Prueba 20 | Masc., 400m Estilos | Open
14/11/2026 - 10:00 | Resultados Prelim

Récord España	4:01.58	GONZALEZ DE OLIVEIRA HUGO		Sabadell	20/12/2025
Récord Campeonato	4:04.83	MIRA ALBALADEJO Diego	ESP	Barcelona	13/11/2025
Mínima Mundial Pekín	4:04.24				

Puntos: AQUA 2026

Clasificación		AN			RT	Tiempo	WA
1.	MIRA ALBALADEJO Diego	01	ESP	C.N. Sabadell	+0,66	**4:16.53**	766

25m:	11.93	11.93	125m:	1:14.01	16.58	225m:	2:19.68	17.47	325m:	3:31.11	15.79
50m:	27.02	15.09	150m:	1:30.41	16.40	250m:	2:37.92	18.24	350m:	3:46.58	15.47
75m:	42.01	14.99	175m:	1:46.48	16.07	275m:	2:56.21	18.29	375m:	4:01.92	15.34
100m:	57.43	15.42	200m:	2:02.21	15.73	300m:	3:15.32	19.11	400m:	4:16.53	14.61

2.	MORALES CEBEY Hector	02	ESP	C.N. Terrassa	+0,67	**4:22.18**	718

25m:	12.36	12.36	125m:	1:16.07	17.33	225m:	2:24.60	18.08	325m:	3:37.11	16.40
50m:	27.37	15.01	150m:	1:33.13	17.06	250m:	2:43.15	18.55	350m:	3:52.54	15.43
75m:	42.85	15.48	175m:	1:49.90	16.77	275m:	3:01.72	18.57	375m:	4:07.33	14.79
100m:	58.74	15.89	200m:	2:06.52	16.62	300m:	3:20.71	18.99	400m:	4:22.18	14.85

3.	MARTIN BURGUILLO Marcos	02	ESP	Real Canoe N.C.	+0,69	**4:23.68**	706

25m:	12.42	12.42	125m:	1:16.93	17.16	225m:	2:24.48	18.51	325m:	3:37.13	15.69
50m:	27.71	15.29	150m:	1:33.37	16.44	250m:	2:43.58	19.10	350m:	3:53.00	15.87
75m:	43.35	15.64	175m:	1:49.85	16.48	275m:	3:02.05	18.47	375m:	4:08.65	15.65
100m:	59.77	16.42	200m:	2:05.97	16.12	300m:	3:21.44	19.39	400m:	4:23.68	15.03

4.	ECHEVARRIA POLO Marcos	00	ESP	C.N. Helios	+0,68	**4:23.72**	705

25m:	12.71	12.71	125m:	1:17.07	16.89	225m:	2:26.19	18.60	325m:	3:39.00	15.50
50m:	28.12	15.41	150m:	1:33.71	16.64	250m:	2:44.98	18.79	350m:	3:53.96	14.96
75m:	43.80	15.68	175m:	1:50.62	16.91	275m:	3:04.08	19.10	375m:	4:09.01	15.05
100m:	1:00.18	16.38	200m:	2:07.59	16.97	300m:	3:23.50	19.42	400m:	4:23.72	14.71

5.	RODRIGUEZ RAMIREZ Jose Enrique	09	ESP	Real Canoe N.C.	+0,80	**4:23.90**	704

25m:	13.61	13.61	125m:	1:20.55	17.79	225m:	2:30.00	17.63	325m:	3:40.12	15.80
50m:	29.66	16.05	150m:	1:38.08	17.53	250m:	2:48.06	18.06	350m:	3:54.95	14.83
75m:	46.19	16.53	175m:	1:55.36	17.28	275m:	3:06.19	18.13	375m:	4:10.07	15.12
100m:	1:02.76	16.57	200m:	2:12.37	17.01	300m:	3:24.32	18.13	400m:	4:23.90	13.83

6.	CUEN SIBILA Biel	07	AND	C.N. Sant Andreu	+0,65	**4:24.93**	696

25m:	12.27	12.27	125m:	1:16.16	16.77	225m:	2:24.28	20.36	325m:	3:41.21	15.58
50m:	27.90	15.63	150m:	1:32.02	15.86	250m:	2:44.74	20.46	350m:	3:55.96	14.75
75m:	43.36	15.46	175m:	1:48.08	16.06	275m:	3:05.20	20.46	375m:	4:10.60	14.64
100m:	59.39	16.03	200m:	2:03.92	15.84	300m:	3:25.63	20.43	400m:	4:24.93	14.33

