

Cto de España Absoluto OPEN P25 - ASTRALPOOL
Barcelona, 13 - 16/11/2025

Prueba 11
14/11/2025 - 10:00

Fem., 400m Estilos

Abs.
Resultados Prelim

Mínima Europeo Lublin	4:37.54				
Récord España	4:18.94	BELMONTE GARCIA Mireia	EINDHOVEN (NED)	12/08/2017	
Récord Campeonato	4:26.86	BELMONTE GARCÍA Mireia	SABADELL	13/12/2014	

Puntos: AQUA 2025

Clasificación	AN		Tiempo		Pts
1. CARRASCO CADENS Emma	ESP	05	C.N. Sant Andreu	4:39.02	767
25m: 13.34 13.34	125m: 1:21.51 18.40	225m: 2:33.67 19.13	325m: 3:50.43 17.12		
50m: 29.37 16.03	150m: 1:39.04 17.53	250m: 2:53.10 19.43	350m: 4:07.02 16.59		
75m: 45.93 16.56	175m: 1:56.87 17.83	275m: 3:13.07 19.97	375m: 4:23.41 16.39		
100m: 1:03.11 17.18	200m: 2:14.54 17.67	300m: 3:33.31 20.24	400m: 4:39.02 15.61		
2. PUJADAS RUSIÑOL Julia	ESP	01	C.N. Sant Andreu	4:39.16	766
25m: 13.18 13.18	125m: 1:20.55 17.88	225m: 2:33.83 20.27	325m: 3:52.18 16.80		
50m: 29.27 16.09	150m: 1:38.17 17.62	250m: 2:54.27 20.44	350m: 4:08.11 15.93		
75m: 45.64 16.37	175m: 1:56.05 17.88	275m: 3:14.60 20.33	375m: 4:23.93 15.82		
100m: 1:02.67 17.03	200m: 2:13.56 17.51	300m: 3:35.38 20.78	400m: 4:39.16 15.23		
3. GONZALEZ MIRALLES Paula	ESP	04	C.N. Sabadell	4:40.26	757
25m: 13.84 13.84	125m: 1:22.08 18.14	225m: 2:34.19 20.14	325m: 3:51.39 17.22		
50m: 29.94 16.10	150m: 1:39.32 17.24	250m: 2:53.77 19.58	350m: 4:07.91 16.52		
75m: 46.71 16.77	175m: 1:56.87 17.55	275m: 3:14.09 20.32	375m: 4:24.21 16.30		
100m: 1:03.94 17.23	200m: 2:14.05 17.18	300m: 3:34.17 20.08	400m: 4:40.26 16.05		
4. PEREZ BLANCO Jimena	ESP	97	C.N. Barcelona	4:41.63	746
25m: 14.24 14.24	125m: 1:23.82 18.79	225m: 2:37.73 20.01	325m: 3:55.18 16.02		
50m: 30.72 16.48	150m: 1:42.20 18.38	250m: 2:57.99 20.26	350m: 4:10.78 15.60		
75m: 47.78 17.06	175m: 2:00.20 18.00	275m: 3:18.55 20.56	375m: 4:26.52 15.74		
100m: 1:05.03 17.25	200m: 2:17.72 17.52	300m: 3:39.16 20.61	400m: 4:41.63 15.11		
5. VAZQUEZ RUIZ Alba	ESP	02	C.N. Churriana	4:43.77	729
25m: 13.94 13.94	125m: 1:22.98 19.44	225m: 2:37.71 19.27	325m: 3:53.50 17.79		
50m: 30.13 16.19	150m: 1:41.31 18.33	250m: 2:56.84 19.13	350m: 4:10.37 16.87		
75m: 46.58 16.45	175m: 2:00.13 18.82	275m: 3:16.21 19.37	375m: 4:27.30 16.93		
100m: 1:03.54 16.96	200m: 2:18.44 18.31	300m: 3:35.71 19.50	400m: 4:43.77 16.47		
6. GIRALT PIDEMONT Claudia	ESP	01	C.N. Sant Andreu	4:50.86	677
25m: 13.97 13.97	125m: 1:26.53 19.59	225m: 2:43.45 20.33	325m: 4:01.93 17.45		
50m: 31.32 17.35	150m: 1:45.60 19.07	250m: 3:03.84 20.39	350m: 4:18.64 16.71		
75m: 48.87 17.55	175m: 2:04.28 18.68	275m: 3:23.85 20.01	375m: 4:34.95 16.31		
100m: 1:06.94 18.07	200m: 2:23.12 18.84	300m: 3:44.48 20.63	400m: 4:50.86 15.91		
7. ABAD NUÑEZ Beth	ESP	08	C.N. Palma de Mallorca	4:54.30	654
25m: 14.27 14.27	125m: 1:26.10 19.72	225m: 2:43.25 21.71	325m: 4:04.84 17.40		
50m: 31.13 16.86	150m: 1:44.60 18.50	250m: 3:04.34 21.09	350m: 4:21.33 16.49		
75m: 48.87 17.74	175m: 2:03.27 18.67	275m: 3:25.89 21.55	375m: 4:37.95 16.62		
100m: 1:06.38 17.51	200m: 2:21.54 18.27	300m: 3:47.44 21.55	400m: 4:54.30 16.35		
8. LIARTE QUESADA Elena	ESP	07	C.N. Caceres Delfines	4:55.40	646
25m: 14.71 14.71	125m: 1:30.09 19.88	225m: 2:46.73 21.10	325m: 4:07.41 17.12		
50m: 32.35 17.64	150m: 1:48.90 18.81	250m: 3:07.95 21.22	350m: 4:23.69 16.28		
75m: 51.17 18.82	175m: 2:07.35 18.45	275m: 3:29.04 21.09	375m: 4:39.71 16.02		
100m: 1:10.21 19.04	200m: 2:25.63 18.28	300m: 3:50.29 21.25	400m: 4:55.40 15.69		

