34	33.49
19.	BURGUERA VALENS Maria Antonia		12	ESP	C.N. Palma de Mallorca						4:26.36	679
	50m:	29.85	29.85	150m:	1:36.54	33.64	250m:	2:44.40	33.98	350m:	3:52.64	34.02
	100m:	1:02.90	33.05	200m:	2:10.42	33.88	300m:	3:18.62	34.22	400m:	4:26.36	33.72
20.	ARROYO CARBAJO Candela		10	ESP	C.D. Gredos San Diego						4:32.18	636
	50m:	30.52	30.52	150m:	1:38.08	33.86	250m:	2:47.72	34.72	350m:	3:58.36	35.15
	100m:	1:04.22	33.70	200m:	2:13.00	34.92	300m:	3:23.21	35.49	400m:	4:32.18	33.82
21.	CASTILLO ACERO Helena		10	ESP	C.D.N. Cordoba						4:32.93	631
	50m:	29.79	29.79	150m:	1:36.58	33.97	250m:	2:46.61	35.30	350m:	3:57.43	35.25
	100m:	1:02.61	32.82	200m:	2:11.31	34.73	300m:	3:22.18	35.57	400m:	4:32.93	35.50
22.	MANN Alexa		06	GBR	University of Bath SC						4:35.44	614
	50m:	29.96	29.96	150m:	1:37.93	34.49	250m:	2:49.15	35.82	350m:	4:01.15	35.95
	100m:	1:03.44	33.48	200m:	2:13.33	35.40	300m:	3:25.20	36.05	400m:	4:35.44	34.29
23.	SIERRA RIERA Joana Maria		08	ESP	C.N. Palma de Mallorca						4:35.97	611
	50m:	30.97	30.97	150m:	1:38.52	34.22	250m:	2:48.82	35.36	350m:	4:01.04	36.05
	100m:	1:04.30	33.33	200m:	2:13.46	34.94	300m:	3:24.99	36.17	400m:	4:35.97	34.93
24.	OLIVEIRA LARA Carolina		07	ESP	C.N. Sabadell						4:36.06	610
	50m:	30.93	30.93	150m:	1:38.48	34.39	250m:	2:49.62	35.72	350m:	4:01.43	36.19
	100m:	1:04.09	33.16	200m:	2:13.90	35.42	300m:	3:25.24	35.62	400m:	4:36.06	34.63