7.	GRANADO MARTIN Pablo	04	ESP	C.N.Mairena Aljarafe	+0,64	**4:25.13**	694

25m:	12.28	12.28	125m:	1:17.41	17.96	225m:	2:26.74	18.75	325m:	3:40.39	16.12
50m:	27.45	15.17	150m:	1:34.34	16.93	250m:	2:45.79	19.05	350m:	3:55.52	15.13
75m:	43.26	15.81	175m:	1:51.37	17.03	275m:	3:04.94	19.15	375m:	4:10.62	15.10
100m:	59.45	16.19	200m:	2:07.99	16.62	300m:	3:24.27	19.33	400m:	4:25.13	14.51

8.	PARRA ESTRADE Arnau	07	ESP	C.N. Sabadell	+0,66	**4:25.63**	690

25m:	12.02	12.02	125m:	1:16.53	17.67	225m:	2:26.93	18.93	325m:	3:40.48	15.87
50m:	26.94	14.92	150m:	1:33.44	16.91	250m:	2:45.85	18.92	350m:	3:55.82	15.34
75m:	42.61	15.67	175m:	1:50.82	17.38	275m:	3:04.92	19.07	375m:	4:11.24	15.42
100m:	58.86	16.25	200m:	2:08.00	17.18	300m:	3:24.61	19.69	400m:	4:25.63	14.39

9.	CALERO RODRIGUEZ Saul-Nacxit	06	ESP	C.D. Gredos San Diego	+0,64	**4:25.87**	688

25m:	12.32	12.32	125m:	1:15.87	15.92	225m:	2:24.69	19.23	325m:	3:40.00	16.04
50m:	27.66	15.34	150m:	1:32.38	16.51	250m:	2:44.16	19.47	350m:	3:55.80	15.80
75m:	42.91	15.25	175m:	1:49.00	16.62	275m:	3:03.64	19.48	375m:	4:11.17	15.37
100m:	59.95	17.04	200m:	2:05.46	16.46	300m:	3:23.96	20.32	400m:	4:25.87	14.70

