Event 3 | Men, 400m Freestyle | Open
12/11/2026 - 18:12 | Results Finals

Récord España	3:40.52	RIVERA MIRANDA MARCO		ESTAMBUL (TUR)	10/12/2009
Récord Campeonato	3:42.12	WIFFEN Nathan	NCD	Madrid	12/11/2026
Mínima Mundial Pekín	3:39.14				

Points: AQUA 2026

Rank		YB		RT	Time	WA

Final A

1. WIFFEN Daniel — 01 — IRE — National Centre Dublin — +0,70 — **3:41.16** — 883
Récord Campeonato

25m:	12.22	12.22	125m:	1:07.54	13.98	225m:	2:03.94	14.21	325m:	3:00.49	13.92
50m:	25.85	13.63	150m:	1:21.64	14.10	250m:	2:18.16	14.22	350m:	3:14.35	13.86
75m:	39.59	13.74	175m:	1:35.61	13.97	275m:	2:32.38	14.22	375m:	3:28.07	13.72
100m:	53.56	13.97	200m:	1:49.73	14.12	300m:	2:46.57	14.19	400m:	3:41.16	13.09

2. GARACH BENITO Carlos — 04 — ESP — C.N.Mairena Aljarafe — +0,65 — **3:41.32** — 882

25m:	12.17	12.17	125m:	1:07.55	13.90	225m:	2:03.90	14.10	325m:	3:00.81	14.06
50m:	25.96	13.79	150m:	1:21.85	14.30	250m:	2:18.20	14.30	350m:	3:14.83	14.02
75m:	39.61	13.65	175m:	1:35.74	13.89	275m:	2:32.41	14.21	375m:	3:28.38	13.55
100m:	53.65	14.04	200m:	1:49.80	14.06	300m:	2:46.75	14.34	400m:	3:41.32	12.94

3. HERNANDEZ GARCIA Alberto — 03 — ESP — C.N. Sant Andreu — +0,64 — **3:44.07** — 849

25m:	11.93	11.93	125m:	1:08.03	14.08	225m:	2:05.01	14.05	325m:	3:02.00	14.05
50m:	25.80	13.87	150m:	1:22.38	14.35	250m:	2:19.39	14.38	350m:	3:16.22	14.22
75m:	39.74	13.94	175m:	1:36.47	14.09	275m:	2:33.57	14.18	375m:	3:30.25	14.03
100m:	53.95	14.21	200m:	1:50.96	14.49	300m:	2:47.95	14.38	400m:	3:44.07	13.82

4. NEVADO RUIZ Pablo — 06 — ESP — C.N. Sabadell — +0,69 — **3:46.74** — 820

25m:	12.35	12.35	125m:	1:08.08	14.08	225m:	2:05.58	14.44	325m:	3:03.65	14.33
50m:	26.11	13.76	150m:	1:22.37	14.29	250m:	2:20.08	14.50	350m:	3:18.30	14.65
75m:	39.93	13.82	175m:	1:36.64	14.27	275m:	2:34.56	14.48	375m:	3:32.81	14.51
100m:	54.00	14.07	200m:	1:51.14	14.50	300m:	2:49.32	14.76	400m:	3:46.74	13.93

5. JULIA TOUS Ferran — 00 — ESP — C.N. Sabadell — +0,67 — **3:46.92** — 818

25m:	11.94	11.94	125m:	1:06.68	13.76	225m:	2:03.85	14.41	325m:	3:03.61	14.88
50m:	25.49	13.55	150m:	1:20.84	14.16	250m:	2:18.75	14.90	350m:	3:18.90	15.29
75m:	39.08	13.59	175m:	1:34.96	14.12	275m:	2:33.57	14.82	375m:	3:33.12	14.22
100m:	52.92	13.84	200m:	1:49.44	14.48	300m:	2:48.73	15.16	400m:	3:46.92	13.80

6. MENDEZ PUGA Mario — 03 — ESP — C.N. Santa Olaya — +0,67 — **3:47.38** — 813

25m:	12.59	12.59	125m:	1:09.61	14.39	225m:	2:07.15	14.50	325m:	3:05.36	14.50
50m:	26.66	14.07	150m:	1:23.80	14.19	250m:	2:21.54	14.39	350m:	3:19.74	14.38
75m:	40.96	14.30	175m:	1:38.32	14.52	275m:	2:36.27	14.73	375m:	3:33.87	14.13
100m:	55.22	14.26	200m:	1:52.65	14.33	300m:	2:50.86	14.59	400m:	3:47.38	13.51