Piscina 25 m. / Crono Electrónico

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Cto de España Absoluto OPEN P25 - ASTRALPOOL
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Prueba 11, Fem., 400m Estilos, Prelim, Abs.

Clasificación	AN				Tempo	Pts
9. ZUBELDIA OTEIZA Malen	ESP	09	Getxo Igeriketa Bolue K.E.	4:56.62	638	
25m: 13.48 13.48	125m: 1:25.35	19.60	225m: 2:42.85	21.13	325m: 4:04.70	17.94
50m: 30.28 16.80	150m: 1:44.14	18.79	250m: 3:04.20	21.35	350m: 4:22.12	17.42
75m: 47.51 17.23	175m: 2:02.92	18.78	275m: 3:25.35	21.15	375m: 4:39.56	17.44
100m: 1:05.75 18.24	200m: 2:21.72	18.80	300m: 3:46.76	21.41	400m: 4:56.62	17.06
10. ESPINOSA ALVAREZ Aroa	ESP	08	C.N. Terrassa	4:57.42	633	
25m: 14.04 14.04	125m: 1:25.71	19.47	225m: 2:43.42	22.42	325m: 4:07.31	17.95
50m: 30.83 16.79	150m: 1:44.32	18.61	250m: 3:05.75	22.33	350m: 4:24.38	17.07
75m: 48.17 17.34	175m: 2:02.63	18.31	275m: 3:27.16	21.41	375m: 4:41.25	16.87
100m: 1:06.24 18.07	200m: 2:21.00	18.37	300m: 3:49.36	22.20	400m: 4:57.42	16.17
11. MARTINEZ GUILLEN Sara	ESP	07	Kzm Swimming Team	4:57.77	631	
25m: 15.03 15.03	125m: 1:27.84	19.51	225m: 2:44.83	21.82	325m: 4:07.67	17.54
50m: 32.18 17.15	150m: 1:45.82	17.98	250m: 3:06.20	21.37	350m: 4:24.29	16.62
75m: 50.30 18.12	175m: 2:04.81	18.99	275m: 3:28.35	22.15	375m: 4:41.40	17.11
100m: 1:08.33 18.03	200m: 2:23.01	18.20	300m: 3:50.13	21.78	400m: 4:57.77	16.37
12. CALVO VILLALOBOS Paula	ESP	09	Eibar Igerixan	4:58.86	624	
25m: 14.21 14.21	125m: 1:27.35	19.30	225m: 2:43.65	22.03	325m: 4:08.29	17.95
50m: 31.42 17.21	150m: 1:45.39	18.04	250m: 3:05.62	21.97	350m: 4:25.44	17.15
75m: 49.56 18.14	175m: 2:03.43	18.04	275m: 3:27.74	22.12	375m: 4:42.43	16.99
100m: 1:08.05 18.49	200m: 2:21.62	18.19	300m: 3:50.34	22.60	400m: 4:58.86	16.43
13. ACOSTA BONILLA Marina	ESP	03	C.N. Churriana	4:58.98	623	
25m: 14.60 14.60	125m: 1:26.57	19.12	225m: 2:43.96	21.56	325m: 4:06.82	18.09
