Event 4 | Women, 400m Freestyle | Open
12/11/2026 - 18:25 | Results Finals

Récord España	3:54.52	BELMONTE GARCIA MIREIA	BERLIN (GER)	11/08/2013
Récord Campeonato	3:55.36	BELMONTE GARCÍA Mireia	SABADELL	13/12/2014
Mínima Mundial Pekín	4:02.03			

Points: AQUA 2026

Rank		YB		RT	Time	WA

Final A

1. CAMPABADAL AMEZCUA Ainhoa 03 ESP C.N. Sant Andreu +0,69 **4:06.87** 811

25m:	13.32	13.32	125m:	1:13.98	15.32	225m:	2:16.23	15.62	325m:	3:18.85	15.67
50m:	28.45	15.13	150m:	1:29.41	15.43	250m:	2:31.84	15.61	350m:	3:34.92	16.07
75m:	43.42	14.97	175m:	1:44.87	15.46	275m:	2:47.37	15.53	375m:	3:51.14	16.22
100m:	58.66	15.24	200m:	2:00.61	15.74	300m:	3:03.18	15.81	400m:	4:06.87	15.73

2. CARRON MUINA Carla 05 ESP C.N. Sant Andreu +0,73 **4:08.74** 793

25m:	13.45	13.45	125m:	1:14.36	15.42	225m:	2:17.03	15.66	325m:	3:20.24	15.89
50m:	28.44	14.99	150m:	1:29.94	15.58	250m:	2:32.92	15.89	350m:	3:36.40	16.16
75m:	43.53	15.09	175m:	1:45.59	15.65	275m:	2:48.40	15.48	375m:	3:52.56	16.16
100m:	58.94	15.41	200m:	2:01.37	15.78	300m:	3:04.35	15.95	400m:	4:08.74	16.18

3. SAN MARTIN IGLESIAS Carlota 07 ESP C.N. Sabadell +0,70 **4:09.65** 784

25m:	13.76	13.76	125m:	1:15.79	15.54	225m:	2:18.87	15.73	325m:	3:22.73	15.84
50m:	29.09	15.33	150m:	1:31.59	15.80	250m:	2:34.92	16.05	350m:	3:38.84	16.11
75m:	44.53	15.44	175m:	1:47.23	15.64	275m:	2:50.77	15.85	375m:	3:54.49	15.65
100m:	1:00.25	15.72	200m:	2:03.14	15.91	300m:	3:06.89	16.12	400m:	4:09.65	15.16

4. YEGRES COTTIN Maria Victoria 05 VEN C.N. Barcelona +0,70 **4:11.35** 768

25m:	13.60	13.60	125m:	1:15.45	15.61	225m:	2:19.47	16.02	325m:	3:24.06	16.02
50m:	28.76	15.16	150m:	1:31.43	15.98	250m:	2:35.73	16.26	350m:	3:40.06	16.00
75m:	44.10	15.34	175m:	1:47.34	15.91	275m:	2:51.78	16.05	375m:	3:56.06	16.00
100m:	59.84	15.74	200m:	2:03.45	16.11	300m:	3:08.04	16.26	400m:	4:11.35	15.29

5. MUNOZ ARMENGOU Julia 07 ESP C.N. Sant Andreu +0,71 **4:12.17** 761

25m:	13.44	13.44	125m:	1:14.85	15.59	225m:	2:18.41	15.80	325m:	3:23.22	16.24
50m:	28.40	14.96	150m:	1:30.74	15.89	250m:	2:34.49	16.08	350m:	3:39.70	16.48
75m:	43.70	15.30	175m:	1:46.57	15.83	275m:	2:50.66	16.17	375m:	3:56.10	16.40
100m:	59.26	15.56	200m:	2:02.61	16.04	300m:	3:06.98	16.32	400m:	4:12.17	16.07

6. CARMONA VILLAPLANA Marta 05 ESP C.N. Barcelona +0,70 **4:13.17** 752

25m:	14.10	14.10	125m:	1:16.75	15.72	225m:	2:20.02	15.82	325m:	3:24.38	16.33
50m:	29.60	15.50	150m:	1:32.64	15.89	250m:	2:35.91	15.89	350m:	3:40.97	16.59
75m:	45.22	15.62	175m:	1:48.36	15.72	275m:	2:51.87	15.96	375m:	3:57.37	16.40
100m:	1:01.03	15.81	200m:	2:04.20	15.84	300m:	3:08.05	16.18	400m:	4:13.17	15.80