7. GONZALEZ RODERO Alonso — 03 — ESP — Real Canoe N.C. — +0,76 — **3:48.64** — 799

25m:	12.62	12.62	125m:	1:09.19	14.23	225m:	2:07.10	14.51	325m:	3:05.61	14.64
50m:	26.61	13.99	150m:	1:23.60	14.41	250m:	2:21.68	14.58	350m:	3:20.22	14.61
75m:	40.71	14.10	175m:	1:37.99	14.39	275m:	2:36.23	14.55	375m:	3:34.61	14.39
100m:	54.96	14.25	200m:	1:52.59	14.60	300m:	2:50.97	14.74	400m:	3:48.64	14.03

8. QUIJADA ROLDAN Carlos — 01 — ESP — Real Canoe N.C. — +0,69 — **3:49.06** — 795

25m:	12.39	12.39	125m:	1:08.74	14.16	225m:	2:06.53	14.59	325m:	3:05.42	14.68
50m:	26.29	13.90	150m:	1:23.08	14.34	250m:	2:21.23	14.70	350m:	3:20.13	14.71
75m:	40.37	14.08	175m:	1:37.35	14.27	275m:	2:35.97	14.74	375m:	3:34.93	14.80
100m:	54.58	14.21	200m:	1:51.94	14.59	300m:	2:50.74	14.77	400m:	3:49.06	14.13