Prueba 20, Masc., 400m Estilos, Prelim, Open

Clasificación		AN			RT	Tiempo	WA
10.	POU FERNANDEZ Marc	01	ESP	C.N. Mataro	+0,66	**4:26.79**	681
	25m: 12.50 12.50	125m: 1:18.20	17.12	225m: 2:28.38	18.37	325m: 3:41.07	15.72
	50m: 28.34 15.84	150m: 1:35.49	17.29	250m: 2:47.35	18.97	350m: 3:56.33	15.26
	75m: 44.30 15.96	175m: 1:52.82	17.33	275m: 3:06.03	18.68	375m: 4:11.71	15.38
	100m: 1:01.08 16.78	200m: 2:10.01	17.19	300m: 3:25.35	19.32	400m: 4:26.79	15.08
11.	VILLEN MORENO Sergio	10	ESP	C.N. Churriana	+0,67	**4:27.10**	679
	25m: 12.42 12.42	125m: 1:17.07	16.86	225m: 2:25.24	18.67	325m: 3:40.09	16.34
	50m: 27.71 15.29	150m: 1:33.50	16.43	250m: 2:44.68	19.44	350m: 3:55.90	15.81
	75m: 43.73 16.02	175m: 1:50.05	16.55	275m: 3:04.08	19.40	375m: 4:11.77	15.87
	100m: 1:00.21 16.48	200m: 2:06.57	16.52	300m: 3:23.75	19.67	400m: 4:27.10	15.33
12.	MARTINEZ ANTUNEZ Guillen	05	ESP	E.M. El Olivar	+0,78	**4:27.14**	679
	25m: 12.78 12.78	125m: 1:18.38	17.33	225m: 2:28.19	18.73	325m: 3:41.67	15.91
	50m: 28.77 15.99	150m: 1:35.45	17.07	250m: 2:46.96	18.77	350m: 3:57.04	15.37
	75m: 44.69 15.92	175m: 1:52.30	16.85	275m: 3:06.01	19.05	375m: 4:12.22	15.18
	100m: 1:01.05 16.36	200m: 2:09.46	17.16	300m: 3:25.76	19.75	400m: 4:27.14	14.92
13.	NIEVAS GARCIA Lucas	07	ESP	Real Canoe N.C.	+0,68	**4:27.70**	674
	25m: 12.73 12.73	125m: 1:19.02	17.96	225m: 2:29.87	19.33	325m: 3:43.92	15.54
	50m: 28.87 16.14	150m: 1:36.24	17.22	250m: 2:49.48	19.61	350m: 3:58.92	15.00
	75m: 44.68 15.81	175m: 1:53.18	16.94	275m: 3:08.61	19.13	375m: 4:13.60	14.68
	100m: 1:01.06 16.38	200m: 2:10.54	17.36	300m: 3:28.38	19.77	400m: 4:27.70	14.10
14.	RAMON CHEKUSHIN Sebastian	05	ESP	Universidad de Granada	+0,64	**4:28.57**	668
	25m: 12.71 12.71	125m: 1:17.01	16.88	225m: 2:26.70	18.90	325m: 3:41.57	16.13
	50m: 28.08 15.37	150m: 1:33.78	16.77	250m: 2:46.03	19.33	350m: 3:57.45	15.88
	75m: 44.04 15.96	175m: 1:50.78	17.00	275m: 3:05.54	19.51	375m: 4:12.98	15.53
	100m: 1:00.13 16.09	200m: 2:07.80	17.02	300m: 3:25.44	19.90	400m: 4:28.57	15.59
15.	VIDAL GARCIA Adrian	09	ESP	C.N. Trencaones Alzira	+0,66	**4:30.49**	654
	25m: 12.19 12.19	125m: 1:17.46	17.43	225m: 2:27.35	19.75	325m: 3:44.63	16.36
	50m: 27.65 15.46	150m: 1:33.98	16.52	250m: 2:47.57	20.22	350m: 4:00.37	15.74
	75m: 43.56 15.91	175m: 1:50.92	16.94	275m: 3:07.74	20.17	375m: 4:15.78	15.41
	100m: 1:00.03 16.47	200m: 2:07.60	16.68	300m: 3:28.27	20.53	400m: 4:30.49	14.71
16.	ROSELLO PEREZ Diego	07	ESP	A.D. Zoiti 89-Jaca	+0,65	**4:30.55**	653
	25m: 12.94 12.94	125m: 1:19.03	17.52	225m: 2:28.94	19.87	325m: 3:44.57	16.17
	50m: 28.72 15.78	150m: 1:35.69	16.66	250m: 2:48.90	19.96	350m: 4:00.20	15.63
	75m: 44.87 16.15	175m: 1:52.48	16.79	275m: 3:08.61	19.71	375m: 4:15.72	15.52
	100m: 1:01.51 16.64	200m: 2:09.07	16.59	300m: 3:28.40	19.79	400m: 4:30.55	14.83
17.	LORENTE MELCON Alejo	06	ESP	E.M. El Olivar	+0,69	**4:31.54**	646
	25m: 13.10 13.10	125m: 1:17.93	17.72	225m: 2:30.02	19.56	325m: 3:44.37	16.26
	50m: 28.43 15.33	150m: 1:35.23	17.30	250m: 2:49.24	19.22	350m: 4:00.54	16.17
	75m: 44.07 15.64	175m: 1:52.93	17.70	275m: 3:08.54	19.30	375m: 4:16.45	15.91
	100m: 1:00.21 16.14	200m: 2:10.46	17.53	300m: 3:28.11	19.57	400m: 4:31.54	15.09
18.	MUÑOZ JUBERA Alvaro	10	ESP	C.N. Las Norias	+0,73	**4:31.87**	644
	25m: 13.29 13.29	125m: 1:21.99	18.58	225m: 2:32.64	18.99	325m: 3:45.45	15.81
	50m: 29.77 16.48	150m: 1:39.39	17.40	250m: 2:51.26	18.62	350m: 4:00.59	15.14
	75m: 46.15 16.38	175m: 1:56.84	17.45	275m: 3:10.37	19.11	375m: 4:16.53	15.94
	100m: 1:03.41 17.26	200m: 2:13.65	16.81	300m: 3:29.64	19.27	400m: 4:31.87	15.34
19.	ROJAS CORPAS Sergio	09	ESP	Navial	+0,59	**4:33.71**	631
	25m: 11.66 11.66	125m: 1:15.40	17.24	225m: 2:26.83	19.13	325m: 3:44.58	16.32
	50m: 26.99 15.33	150m: 1:32.49	17.09	250m: 2:47.21	20.38	350m: 4:00.84	16.26
	75m: 42.12 15.13	175m: 1:50.19	17.70	275m: 3:07.56	20.35	375m: 4:17.49	16.65
	100m: 58.16 16.04	200m: 2:07.70	17.51	300m: 3:28.26	20.70	400m: 4:33.71	16.22