7. OTERO FERNANDEZ Paula 04 ESP C.N. Santa Olaya +0,78 **4:15.32** 733

25m:	13.98	13.98	125m:	1:16.53	15.97	225m:	2:21.25	16.24	325m:	3:26.69	16.40
50m:	29.20	15.22	150m:	1:32.61	16.08	250m:	2:37.55	16.30	350m:	3:43.02	16.33
75m:	44.74	15.54	175m:	1:48.70	16.09	275m:	2:53.91	16.36	375m:	3:59.43	16.41
100m:	1:00.56	15.82	200m:	2:05.01	16.31	300m:	3:10.29	16.38	400m:	4:15.32	15.89

8. HERRERO LAZARO Alba 02 ESP C.N. Terrassa +0,67 **4:16.65** 722

25m:	13.38	13.38	125m:	1:15.07	15.65	225m:	2:19.90	16.25	325m:	3:26.31	16.56
50m:	28.54	15.16	150m:	1:31.23	16.16	250m:	2:36.51	16.61	350m:	3:43.23	16.92
75m:	43.76	15.22	175m:	1:47.32	16.09	275m:	2:52.90	16.39	375m:	3:59.96	16.73
100m:	59.42	15.66	200m:	2:03.65	16.33	300m:	3:09.75	16.85	400m:	4:16.65	16.69