Event 3, Men, 400m Freestyle, Final, Open

Rank		YB			RT	Time	WA
Final B							
9.	GONZALEZ DE OLIVEIRA Hugo	99	ESP	C.N. Terrassa	+0,66	**3:47.08**	816
	25m: 11.56 11.56 125m: 1:07.24 14.22 225m: 2:05.09 14.35 325m: 3:03.78 14.73						
	50m: 25.00 13.44 150m: 1:21.82 14.58 250m: 2:19.81 14.72 350m: 3:18.75 14.97						
	75m: 38.72 13.72 175m: 1:36.15 14.33 275m: 2:34.22 14.41 375m: 3:33.04 14.29						
	100m: 53.02 14.30 200m: 1:50.74 14.59 300m: 2:49.05 14.83 400m: 3:47.08 14.04						
10.	VARGAS TRUJILLO Cristobal	07	ESP	C.N. Dos Hermanas	+0,68	**3:47.19**	815
	25m: 12.37 12.37 125m: 1:08.67 14.27 225m: 2:06.38 14.37 325m: 3:03.98 14.52						
	50m: 26.23 13.86 150m: 1:23.14 14.47 250m: 2:20.86 14.48 350m: 3:18.69 14.71						
	75m: 40.10 13.87 175m: 1:37.66 14.52 275m: 2:35.04 14.18 375m: 3:33.38 14.69						
	100m: 54.40 14.30 200m: 1:52.01 14.35 300m: 2:49.46 14.42 400m: 3:47.19 13.81						
11.	GARCIA CASTRO Mateo	05	ESP	C.N. Arteixo	+0,75	**3:49.32**	792
	25m: 12.53 12.53 125m: 1:09.83 14.47 225m: 2:07.71 14.28 325m: 3:06.20 14.59						
	50m: 26.53 14.00 150m: 1:24.46 14.63 250m: 2:22.45 14.74 350m: 3:20.84 14.64						
	75m: 40.66 14.13 175m: 1:38.76 14.30 275m: 2:36.94 14.49 375m: 3:35.47 14.63						
	100m: 55.36 14.70 200m: 1:53.43 14.67 300m: 2:51.61 14.67 400m: 3:49.32 13.85						
12.	ROCH VACCARO Oliver	08	ESP	C.N. Terrassa	+0,69	**3:49.57**	790
	25m: 11.96 11.96 125m: 1:08.60 14.10 225m: 2:06.14 14.09 325m: 3:04.94 15.07						
	50m: 26.06 14.10 150m: 1:23.29 14.69 250m: 2:20.76 14.62 350m: 3:20.50 15.56						
	75m: 40.28 14.22 175m: 1:37.50 14.21 275m: 2:35.24 14.48 375m: 3:35.38 14.88						
	100m: 54.50 14.22 200m: 1:52.05 14.55 300m: 2:49.87 14.63 400m: 3:49.57 14.19						
	SANCHEZ GONZALEZ Marcos	04	ESP	C.N. Sabadell	+0,69	**3:49.57**	790
	25m: 12.30 12.30 125m: 1:09.08 14.56 225m: 2:07.58 14.65 325m: 3:06.54 14.61						
	50m: 26.13 13.83 150m: 1:23.67 14.59 250m: 2:22.27 14.69 350m: 3:21.11 14.57						
	75m: 40.18 14.05 175m: 1:38.27 14.60 275m: 2:37.20 14.93 375m: 3:35.71 14.60						
	100m: 54.52 14.34 200m: 1:52.93 14.66 300m: 2:51.93 14.73 400m: 3:49.57 13.86						
14.	CUEN SIBILA Biel	07	AND	C.N. Sant Andreu	+0,67	**3:49.79**	788
	25m: 12.47 12.47 125m: 1:10.08 14.41 225m: 2:08.46 14.39 325m: 3:07.03 14.56						
	50m: 26.80 14.33 150m: 1:24.82 14.74 250m: 2:23.24 14.78 350m: 3:21.79 14.76						
	75m: 41.10 14.30 175m: 1:39.35 14.53 275m: 2:37.59 14.35 375m: 3:36.06 14.27						
	100m: 55.67 14.57 200m: 1:54.07 14.72 300m: 2:52.47 14.88 400m: 3:49.79 13.73						
15.	PUEBLA MARTINEZ Alejandro	02	ESP	C.N.Cartagonova Cartagena	+0,69	**3:50.64**	779
	25m: 12.27 12.27 125m: 1:10.11 14.49 225m: 2:08.56 14.50 325m: 3:07.27 14.56						
	50m: 26.57 14.30 150m: 1:24.77 14.66 250m: 2:23.22 14.66 350m: 3:21.97 14.70						
	75m: 40.99 14.42 175m: 1:39.38 14.61 275m: 2:37.87 14.65 375m: 3:36.48 14.51						
	100m: 55.62 14.63 200m: 1:54.06 14.68 300m: 2:52.71 14.84 400m: 3:50.64 14.16						
16.	RAMIA VIVES Guillem	02	ESP	C.N. Terrassa	+0,63	**3:51.97**	766
	25m: 11.88 11.88 125m: 1:08.51 14.34 225m: 2:07.22 14.69 325m: 3:07.27 14.91						
	50m: 25.73 13.85 150m: 1:23.22 14.71 250m: 2:22.18 14.96 350m: 3:22.23 14.96						
	75m: 39.82 14.09 175m: 1:37.71 14.49 275m: 2:37.08 14.90 375m: 3:37.18 14.95						
	100m: 54.17 14.35 200m: 1:52.53 14.82 300m: 2:52.36 15.28 400m: 3:51.97 14.79						
17.	PARRA ESTRADE Arnau	07	ESP	C.N. Sabadell	+0,69	**3:53.19**	754
	25m: 12.19 12.19 125m: 1:09.08 14.40 225m: 2:07.96 14.88 325m: 3:08.37 15.07						
	50m: 25.89 13.70 150m: 1:23.62 14.54 250m: 2:23.02 15.06 350m: 3:23.76 15.39						
	75m: 40.19 14.30 175m: 1:38.33 14.71 275m: 2:38.01 14.99 375m: 3:38.54 14.78						
	100m: 54.68 14.49 200m: 1:53.08 14.75 300m: 2:53.30 15.29 400m: 3:53.19 14.65						
18.	NIEVAS GARCIA Lucas	07	ESP	Real Canoe N.C.	+0,69	**3:56.34**	724
	25m: 12.56 12.56 125m: 1:11.00 14.81 225m: 2:11.31 14.91 325m: 3:12.02 15.13						
	50m: 26.80 14.24 150m: 1:26.14 15.14 250m: 2:26.44 15.13 350m: 3:27.31 15.29						
	75m: 41.28 14.48 175m: 1:41.03 14.89 275m: 2:41.54 15.10 375m: 3:42.04 14.73						
	100m: 56.19 14.91 200m: 1:56.40 15.37 300m: 2:56.89 15.35 400m: 3:56.34 14.30						