50m: 31.36 16.76	150m: 1:45.05	18.48	250m: 3:05.36	21.40	350m: 4:24.63	17.81
75m: 48.99 17.63	175m: 2:04.03	18.98	275m: 3:27.13	21.77	375m: 4:42.23	17.60
100m: 1:07.45 18.46	200m: 2:22.40	18.37	300m: 3:48.73	21.60	400m: 4:58.98	16.75
14. AZZATO ALIBERTI Paola Alessandra	VEN	09	C.N. Santa Olaya	4:59.55	620	
25m: 14.65 14.65	125m: 1:28.63	20.39	225m: 2:46.93	22.10	325m: 4:11.29	17.71
50m: 32.13 17.48	150m: 1:47.67	19.04	250m: 3:09.22	22.29	350m: 4:28.03	16.74
75m: 49.95 17.82	175m: 2:06.44	18.77	275m: 3:31.47	22.25	375m: 4:44.48	16.45
100m: 1:08.24 18.29	200m: 2:24.83	18.39	300m: 3:53.58	22.11	400m: 4:59.55	15.07
15. VILARDEBO PLA Nuria	ESP	04	C.N. Calella	4:59.81	618	
25m: 14.28 14.28	125m: 1:25.91	18.89	225m: 2:43.59	21.58	325m: 4:08.40	17.80
50m: 31.33 17.05	150m: 1:44.70	18.79	250m: 3:05.74	22.15	350m: 4:25.95	17.55
75m: 48.83 17.50	175m: 2:03.14	18.44	275m: 3:27.83	22.09	375m: 4:43.09	17.14
100m: 1:07.02 18.19	200m: 2:22.01	18.87	300m: 3:50.60	22.77	400m: 4:59.81	16.72
16. BAS CUTILLAS Julia	ESP	08	C.N. San Vicente	5:00.10	616	
25m: 14.40 14.40	125m: 1:28.53	20.34	225m: 2:46.02	21.08	325m: 4:08.37	18.13
50m: 31.64 17.24	150m: 1:47.21	18.68	250m: 3:07.20	21.18	350m: 4:25.57	17.20
75m: 49.76 18.12	175m: 2:06.14	18.93	275m: 3:28.74	21.54	375m: 4:43.30	17.73
100m: 1:08.19 18.43	200m: 2:24.94	18.80	300m: 3:50.24	21.50	400m: 5:00.10	16.80
17. RODRIGUEZ TORRES Claudia	ESP	10	C.N. Jaen 99	5:00.46	614	
25m: 14.49 14.49	125m: 1:28.86	19.05	225m: 2:44.71	21.11	325m: 4:09.46	17.63
50m: 32.66 18.17	150m: 1:47.13	18.27	250m: 3:07.17	22.46	350m: 4:27.12	17.66
75m: 50.80 18.14	175m: 2:05.04	17.91	275m: 3:29.08	21.91	375m: 4:44.14	17.02
100m: 1:09.81 19.01	200m: 2:23.60	18.56	300m: 3:51.83	22.75	400m: 5:00.46	16.32

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Prueba 11, Fem., 400m Estilos, Prelim, Abs.