Prueba 20, Masc., 400m Estilos, Prelim, Open

Clasificación			AN				RT	Tiempo	WA
20.	LUCAS ESTEBAN Samuel		09	ESP	C.D. Gredos San Diego		+0,63	**4:33.77**	630
	25m: 12.15	12.15	125m: 1:17.77	17.92	225m: 2:28.89	18.84	325m: 3:45.01	16.89	
	50m: 27.50	15.35	150m: 1:35.15	17.38	250m: 2:48.14	19.25	350m: 4:01.40	16.39	
	75m: 43.46	15.96	175m: 1:52.89	17.74	275m: 3:07.80	19.66	375m: 4:18.03	16.63	
	100m: 59.85	16.39	200m: 2:10.05	17.16	300m: 3:28.12	20.32	400m: 4:33.77	15.74	
21.	CANDELA PATIÑO Pablo		09	ESP	C.N. Villena Alto Vinalopo		+0,72	**4:34.18**	628
	25m: 13.06	13.06	125m: 1:19.81	18.87	225m: 2:33.10	19.18	325m: 3:48.82	16.43	
	50m: 27.99	14.93	150m: 1:37.66	17.85	250m: 2:52.84	19.74	350m: 4:04.75	15.93	
	75m: 44.61	16.62	175m: 1:55.88	18.22	275m: 3:12.48	19.64	375m: 4:19.92	15.17	
	100m: 1:00.94	16.33	200m: 2:13.92	18.04	300m: 3:32.39	19.91	400m: 4:34.18	14.26	
22.	ORDAZ CRUZ Pau		06	ESP	Cst-Cst Costa Azahar		+0,71	**4:34.41**	626
	25m: 13.21	13.21	125m: 1:22.12	17.90	225m: 2:34.87	19.48	325m: 3:49.27	16.38	
	50m: 30.14	16.93	150m: 1:39.97	17.85	250m: 2:54.46	19.59	350m: 4:04.71	15.44	
	75m: 46.93	16.79	175m: 1:57.43	17.46	275m: 3:13.26	18.80	375m: 4:20.04	15.33	
	100m: 1:04.22	17.29	200m: 2:15.39	17.96	300m: 3:32.89	19.63	400m: 4:34.41	14.37	
23.	GASOL GUTIERREZ Biel		08	ESP	Maestro Canet C.N. Granollers		+0,73	**4:34.83**	623
	25m: 13.14	13.14	125m: 1:20.40	18.31	225m: 2:33.07	19.83	325m: 3:50.12	15.91	
	50m: 29.10	15.96	150m: 1:38.04	17.64	250m: 2:53.60	20.53	350m: 4:05.17	15.05	
	75m: 44.92	15.82	175m: 1:55.85	17.81	275m: 3:13.70	20.10	375m: 4:20.12	14.95	
	100m: 1:02.09	17.17	200m: 2:13.24	17.39	300m: 3:34.21	20.51	400m: 4:34.83	14.71	
24.	GOMEZ GARRIDO Ariel		09	ESP	C.N. Logroño		+0,76	**4:35.00**	622
	25m: 13.13	13.13	125m: 1:22.10	19.11	225m: 2:34.55	18.38	325m: 3:48.78	16.19	
	50m: 29.04	15.91	150m: 1:40.48	18.38	250m: 2:53.69	19.14	350m: 4:04.17	15.39	
	75m: 45.62	16.58	175m: 1:58.50	18.02	275m: 3:12.48	18.79	375m: 4:19.66	15.49	
	100m: 1:02.99	17.37	200m: 2:16.17	17.67	300m: 3:32.59	20.11	400m: 4:35.00	15.34	
25.	VIAULT MERCADO Pablo		09	ESP	E.M. El Olivar		+0,70	**4:36.26**	614
	25m: 12.91	12.91	125m: 1:20.99	18.11	225m: 2:33.35	19.88	325m: 3:49.45	16.48	
	50m: 28.95	16.04	150m: 1:38.50	17.51	250m: 2:53.36	20.01	350m: 4:05.41	15.96	
	75m: 45.59	16.64	175m: 1:55.96	17.46	275m: 3:12.79	19.43	375m: 4:21.28	15.87	
	100m: 1:02.88	17.29	200m: 2:13.47	17.51	300m: 3:32.97	20.18	400m: 4:36.26	14.98	
26.	SANCHEZ CUADRADO Miguel		11	ESP	C.D. El Valle		+0,63	**4:36.78**	610
	25m: 12.66	12.66	125m: 1:21.75	17.80	225m: 2:34.16	20.04	325m: 3:50.25	15.74	
	50m: 29.26	16.60	150m: 1:39.20	17.45	250m: 2:54.08	19.92	350m: 4:05.91	15.66	
	75m: 46.29	17.03	175m: 1:56.68	17.48	275m: 3:13.84	19.76	375m: 4:21.46	15.55	
	100m: 1:03.95	17.66	200m: 2:14.12	17.44	300m: 3:34.51	20.67	400m: 4:36.78	15.32	
27.	ROLDAN CABEZA Fernando		09	ESP	C.N. Alcala		+0,64	**4:36.79**	610
	25m: 12.00	12.00	125m: 1:18.40	18.79	225m: 2:31.96	20.41	325m: 3:49.37	15.78	
	50m: 26.97	14.97	150m: 1:35.94	17.54	250m: 2:52.18	20.22	350m: 4:05.05	15.68	
	75m: 43.10	16.13	175m: 1:53.81	17.87	275m: 3:13.15	20.97	375m: 4:21.19	16.14	
	100m: 59.61	16.51	200m: 2:11.55	17.74	300m: 3:33.59	20.44	400m: 4:36.79	15.60	
28.	PEREZ FERNANDEZ Brais		07	ESP	C.N. Portamiña Lugo		+0,72	**4:36.87**	609
	25m: 12.53	12.53	125m: 1:17.00	17.88	225m: 2:28.86	19.86	325m: 3:48.02	16.93	
	50m: 27.77	15.24	150m: 1:34.46	17.46	250m: 2:49.42	20.56	350m: 4:04.32	16.30	
	75m: 43.17	15.40	175m: 1:51.71	17.25	275m: 3:09.99	20.57	375m: 4:20.90	16.58	
	100m: 59.12	15.95	200m: 2:09.00	17.29	300m: 3:31.09	21.10	400m: 4:36.87	15.97	
	TREVILLA IGLESIAS Eder		00	ESP	C.N. Santurtzi		+0,60	**4:36.87**	609
	25m: 12.60	12.60	125m: 1:17.84	17.02	225m: 2:31.21	19.90	325m: 3:48.63	16.67	
	50m: 27.85	15.25	150m: 1:35.72	17.88	250m: 2:51.48	20.27	350m: 4:05.06	16.43	
	75m: 43.51	15.66	175m: 1:53.15	17.43	275m: 3:11.00	19.52	375m: 4:21.12	16.06	
	100m: 1:00.82	17.31	200m: 2:11.31	18.16	300m: 3:31.96	20.96	400m: 4:36.87	15.75	