Event 4, Women, 400m Freestyle, Final, Open

Rank		YB			RT	Time	WA
Final B							
9.	MUNOZ GONZALEZ Natalia	08	ESP	C.N. Sabadell	+0,79	**4:12.81**	755
	25m: 13.64 13.64 125m: 1:15.77 15.81 225m: 2:18.97 15.89 325m: 3:24.19 16.46						
	50m: 28.67 15.03 150m: 1:31.57 15.80 250m: 2:35.13 16.16 350m: 3:40.97 16.78						
	75m: 44.25 15.58 175m: 1:47.26 15.69 275m: 2:51.34 16.21 375m: 3:57.14 16.17						
	100m: 59.96 15.71 200m: 2:03.08 15.82 300m: 3:07.73 16.39 400m: 4:12.81 15.67						
10.	MELGOSA URUENA Ma Dolores	11	ESP	Real Canoe N.C.	+0,65	**4:14.42**	741
	25m: 13.69 13.69 125m: 1:15.70 15.88 225m: 2:19.75 16.12 325m: 3:25.64 16.53						
	50m: 28.71 15.02 150m: 1:31.62 15.92 250m: 2:36.18 16.43 350m: 3:42.25 16.61						
	75m: 44.21 15.50 175m: 1:47.55 15.93 275m: 2:52.49 16.31 375m: 3:58.67 16.42						
	100m: 59.82 15.61 200m: 2:03.63 16.08 300m: 3:09.11 16.62 400m: 4:14.42 15.75						
11.	MARTINEZ DE SALINAS PENA Clara	07	ESP	C.E. Mediterrani	+0,74	**4:15.56**	731
	25m: 14.12 14.12 125m: 1:16.86 15.86 225m: 2:22.38 16.56 325m: 3:27.79 16.33						
	50m: 29.57 15.45 150m: 1:33.19 16.33 250m: 2:38.89 16.51 350m: 3:44.38 16.59						
	75m: 45.25 15.68 175m: 1:49.33 16.14 275m: 2:55.18 16.29 375m: 4:00.02 15.64						
	100m: 1:01.00 15.75 200m: 2:05.82 16.49 300m: 3:11.46 16.28 400m: 4:15.56 15.54						
12.	RUBIO VILLORIA Alba	09	ESP	C.N. Marina-Cartagena	+0,82	**4:15.74**	729
	25m: 14.29 14.29 125m: 1:17.49 16.08 225m: 2:22.74 16.39 325m: 3:27.77 16.27						
	50m: 29.66 15.37 150m: 1:33.79 16.30 250m: 2:38.93 16.19 350m: 3:44.02 16.25						
	75m: 45.44 15.78 175m: 1:50.05 16.26 275m: 2:55.21 16.28 375m: 4:00.16 16.14						
	100m: 1:01.41 15.97 200m: 2:06.35 16.30 300m: 3:11.50 16.29 400m: 4:15.74 15.58						
13.	MALO MORENO Ariadna	08	ESP	Getxo Igeriketa Bolue K.E.	+0,74	**4:17.11**	718
	25m: 13.83 13.83 125m: 1:16.55 16.00 225m: 2:21.81 16.35 325m: 3:28.25 16.62						
	50m: 29.08 15.25 150m: 1:32.86 16.31 250m: 2:38.38 16.57 350m: 3:44.88 16.63						
	75m: 44.68 15.60 175m: 1:49.01 16.15 275m: 2:54.97 16.59 375m: 4:01.16 16.28						
	100m: 1:00.55 15.87 200m: 2:05.46 16.45 300m: 3:11.63 16.66 400m: 4:17.11 15.95						
14.	MARTINEZ NAVARRO Aurora	10	ESP	Universidad de Granada	+0,76	**4:17.72**	713
	25m: 13.80 13.80 125m: 1:16.98 16.03 225m: 2:22.68 16.22 325m: 3:28.68 16.30						
	50m: 29.36 15.56 150m: 1:33.42 16.44 250m: 2:39.22 16.54 350m: 3:45.32 16.64						
	75m: 44.94 15.58 175m: 1:49.81 16.39 275m: 2:55.64 16.42 375m: 4:01.70 16.38						
	100m: 1:00.95 16.01 200m: 2:06.46 16.65 300m: 3:12.38 16.74 400m: 4:17.72 16.02						
15.	BURGUERA VALENS Maria Antonia	12	ESP	C.N. Palma de Mallorca	+0,82	**4:22.03**	678
	25m: 14.04 14.04 125m: 1:18.89 16.15 225m: 2:25.03 16.47 325m: 3:31.99 16.76						
	50m: 29.97 15.93 150m: 1:35.36 16.47 250m: 2:41.62 16.59 350m: 3:48.95 16.96						
	75m: 46.22 16.25 175m: 1:51.96 16.60 275m: 2:58.34 16.72 375m: 4:05.82 16.87						
	100m: 1:02.74 16.52 200m: 2:08.56 16.60 300m: 3:15.23 16.89 400m: 4:22.03 16.21						
16.	SEGURA FERREIRA Helena	09	ESP	Circulo Mercantil	+0,73	**4:22.82**	672
	25m: 13.97 13.97 125m: 1:18.01 16.31 225m: 2:25.30 17.09 325m: 3:33.21 16.98						
	50m: 29.43 15.46 150m: 1:34.62 16.61 250m: 2:42.13 16.83 350m: 3:50.02 16.81						
	75m: 45.07 15.64 175m: 1:51.32 16.70 275m: 2:59.12 16.99 375m: 4:06.71 16.69						
	100m: 1:01.70 16.63 200m: 2:08.21 16.89 300m: 3:16.23 17.11 400m: 4:22.82 16.11						
17.	GARCIA MORENO Claudia	10	ESP	Maestro Canet C.N. Granollers	+0,72	**4:24.35**	660
	25m: 14.27 14.27 125m: 1:18.86 16.35 225m: 2:25.94 16.86 325m: 3:34.05 16.80						
	50m: 30.23 15.96 150m: 1:35.60 16.74 250m: 2:43.13 17.19 350m: 3:51.11 17.06						
	75m: 46.23 16.00 175m: 1:52.13 16.53 275m: 3:00.04 16.91 375m: 4:07.98 16.87						
	100m: 1:02.51 16.28 200m: 2:09.08 16.95 300m: 3:17.25 17.21 400m: 4:24.35 16.37						
18.	PEREZ JIMENEZ Carla	12	ESP	C.D.E. Malvar	+0,78	**4:34.52**	590
	25m: 15.22 15.22 125m: 1:23.11 17.31 225m: 2:32.38 17.33 325m: 3:42.11 17.25						
	50m: 31.78 16.56 150m: 1:40.31 17.20 250m: 2:49.99 17.61 350m: 3:59.87 17.76						
	75m: 48.56 16.78 175m: 1:57.46 17.15 275m: 3:07.37 17.38 375m: 4:17.58 17.71						
	100m: 1:05.80 17.24 200m: 2:15.05 17.59 300m: 3:24.86 17.49 400m: 4:34.52 16.94						