Clasificación	AN		Tiempo		Pts
18. MEDINA ROMERO Paula	ESP	10	C.N. Las Norias	5:01.47	608
25m: 14.21 14.21	125m: 1:30.53 19.89	225m: 2:47.37 20.01	325m: 4:09.04 18.29		
50m: 32.20 17.99	150m: 1:49.81 19.28	250m: 3:08.38 21.01	350m: 4:26.75 17.71		
75m: 50.76 18.56	175m: 2:08.78 18.97	275m: 3:29.28 20.90	375m: 4:44.32 17.57		
100m: 1:10.64 19.88	200m: 2:27.36 18.58	300m: 3:50.75 21.47	400m: 5:01.47 17.15		
19. BOHORQUEZ CALERO Andrea Mei	ESP	04	C.N. Mairena Aljarafe	5:02.89	600
25m: 14.48 14.48	125m: 1:27.28 19.58	225m: 2:45.67 21.89	325m: 4:10.21 18.33		
50m: 31.45 16.97	150m: 1:45.85 18.57	250m: 3:07.32 21.65	350m: 4:27.72 17.51		
75m: 49.60 18.15	175m: 2:05.12 19.27	275m: 3:29.91 22.59	375m: 4:45.66 17.94		
100m: 1:07.70 18.10	200m: 2:23.78 18.66	300m: 3:51.88 21.97	400m: 5:02.89 17.23		
20. ZORNOZA QUIROS Clara	ESP	11	R.G.C. Covadonga	5:05.15	586
25m: 14.61 14.61	125m: 1:30.20 19.68	225m: 2:49.28 21.30	325m: 4:13.47 17.79		
50m: 32.76 18.15	150m: 1:49.55 19.35	250m: 3:11.53 22.25	350m: 4:31.13 17.66		
75m: 50.89 18.13	175m: 2:08.61 19.06	275m: 3:33.14 21.61	375m: 4:48.37 17.24		
100m: 1:10.52 19.63	200m: 2:27.98 19.37	300m: 3:55.68 22.54	400m: 5:05.15 16.78		
21. FRANCO TOLEDO Maria	ESP	09	C.D. Nados Castellon	5:05.30	585
25m: 14.38 14.38	125m: 1:29.55 19.86	225m: 2:48.30 21.92	325m: 4:13.45 17.03		
50m: 32.30 17.92	150m: 1:48.98 19.43	250m: 3:11.22 22.92	350m: 4:31.13 17.68		
75m: 50.47 18.17	175m: 2:07.37 18.39	275m: 3:33.31 22.09	375m: 4:48.42 17.29		
100m: 1:09.69 19.22	200m: 2:26.38 19.01	300m: 3:56.42 23.11	400m: 5:05.30 16.88		
22. DE LA CALLE IBAÑEZ Isabel	ESP	09	Real Canoe N.C.	5:05.35	585
25m: 15.40 15.40	125m: 1:34.63 21.44	225m: 2:54.65 20.22	325m: 4:14.17 17.66		
50m: 34.13 18.73	150m: 1:54.76 20.13	250m: 3:15.05 20.40	350m: 4:31.36 17.19		
75m: 53.60 19.47	175m: 2:14.89 20.13	275m: 3:35.74 20.69	375m: 4:48.50 17.14		
100m: 1:13.19 19.59	200m: 2:34.43 19.54	300m: 3:56.51 20.77	400m: 5:05.35 16.85		
Baja SANCHEZ SANCHEZ Angela	ESP	05	C.N. Mairena Aljarafe		

Piscina 25 m. / Crono Electrónico

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