Prueba 20, Masc., 400m Estilos, Prelim, Open

Clasificación		AN			RT	Tiempo	WA
30.	CHAVARRIA MITJAVILA Joan	05	ESP	C.N. Delfin	+0,73	**4:37.57**	605

25m:	13.17	13.17	125m:	1:21.32	19.07	225m:	2:36.40	19.56	325m:	3:52.42	15.70
50m:	29.03	15.86	150m:	1:39.70	18.38	250m:	2:56.72	20.32	350m:	4:07.73	15.31
75m:	45.26	16.23	175m:	1:58.53	18.83	275m:	3:16.06	19.34	375m:	4:22.66	14.93
100m:	1:02.25	16.99	200m:	2:16.84	18.31	300m:	3:36.72	20.66	400m:	4:37.57	14.91

31.	HERNANDEZ LUQUERO Marco	11	ESP	C.D. El Valle	+0,65	**4:42.43**	574				
25m:	13.48	13.48	125m:	1:23.34	18.55	225m:	2:36.45	19.15	325m:	3:53.85	17.32
50m:	29.59	16.11	150m:	1:41.34	18.00	250m:	2:56.51	20.06	350m:	4:10.08	16.23
75m:	47.01	17.42	175m:	1:59.40	18.06	275m:	3:16.28	19.77	375m:	4:26.60	16.52
100m:	1:04.79	17.78	200m:	2:17.30	17.90	300m:	3:36.53	20.25	400m:	4:42.43	15.83

Baja	RIVAS ESCOBOSA Marcos	04	ESP	C.D. Gredos San Diego
Baja	MARTINEZ NOVOA Miguel	00	ESP	C.N. Sabadell
Baja	FERRET COLOMER Pol	04	ESP	C.N. Vilafranca